

Champaign County Directory of Human Services Summer 2018



**CHAMPAIGN COUNTY
DEVELOPMENTAL
DISABILITIES BOARD**

**CHAMPAIGN COUNTY
MENTAL HEALTH BOARD**



United Way of
Champaign County

For the most up to date
service information

call **2-1-1**

or

1-888-865-9903

www.findhelp211.org

1-800-273-TALK - National Suicide Prevention Lifeline

Mental Health Association New York City
50 Broadway, 19th Floor
New York, NY 10004

(800) 273-8255 Toll-free - Veterans should dial 1
(888) 628-9454 Toll-free - Spanish
(800) 506-0078 Toll-free - NFL Life Line
(800) 784-2433 Toll-free
1-800-SUICIDE (alternate number)
(800) 799-4889 TTY
(212) 785-1910 FAX

www.suicidepreventionlifeline.org

John Draper, PhD., Project Director

Site Hours: 24/7.

Area Served: Nationwide.

Other Languages: Spanish. Additionally, Lifeline uses TeleInterpreters to support over 150 other languages.

Services

SUICIDE

Description: NSPL is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. Callers are routed to the closest possible crisis center in their area. With over 150 crisis centers across the country, Lifeline's mission is to provide immediate assistance to anyone seeking mental health services. Calls are free and confidential. Since 2007, the Lifeline has been providing special suicide prevention service for U.S. military veterans through an agreement with the Department of Veteran's Affairs (VA) and U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). When dialing 1-800-273-TALK (8255), veterans, active military, and their families are prompted, during the automated greeting, to press "1" to be connected to a veterans suicide prevention hotline specialist located in the VA call center in New York.

July, 2012: In partnership with the National Football League (NFL), Link2Health Solutions (L2H) is launching the NFL Life Line, 800-506-0078, a 24/7 helpline for members of the "NFL family" to assist them when they are in emotional distress. Service provision is targeted towards current and former players, NFL staff, and family members and will be provided by two Lifeline crisis centers: LifeNet in NYC and Centerstone in Nashville, TN. More information

about the service can be found at www.NFLlifeline.org.

Lifeline Crisis Chat

Description: Crisis centers across the United States have joined together to form one national chat network that can provide online emotional support, crisis intervention, and suicide prevention services.

Visitors logging on to chat will interact with a chat specialist who will give them space to talk about what they are upset about, exploring feelings and thoughts associated with the crisis. Chat specialists will also assess for suicide risk and work collaboratively with the visitor to come up with a safety plan which addresses positive coping strategies and next steps. The specialists who answer chats have had thorough training in crisis and suicide intervention, as well as specific topics such as youth issues.

Chat access can be found through <http://www.suicidepreventionlifeline.org> or

<http://www.crisischat.org>

If you cannot reach a Lifeline Crisis Chat specialist, it is recommend that you call 1-800-273-TALK (8255) for emotional support, or if you are in imminent danger, dial 9-1-1.

Area Served: Nationwide.

Additional Information: Lifeline Crisis Chat is a joint service of the National Suicide Prevention Lifeline in partnership with CONTACT USA. All crisis centers that participate in the Lifeline Crisis Chat program are members of the Lifeline phone network and are required to be accredited by CONTACT USA in the area of online emotional support.

Fees: No fees.

Referral Procedures: By website or phone.

711 - Illinois Relay Service

No Street Address Available
Shawnee Mission, KS 66201

PO Box 29230
Shawnee Mission, KS 66201-9230

(711) Voice/TTY - National TRS
(800) 526-0844 TTY - TTY Users
(800) 526-0857 Voice - Voice Users
(877) 526-6690 Voice - Speech to Speech
(877) 826-1130 Voice - VCO-Voice Carryover
(800) 501-0864 TTY - Spanish Users

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(800) 501-0865 Voice - Spanish Users
(877) 526-6680 Toll-free - ASCII
(800) 676-3777 Toll-free
Sprint Relay Customer Service
(877) 526-6670 Voice/TTY - Telebraille Users

www.illinoisrelay711.com
sprint.trscustserv@mail.sprint.com

Area Served: State of Illinois.

Other Languages: Spanish.

Services

DISABILITY SERVICES

Description: Assists in conversations between text telephone users and hearing individuals who use a standard phone. Trained operators relay conversations by typing spoken words into a text telephone unit and speaking the typed words received from the text telephone caller. Also handles Telebraille calls for deaf and blind users and Speech to Speech calls for individuals whose speech is unintelligible (e.g., someone who has Lou Gehrig's disease).

Fees: No fees, except long distance call charges.

Referral Procedures: By phone.

ABC Counseling and Family Services

705 E. Lincoln Street, Suite 303
Normal, IL 61761

(309) 451-9495 Voice
(309) 451-9404 FAX

www.abccounseling.org

Laura Jennings-Mitchell, Executive Director

Julia Mendez, Adoption Specialist

Public transportation accessible.

Sites

ABC Counseling and Family Services

705 E. Lincoln Street, Suite 303
Normal, IL 61761

(309) 451-9495 Voice
(309) 451-9404 FAX

Laura Jennings-Mitchell, Executive Director

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Central Illinois, though the Adoption Program serves all of Illinois.

Other Languages: Spanish.

ABC Counseling and Family Services - Champaign

313 N. Mattis, Suite 115
Champaign, IL 61821

(217) 403-0790 Voice
(217) 403-0885 FAX

Erica McFarland, Site Supervisor

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign, Vermilion, Ford,
and Piatt counties.

Services

ADOPTION SERVICES

Description: 1) Adoption Program Services identifies infant adoptions. Provides adoption home studies for domestic and international adoptions and facilitates foster licensing in a timely manner. Direct hospital placements are done whenever possible. Adoption seminars and support groups provided during the waiting period. ABC helps with Interstate Compact adoptive placements. They have flexible requirements for adoptive parents, e.g., age, length of marriage.

2) Birth Parents Program Services offers a full range of social supports, e.g., housing, finances, medical, etc. Counseling is available for unplanned pregnancies. Adoption planning is offered, which may include meetings between birth parents and adoptive parents. Facilitates networking of birth parents who can talk to clients considering adoption.

Area Served: State of Illinois.

Fees: Fee for service.

Referral Procedures: By phone.

Youth with Sexually Problematic Behaviors (YSPB) Program

Description: Youth with Sexually Problematic Behaviors Program is available for adolescent sex offenders who meet certain criteria and may be served in a community-based treatment program. YSPB Program provides a comprehensive assessment and testing process to assist in determining placement and treatment needs. Specific treatment includes individual and group counseling for the offender and their parents or caretakers. Eligibility requires waiver of confidentiality.

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Area Served: Central Illinois.
Fees: Insurance accepted; otherwise, other payment options are available.
Sites: 2

COUNSELING

Description: Child Victims of Sexual Abuse and Sexually Reactive Children - Assessment, treatment, and comprehensive risk assessment to determine treatment need of child. Psycho-educational classes are available for parents of children affected by sexual abuse. Also offers individual and group counseling.

Area Served: Central Illinois.
Documents Needed: Proof of income.
Fees: Insurance accepted; otherwise, other payment options are available.
Sites: 2

PARENT EDUCATION

Description: Parent/Guardian Education Classes offered by ABC Counseling:
1) Classes to educate parents/guardians about the sexually abused individual.
2) Classes to educate parents/guardians about child sexual abuse.

Area Served: Central Illinois.
Fees: Insurance accepted; otherwise, other payment options are available.
Sites: 2

Abundant Life in Christ II, Inc.

911 W. Bradley Avenue
Champaign, IL 61821
(217) 552-1177 Voice
(217) 390-2813 Voice - Exec Director cell phone
abundant_life2@mail.com
Eloris Nash, Executive Director
Public transportation accessible.

Site Hours: By appointment only.
Area Served: Champaign County.

Services

EX-OFFENDER SERVICES

Description: Works to reduce recidivism by empowering and equipping individuals and their families through education, awareness, and prevention while sharing our faith and the love of Jesus. Services and programs include: U-Turn offender reentry, 4Life Skills classes

and Ann's House transitional living for women on parole.

Meetings: Meetings are held on the third Monday each month, 6:00-8:00 pm for 2017. Childcare and dinner is provided.

Fees: No fees.
Referral Procedures: By phone/appointment.

Access Wireless

One Levee Way, Suite 3106
Newport, KY 41071

(800) 464-6010 Toll-free - Application Questions
(888) 900-5899 Toll-free - New Customers
(866) 594-3644 Toll-free - Existing Customers
(888) 594-4473 FAX

www.accesswireless.com

Site Hours: Application Help: Mon-Sun, 7:00 am - 11:00 pm CST.
Customer Care Hours: M-F, 7:00 am - 11:00 pm CST;
Sat, 8:00 am - 11:00 pm CST;
Sun, 9:00 am - 6:00 pm CST.

Area Served: Nationwide service.

Services

TELEPHONE ASSISTANCE PROGRAMS

Description: Access Wireless provides mobile phone service to income-eligible residents as part of the government-funded Lifeline Assistance program. In order to participate, persons must meet certain eligibility requirements set by each state where the service is to be provided. These requirements are based on a person's participation in state or federal support programs or by meeting the poverty level guidelines. By law, the Lifeline Program is only available for one phone per household.

Eligibility: You qualify for Access Wireless in Illinois if you participate in one of the following assistance programs:

- Medical Assistance Program (Medicaid).
- Food Stamps/SNAP (Supplemental Nutrition Assistance Program).
- Supplemental Security Income (SSI).
- Temporary Assistance to Needy Families (TANF).
- Low Income Home Energy Assistance Program (LIHEAP).
- Federal Public Housing Assistance (Section 8).
- The National School Lunch's Free Lunch

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Program (NSLP).

Maximum Income Guidelines: 135% of the federal poverty level.

Documents Needed: Photo ID, proof of income or assistance program participation.

Referral Procedures: Apply by phone or website.

Addus HealthCare, Inc.

2300 Warrenville Road
Downers Grove, IL 60515

(888) 233-8746 Voice - Information on Services

(847) 303-5376 FAX

www.addus.com

info1@addus.com

Services

Evergreen Clubs

Description: Addus Evergreen Clubs are adult day centers that provide a variety of planned social, health, and supportive services in a community-based setting. The programs are utilized by seniors and younger adults who have physical, cognitive, or functional impairments, or may simply need companionship and can benefit from supervised care in a safe place outside the home during the day. The programs also afford family caregivers respite from the demanding day-to-day responsibilities of care giving.

Fees: Varies; Medicaid, VA benefits, long-term care insurance, and private pay accepted.

Referral Procedures: Call for more information.

Adult Children of Alcoholics

No Street Address Available
Torrance, CA 90510

PO Box 3216
Torrance, CA 90510

(310) 534-1815 Voice

www.adultchildren.org

Services

SUPPORT GROUPS

Description: Adult Children of Alcoholics is an anonymous Twelve-Step, Twelve-Tradition

program of women and men who grew up in an alcoholic or otherwise dysfunctional homes. The group members meet with each other in a mutually respectful, safe environment and acknowledge common experiences. The group discovers how childhood affected its members in the past and influences the present.

Meetings: Meetings are held throughout the state. Currently, physical meetings in the 2-1-1 service area include Urbana, Rockford, Springfield, and Barrington. Online and phone support is also available for those who do not have a physical meeting in their area.

Referral Procedures: Call or visit the website for more information.

Air Care Alliance, The

2060 State Highway 595
Lindrieth, NM 87029

(888) 260-9707 Toll-free

Please use the automated website system first

www.aircarealliance.org

mail@aircarealliance.org

Rol Murrow, President

Lindy Kirkland, Executive Vice President

Area Served: Nationwide service.

Services

TRANSPORTATION

Description: The Air Care Alliance is a nationwide league of humanitarian flying organizations whose volunteer pilots are dedicated to community service. These Public Benefit Flying (PBF) organization members use their aircraft to transport needy patients, assist in disaster relief, fly environmental support missions, take children on introductory and educational flights, search for lost persons, transport animals to new homes, and perform many other missions of community service. ACA is a "one-stop" central listing for free air transportation services provided by volunteer pilots and charitable aviation groups.

Please note that the pilots for the groups listed do not fly patients or supplies when insurance or other funds can provide commercial transport via air ambulance, charter, or airline. The public benefit flying volunteers fly only when financial need or other special circumstances mean a compelling human need would go unfulfilled.

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Referral Procedures: Requests for flights or information may be made on the website. There is also a directory on the website to find contact information of participating organizations in order to reach out to them directly. While the online referral system is the fastest way to seek help, those without internet access or having problems with the website can call the toll-free number for more information.

Al-Anon/Alateen - Southern Illinois Family Group Meetings

Al-Anon Family Group Headquarters, Inc
1600 Corporate Landing Parkway
Virginia Beach, VA 23454

(757) 563-1600 Voice - Headquarters
(757) 563-1656 FAX - Headquarters
(888) 425-2666 National Toll-free
Headquarters, 24/7

www.al-anon.org
wso@al-anon.org

*Claire Ricewasser, Communications Associate
Director*

Public transportation accessible.

