



United Way
of Champaign County



COMMUNITY INVOLVEMENT OPPORTUNITIES

Lend Your Heart... Midwinter 2010

GIVE.

Give a little bit of your heart and make some of these wishes come true! Here are the wish lists of some of the agencies who meet the needs of people here in Champaign County.

A WOMAN'S FUND, INC.

Drop off location: 1304 E. Main, Urbana. Items may be dropped off Monday-Friday 9-4.

Phone: 217.384.4390

- Paper towels
- Toilet paper
- Cleaning products-multi purpose cleaners
- Clorox wipes
- Please NO glass cleaner
- Body lotion - brand name quality (Vaseline intensive care, Oil of Olay, etc)
- Gladware
- Aluminum foil and plastic wrap
- Diapers-size 3-6 only
- Baby wipes
- White copy paper
- Gift cards for clients' prescriptions at Walgreens, Walmart, CVS

CRISIS NURSERY

Drop off location:

1309 W. Hill, Champaign, IL

- Gift Cards: Target, Meijer, Wal-Mart, etc.
- Kid Friendly Snacks

- Diapers Size 4, 5 and Pull-Ups
- Underwear Size 2T-6T
- All - Cotton Pajamas size 2T-6
- Pacifiers
- Bottles: Avent and Playtex
- New Boy Toys: Dinosaurs, Super Heroes, Games, etc.

CUNNINGHAM CHILDREN'S HOME

Drop off location: 1301 N. Cunningham Avenue, Urbana, Attn: Stephanie Lynge

Phone: 217-367-3728

- Toothpaste
- Standard bed pillows
- Women's ankle or low-cut socks
- Men's ankle or crew-cut socks
- Hand sanitizers

DEVELOPMENTAL SERVICES CENTER

Drop off location: 1304 W Bradley Ave

Champaign, IL 61821

Contact: Janice McAteer

217.398.7110

jmcaateer@dsc-illinois.org

Nikki Kopmann

217.398.7108

nkopmann@dsc-illinois.org

- Kitchen supplies
 - Good Grips can opener
 - Pots and Pans, non-stick
 - Dish towels and cloths
 - Spoons, spatulas, rubber spatulas and whisks
 - Hand held mixers
 - Mixing bowls
 - Cake pans: 13X9, 8X8, round
 - Paring knives with guards
 - Cutting board
- Arts & Craft Supplies
- Bath towels
- Bedding – Single Bed Linens



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- Tickets to sporting or cultural events
- Digital video camera
- Digital camera (need 3) & memory cards
- Storage containers
- Treadmill 110/120 Voltage
- Gas Grills (need 2)
- Depends undergarments
- Gift Cards to Wal-Mart, Meijer and Target
- Bookshelves

Don Moyer Boys and Girls Club

Drop off location:

(217) 355-5437

201 E. Park Street, Champaign, IL

The club is in need of supplies for our art room (brushes, finger paint, paper, etc.), spiral notebooks, pencils, markers, crayons and electronic educational devices for our primary members to assist them with their learning challenges and keep them entertained while they learn. Please contact Debarah McFarland for more specific information.



EASTERN ILLINOIS FOODBANK

Donations can be dropped off in our warehouse, 2405 North Shore Drive in Urbana, Monday through Thursday, 7:00 am – 3:00 pm and Friday 7:00 am – noon. Please contact the office prior to dropping off food donations at 328-3663.

Following is our "super six" list of our most needed nutritionally-dense food items:

- Canned meats
- Canned complete meals
- Canned beans and other vegetables
- Canned fruits
- Boxed meals
- Peanut butter



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GREATER COMMUNITY AIDS PROJECT

Contact Mike to arrange drop off.

Info@gcapnow.com

217/351-2437

- Toilet paper
- Paper towels
- Bed linens for full-sized beds
- Towels and wash clothes
- Dishwashing detergent
- Laundry soap and dryer sheets
- ENSURE or BOOST dietary supplements
- Men's socks

HABITAT FOR HUMANITY OF CHAMPAIGN CO. & RE-STORE

Drop off: Mon-Sat 10-5 at 119 E. University Ave., Champaign

Contact: Patti Darr at 217.359.0507 ext. 1064 or

volunteer@cuhabitat.org

- Plastic or Paper Bags
- Masking Tape
- Scotch Tape
- Garbage Bags
- Cleaning Supplies

- Kitty Litter
- Work Gloves
- Safety Goggles
- Newspapers

PRAIRIE CENTER

Contact: Mary K. Evans

217.693.3067

- Office Desk Chairs
- Kleenex
- Lysol Wipes and Sprays
- Batteries (AA and AAA)
- Hand Sanitizers
- Pens (black ink)
- Dry Erase Markers
- Flip Chart Easels
- Flip Chart Paper (regular and/or sticky 'Post-It' kind)
- Yellow Tablets
- 8 ½ x 11 Spiral Notebooks

RANTOUL CLOTHING CENTER

Drop Off Location:

Bethany Park Christian Church

1401 E. Grove, Rantoul

The items can be dropped off at the

Clothing Center on Monday evenings, 7-8 p.m. or Wednesday afternoons, 3-4:30 p.m. or call Gloria at 217.892.2504. Items may also be left at the church office: Monday - Friday, 8:30 a.m.-12:30 p.m. The church phone is 217-893-3661.

- Towels
- Washcloths
- Bed linens (all sizes)

RAPE ADVOCACY, COUNSELING & EDUCATION SERVICES

Drop off location: 145-A Lincoln Square

Urbana, IL 61801

- Play/Art Therapy: Play-Doh, Glitter Glue, and Barbie/Ken Dolls
- Administrative Supplies: Copy paper, Post-It notes, and correction tape
- Direct Client: grocery store or gas station gift cards



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SENIOR RESOURCE CENTER

Please drop off items to Family Service, 405 S. State Street, Champaign, IL, 61820 to support seniors in their homes; or call with questions 217-352-5100.

- Home cleaning supplies including dish soap, laundry soap, and fabric softener
- Personal hygiene items such as soap, shampoo, deodorant, powder
- Flashlights with batteries

SMILE HEALTHY

Supplies can be dropped off at 44 Main Street, Suite 205, Champaign from 9-5 or call 359-7404 to have someone come pick them up.

- Packages of Sugarless Chewing Gum
- Re-sealable quart or sandwich sized bags
- New soft toothbrushes-- toddler, youth or adult



TIMES CENTER

Drop off location: 70 E. Washington St., downtown Champaign, M-Su 8a-8p.

- Cough drops
- Small umbrellas (must fit in locker)
- Bike locks
- Pillows
- Laundry soap
- Disposable razors
- Anti-perspirant
- Toothbrushes
- New underwear (all sizes; boxers and briefs)
- Bath towels and washcloths (used is okay!)
- Men's belts



ADVOCATE.

You can share your heart by speaking out and leading on behalf of those in need. Here are the leadership needs for agencies that help people here in Champaign County.

A WOMAN'S FUND

Contact Jenny Allen
allenj@awomansfund.org
217.384.4491 ext 86

A Woman's Fund has several spots open on the board of directors and on committees. Board nomination forms and instructions for board member hopefuls are available at AWF. Anyone interested can also email or call for information.

DEVELOPMENTAL SERVICES CENTER

Contact Nikki Kopmann
nkopmann@dsc-illinois.org
217.398.7108 .

DSC will be hosting the annual Golf Classic on May 10th at Lincolnshire Fields in Champaign. A lot of planning and preparation needs to be done during February – May. If you are interested in helping with any of the activities listed below, please consider joining the Golf Planning Committee.

- Contacting both repeat and new businesses to secure sponsorship
- Coordinating sponsorships with promotion materials, such as signs or brochures

- Contacting both repeat and new businesses to secure donation items for the silent auction (this may include picking up items at local businesses)
- Assisting with hospitality or games/contests on the day of the event . This is a very fun event, but requires a lot of work!