Sites

Al-Anon/Alateen - Southern Illinois Family Group Meetings

Al-Anon Family Group Headquarters, Inc
1600 Corporate Landing Parkway
Virginia Beach, VA 23454

(757) 563-1600 Voice - Headquarters
(757) 563-1656 FAX - Headquarters
(888) 425-2666 National Toll-free

*Claire Ricewasser, Communications Associate
Director*

Site Hours: Call toll-free meeting line for meeting times and locations.

Area Served: District 10 - McLean and parts of Tazewell and Woodford counties.

District 12 - Champaign, Vermilion, Iroquois, Ford, Douglas, Edgar, Coles, and part of Clark counties.

District 14 - Marion, Washington, Clinton, St. Clair, Monroe, Randolph counties.

District 16 - Jefferson, Wayne, Hamilton, White, Edwards, Wabash counties.

District 17 - Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Saline, Union, and Williamson counties.

District 19 - Parts of Sangamon, Menard, and Logan counties.

Other Languages: Spanish.

Al-Anon/Alateen - District 12

No address available
Champaign, IL 61820

(866) 794-8515 Toll-free
Champaign Answering Service
(888) 425-2666 Toll-free - Meeting Locator

Area Served: District 12 - Champaign, Vermilion, Iroquois, Ford, Douglas, Edgar, Coles, and part of Clark counties.

Services

Al-Anon/Alateen

Description: Al-Anon is for family members and friends who are concerned about someone's drinking. Alateen is for teenagers are dealing someone's alcoholism, usually a parents' drinking.

Hours: Toll-free meeting line is available 24/7. Call for meeting times and locations.

Eligibility: Anyone affected by someone else's drinking problem.

Area Served: Southern Illinois Al-Anon/Alateen Family Groups (siafg.org) is made up of 12 Districts covering the lower two-thirds of the state of Illinois. The website has an on-line directory of over 100 Al-Anon meetings in Southern Illinois.

Meetings: Call toll-free meeting line or check online for meeting times and locations.

Fees: No fees.

Sites: 1 2

Alcoholics Anonymous - Southern Illinois (Area 21)

No Street Address Available
Bloomington, IL 61701

(800) 307-6600 Toll-free - Southern Illinois Area 21
(217) 443-2039 Voice

District 9: Vermilion and Iroquois Counties
(309) 828-7092 Voice

District 10: McLean and Livingston Counties
(217) 422-3766 Voice

District 11: DeWitt, Macon, and Moultrie Counties
(217) 373-4200 Voice

District 12: Champaign and Douglas County
(618) 499-4580 Voice

District 16: Southeastern Illinois

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(217) 525-5795 Voice
District 19: Sangamon and Menard Counties
www.aa.org
Public transportation accessible.

Sites

Alcoholics Anonymous - Southern Illinois (Area 21)
No Street Address Available
Bloomington, IL 61701

(800) 307-6600 Toll-free - Southern Illinois Area 21
(217) 443-2039 Voice
(309) 828-7092 Voice
(217) 422-3766 Voice
(217) 373-4200 Voice
(618) 499-4580 Voice
(217) 525-5795 Voice

Area Served: Area 21 serves the southernmost two-thirds of the state.

Alcoholics Anonymous - East Central Illinois (District 12)
No Street Address Available
Champaign, IL 61825

(217) 373-4200 Voice - 24/7

Area Served: Serving East Central Illinois, including Champaign County and parts of Coles, DeWitt, Douglas, Ford, Piatt, and Vermilion counties. There are A.A. meetings in Champaign, Urbana, Arthur, Bondville, Charleston, Danville, Farmer City, Mahomet, Mattoon, Monticello, Oakland, Paxton, Rantoul, Savoy, St. Joseph, Tilton, Tolono, Tuscola, and Villa Grove.

Services

SUPPORT GROUPS

Description: A non-profit fellowship of men and women who share their experience, strength, and hope with each other so that they may solve their common problem and help others to recover from alcoholism.

Eligibility: Membership is open to anyone who wants to do something about his or her drinking problem.

Meetings: Call or go to website for meetings.

Fees: No fees.

Referral Procedures: By phone.

Sites: 1 2

ALS Association, Greater Chicago Chapter

220 W. Huron Street, Suite 4003
Chicago, IL 60654

(312) 932-0000 Voice
(312) 268-5277 FAX
(855) 932-0002 Toll-free

www.alsachicago.org
info@alsachicago.org

Julie M. Sharpe, Executive Director
Joumana Baroody, RN, BSN, Director of Care Services

Note: National ALS website: www.alsa.org.

Area Served: Northern half of Illinois, including Champaign, DeWitt, Iroquois, Kankakee, Knox, Lee, Livingston, McHenry, McLean, Ogle, Vermilion, Whiteside, and Winnebago counties.

Services

DISABILITY INFORMATION

Description: The ALS Association is the only national not-for-profit health organization dedicated solely to the fight against ALS. ALSA covers all the bases - research, patient & community services, public education, and advocacy - in providing help and hope to those facing the disease. The local chapters focus primarily on helping local patients and families live with ALS while the national office focuses primarily on research and advocacy.

Care Management Program

Description: Care management is a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocating for options and services to meet the person with ALS's health needs through communication and available resources. Care management can enhance continuity of care, which ensures that persons with ALS are receiving the necessary care resulting in improved health outcomes, better disease planning and reduction or avoidance of complications.

Program components include:

- Care management coordinators.
- Home visits and virtual home visits.
- Disease specific education.
- Resources and services for those living with ALS, their families and caregivers, military veterans living with ALS, and neurologists.
- Support and fellowship groups.

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Referral Procedures: Call or register through the website.

Alzheimer's Association - Illinois Chapter - Chicago Headquarters

8430 W. Bryn Mawr, Suite 800
Chicago, IL 60631

(847) 933-2413 Voice
(800) 272-3900 Toll-free
24/7 Helpline: All languages
(888) 572-8566 Toll-free
MedicAlert & Safe Return Hotline
(866) 403-3073 TTY - 24/7 Helpline

www.alz.org/illinois

Illinoishelpline@alz.org

Melanie Chavin, Chief Program Officer

Public transportation accessible.

Sites

Alzheimer's Association - Illinois Chapter - Bloomington

207 S. Prospect Avenue, Suite 1
Bloomington, IL 61704

(309) 662-8392 Voice
(309) 664-0495 Voice
(217) 351-1726 Voice - Champaign Area
(800) 272-3900 Toll-free
(888) 572-8566 MedicAlert & Safe Return Hotline
(866) 403-3073 TTY - 24/7 Helpline

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Ford, Livingston, McLean, Moultrie, Piatt, Shelby, Vermillion, and Woodford counties.

Other Languages: Helpline can accommodate Spanish, as well as 170 different languages.

Services

ADVOCACY

Description: The Illinois Chapter staff and advocates speak out on behalf of the 500,000 Illinois residents affected by Alzheimer's. The Chapter works to improve dementia care and services, access to community-based care, quality care in residential settings, and funding for Alzheimer's research and public programs serving people with dementia.

VOLUNTEER OPPORTUNITIES

Description: Purpose: To meet the needs of an ethnically and culturally diverse population by providing guidance and support for persons with dementia and their caregivers; educating and informing the community; advocating for improved public policy and promoting needed legislation; supporting research in to the cause, prevention, treatment, and cure for Alzheimer's Disease and related disorders.

Opportunities: Volunteers needed to work on special fundraising projects throughout the year. Also to represent the chapter at health fairs, as advocates, and support group leaders.

MedicAlert + Safe Return

Description: MedicAlert + Safe Return membership provides a specialized live 24/7 emergency response service for individuals with Alzheimer's or related dementia who wander or have a medical emergency. Membership includes 24/7 caregiver consultation services.

Fees: Enrollment and annual fees. Includes ID bracelet, iron-on patches, key tags, phone stickers, wallet ID. Scholarships are available.

Care Navigation

Description: Professional staff are dedicated to helping people navigate through the difficult decisions and uncertainties people with Alzheimer's and their families face at every stage of the disease. Services can be provided to clients by telephone.

Fees: No fees.

DISABILITY INFORMATION

Description: 24/7 Helpline: Consultants provide individuals with information and support. AA offers translation services in more than 170 languages. Individuals may also search for resources or submit an on-line request to the Helpline at the website.

Consumer Education Programs: Offers a wide variety of community education programs designed to equip caregivers and people with dementia with the tools they will need while on their Alzheimer's journey. Visit the website or call the Helpline for a current listing of programs.

SUPPORT GROUPS

Description: Support groups are available for families, caregivers and those in the early

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stages of the disease. Support groups are designed to be a place where participants can share their stories and receive information and encouragement in a confidential environment.

Meetings: Check the website for information on meetings.

Fees: No fees.

AMBUCS, Greater Champaign County Chapter

No Street Address Available
Urbana, IL 61801

PO Box 592
Urbana, IL 61803

(217) 398-8457 Voice - Sally Denhart - Ramp Info

www.thegccambucs.org

Sally Denhart, Secretary

Scott Price, AmTryke Contact

Area Served: Champaign County.

Services

RAMPS

Description: The Greater Champaign County AMBUCS chapter is actively involved in building wheelchair ramps, donating AmTryke therapeutic tricycles to individuals who are unable to operate traditional bikes, and awarding scholarships to students pursuing a career in the field of therapy.

Referral Procedures: Ramps: Sally Denhart via email at denhart@illinois.edu or phone 217-398-8457.

After an application is sent, it may take awhile before building the ramp due to the high volume of requests.

For AmTrykes, contact Scott Price via email at scott.price@flex-n-gate.com.

American Cancer Society

250 Williams Street NW
Atlanta, GA 30303

PO Box 22478
Oklahoma City, OK 73123

(800) 227-2345 National Toll-free - 24-Hour
(866) 228-4327 TTY

www.cancer.org

Sites

American Cancer Society - Eastern Region
2509 S. Neil Street
Champaign, IL 61820

(217) 356-9076 Voice

(800) 252-1110 Toll-free

(800) 227-2345 National Toll-free - 24-Hour

(217) 356-7721 FAX

Site Hours: Office: M-F, 8:30 am - 5:00 pm.
National Cancer Information Line: 24/7.

Area Served: Champaign, Douglas, Vermilion, Clark, Clay, Coles, Cumberland, Crawford, Edgar, Effingham, Ford, Fayette, Iroquois, Jasper, Lawrence, Moultrie, Piatt, Richland, and Shelby counties.

Services

INFORMATION AND REFERRAL

Description: The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem. Services include:

1) Cancer information and referral: 24 hours a day, 365 days a year, including every holiday. The society answers questions about cancer. By calling the National 800 number or visiting www.cancer.org, clients will find:

- Information about the nature of a patient's cancer and treatment options.

- Assistance in locating financial aid resources and support services.

- Assistance in securing free or low-cost lodging for patients receiving treatment away from home.

- Information on a variety of ACS programs and services.

2) Reach to Recovery: This program is for any person undergoing treatment for breast cancer. The program pairs a breast cancer survivor with a recently diagnosed patient who has similar issues. Contact may be either a personal visit, a phone call, or online based on location.

3) Road to Recovery Program: This program provides free rides to cancer treatment appointments for any cancer patient.

4) Look Good Feel Better: This is a program for any woman undergoing treatment for cancer. Sessions given by trained cosmetologists teach patients about skin care, nail care, and wig care or hair wraps. Each participant will receive a

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free cosmetic kit to take home. One-on-one salon consultations may be available for those who cannot attend the workshops, and at-home materials for both men and women are also available.

5) Community and workplace education and wellness programs.

6) Wig services: Affordable wigs, hats, turbans, or scarves to any woman diagnosed with cancer.

7) Cancer Survivors Network: Online community to connect with others with cancer and their families.

Fees: No fees.

Referral Procedures: By phone.

VOLUNTEER OPPORTUNITIES

Description: Call for information on available volunteer positions.

American Civil Liberties Union (ACLU) of Illinois

180 N. Michigan Avenue, Suite 2300
Chicago, IL 60601

(312) 201-9740 Voice

(312) 201-9760 FAX

www.aclu-il.org

acluofillinois@aclu-il.org

Colleen K. Connell, Executive Director

Area Served: State of Illinois.

Services

HUMAN RIGHTS

Description: The ACLU of Illinois (ACLU), and its affiliated Roger Baldwin Foundation (RBF), are non-partisan, non-profit organizations dedicated to protecting the liberties guaranteed by the U.S. Constitution, the state Constitution, and state/federal human rights laws. The ACLU accomplishes its goals through litigating, lobbying, and educating the public on a broad array of civil liberties issues. Advocacy is provided in many areas including but not limited to racial justice, religious liberty, freedom of expression, the rights of children and people with disabilities, criminal justice reform, fairness for lesbian, gay, bisexual, transgender individuals, and reproductive justice.

Fees: No fees.

Referral Procedures: Legal assistance

request forms can be sent through the website, fax, or mail. The ACLU normally takes cases that affect a large number of people rather than those involving a dispute between individual parties. Call for more information.

American Legion, Department of Illinois

2720 E. Lincoln
Bloomington, IL 61704

(309) 663-0361 Voice

(309) 663-5783 FAX

www.illegion.org

hdqs@illegion.org

Marty Conatser, Adjutant

Christy Rich, Executive Secretary

Site Hours: M-F, 8:30 am - 4:30 pm.

Area Served: State of Illinois.

Services

VETERANS SERVICES

Description: Provides temporary financial assistance for basic needs (i.e., rent, utilities, food, clothing, etc.) to veterans who have at least one minor child living in their home.

Eligibility: Veteran must be honorably discharged and have their DD214 form.

Referral Procedures: Call for more information or find the application form online.

American Lung Association - Lung Helpline

3000 Kelly Lane
Springfield, IL 62711

(800) 586-4872 Toll-free - 800-LUNG-USA

(217) 787-5864 Voice - Springfield Office

(866) 784-8937 Toll-free - Tobacco Quit Line

(217) 787-5916 FAX

www.lung.org

info@lung.org

Lori Younker, Director, Program Services

Cherylee Bridges, Helpline Manager

Site Hours: M-F, 7:00 am - 9:00 pm.

Sat-Sun, 9:00 am - 5:00 pm.

Area Served: Nationwide.

Other Languages: 200+ languages available.

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Services

SMOKING

Description: The Lung Helpline is available 7 days a week to answer lung health questions. Registered nurses, respiratory therapists, certified tobacco treatment specialists and counselors make up the helpline staff. Get detailed and accurate information about lung cancer, asthma, COPD, quitting tobacco and multiple other lung health topics.

Areas of expertise include:

- Lung health education.
- (Smoking) tobacco cessation.
- Respiratory therapy and pulmonary testing.
- Respiratory nursing.
- Respiratory home care.
- Lung diseases.
- Neonatal, pediatric, and adult respiratory intensive care.
- Medication counseling.
- Patient advocacy.
- Nursing case management.
- Physician search.

Fees: No fees.

Referral Procedures: By phone or website.

American Parkinson Disease Association (APDA) Midwest Chapter

1800 N. Main Street, Suite 215
Wheaton, IL 60187

(630) 933-4392 Voice - Main
(800) 223-9776 Toll-free - Main
(800) 223-2732 Toll-free

Information and Referral Center

www.apdamidwest.org

apdamidwest@apdamidwest.org

Ricki Chaidez, Program Director

Public transportation accessible.

Area Served: State of Illinois and northern Indiana.

Services

DISABILITY INFORMATION

Description: APDA strives to improve the lives of people with Parkinson's, their caregivers, and their family members by providing education, creating public awareness, fostering a supportive environment, and raising funds for research.

Persons can also call the information and referral center to receive information on respite care, support groups, caregiver specific educational programs, and other means of support.

Meetings: As of 01/2017 local meetings were available in Champaign, Dekalb, Jackson, Jefferson, Kankakee, Lee, Ogle, Macon, McHenry, McLean, Ogle, Sangamon, White, Whiteside, and Winnebago counties. Callers are encouraged to contact APDA to see if there is a newly established APDA meeting or one that meets nearby. If caller doesn't have access to a support group nearby, there may be other materials available to help.

Referral Procedures: By phone.

American Red Cross - Central and Southern Illinois

311 W. John H. Gwynn Jr. Avenue
Peoria, IL 61605

(309) 677-7272 Voice

(800) 733-2767 Toll-free - 1-800-RED CROSS

(844) 319-6560 Toll-free

(877) 272-7337 Toll-free

Emergency Military Communications & Military Family Support

(309) 677-7283 FAX

www.redcross.org/csil

Lyn Hruska, Regional Chief Executive Officer

Monica Coleman, Grants Specialist

Public transportation accessible.

Note: American Red Cross Central and Southern Illinois Region serves the following counties: Adams, Bond, Brown, Cass, Champaign, Christian, Clark, Clay, Clinton, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Edwards, Effingham, Fayette, Ford, Franklin, Fulton, Gallatin, Greene, Hamilton, Hancock, Hardin, Henderson, Henry, Iroquois, Jasper, Jefferson, Johnson, Knox, Lawrence, Livingston, Logan, Macon, Macoupin, Marion, Marshall, Mason, Massac, McDonough, McLean, Menard, Mercer, Montgomery, Morgan, Moultrie, Peoria, Perry, Piatt, Pike, Pope, Pulaski, Richland, Rock Island, Saline, Sangamon, Schuyler, Scott, Shelby, Stark, Tazewell, Vermilion, Wabash, Warren, Washington, Wayne, White, Williamson, and Woodford.

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Sites**American Red Cross - Central Illinois - Peoria Chapter**

311 W. John H. Gwynn Jr. Avenue
Peoria, IL 61605

(309) 677-7272 Voice
(800) 733-2767 Toll-free - 1-800-RED CROSS
(844) 319-6560 Toll-free
(877) 272-7337 Toll-free
(309) 677-7283 FAX

Lyn Hruska, Regional Chief Executive Officer

Site Hours: M-F, 9:00 am - 3:00 pm.

24/7 Military and Disaster Services.

Area Served: Red Cross Central Illinois serves Cass, Champaign, DeWitt, Ford, Iroquois, Livingston, Logan, McLean, Marshall, Mason, Peoria, Piatt, Stark, Tazewell, Vermilion, and Woodford counties.

Accessibility: Fully Accessible

Other Languages: Spanish (for disaster services); Spanish literature.

American Red Cross - Central Illinois - Bloomington Chapter

One Wesport Court
Bloomington, IL 61701

(309) 662-0500 Voice
(309) 677-7283 FAX
(844) 319-6560 Toll-free

Lyn Hruska, Regional Chief Executive Officer

Site Hours: M-F, 9:00 am - 3:00 pm.

24/7 Military and Disaster Services.

Area Served: Cass, Champaign, DeWitt, Ford, Iroquois, Livingston, Logan, McLean, Marshall, Mason, Peoria, Piatt, Stark, Tazewell, Vermilion, and Woodford counties.

Services**FINANCIAL ASSISTANCE**

Description: Families of military personnel can apply for a financial grant for a wide range of needs including but not limited to utilities, medical, and car repair.

Eligibility: Must have a spouse in active military duty.

Maximum Income Guidelines: None.

Referral Procedures: An application will be taken and submitted to the military processing center and an answer will generally be received within 24 hours, not including weekends.

Sites: 1 2

MILITARY SERVICES

Description: The American Red Cross supports members of the military and their families pre-deployment, during deployment, and when they return home through emergency communication services, financial assistance programs, re-integration, and veteran services. Red Cross workers use advanced communications technologies to link service members with their families. The Emergency Communications Center quickly and efficiently obtains the required information and sends emergency communication messages to service members of every branch of service wherever in the world they happen to be.

Fees: No fees.

Referral Procedures: By phone.

Sites: 1 2

TRAINING

Description: The American Red Cross trains residents in lifesaving skills through multi-language online, community, and workplace courses. Course include First Aid, CPR, disaster preparedness education, babysitter training, and water safety.

Fees: Vary.

Referral Procedures: By phone or website.

Sites: 1 2

BLOOD SERVICES

Description: American Red Cross helps to provide blood for persons in need through blood drives.

Eligibility: Donors must be age 17 or older. Donation by 16-year-olds is allowed with a signed parental consent form. Donors must weigh at least 110 pounds and be in good health.

Fees: No fees.

Referral Procedures: By phone or website for more information or to schedule an appointment. Walk-ins accepted on scheduled donation days.

Sites: 1 2

DISASTER SERVICES

Description: The American Red Cross offers disaster services to clients who experience a verified disaster, including home fires,

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tornadoes, and floods. The Red Cross provides assistance to meet clients' immediate needs, including for food, shelter, clothing, and health and mental health immediate needs, and helps clients begin their recovery. Amount of assistance is based on clients' needs.

Eligibility: Client must have experienced a verified disaster.

Fees: No fees.

Referral Procedures: By phone.

Sites: 1 2

VOLUNTEER OPPORTUNITIES

Description: Purpose: Become a part of the Red Cross mission - help people prevent, prepare, and respond to emergencies and to provide relief to victims of disasters.

Referral Procedures: By phone and website.

Sites: 1 2

Arthritis Foundation - Chicago Office

35 E. Wacker Drive, Suite 2260
Chicago, IL 60601

(800) 735-0096 Toll-free

(312) 372-2080 Voice

(312) 372-2081 FAX

www.arthritis.org/illinois

Chris Crowley, Executive Director

Sites

Arthritis Foundation - Peoria

4501 N. Sterling Avenue, Suite 101

Peoria, IL 61615

(309) 682-6600 Voice

Area Served: Northern half of Illinois (excluding Chicago area), including Champaign, DeKalb, DeWitt, Iroquois, Kankakee, Knox, LaSalle, Lee, Livingston, Logan, Macon, McLean, Ogle, Vermilion, Warren, Whiteside, and Winnebago counties.

Services

DISABILITY INFORMATION

Description: The Arthritis Foundation is the largest national nonprofit organization dedicated solely to the prevention, control, and cure of arthritis, the nation's leading cause of disability. The Foundation provides education, programs & services, information about

upcoming events, programming news, volunteer opportunities, and other Foundation-related business.

Association for Child Development

4415 W. Harrison Street, Suite 535

Hillside, IL 60162

PO Box 7130

Westchester, IL 60154-7130

(708) 236-0863 Voice

(800) 284-5273 Toll-free

(708) 236-0872 FAX

www.acdkids.org

Illinois@acdkids.org

Billie Kops Wimmer, Chief Executive Officer

April Rodriguez, Illinois State Director

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: State of Illinois.

Services

FOOD

Description: Provides monetary reimbursement for meals and snacks served to children in child care, provided USDA nutritional requirements are met. When sponsored by the Association for Child Development, all child care providers receive a wide range of materials free of charge. In addition, providers receive a bookkeeping calendar, nutrition education activity book, nutrition education/training certificates, and a cookbook to fit the needs of children in child care.

Eligibility: Must be a licensed or license-exempt child care provider.

Fees: No fees.

Referral Procedures: By phone, mail, e-mail, or FAX.

Attorney General, State of Illinois

500 S. Second Street

Springfield, IL 62706

(217) 782-1090 Voice - Springfield Office

(888) 288-9436 Toll-free - Environmental Crime

(800) 228-3368 Toll-free - Crime Victims Assistance

(888) 414-7678 Toll-free

Sex Offender Registration Team

(800) 243-5377 Toll-free

Senior Citizen Consumer Fraud

(877) 398-1130 TTY Toll-free

Crime Victims Assistance

<continued...>

(800) 382-3000 Toll-free - Military & Veterans Rights
(866) 999-5630 Toll-free - Identity Theft
(866) 544-7151 Toll-free - Homeowner Helpline
(877) 305-5145 Toll-free - Health Care Hotline
(866) 566-8439 Toll-free

Illinois Automated Victim Notification (AVN)
(877) 581-3692 Toll-free - Civil Rights Hotline
(217) 524-2660 Toll-free - Disability Rights Hotline
(800) 455-2456 Toll-free - Student Loan Helpline
(877) 844-5461 Toll-free/TTY - Springfield Office

www.ag.state.il.us
e-info@atg.state.il.us

Lisa Madigan, Attorney General

Sites

Attorney General, State of Illinois - East
Central Illinois Regional Office

1776 E. Washington Street
Urbana, IL 61802

(217) 278-3366 Voice
(217) 278-3371 TTY
(217) 278-3370 FAX

Regina B. Haasis, Site Director

Public transportation accessible.

Site Hours: M-F, 8:45 am - 4:45 pm.

Area Served: Champaign, Vermilion, Iroquois,
Livingston, Marshall, Woodford, McLean, Ford,
DeWitt, Piatt, Macon, Douglas, Coles, Edgar,
Clark, Cumberland, Effingham, Jasper,
Crawford, Shelby, and Moultrie counties.

Services

CRIME

Description: Financial assistance available with the goal of helping to reduce the financial burden imposed on victims of violent crime and their families. The Illinois Crime Victim Compensation Program can provide innocent victims and their families with financial assistance for expenses accrued as a result of a violent crime. The office of the Attorney General has the statutory duty to process all claims by investigating each claim to determine the claimant's eligibility.

Fees: No fees.

Referral Procedures: If you or someone else is having difficulty coping with the long-term effects of a violent crime, please call the toll-free Crime Victims Assistance Line for more information about compensation and other statewide victim services.

Illinois Automated Victim Notification (AVN) System

Description: Provides victims and concerned citizens with a toll-free number they can call for up-to-date information on the custody and/or case status of an offender. Callers may choose to register for automatic notification through Illinois AVN. Illinois AVN is also available online at www.vinelink.com, a public website that allows visitors to search for offender custody and case status. Users can also register online for phone or e-mail notification of changes in an offender's custody and/or court case status.

Fees: No fees.

CONSUMER SERVICES

Description: The Consumer Protection Division of the Office of the Attorney General seeks to protect Illinois consumers and businesses victimized by fraud, deception, or unfair methods of competition. Within this division are the Franchise Bureau, Health Care Bureau, Charitable Trusts Bureau, Military and Veterans Rights Bureau, and Consumer Fraud Bureau. The Consumer Fraud and Health Care Bureaus offer informal dispute resolution programs for consumers with complaints concerning their purchases and health care. Although the attorneys in the AG Office cannot represent any one individual in a lawsuit, a limited mediation program is offered to assist in resolving disputes or complaints filed by individual consumers.