GREATER COMMUNITY AIDS PROJECT

Contact Mike Benner
GCAP office Mon-Thurs 10-3
217/351-2437 or info@gcapnow.com

The Greater Community AIDS Project is looking for civic minded individuals who would like to serve on our board of directors. Individuals with a background in Finance and/or Accounting, Fundraising and Counseling are encouraged to apply. Voting will take place during late May through June (by mail voting), with final voting and approval at the annual membership meeting in June.



HABITAT FOR HUMANITY OF CHAMPAIGN CO. & RE-STORE

Contact Beverly Huffman
217-359-0507 ext. 1061
director@cuhabitat.org

Committee Members – HfHCC&R relies heavily on volunteer committee members to provide assistance to staff and Board members in making this affiliate run smoothly and efficiently. More information on each committee can be found at www.cuhabitat.org/about_us/committees.php. Committees include Site Selection & Building, Family Selection & Support, Resource Development, Finance, Women Build Homes, Committee & Board Recruitment and Volunteer.



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RAPE ADVOCACY, COUNSELING & EDUCATION SERVICES

Contact: Kerri Funk
office: 217-344-6298

RACES is searching for additional Board members at this time. Also, the Development Committee is interested in community members who would like to participate in fundraising and event planning.

SENIOR RESOURCE CENTER AT FAMILY SERVICE

Contact Rosanna McLain
217.352.5100,
mmclain@familyservicecc.org

Consider exploring a new role as a member of the Senior Resource Center Support Team. You can be our eyes, ears, and voice in the community. We meet approximately every other month and share what is going on at the Senior Resource Center as well as where the program has needs and opportunities. Through your personal contacts and experiences, you can advise the program about senior needs, community perceptions, and opportunities for collaboration. Individuals serve two-year terms and attend noon meetings every other month. Those age 60 and older or those with a passion for senior issues are encouraged to inquire.

TIMES CENTER

Contact: Jason Greenly
Phone: 217.398.7786

Email: jgreenly@mhcenter.org
Join the Advisory Board. It meets once a month and the primary goal is fundraising.



VOLUNTEER.

Follow your heart to make a difference through volunteering. Here are the volunteer opportunities at agencies who help people here in Champaign County.

A WOMAN'S FUND

Contact: Jenny Allen
allenj@awomansfund.org
p: 217.384.4491 ext 86

Volunteers are needed to help with:

- straightening and organizing storage areas
- cleaning the playroom and sanitizing toys
- assisting operations coordinator with upcoming projects
- moving furniture for new carpet to be laid down
- reception/front desk coverage

BIG BROTHERS BIG SISTERS OF CHAMPAIGN COUNTY

Contact: Eric M. Batsie
217.355.2227

eric.batsie@bbbs.org

Big Brothers Big Sisters of Champaign County is pleased to announce the 2010 Bowl for Kids' Sake, March 5th, 6th and 7th at Western Bowl. All proceeds will benefit children here in Champaign County. Money raised supports volunteer recruitment, screening, and providing professional staff to create and support matches. Have a blast with your team and those around you bowling for a good cause. EACH bowler gets a free Bowl for Kids' Sake t-shirt, two free games, free shoes, free food and lots

of opportunities to win fabulous prizes. Each team collects at least \$100 to bowl. Bowlers often turn to family, friends, and local businesses to sponsor their teams. You can register your team directly on the Kintera webpage bbbs.kintera.org/2010.

CHAMPAIGN COUNTY CASA

Anyone interested can contact the CASA office at 384-9065 and speak to an advocate coordinator or the executive director.

CASA has an ongoing need for advocates. These individuals would be trained to be the eyes and ears of the Court for abused and neglected children of Champaign County. CASA will provide the 30 hours of training needed. Volunteers to be CASA advocates must be at least 21 years of age. Additionally, volunteers are also needed to help in the office with general clerical duties to include answering the phone, filing and special projects.