Fees: No fees.

Referral Procedures: By phone.

High Tech Crimes Bureau

Description: The Attorney General's High Tech Crimes Bureau provides important training and education programs in the area of computer crimes, including online child pornography, online sexual abuse, online fraud, e-mail threats, identity theft, and computer hacking. In addition, the bureau offers investigative and prosecutorial assistance with cases and coordinates the Illinois Internet Child Exploitation Task Force.

The Illinois Computer Crime Institute (ICCI), an entity within the Attorney General's High Tech Crimes Bureau, is dedicated to training and supporting Illinois law enforcement and prosecutors in the investigation and prosecution of high technology crimes, as well as in the use

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of high technology tools to enhance the effectiveness of their work.

Additional Information: AG's special website and information regarding cyberbullying: illinoisattorneygeneral.gov/cyberbullying/.

Fees: No fees.

Referral Procedures: By phone, website, or e-mail.

Identity Theft Hotline

Description: The Identity Theft Hotline provides Illinoisans who have been victimized by identity theft with one-on-one assistance as they work to report the crime to local law enforcement and financial institutions, repair their credit, and prevent future problems. The website also has several documents concerning identity theft and the recovery process.

Child Support Enforcement Division

Description: The Child Support Enforcement Division of the Attorney General's office works closely with the Department of Healthcare and Family Services and other agencies and advocacy organizations to ensure that families throughout the state receive the support they need to raise their children. The Office of the Attorney General, in conjunction with the Department of Healthcare and Family Services, handles child support enforcement in 89 counties across the state of Illinois.

Area Served: 89 counties in Illinois (excludes McLean, Champaign, Sangamon, Kankakee, and Knox counties in 2-1-1 areas).

Referral Procedures: Call the Child Support Hotline at 800-447-4278.

Austin's Place Emergency Shelter for Women

First United Methodist Church (FUMC)
210 W. Church Street
Champaign, IL 61820

(217) 819-4117 Voice
Champaign County Centralized Intake
(217) 356-9078 Voice
(217) 356-9270 FAX
(217) 202-3430 Cell

shelter-austinsplace.weebly.com
kelkem@aol.com

Kelli Kemper, Co-leader, Austin's Place

Kim Stanhope, Co-Leader

Public transportation accessible.

Site Hours: 8:00 pm - 7:00 am, guests must be screened by Courage Connection before staying at shelter.

Area Served: Champaign County.

NOTE: Guests should go to Courage Connection for screening. After screening, guests will be transported to shelter. Light snacks will be available to guests. No shower facilities are available. In the morning, guests will be given a bus token and taken to the Champaign bus terminal. We can house up to 8 women each night.

Services

Austin's Place Emergency Overnight Shelter for Women

Description: Austin's Place is an emergency overnight shelter for women. The shelter is housed in First United Methodist Church in downtown Champaign and is staffed by trained volunteers. Women are picked up after screening and taken to the shelter space at First United Methodist Church. Upon arrival, women are greeted by their overnight volunteers who help them get settled, set up their sleeping spaces, provide snacks and conversation.

Women are woken with enough time to freshen themselves, put away their sleeping spaces, and have a light breakfast before the driver takes them to the Transportation Center in downtown Champaign.

Guests are provided 2 bus tokens before departure so they can get back to the shelter the following night.

Hours: Shelter open Mon, Dec 11th, 2017 - March 15, 2018, 7:30 pm - 7:00 am.

Eligibility: This shelter is for single women only. Space is available for up to 8 women each night. Women need to be ambulatory (no physical assistance needed). Women must be screened by Courage Connection before being transported to shelter.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: Women should meet at the Courage Connection, 504 E. Church Street, Champaign, between 6:30 pm - 7:30 pm for screening. Space is limited. Women are picked up by drivers at 8:00 pm and brought to the shelter. They are then picked up at 7:00 am the

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following morning and taken to the Champaign bus station. For questions, call Austin's Place, 217-356-9078 or Courage Connection, 217-352-7151.

Austin's Place Emergency Overnight Shelter for Women

Description: Volunteers are needed to stay overnight at the Shelter from 7:30 pm - 7:00 am. Orientations will be held at First United Methodist Church located at 210 W. Church Street in Champaign. Those who are interested in volunteering need to contact Kelli at 217-202-3430 or email kelkem@aol.com. Information is also available on the website or Facebook page.

Hours: Overnight volunteers, 7:30 pm - 7:00 am.

The Shelter is open in winter months only, this season from December 15th, 2017 to March 15th, 2018.

Referral Procedures: By phone.

Avicenna Community Health Center

819 Bloomington Road
Champaign, IL 61820

PO Box 218
Urbana, IL 61803

(217) 418-5888 Voice - Appointments Only
(217) 403-5498 Voice - Clinic
(217) 355-1500 FAX

www.avicennahealth.org
info@avicennahealth.org

Imad Rahman, President
Katherine Magerko, Vice President
Public transportation accessible.

Site Hours: Clinic Hours: Sun, 1:00 pm - 4:00 pm.

Appointment Scheduling Hours: Wed & Thu, 5:30 pm - 9:30 pm.

Area Served: Champaign County and surrounding areas.

Accessibility: Fully wheelchair accessible.

Other Languages: Spanish, French, Mandarin, Arabic, Farsi, Gujarati, Hindi, and Urdu.

Services

MEDICAL SERVICES

Description: Avicenna Community Health

Center aims to educate and counsel patients to prevent disease, screen patients to identify disease, and prescribe treatment and education to patients to minimize disease burden. The Center manages both long- and short-term diseases. Our prescription assistance team works to find free or reduced cost medications. Every patient is seen by the nutrition and exercise team to provide education on how diet and exercise affects their illness. Case Management is also available to every patient.

Eligibility: Any adult (18+) without health insurance (uninsured) and those without health access (underinsured).

Documents Needed: None.

Fees: No fees.

Referral Procedures: Call for appointment. Walk-ins are accepted.

The Baby Fold

108 E. Willow Street
Normal, IL 61761

(309) 454-1770 Voice
(309) 452-0115 FAX - Main Fax Number

www.thebabyfold.org

Dianne Schultz, President & CEO
Rebecca Haremaker, Executive Assistant
Public transportation accessible.

Sites

Baby Fold - Family Center

614 Oglesby Avenue
Normal, IL 61761

(309) 454-1770 Voice
(309) 454-9257 FAX

Karen Major, Director of Family & Community Services

Public transportation accessible.

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Primarily McLean County; some services may extend to further counties.

Other Languages: Spanish.

Services

Healthy Start Program

Description: The Healthy Start Program is a voluntary home visiting program for first-time parents and teenage parents. Provides support, child development information, parenting information, and referrals to community

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resources if needed. Services continue up to the child's 5th birthday.

Eligibility: Eligibility for McLean County residents:

- Pregnant mother age 22 years or younger
- First-time parent

Eligibility for Champaign County:

- Lives in Champaign County
- Mom 30 years of age or younger
- May be eligible with other siblings

Area Served: McLean, DeWitt, Woodford, Champaign, and Piatt Counties.

Referral Procedures: Parents can self-refer; call the Oglesby Avenue number and ask for Healthy Start.

Baptist Children's Home and Family Services

949 County Road 1300 N.
Carmi, IL 62821

- (618) 382-4164 Voice - Administration
- (618) 382-3239 FAX - Administration
- (618) 382-4165 Voice - Residential Care
- (618) 382-2586 FAX - Residential Care

www.bchfs.com
bchfs@bchfs.com

Denny Hydrick, Executive Director

Sites

Baptist Children's Home and Family Services

949 County Road 1300 N.
Carmi, IL 62821

- (618) 382-4164 Voice - Administration
- (618) 382-3239 FAX - Administration
- (618) 382-4165 Voice - Residential Care
- (618) 382-2586 FAX - Residential Care

Denny Hydrick, Executive Director

Site Hours: M-F, 8:30 am - 4:30 pm.

Baptist Children's Home and Family Services - Angel's Cove

4243 Lincolnshire Drive
Mount Vernon, IL 62864

- (618) 242-4944 Voice
- (618) 382-4165 Ext. 208 Voice
- Safe Families for Children
- (618) 242-2568 FAX

Site Hours: M-F, 8:30 am - 4:30 pm.

Area Served: Maternity Services - Nationwide.

Safe Families For Children - Southern Illinois (Effingham and south).

Services

BCH Residential Care

Description: At Baptist Children's Home campus in Carmi, residential care is provided for children (ages 12-18) who are experiencing emotional or behavioral difficulties as well as children who have been victimized by abuse, neglect, or abandonment. Housing, education, counseling, and medical care provided.

Eligibility: - IQ 80+.

- Ability to live in a small-group environment.
- No danger to self or others.
- Ability to attend public school.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, Social Security card, and immunization records.

Fees: Sliding scale.

Referral Procedures: By phone, fax, or e-mail.

Angel's Cove

Description: A group home for young women experiencing a crisis pregnancy providing housing, counseling, prenatal care, parent training, adoption, and foster care. Services may also be provided in a person's home. Safe Families for Children: Provides a secure, temporary home for children whose parents are in a crisis situation using private homes as "Safe Homes."

Additional Information: Services vary by eligibility, documents needed, and fees which are sliding scale.

Fees: No fees for Safe Families for Children.

Sites: 2

Behavioral Wellness Center and Geriatric Behavioral Services

Gibson Area Hospital and Health Services
4 Doctors Park
Gibson City, IL 60936

- (217) 784-4540 Voice
- (217) 784-4542 FAX

www.gibsonhospital.org
webmaster@gibsonhospital.org

Kenna Dunlap Johnson, Director of Behavioral Health

Site Hours: M-F, 8:00 am - 4:00 pm.

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Area Served: Primary Ford and surrounding counties, though no geographic limitations.
Other Languages: Spanish. Will work with interpreters when needed.

Services

COUNSELING

Description: An outpatient behavioral health clinic that provides psychiatric and psychotherapeutic services. Provides services to patients of varying ages that may have a wide range of behavioral health concerns, including (but not limited to) depression, anxiety, bipolar disorder, trauma, psychosis, and childhood disorders.

Documents Needed: Photo ID, insurance card (if applicable).

Fees: Varying fees. Accepts Medicaid, Medicare, private insurance, and private pay. For financial assistance, ask about the Gibson Cares Program.

Referral Procedures: Self and doctor referrals accepted. Once referral is received, demographic information is verified. Patient will be contacted to schedule an assessment for a Determination or Treatment.

OLDER ADULTS

Description: Geriatric Behavioral Services provides older adults with quality behavioral healthcare. Patients that utilize this program typically have Medicare Part B and a diagnosis such as Major Depressive Disorder and/or Generalized Anxiety Disorder. The staff utilizes a multidisciplinary treatment team including a Psychiatrist, a Therapist, and a Registered Nurse to develop an individualized plan of treatment for each patient. The goal is to provide a safe environment for patients to come and share feelings with others that are experiencing similar issues.

Documents Needed: Photo ID, insurance card.

Fees: Varying fees. Accepts Medicaid, Medicare, private insurance, and private pay. For financial assistance, ask about the Gibson Cares Program.

Referral Procedures: Self and doctor referrals accepted. Once referral is received, demographic information is verified. Patient will be contacted to schedule an assessment for a Determination or Treatment.

Benefit Access Application - BAA

Illinois Department on Aging
 1 Natural Resources Way, Suite 100
 Springfield, IL 62702-1271

(800) 252-8966 Senior Helpline

(217) 785-4477 FAX

(888) 206-1327 TTY - Senior Helpline

www.state.il.us/aging

Aging.ILSenior@illinois.gov

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: State of Illinois.

Other Languages: Spanish.

Services

License Plate Discount Program

Description: The Benefit Access Application program includes the Seniors Free Transit Ride, the Persons with Disabilities Free Transit Ride, and the License Plate Discount. To be determined eligible for these benefits, a person must submit a Benefit Access Application on the Internet. Paper applications are not available. Once application is approved, a certificate of eligibility can be printed to take to one's local transit authority or Secretary of State Office. The website can be checked at anytime to determine application status.

Eligibility: Persons age 65 and older, widow or widower who turned 63 before their spouse's death who was eligible, and persons with disabilities age 16 and older.

Maximum Income Guidelines: \$27,610 for a household of one; \$36,635 for a household of two; or \$45,657 for a household of three.

Fees: Qualifying individuals will receive a discount on their license plate renewal fee, making the plates available to them for \$24.

Referral Procedures: Application available through website.

Ride Free Transit Card

Description: The Benefit Access Application program includes the Seniors Free Transit Ride, the Persons with Disabilities Free Transit Ride, and the License Plate Discount. The Transit Ride Program only applies to metropolitan public transit in Illinois. To be determined eligible for these benefits, a person must submit a Benefit Access Application on the Internet. Paper applications are not available. Once application is approved, a

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certificate of eligibility can be printed to take to one's local transit authority or Secretary of State Office. The website can be checked at any time to determine application status.

Eligibility: Persons age 65 and older, widow or widower who turned 63 before their spouse's death who was eligible, and persons with disabilities age 16 and older.