Volunteers with expertise in the following area are also needed:

- office cleaning,
- web design and computer technical services
- painting offices and giving our office a cosmetic face lift
- someone to assist in the design of a newsletter to give the community insight into what CASA does.



CRISIS NURSERY

Please email volunteer@crisisnursery.net or call Kim at 217.337.2731 for more information on these volunteering opportunities!

Crisis Care volunteers are essential in helping carry out the mission of preventing the cycle of abuse and neglect. If you are able to commit two hours a week interacting with children who are in crisis, please call today!



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DEVELOPMENTAL SERVICES CENTER

Janice McAteer
217.398.7110
jmcaateer@dsc-illinois.org
Nikki Kopmann
217.398.7108
nkopmann@dsc-illinois.org

- Yard work—on-going opportunities to help with yard work at each of the group homes. Hours are flexible.
- Washing windows at group homes
- DSC staff always needs help cleaning the group homes, especially the windows. If you are interested in helping with some home maintenance projects, please call. Flexible hours available.
- Shoveling walk ways at group homes
- Clean sidewalks and driveways are especially important for the safety of DSC consumers during the winter months. Help reduce the risk of accidents by shoveling snow during the winter months. Opportunities available during snowfall.
- Prompting Theatre—Assisting with prop/scene building.
- General Landscaping Needs—Assisting with general landscape clean-up throughout the year.
- Other Agency Needs—Volunteering to help with special events (see Leadership Needs under Advocacy)

DON MOYER BOYS AND GIRLS CLUB

Contact: Debarah McFarland
Trainings for volunteers are held each Thursday at 3:30 PM. Please plan to attend a training session to find out how you can make a difference for the children at the Boys and Girls Club.



LIVE UNITED™

VOLUNTEER.

Follow your heart to make a difference through volunteering. Here are the volunteer opportunities at agencies who help people here in Champaign County.

EASTERN ILLINOIS FOODBANK

Contact: Kristen Costello
217-328-3663 x 30

volunteer@eifoodbank.org

Food Repacking: Because food donations are on a decline, the Foodbank acquires a good portion of its food in bulk. We welcome volunteers to come help us repackage our bulk food from huge, ceiling-high shrink-wrapped pallets into small plastic containers so it can be distributed to families. Individuals and smaller groups wishing to volunteer are invited to join us on any of the following upcoming open repack dates:

February 11 - Thursday

March 11 - Thursday

April 6 - Tuesday

Open repacks are held from 5:30pm – 7:30pm at the Eastern Illinois Foodbank. Alternatively, groups of 10 or more can contact us to organize a repack project on a different date. Early afternoon times are preferred (1 pm – 3 pm), but we can accommodate most requests. Please consider the following group and individual volunteer policies:

- All groups must involve 10 or more persons.

- Teen groups must have a teen to adult ratio of at least 5:1.
- Children between the ages of 10 and 12 must have an adult to child ratio of 1:1.
- We regret that we cannot accommodate children under 10.
- Close toed shoes are required when volunteering in the warehouse.

ECIRMAC (The Refugee Center)

Contact: Deb Hlavna at (217) 344-8455 or ecirmac@hotmail.com

On March 6th, ECIRMAC is hosting a fundraiser. Our list of possible opportunities are:

- Room set up (arrive 8 - 9) done by 12 number needed 10-12
- Evening: number needed 25
- Food servers--8 (5 - 8 pm)
- beverage servers 3 (5 - 9:30)
- Bus tables 10 (5 - 8:30)
- Kitchen workers 6 (5 - 10:30)
- dish washers 3 (5 - 10:30)
- clean-up 8 (9:30 - 100)



Volunteers are needed who might like to share an interest or hobby with the children of the Saturday Program or to tutor adults by helping someone study for citizenship tests and to improve language skills.