Maximum Income Guidelines: \$27,610 for a household of one;

\$36,635 for a household of two; or

\$45,657 for a household of three.

Fees: Qualifying individuals will receive a discount on their license plate renewal fee, making the plates available to them for \$24.

Better Business Bureau of Central Illinois

8100 N. University

Peoria, IL 61615

(309) 688-5124 Voice

(309) 681-7290 FAX

www.bbb.org/central-illinois

bbb@hoibbb.org

Jessica Tharp, President & CEO

Public transportation accessible.

Site Hours: M-F, 9:00 am - 4:00 pm.

Area Served: Central Illinois.

Services

CONSUMER SERVICES

Description: The BBB is a private, non-profit organization that provides services and programs to assist consumers and businesses. The focus of a Bureau's activities is on marketplace concerns, such as honest advertising and selling practices. Most BBB services are provided without charge to the public, including:

- 1) Provides information about a company, particularly whether or not there are unanswered or unsettled complaints, or other problems.
- 2) Provides information about charities and other organizations that are seeking donations.
- 3) Helps resolve a buyer/seller complaint against a company, including mediation and arbitration services in many instances.
- 4) Disseminates accurate consumer information so wise buying decisions can be made.

Fees: No fees.

Referral Procedures: BBB offers its national and local consumer services online, by phone, and in person.

Big Brothers Big Sisters of Central Illinois

310 W. William Street

Decatur, IL 62522

(217) 428-4240 Voice

(217) 362-7716 FAX

www.bbbscil.org

Jeanne Stahlheber, Chief Executive Officer

Corey Burrows, Chief Operating Officer

Public transportation accessible.

Sites

Big Brothers Big Sisters of Central Illinois - Administrative Office

310 W. William Street

Decatur, IL 62522

(217) 428-4240 Voice

(217) 362-7716 FAX

Jeanne Stahlheber, Chief Executive Officer

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm. Later evening hours available to accommodate needs of clients.

Area Served: Macon, McLean, Livingston, DeWitt, Champaign, Piatt, Ford, Iroquois, and Vermilion counties.

Other Languages: Minimal Spanish.

Big Brothers Big Sisters of Central Illinois - Champaign County

404 W. Church Street

Champaign, IL 61820

(217) 355-2227 Voice

(217) 352-6494 FAX

Corey Burrows, Chief Operating Officer

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign County.

Services

VOLUNTEER OPPORTUNITIES

Description: The volunteer's purpose is to provide quality mentoring services to children to help them achieve their highest potential. Opportunities include:

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- Community Based Mentoring - Spending time with a child on evenings and weekends.
- School Based Mentoring - Spending one hour/week with a child on school property during school hours throughout the school year.

Eligibility: Individuals who wish to become a volunteer Big Brother or Big Sister must be screened and trained prior to matching. A minimum of a one-year commitment is required for all programs. Volunteers must be at least 16 years of age and have their own transportation. Volunteers of all backgrounds are needed.

Sites: 1 2

MENTORING

Description: The mission of Big Brothers Big Sisters is to provide children facing adversity with strong and enduring, professionally supported, one-to-one relationships that change their lives for the better. There are two basic programs:

- Community-Based Mentoring - the traditional Big Brothers Big Sisters relationship. It's all about one-on-one time spent with the volunteer and the young person doing things they enjoy – a few hours a couple times a month filled with shared interests and activities.
- School-Based Mentoring - volunteers offer children individualized time and attention on a consistent basis, with the venue being the child's school rather than the community. Teachers identify those children who can most benefit from an extra caring adult in their lives. Volunteers and children meet regularly during the school year – typically each week, utilizing the resources available within the school.

Eligibility: Site 1: Children between the ages of 5 and 12 are eligible to enroll for the community-based program. Families of Little Brothers and Little Sisters will also go through a training and screening process.

Site 2: Children between the ages of 5 and 12 are eligible to enroll for the community-based program. Families of Little Brothers and Little Sisters will also go through a training and screening process.

Fees: No fees.

Referral Procedures: Call for an appointment; walk-ins accepted.

Sites: 1 2

Birthright International

777 Coxwell Avenue
 Toronto, ON M4C 4C6
 (800) 550-4900 Toll-free
 birthright.org/en
 info@birthright.org

Sites

Birthright Champaign County
 201 W. Springfield Avenue, Suite 206
 Champaign, IL 61820

(217) 351-7744 Voice
 (800) 550-4900 Toll-free - 24-Hour

Karla Walsh, Co-Director
 Public transportation accessible.

Site Hours: By appointment.

Area Served: Champaign and Piatt counties.

Services

PREGNANCY

Description: A non-profit, volunteer-staffed, pregnancy assistance service offering assistance and support to any girl or woman who finds herself distressed by pregnancy or the possibility of pregnancy. Birthright offers free, reliable pregnancy testing. All services are free and confidential. Referrals to other resources are also provided.

Fees: No fees.

Referral Procedures: Site 1: By phone. Appointment preferred. No walk-ins, as hours vary.

CLOTHING

Description: Site 1: Maternity clothes and baby clothes (infant to 24 months) are available. Can receive clothing once every 2 months.

Hours: Site 1: Clothing distribution hours: Mon, 10:00 am - 11:30 am, or by appointment.

Additional Information: New clients should bring their baby on their first visit.

Fees: No fees.

Referral Procedures:

CHILDREN'S

SERVICES

Description: Diapers are available for clients once per month.

<continued...>

Hours: Site 1: Diaper distribution hours: Monday 10:00 am - 11:30 am, or by appointment.

Additional Information: New clients should bring their baby on their first visit.

Fees: No fees.

VOLUNTEER OPPORTUNITIES

Description: Birthright is always in need of compassionate volunteers who can give loving, non-judgmental help to the pregnant women who come to us. Extensive training is provided. Volunteers are asked to commit to 2 hours per week. Call or e-mail for more information.

Bloomington Normal Treatment Center

303 Landmark Drive, Suite 2B
Normal, IL 61761

(309) 808-2388 Voice

(309) 808-2668 FAX

www.riverwoodgroup.com

bntc@methadonetreatmentcenter.com

Kirk Goshman, Regional Director

Linda Barber, Clinical Supervisor

Public transportation accessible.

Sites

Champaign Treatment Center

106 S. Country Fair Drive, Suite C
Champaign, IL 61821

(217) 373-8200 Voice

(217) 373-5233 FAX

Area Served: Primarily Champaign County, though there are no geographic restrictions for receiving services.

Services

SUBSTANCE USE TREATMENT

Description: The treatment centers are licensed by the State of Illinois to provide Opioid Substance Abuse treatment services to help people overcome their dependence on painkillers, heroin, and opiate-based medications. Medicated-assisted treatment is successful in relieving the cravings for opioids, eliminating withdrawal symptoms during treatment, and blocking the euphoric effects one may experience when using opioids.

Eligibility: Age 18 and over; opiate dependent one year; and persons who would benefit from this sort of treatment.

Documents Needed: Photo ID.

Fees: Fixed fees. Admission fee is \$30. The cost of one dose of methadone is \$13 (liquid) or \$14 (diskette) and it is taken daily. Accepts private pay only.

Referral Procedures: Call for an intake appointment.

Boy Scouts of America - Prairielands Council

3301 Farber Drive
Champaign, IL 61822

PO Box 6267
Champaign, IL 61826

(217) 356-7291 Voice

(217) 356-7785 FAX

www.prairielandsbsa.org

Steve Adams, Scout Executive

Sharon Kirk, Office Manager

Site Hours: M-F, 9:00 am - 6:00 pm.

Area Served: Champaign, Douglas, Edgar, Ford, Iroquois, Piatt, and Vermillion counties in Illinois. Fountain and Vermillion counties in Indiana.

Services

SCOUTING PROGRAMS

Description: Boy Scouting provides young people an opportunity to develop a set of core values, based on the Scout Oath and Law. The Scout mission is accomplished through adult volunteers, as they teach values and appreciation of the outdoors and the world through camping, community service, youth leadership, and more. Young people also learn the skills of goal setting and achievement as they work toward the Eagle Scout Award. Age appropriate activities are used for Cub Scouts, Boy Scouts, Venturers, and Explorers to help achieve those goals.

Eligibility: Boys and girls ages 5-20.

Fees: Vary.

Referral Procedures: By phone, walk-in, or appointment.

Boys Town National Hotline

13940 Gutowski Road
Boys Town, NE 68010

(800) 448-3000 National Toll-free - Hotline
(800) 448-1833 TTY
20121 Text Short Code
Daily, 2:00 pm - 1:00 am CST.

www.boystown.org/hotline
hotlinedb@boystown.org

Steven E. Boes, Executive Director
Deena Fraiser, Hotline Associate/Database

Site Hours: 24/7.

Area Served: Nationwide service.

Other Languages: Spanish-speaking counselors and translation services, representing more than 140 languages.

Services

HOTLINE

Description: The Boys Town National Hotline offers short-term counseling, crisis intervention, and referrals to other resources in caller's area. The hot-line also offers web chat services Mon-Fri, 6:00 pm - 12:00 pm (CST). Texting services available every day, 2:00 pm to 1:00 am (CST).

Parents, teens, and families can find help with:

- Suicide prevention.
- Sexual abuse.
- Parenting troubles.
- Anger.
- Physical abuse.
- School issues.
- Chemical dependency.
- Relationship problems.
- Depression.
- Emotional abuse.
- Runaways.

The Website also offers tips on how to deal with challenging situations, a bulletin board where teens ask questions regarding different topics that are answered by counselors and then posted so others can read and relate and journal pages where teens can download and print worksheets to help them work through issues and create solutions.

Fees: No fees.

Referral Procedures: By phone, web chat, text, or email.

Broadlands Food Pantry

United Community Church
300 S. Lincoln Street
Broadlands, IL 61816

(217) 834-3349 Voice

Chuck Walker, Coordinator

Services

FOOD PANTRY

Description: Food pantry is available.

Hours: 2nd Saturday of the month, 9:00 am - 10:00 am.

4th Wednesday of the month, 6:00 pm - 7:00 pm.

Eligibility: Resident of area served. Those seeking food who reside outside the pantry's service area will be given food one time, but then will be directed to their local pantries.

Area Served: Broadlands, Longview, Allerton, Homer, Sidney, Newman, Hume, and Sidell.

Documents Needed: Photo ID to show residency within service area.

Fees: No fees.

Referral Procedures: Walk-in during distribution hours.

Canaan S.A.F.E. House - Substance Abuse Free Environment

213 N. Central Avenue
Urbana, IL 61801

404 W. Main Street
Urbana, IL 61801

(217) 344-7233 Voice

(217) 367-5130 FAX

canaansafehouse.org

sbruett@canaanurbana.org

Thomas Green, Men's Safe House Director

Cheryl Hollis, Women's Safe House Director

Sites

Canaan S.A.F.E. House - Men's Safe House

213 N. Central Avenue
Urbana, IL 61801

(217) 344-7233 Voice

(217) 367-5130 FAX

Thomas Green, Men's Safe House Director

Area Served: Champaign County.

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Canaan S.A.F.E. House - Women's Safe House

502 E. Church Street
Champaign, IL 61820

(217) 359-6636 Voice

Cheryl Hollis, Women's Safe House Director

Area Served: Champaign County.

Services

SUBSTANCE USE ISSUES

Description: In an effort to help people break free from controlling addictions and troublesome habits, members of the Champaign-Urbana Christian community joined together in the creation of SAFE House (Substance Abuse Free Environment). Offers a 12-month faith based, residential treatment program for men at the Men's SAFE House and women at the Women's Safe House. Programs incorporate a structured daily regiment of GED and/or adult education, devotions, group therapy, personal counseling, volunteer work projects, evening community-wide personal enrichment courses, and weekly worship services.

Referral Procedures: By phone or walk-in.

Sites: 1 2

CancerCare

275 Seventh Avenue
22nd Floor
New York, NY 10001

(800) 813-4673 National Toll-free - 800-813-HOPE

(212) 712-8400 Administrative

(212) 712-8495 FAX

www.cancercare.org

info@cancercare.org

Patricia J. Goldsmith, Chief Executive Officer

Site Hours: Mon-Thu, 9:00 am - 7:00 pm EST.

Fri, 9:00 am - 5:00 pm EST.

Area Served: Nationwide service.

Services

Financial Assistance Program

Description: CancerCare offers assistance with obtaining funds for treatment-related costs, such as pain medication, transportation, home care, and child care. There are several different

financial aid programs, depending on the individual's type of cancer and the primary funding source for that particular program. Please note that CancerCare grants are not for basic living expenses such as rent, mortgages, utility payments, or food.

Eligibility: In order to be eligible for financial assistance, client must:

- Have a diagnosis of cancer confirmed by an oncology health care provider.

- Be in active treatment for cancer.

- Live in the U.S. or Puerto Rico.

- Meet eligibility guidelines of 250% of the Federal Poverty Limit.

Referral Procedures: By phone to determine eligibility.

Care Horizon

304 N. Maple, Suite 202
Urbana, IL 61802

(217) 384-3360 Voice

(877) 626-7911 Toll-free

(217) 384-3380 FAX

www.carehorizon.org

info@carehorizon.org

DEBORAH MATTHEW, CEO

Jane Flewelling, Senior Service Coordinator

Site Hours: M-F, 8:00 am - 5:00 pm.

Sat&Sun, 9:00 am - 4:00 pm.

Area Served: Champaign, DeWitt, Douglas, and Piatt counties.

Services

Community Care Program (CCU)

Description: The Community Care Program (CCP) is designed to prevent or delay nursing home placement by linking older persons to services and assistance within the community. In-home, community-based support services include:

- Case Management.

- Homemakers provide assistance with household tasks, including cleaning, laundry, meal preparation, escort, errands, and shopping. Homemakers also serve more highly impaired clients with a combination of some chore assistance and personal care tasks such as dressing, bathing, and grooming. They also assist clients by teaching them how to plan meals and follow special diets. Homemakers remind clients to take medication and, when

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necessary, act as a personal escort. Homemakers do not provide medical services.
 - Adult Day Care services provide respite to family members or other caregivers who might otherwise be unable to handle the burden of care by providing care and supervision for clients in a group setting outside the home. Day care staff are allowed to dispense medication and complete some medical tasks.

Eligibility: This program is for individuals who are age 60 or over.

Referral Procedures: By phone.

Carle Expanding Children's Hearing Opportunities - Pediatric Hearing Center

805 W. Park Street
 Urbana, IL 61801

611 W. Park Street
 Urbana, IL 61801

(217) 383-4375 Voice

(217) 326-2336 FAX

carle.org/services/echo
 echo@carle.com

Jean Thomas, ECHO Manager

Danielle Chalfant, CAOS Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: State of Illinois (and surrounding states).

Other Languages: Interpreter available upon request.

Services

DEAF/HEARING IMPAIRED SERVICES

Description: ECHO (Expanding Children's Hearing Opportunities) offers comprehensive services for children with hearing loss from diagnosis, evaluation, and treatment including early intervention services. The Pediatric Hearing Center (PHC) multidisciplinary team serves children who use all communication modes, offering hearing evaluation, speech language evaluation, hearing aids and therapy.

Maximum Income Guidelines: Free or discounted care may be available through the Carle Financial Assistance Program. Other discount options may be available. Please visit www.carle.org/billing/financial-assistance for additional information.

Documents Needed: Insurance card. Proof of income required for financial assistance.

Fees: Fixed fees; Medicaid, Medicare, private insurance, and private pay accepted. Financial assistance may be available.

Referral Procedures: By appointment.

Carle Foundation Hospital

611 W. Park Street
 Urbana, IL 61801

(217) 383-3311 Voice

(888) 712-2753 Toll-free

Billing Questions (888-71-CARLE)

(800) 526-0857 TTY

(217) 383-3482 TTY - Emergency Department

www.carle.org

James C. Leonard, MD, President and CEO

Jennifer Handricks Kaufmann, Director of Public Relations

Public transportation accessible.

Sites

Carle Foundation Hospital

611 W. Park Street
 Urbana, IL 61801

(217) 383-3311 Voice

(888) 712-2753 Toll-free

Billing Questions (888-71-CARLE)

(800) 526-0857 TTY

(217) 383-3482 TTY - Emergency Department

James C. Leonard, MD, President and CEO

Public transportation accessible.

Area Served: Carle is located in Champaign, Coles, Douglas, Effingham, Piatt, and Vermilion counties and the primary service area extends into DeWitt, Ford, Edgar, Iroquois, and Livingston counties.

Other Languages: Face-to-face interpreters are available for Spanish, French, Mandarin, Vietnamese, Cantonese, Korean, and American Sign Language. Interpreter services in 180 different languages are also offered via phone and video.

Carle Clinic - Champaign on Curtis

1701 W. Curtis Road
 Champaign, IL 61822

(217) 365-6200 Voice

Carle Clinic - Urbana on Windsor

1818 E. Windsor Road
 Urbana, IL 61802

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(217) 255-9500 Voice

Carle Medical Supply - Urbana

1208 N. Cunningham Avenue
Urbana, IL 61802

(217) 383-3487 Voice
(800) 851-3373 Toll-free

Site Hours: M-F, 9:00 am - 6:00 pm.

Carle Home Services

810 W. Anthony Drive
Champaign, IL 61822

(800) 877-8555 Toll-free - Home Health Care
(800) 239-3620 Toll-free - General Information
(217) 383-3488 Voice

Area Served: Champaign, Vermilion, Douglas, Dewitt, Livingston, McLean, Iroquios, Ford, Piatt, Macon, Moultrie, Edgar, Coles, Shelby, Cumberland, Clark, Effingham, Jasper, and Crawford counties.

Carle in Mahomet

1001 Heather Drive
Mahomet, IL 61853

(217) 586-8400 Voice

Site Hours: Office: M-F, 7:00 am - 5:00 pm.
Radiology: M-F, 8:00 am - 5:00 pm. Radiology is closed for lunch from 12:00 pm - 1:00 pm.
Lab: M-F, 7:00 am - 5:00 pm.

Carle in Rantoul

1540 E. Grove Street
Rantoul, IL 61866

(217) 893-7700 Voice

Site Hours: M-F, 8:00 am - 5:00 pm.
Radiology is closed for lunch from 12:00 pm - 1:00 pm.

Services

HOSPITAL

Description: Site 1: Carle Foundation Hospital is a 413-bed regional care hospital that houses the area's only Level I Trauma Center as well as Level III perinatal services.

Hours: Carle Foundation Hospital is open 24 hours a day, 7 dayfacs a week. Outpatient facilities and visiting hours may vary.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for

Carle's various financial assistance programs.

Documents Needed: Proof of income needed for the financial assistance application.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By appointment with exception to the Emergency Department.

Convenient Care

Description: At Convenient Care, medical staff sees both Carle and non-Carle patients without the need for an appointment for treatments for:

- Muscle sprains.
- Sports physicals.
- Back and neck pain/body aches.
- Minor cuts/infections.
- Cold/flu like symptoms.

Hours: Site 1: Open Daily, 8:00 am - 8:00 pm, including holidays.

Site 2: Open Daily, 8:00 am - 8:00 pm. Closed on holidays.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

Documents Needed: Proof of income needed for the financial assistance application.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: Walk-in or by phone.

Sites: 2 3

Carle Cancer Center and Mills Breast Cancer Institute

Description: Carle Cancer Center delivers comprehensive care through leading-edge technology and advanced research, as well as education and support. Offering clinical trials and multidisciplinary clinics for breast, prostate and head and neck cancers as well as stereotactic radiosurgery.

Area Served: Carle Cancer Center has services available in Urbana, Danville, Effingham, and Mattoon, with visiting specialists at Crawford Memorial Hospital, Gibson Area Hospital, Iroquois Memorial Hospital, and Paris Community Hospital. All levels of service may not be available at all locations.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

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Documents Needed: Proof of income needed for the financial assistance application.

Referral Procedures: Call for more information.

SUPPORT GROUPS

Description: Carle offers a number of support groups to meet your needs. To learn more about each group, including dates, time and location, please visit

www.carle.org/supportgroups

- Awake and Aware Support Group (Sleep Apnea), Urbana
- Bariatric Support Group, Champaign
- Better Breathers Support Group (Chronic Pulmonary Disease), Urbana and Danville
- Brain Injury Support Group, Urbana
- Cancer Caregivers Group, Urbana
- Cancer Support Groups, Urbana and Danville
- Cardiac Support Group, Urbana
- Cardiomyopathy/LVAD Support Group, Urbana
- Children's Cancer Support Group, Urbana
- Diabetes Support Group, Danville and Champaign
- Fibromyalgia Support Group, Champaign
- Head and Neck Cancer Support Group, Urbana
- Life After Loss Support Group (Grief support group), Champaign
- NICU Sibling Support Group, Urbana
- Ostomy Support Group, Urbana
- Parkinson's Support Group, Urbana
- Women's Room Cancer Support Group, Urbana

Fees: No fees.

Referral Procedures: Call for more information or to register.

Carle Medical Supply

Description: Carle Medical Supply carries a variety of rental medical equipment and supplies. Carle Medical Supply offers 24-hour emergency service, with free delivery, installation and maintenance of home rental equipment within 50 miles of each store.

Products include:

- Ambulatory aids.
- Bandages and wound care.
- Medical instruments.
- Orthopedic products.
- Aids for daily living.
- Ostomy products.
- Hosiery and medical leg wear.

- Oxygen, respiratory and CPAP machines and accessories.
- Wheelchairs and accessories.

Hours: Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

Documents Needed: Proof of income needed for the financial assistance application.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By appointment.

Sites: 4

HOME HEALTH CARE

Description: Carle Home Care provides high-quality health care that allows patients to recover or live with illness in the comfort of their own homes. By providing care, education, and support, workers help patients become independent in managing their care.

Area Served: Livingston, Iroquois, McLean, Ford, DeWitt, Piatt, Champaign, Vermilion, Macon, Moultrie, Douglas, Edgar, Coles, Shelby, Cumberland, Clark, Effingham, Jasper, and Crawford counties.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

Documents Needed: Proof of income needed for the financial assistance application.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By phone.

Sites: 5

HOSPICE

Description: The Hospice Team Provides:

- Visits by nurses who are on call 24/7.
- Management of pain and related symptoms.
- Short-term inpatient care for symptom management.
- Personal care.
- Coordinated services with the patient's personal physician.
- Help in obtaining financial assistance or other community services.
- Spiritual and emotional support.
- Supportive care by trained volunteers.
- Family counseling.
- Instruction to caregivers on patient care.

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- Respite care, for up to 5 days, at a contracted facility.
 - Therapies and nutritional consultation.
 - Bereavement support for family members.
- Eligibility:** - Has a medical diagnosis that projects a limited life expectancy.
- Agrees with family and primary physician that symptom management care is most appropriate.
 - Has a primary caregiver (someone other than Hospice staff available to the patient on a 24-hour basis).

Area Served: Livingston, Iroquois, McLean, Ford, DeWitt, Piatt, Champaign, Vermilion, Macon, Moultrie, Douglas, Edgar, Coles, Shelby, Cumberland, Clark, Effingham, Jasper, and Crawford counties.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

Documents Needed: Financial Assistance Program: Proof of income.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By phone.

Sites: 5

Primary/Specialty Care Services

Description: Site 1: The following services are offered at this location.

North Entrance:

- Dermatology.
- Dermatology (MOHS).
- Developmental Pediatrics.
- Gynecology.
- Pediatrics.
- Psychology.

West Entrance:

- Family Medicine.
- Adult Medicine.
- Adult Medicine Residency.
- Patient Accounts.

Site 2: The following primary care and specialty care are offered at this location:

- Adult Medicine.
- Allergy & Immunology.
- Family Medicine.
- Geriatrics.
- Lab Services.
- Pediatrics.
- Psychology.
- Radiology.

- Reproductive Medicine.

Site 3: Carle in Mahomet services include primary care and specialty care, including:

- Family Medicine
- Women's Services
- Therapy Services
- Radiology Services
- Lab

Site 4: Carle in Rantoul services include primary care and specialty care, including:

- Family Medicine
- Women's Services
- Therapy Services
- Occupational Medicine
- Radiology Services
- Lab

Hours: Site 1: M-F, 8:00 am - 8:00 pm.

Site 2: Office: M-F, 8:00 am - 5:00 pm, or by appointment.

Lab: M-F, 7:00 am - 6:00 pm.

Radiology: Open daily, 8:00 am - 8:00 pm.

Site 3: M-F, 7:00 am - 8:00 pm.

Sat-Sun, 8:00 am - 8:00 pm.

Lab and Radiology hours may vary.

Site 4: M-F, 7:00 am - 5:00 pm.

Site 5: M-F, 8:00 am - 5:00 pm.

Maximum Income Guidelines: Free or discounted care may be available for persons at or below 400% of the federal poverty level for Carle's various financial assistance programs.

Documents Needed: Proof of income needed for the financial assistance application.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By appointment only.

Sites: 2 3 6 7

CASA of Champaign County

154C Lincoln Square
Urbana, IL 61801

(217) 384-9065 Voice

(217) 384-6450 FAX

www.casa4kids.org

casa@casa4kids.org

Rush Record, Executive Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

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Services

ADVOCACY

Description: Champaign County Court Appointed Special Advocate (CASA) is a not-for-profit organization which recruits, trains, and monitors volunteers who advocate for the best interests of abused and neglected children. CASA volunteers work through the juvenile court system to facilitate prompt delivery of services and make independent recommendations to the court concerning the child's well-being.

Eligibility: Children must be involved in an open juvenile abuse and neglect case. Volunteers must be at least 21-years-old.

Fees: No fees.

Catholic Charities of Decatur

Diocese of Springfield
247 W. Prairie Avenue
Decatur, IL 62523

(217) 428-3458 Voice
(217) 422-6611 Voice - Meals on Wheels
(217) 428-0013 Voice - Faith in Action
(800) 745-5194 Toll-free - Legal Services
(217) 428-4415 FAX

www.cc.dio.org

Marie Rademacher, Area Director
Pam Cearlock, Office Manager
Public transportation accessible.