GREATER COMMUNITY AIDS PROJECT

For all these opportunities contact Mike Benner at the GCAP office Mon-Thurs 10-3 217/351-2437 or info@gcapnow.com

Volunteers to help with painting one of the apartments at our permanent housing facility for people that are HIV positive. Teams of 2 would be used to give the place a fresh look for the next tenants.

- People to help with 3-4 different bulk mailings, possibly one as soon as the second week of February, another the first week of March,, and



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- the final one would be the second week of April
- Volunteers are needed to distribute posters for the Call to Participation for the artists to show at the annual Artists Against AIDS event and then again to help distribute posters to local business announcing the show in early March.

HABITAT FOR HUMANITY OF CHAMPAIGN CO. & RESTORE

ReStore

Contact: Patti Darr

217.359.0507 ext. 1064

volunteer@cuhabitat.org

Volunteer Opportunities:

- ReStore always needs volunteers! Volunteers assist with tasks such as processing donations, pricing products for the sales floor, cleaning & maintenance, customer service, loading & unloading large items, furniture cleaning & repair and other special products. Volunteers simply must attend a 45 minutes orientation/training session, which are offered every Tuesday at 11:00am and every Thursday at 3:00pm at the ReStore. No need to sign up for a session; just show up. Groups and individuals are welcome. Must be at least 16 to volunteer.



VOLUNTEER.

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SENIOR RESOURCE CENTER AT FAMILY SERVICE

Contact: Cindy Fraser
217.352.5100

MEALS ON WHEELS –DELIVERY TEAMS

Meals on Wheels Volunteers truly are the heart of this meal delivery program in our communities of Champaign, Urbana, and Savoy. Make a big difference to those who need a healthy meal delivered right to their door. Volunteers pick up hot meals and deliver them over the lunch hour (approximately 10:45 – 12:30) according to assigned routes. Deliver meals alone or with a partner. Consider volunteering for a route once a month, once a week, or whenever fits into your schedule. Mileage reimbursement is available!

SENIOR TRANSPORTATION - DRIVERS

Senior Transportation drivers provide valuable support to older adults who need transportation to medical and business appointments or to run errands to the grocery store or pharmacy. Volunteers provide rides to very appreciative seniors on an “as needed” basis once, twice, or more times during the month as fits into the volunteer’s schedule. Mileage reimbursement is available.

SMILE HEALTHY

Contact Nancy at 359-7404 or
ngreenwalt@smilehealthy.org

- SmileHealthy is looking for people to sign up for a weekly two hour shift in our downtown Champaign Office or our Rantoul Dental Clinic.
- SmileHealthy is collecting names of those interested in being contacted to help with special events like mobile clinics and health fairs.



THE SALVATION ARMY

Call Judy Norwood
217-373-7832

judy_norwood@usc.salvationarmy.org

Help is needed year around in our thrift stores. Stores are located at 2212 N Market and at 109 W John St. in Champaign. Volunteers can serve Monday -Saturday from 9 am - 6 pm. We can use

groups, families, individuals
and youth 16 and older.

TIMES CENTER

Contact: Jason Greenly
Phone: 217.398.7786

Email: jgreenly@mhcenter.org

Help prepare and serve meals for this Champaign soup kitchen. Please call Jason to schedule an orientation.

UNITED WAY OF CHAMPAIGN COUNTY

READY, SET, GROW

Contact: Jill Boland

By email at bolands4@comcast.net

Join the team for Champaign-Urbana’s first event devoted to provide information, education & services available in Champaign County for parents & caregivers of children Birth to Six. Saturday, April 17, 2010 from 9:00 AM- Noon at Lincoln Square Mall. Volunteers are needed to set up, assist vendors and presenters and tear down after the event.

The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

-- DeAnn Hollis



United Way
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GIVE. ADVOCATE. VOLUNTEER.



LIVE UNITED™

UNITED WAY OF CHAMPAIGN COUNTY

404 West Church Street Champaign, IL 61820

217.352.5151 217.352.6494 fax

www.uwayhelps.org