Sites

Catholic Charities of Decatur - Resale Shop/Food Pantry/Med Assist/Mobile Food Pantry/SHIP

2705 N. Water
Decatur, IL 62526

(217) 428-3458 Ext. 237 Voice
Resale Store/Food Pantry
(217) 475-0270 Voice - SHIP/MedAssist
(217) 233-5584 FAX

Robin Murray, Supervisor
Public transportation accessible.

Site Hours: M-F, 8:30 am - 4:30 pm.

Services

MedAssist

Description: Staff assist low-income people of

all ages to determine eligibility and assist in making application to patient assistance programs offered by pharmaceutical companies.

Hours: By appointment only.

Area Served: Champaign, Christian, DeWitt, Macon, Moultrie, Piatt, and Shelby counties.

Documents Needed: Photo ID, proof of income, Social Security card, Medicare card (if applicable), list of medications and dosages.

Fees: \$20 for initial application; \$15 for application renewals.

Referral Procedures: Call for an appointment.

Catholic Charities, Diocese of Peoria - Champaign

Community Resource Center
Presence Hospital
1400 W. Park
Urbana, IL 61801

PO Box 8937
Champaign, IL 61826

(217) 689-1427 Voice
(309) 397-9169 Voice

www.ccdop.org

Robert Taylor, Senior In-Home Counselor

Sites

Catholic Charities, Diocese of Peoria - Champaign

Presence Hospital
1400 W. Park
Urbana, IL 61801

(217) 689-1427 Voice
(309) 397-9169 Voice

Robert Taylor, Senior In-Home Counselor

Site Hours: Call for appointment.

Area Served: Champaign and Piatt counties.

St. Patrick's Catholic Church Parish Center

212 E. Washington Street
Tolono, IL 61880

(217) 621-5694 Voice - Pantry Coordinator
(217) 689-1427 Voice - Catholic Charities

Services

SENIOR SERVICES

Description: Offers professional in-home counseling services for people of all faiths who are 60 years of age or older and may be

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struggling with depression, grief and loss, anxiety, family relationship issues, loss of functioning, chronic illness or other issues affecting their mental well-being. The goal of the counseling services is to help older adults improve their quality of life as well as their ability to continue to live independently.

Eligibility: For individuals, 60 and over, who live in their own home, apartment, or in assisted/supportive living, in Champaign or Piatt counties and can benefit from counseling services.

Fees: No fees for service. Donations may be made to help support the program.

Referral Procedures: By phone for appointment.

St. Patrick's Tolono Food Pantry

Description: Catholic Charities, in partnership with St. Patrick's Catholic Church, distributes non-perishable food, frozen meat, potatoes, and bread (as available) from St. Patrick's Catholic Church Parish Center.

Hours: Mon, 5:30 pm - 7:30 pm.
Fri, 9:00 am - 11:00 am.

Excluding Holidays.

Eligibility: Ages 18 and older.

Area Served: No geographical restrictions.

Maximum Income Guidelines: 185% of the federal poverty level.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: Walk-in accepted.

Sites: 2

Good Samaritan Community Support Services

Description: Matches volunteers with seniors who need them. Volunteers can provide a wide array of services depending on the needs of the senior and the gifts of each volunteer. Services may include helping to manage their mail, run errands, taking walks, helping to plant flowers, transporting them to doctor visits, or simply having a cheerful conversation.

Eligibility: For individuals 60 and over who live in their own home or apartment and can benefit from support services.

Area Served: Cities of Tolono and Savoy in Champaign County.

Fees: No fees.

Referral Procedures: By phone for appointment. Contact for this program is Kim

McAvoy, kmcavoy@ccdop.org.

CDC - Centers for Disease Control and Prevention

1600 Clifton Road
Atlanta, GA 30329-4027

(800) 232-4636 Toll-free - (1-800-CDC-INFO)

(888) 232-6348 TTY

www.cdc.gov

Thomas R. Frieden, MD, MPH, CDC Director

Site Hours: M-F, 8:00 am - 8:00 pm EST.

Area Served: Nationwide service.

Other Languages: Spanish.

Services

PUBLIC HEALTH

Description: The Centers for Disease Control and Prevention (CDC), a part of the U.S. Department of Health and Human Services, serves as the national focus for developing and applying disease prevention and control, environmental health, and health promotion and health education activities designed to improve the health of the people of the United States. CDC works 24/7 to protect America from health, safety, and security threats, both foreign and in the U.S. Whether diseases start at home or abroad, are chronic or acute, curable or preventable, human error or deliberate attack, CDC fights disease and supports communities and citizens to do the same.

CDC-INFO is the national contact center that provides the tools that people and communities need to protect their health-by promoting health; preventing disease, injury and disability; and preparing for new health threats. CDC-INFO is available in emergencies, using additional agents and extended hours as needed to support CDC's response.

Referral Procedures: By phone or website.

Center for Loss & Healing

Sunset Funeral Home
3940 N. Vermilion
Danville, IL 61834

(217) 442-5203 Voice

www.centerforlossandhealing.com

erinb@sunsetfuneralhome.com

Erin Brodbeck, Director of Grief Services

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Public transportation accessible.

Site Hours: By appointment.

Area Served: Vermilion and Champaign counties.

Services

SUPPORT SERVICES

Description: The Center for Loss & Healing will be moving to an online support program with individual counseling services and presentations available by request.

Fees: No fees.

Referral Procedures: By phone or email.

Center for Youth and Family Solutions - Champaign

1315A Curt Drive
Champaign, IL 61821

(217) 352-5179 Voice
(800) 200-6804 Toll-free - Runaway Crisis Hotline
(217) 352-7817 FAX

www.cyfsolutions.org

Patricia Fox, Chief Executive Officer

Patty Kelsey, Site Manager

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Evening appointments as needed.

Area Served: Champaign and Piatt counties.

Services

COUNSELING

Description: Mental health counseling is available for individuals, couples, and families suffering from emotional and relationship difficulties.

Fees: Sliding scale; Medicare, private insurance, and private pay accepted.

Referral Procedures: By phone.

PREGNANCY

Description: The Crisis Pregnancy Counselors at The Center for Youth and Family Solutions are available to assist expecting parents facing an unplanned pregnancy as they sort through their thoughts and feelings and consider their options. By providing a safe, nonjudgmental, and supportive environment, counselors can help provide information, education, and resources so that expecting

parents can make an informed decision. The counselors are also available to help with next steps once a plan is in place.

Fees: Sliding scale fees.

Referral Procedures: By phone.

Comprehensive Community Based Youth Services (CCBYS)

Description: CYFS provides crisis intervention for families with children between the ages of 11-17 who are in trouble with the law or who are locked out of their homes. The primary purpose of the Crisis Response Services program is to provide at-risk youth with a continuum of services according to their needs, with the overarching goal being family preservation, reunification, or independence.

Area Served: Champaign, Ford, and Iroquois counties.

Fees: No fees.

Referral Procedures: Call the 24-hour hotline.

ADOPTION SERVICES

Description: The Adoption Program serves families interested in adopting a legally free child. The Domestic Infant Adoption Program and Pregnancy Support Services Program are committed to allowing birth parents and adoptive parents design an adoption plan that is in the best interest of the child. The Adoption Program recognizes the importance of the adoptive parents and birth parents developing an on-going relationship. Adoption Program services include counseling young women who are pregnant, adoption orientations, adoption home studies for domestic and international adoptions, post-placement supervision, on-going support groups, and adoption searches.

Referral Procedures: By phone.

FOSTER CARE

Description: The Center for Youth & Family Solutions is the largest provider of Foster Care Services in Central Illinois. The Center provides licensing, training, and ongoing support to foster families who provide children with a safe haven during a time of crisis. Foster care services include:

- Relative Foster Care.
- Traditional Foster Care.
- Specialized Foster Care.

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- Medically Complex.
- Foster Parent Recruitment.
- Adoption Conversions.

Referral Procedures: Children are referred through DCFS. To become a foster parent, call for more information.

Champaign - Ford Regional Office of Education #9

3358 Big Pine Trail
Champaign, IL 61822

(217) 893-3219 Voice
(217) 893-0024 FAX
(217) 819-5965 FAX

www.roe9.k12.il.us

Jane E. Quinlan, Regional Superintendent
Shelby Ray, Administrative Assistant

Sites

Champaign - Ford Regional Office of Education #9

3358 Big Pine Trail
Champaign, IL 61822

(217) 893-3219 Voice
(217) 893-0024 FAX
(217) 819-5965 FAX

Jane E. Quinlan, Regional Superintendent

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign and Ford counties.

R.E.A.D.Y. Program

45 E. University Avenue
Champaign, IL 61820

(217) 239-0322 Voice
(217) 239-0339 FAX

Donna Kaufman, Director of Alternative Education

Public transportation accessible.

Area Served: Champaign and Ford counties.

Services

Education for Homeless Children and Youth Program

Description: The Homeless Liaison works with a wide variety of partners to assist in stabilizing homeless children and their families so that they are more responsive to school enrollment. Funding is available to resolve issues such as a lack of school supplies,

physical education clothing, transportation, alarm clocks, or special school fees such as those for field trips, pictures, and book clubs. Funding is also available for tutoring and to assist with the cost of educational summer programs.

Eligibility: - Champaign and Ford County homeless families with children and youth who are of school age.

- Preschool aged children also receive services to ensure access to early childhood and pre-school programs.

- Child's school must verify homelessness.

Fees: No fees.

Referral Procedures: By phone and through the student's school.

Attendance Improvement Program (AIP)

Description: The mission of the program is to provide and coordinate services for students who are experiencing attendance problems so the potential for each student to achieve academic success is maximized. The program offers a variety of prevention and intervention services. These services include:

- Attendance incentives.
- Student advocacy.
- Case management.
- Home visits.
- School visits.
- Referral to agencies for counseling.
- Technical assistance to individual school districts and the community.

These services are provided based on the needs of individual students, parents, and schools, and are used in designing an individualized service plan for each student. Attendance specialists coordinate program services with school and community services to provide each student with a successful educational plan.

ALTERNATIVE EDUCATION

Description: The mission of the R.E.A.D.Y. Program is to provide a holistic education program for students in an alternative setting. The integrated curriculum includes partnerships with the families, the home school, social service agencies, and educational communities to help students find pathways to academic, occupational, and personal success.

Eligibility: 6th-12th grade students who have been identified as problematic in their home

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school environments.

Referral Procedures: Must be referred by home school administration.

Sites: 2

TRAINING

Description: The Regional Office of Education provides training for school bus drivers.

Fees: Fixed fees.

Referral Procedures: Call or check website for class schedule.

Champaign Church of the Brethren

1210 N. Neil Street
Champaign, IL 61820

(217) 356-3852 Voice

cubrethren.org
church@cubrethren.org

Dawn Blackman, Coordinator
Paul Kohler, Pastor

Services

YOUTH SERVICES

Description: Afterschool program for school-aged children. Activities, food, and a computer lab are provided.

Referral Procedures: Call for more information.

Champaign Community Advocacy and Mentoring Resources

No Street Address Available
Champaign, IL 61821

PO Box 92
Champaign, IL 61824

www.ccamr.org
ccamrboard@gmail.com

Adelle Renzaglia, President, Board of Directors

Site Hours: No physical office, but responsive to emails M-F, 9:00 am - 5:00 pm.

Area Served: Champaign County.

Services

DEVELOPMENTAL DISABILITIES

Description: CCAMR is dedicated to providing advocacy and supports that will contribute to improving the quality of lives and facilitating the

independence of people with disabilities in Champaign County. CCAMR strives to increase the opportunities for individuals with disabilities to:

- Attain the most independent, productive, and dignified lifestyle possible.
- Attain the living arrangement they choose.
- Learn new skills and values to realize their personal goals.
- Be an active member of his or her community and utilize available opportunities.
- Form friendships and social ties.

Documents Needed: Application and proof of intellectual disability.

Referral Procedures: By email or website.

Champaign County Animal Control

210 S Art Bartell Road
Urbana, IL 61802

(217) 384-3798 Voice - Office
(217) 333-8911 Voice - 24 hour
(217) 384-1238 FAX

www.co.champaign.il.us/AnimalControl/AnimalControl.php

animalcontrol@co.champaign.il.us

Site Hours: Mon-Sat, 8:00 am - 5:00 pm.

Area Served: Champaign County.

Services

ANIMAL CONTROL

Description: Provides animal control services to Champaign County.

Champaign County Birth to 6 Council of Families and Agencies

No Street Address Available
Champaign, IL 61821

(217) 693-7958 Voice

www.cicfc.org
kwoolridge@cicfc.org

Kim Woolridge, LIC Coordinator

Area Served: Champaign County.

Services

ASSOCIATIONS

Description: Champaign County Birth to 6 Council of Families and Agencies is a community collaboration of families,

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independent providers, agencies, and concerned community members working together to identify children (age birth to 6) with, or at-risk of, physical, social/emotional, and/or developmental needs. The Council recognizes the role of the family as the primary influence in promoting a child's development and strives to coordinate a comprehensive, family-centered system of support in Champaign County for families with young children.

Fees: No fees.

Referral Procedures: Open door policy.

Champaign County Chamber of Commerce

Chamber of Commerce
303 W. Kirby Avenue
Champaign, IL 61820

(217) 359-1791 Voice
(217) 359-1809 FAX

www.champaigncounty.org
info@champaigncounty.org
Chuck McReaken, Chair
Public transportation accessible.

Services

Business Advisors' Council (BAC)

Description: Champaign County Chamber of Commerce's Business Advisors' Council (BAC) provides free business counseling to help start and grow a small business. Experienced counselors can help with one-on-one counseling regarding business basics, marketing, business planning, and financing your business. Hands-on workshops are offered regularly on topics including Starting a Small Business, Writing a Business Plan, and Financing a Small Business.

Counselors are experienced and have access to numerous resources from which to gather business information necessary to help clients make good business decisions. Counseling is:

- Confidential: Counselors abide by a code of ethics and honor confidentiality.
- Fast: Ask questions 24/7; get answers in 48 hours.
- Free: Offered free-of-charge, as a public service.
- Convenient: Receive advice by e-mail or arrange a meeting with a counselor.

Area Served: Champaign, Douglas, Ford,

Iroquois, Kankakee, and Vermillion counties.

Fees: No fees for counseling. Workshops are \$25.

Referral Procedures: By phone or e-mail. Business counseling available by appointment.

VOLUNTEER OPPORTUNITIES

Description: Call for volunteer opportunities.

CHAMBER OF COMMERCE

Description: The Chamber and local development organizations continue working to provide greater opportunities for expansion and existing companies and attraction of new firms. Champaign County offers a variety of incentives such as tax increment financing districts and enterprise zone, low interest loans, subsidized employee training and assistance in site selection.

Champaign County Christian Health Center

Presence Community Resource Center
1400 W. Park Street, Ste. C160
Corner of Wright and Church Streets
Urbana, IL 61801

PO Box 5005
Champaign, IL 61825

(217) 402-5683 Voice - Appointment Line
(217) 337-2929 FAX

ccchc2003.org
info@ccchc2003.org

Ornella Ngamboma, Administrator Coordinator
Public transportation accessible.

Site Hours: Tue, 5:30 pm - 8:00 pm.
2nd and 4th Wed, 5:00 pm - 7:00 pm.

Area Served: Champaign and surrounding counties.

Other Languages: Spanish interpreter available by request. Other language interpreters available on site only.

Services

MEDICAL SERVICES

Description: Christian County Christian Health Center (CCCHC) provides primary medical care services for most minor or intermediate sickness. Physicals are also available for adults. Screenings are conducted throughout the community for individuals who

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are at high risk for a particular disease, like high blood pressure, diabetes, and high cholesterol. Referrals to outside health organizations are made for further testing if needed, with follow-ups by CCCHC to make sure that the clients' needs continue to be met.

Eligibility: Services are provided to those WITHOUT health insurance or a medical card, or those without access to health care services using the insurance they currently have.

Fees: No fees.

Referral Procedures: Appointments preferred. Leave a message at 217-402-5683 to schedule an appointment. Medical clinics are generally open every Tuesday night and the 2nd/4th Wednesday night of each month, but the message on the appointment line above will state upcoming clinics specifically. Limited walk-in availability.

Champaign County Down Syndrome Network

1304 W. Bradley Avenue
Champaign, IL 61821

PO Box 1143
Champaign, IL 61824

(217) 649-6526 Voice
(217) 778-6702 Voice

www.champaigndsn.org
info@champaigndsn.org

Erich Franklin, President
Connie Hilson, Vice President
Public transportation accessible.

Services

DISABILITY INFORMATION

Description: The Champaign County Down Syndrome Network operates as a not-for-profit organization serving families with members who have Down syndrome in Champaign and surrounding counties. The DSN offers support to families by providing current information for parents, professionals, and the general public. The Network also reaches out to new parents and tries to raise awareness of Down syndrome in the community.

Area Served: Champaign, Ford, Vermilion, Douglas, Coles, and Piatt counties.

Meetings: Check the website for monthly meetings and activities.

Fees: No fees.

Referral Procedures: Contact by website/e-mail preferred, but may contact by phone or walk-in to meetings.

Champaign County Economic Development Corporation

1817 S. Neil Street, Suite 100
Champaign, IL 61820

(217) 359-6261 Voice

www.champaigncountyedc.org
edc@champaigncountyedc.org

Craig Rost, Executive Director
Delre' Smith, Office Assistant

Area Served: Champaign County.

Services

ECONOMIC DEVELOPMENT

Description: The Champaign County Economic Development Corporation (CCEDC) is a public-private partnership dedicated to fostering a cooperative, county-wide approach to economic development. CCEDC coordinates with a number of other key organizations in the area to promote an environment in which business thrives.

Referral Procedures: By phone, website.

Champaign County Emergency Management Agency (EMA)

1905 E. Main Street
Urbana, IL 61802

(217) 384-3826 Voice
(217) 384-3794 FAX

www.champaigncountyema.org
ema@co.champaign.il.us

John Dwyer, EMA Coordinator
Bill James, Deputy Coordinator

Site Hours: Main Office: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

EMERGENCY SERVICES

Description: Responsible for providing an Emergency Management Program to plan for, respond to, and recover from any natural or man-made disaster.

Champaign County Health Care Consumers

44 E. Main Street, Suite 208
Champaign, IL 61820

(217) 352-6533 Voice

(217) 352-9745 FAX

www.healthcareconsumers.org

cchcc@cchcc-il.org

Claudia Lennhoff, Executive Director

Adani Sanchez, Client Services Coordinator

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign County and surrounding counties.

Other Languages: Spanish.

Services

Dental Referral Program

Description: The Dental Referral Program (DRP) is a collaboration between Champaign County Health Care Consumers and area dentists to provide discounted dental care to low-income, uninsured adults in the Champaign-Urbana area.

Eligibility: - Have no dental insurance.

- Have an income at or below 185% of the federal poverty level.

- Be at least 18-years-old.

Documents Needed: Proof of income.

Fees: At the first appointment with the DRP dentist, clients are charged a fixed price of \$15 and will get x-rays, an oral assessment, and a treatment plan. After this consultation, subsequent dental services will be discounted 20, 40, or 60 percent, depending on their income.

Referral Procedures: Call and ask for the Dental Referral Program.

Community Health Worker Services

Description: CCHCC receives hundreds of calls each month from Champaign County residents who need help navigating the health care system. Trained and experienced Community Health Worker (CHW) staff provide a range of services including information, referrals, assistance, advocacy, and case management. Two CHWs are bilingual in English and Spanish. CHWs are trained as Certified Application Counselors and work with consumers on a range of issues including:

- Enrollment in free or affordable health

insurance.

- Access to free or affordable health care.

- Medicaid and SNAP (food stamp) applications.

- Access to free or affordable dental care.

- Access to free or affordable eye exams and glasses.

- Access to free or affordable prescriptions.

- Dealing with medical bills and applying for hospital financial assistance.

- Applications for SafeLink phones.

Fees: No fees.

Referral Procedures: By phone (ask for the hotline), appointment, or e-mail.

Medicare 100/Plus Program

Description: The Medicare 100/Plus Program is a free program for Medicare beneficiaries to pre-qualify for, and receive, Medicare Part A and Part B discounts with OSF Heart of Mary, and at participating independent physician offices.

Eligibility: Must be a Medicare beneficiary and meet income guidelines.

Documents Needed: Photo ID, proof of income, Medicare card, and Social Security award letter.

Fees: Sliding scale (discounts based on income).

Referral Procedures: By phone, appointment, or e-mail.

ACA Guidance / In Person Counseling

Description: Provides education and consumer assistance designed to facilitate enrollment of county residents in the Illinois Health Insurance Marketplace through the In-Person Counseling Program. Access to health insurance through the Illinois Health Insurance Marketplace is one of the many changes in the health care and health insurance fields made possible by the Affordable Care Act (ACA). People in need of assistance due to language barriers, technology disadvantages, or a lack of understanding of health insurance can arrange to meet an In-Person Counselor to assist them.

PRESCRIPTION ASSISTANCE

Description: CCHCC offers limited assistance with copays on medication and emergency prescriptions, and provide resources for additional programs that offer prescription

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assistance. CCHCC also assists with signing up for health insurance to help cover medications.

Eligibility: Must be in direct contact with CCHCC and willing to find long term solution for prescription needs, like signing up for health insurance or applying for a drug manufacturer's assistance program.

Maximum Income Guidelines: 150% of the Federal Poverty level, which for one person is \$18,090/year.

Referral Procedures: By phone.

Champaign County Humane Society

1911 E. Main Street
Urbana, IL 61802

(217) 344-7297 Voice
(217) 344-7299 FAX

www.cuhumane.org

Mary "Tief" Tiefenbrunn, Executive Director
Public transportation accessible.

Site Hours: Mon, Wed, Thu, Fri, 2:00 pm - 7:00 pm.

Sat & Sun, 11:00 am - 5:00 pm.

Area Served: Champaign County.

Services

ANIMALS/PETS

Description: CCHS provides shelter to homeless animals and places suitable animals in new homes through an adoption program. The Society accepts companion animals (dogs, cats, rabbits, and other pets) relinquished by their owners.

CCHS also conducts investigations of possible animal neglect or cruelty under the Illinois Humane Care for Animals Act. However, any emergencies involving animal abuse should be reported to the Police immediately.

CCHS provides dog training, low-cost spay/neuter programs, and a variety of humane education programs.

Note: People with problems related to stray or lost/found pets should be directed to Champaign County Animal Control.

Eligibility: Those interested in adopting an animal must be at least 21 years of age. Other adoption requirements will be discussed during the adoption process.

Fees: Vary.

Referral Procedures: By phone or walk-in.

Champaign County Juvenile Detention Center

400 S. Art Bartell Road
Urbana, IL 61802

Courthouse, 3rd Floor
101 E. Main Street
Urbana, IL 61801

(217) 384-3780 Voice - Juvenile Detention Center

(217) 384-3753 Voice

Adult/Juvenile Probation & Supervision Units

(217) 384-8617 FAX

www.co.champaign.il.us

courtservices@co.champaign.il.us

Keith Willis, Superintendent

Joseph Gordon, Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

COURT SERVICES

Description: The Juvenile Detention Center serves as a secure, locked facility for minors apprehended by law enforcement. It provides a secure setting for minors adjudicated of, or alleged to have committed crimes, as defined by the penal statutes. Juvenile probation officers at the Detention Center prepare reports for the Court; supervise minors within the detention facility and carry out such directives as the court may require.

When a juvenile petition alleging delinquency is filed with the court, the probation officer compiles a detailed social study concerning the minor in order to make a suitable recommendation to the court at the dispositional hearing. Should the minor be sentenced to probation or granted court supervision, the probation officer is involved in supervising and referring the minor to appropriate community resources as needed. The Department also operates a Public Service Work Program, which refers any person placed under court order to various not-for-profit agencies for completion of public service work.

Champaign County Nursing Home

500 S. Art Bartell Road
Urbana, IL 61802

(217) 384-3784 Voice

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(217) 337-0120 FAX

www.co.champaign.il.us/ccnh

ccnh@co.champaign.il.us

Kim Colbrook, Administrator

Joshua Drake, Admissions/Marketing/Corporate Compliance

Public transportation accessible.

Site Hours: 24/7.

Area Served: Champaign County and the surrounding communities and states.

Services

NURSING HOME

Description: Provides long-term, rehabilitative, and memory care services.

Hours: 24/7.

Documents Needed: Photo ID, birth certificate, social security card, and immunization records.

Fees: Set fees; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: By phone, appointment, or e-mail.

Sunshine Center

Description: The Adult Day Care Program at Champaign County Nursing Home provides a variety of different activities, therapy services, and help with personal care needs for older adults.

Hours: Closed on major holidays.
M-F, 7:00 am - 5:00 pm.

Area Served: Champaign County.

Documents Needed: Photo ID, birth certificate, social security card, and immunization records. Medicare card or Public aid card also needed.

Additional Information: Contact Amber Reed at (217) 384-3784 or areed@co.champaign.il.us for more information.

Fees: Vary; funding can be provided through the VA and Illinois Department on Aging.

Referral Procedures: By phone, appointment, or e-mail.

Champaign County Official Website

Brookens Administrative Center
1776 E. Washington Street
Urbana, IL 61802

(217) 384-3776 Voice

(217) 384-3896 FAX

www.co.champaign.il.us

Richard S. Snider, County Administrator

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

GOVERNMENT

Description: The county's website can be helpful in locating and utilizing county services.

Champaign County Probation and Court Services

Courthouse, 3rd Floor

101 E. Main Street

Urbana, IL 61801

(217) 384-3753 Voice

(217) 384-1264 FAX

www.co.champaign.il.us

courtservices@co.champaign.il.us

Joseph Gordon, Director

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

COURT SERVICES

Description: Provides services to the judiciary, community, and offenders. Using a community corrections approach, Probation and Court Services improves public safety by enforcing court orders while providing services to juvenile and adult offenders to aid in their rehabilitation.

Champaign County Public Defender

101 E. Main Street

Urbana, IL 61801

(217) 384-3714 Voice

(217) 384-3856 FAX

www.co.champaign.il.us

pd@co.champaign.il.us

Janie Miller-Jones, Public Defender

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

COUNTY GOVERNMENT

Description: The Champaign County Public Defender's Office provides legal services for

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indigent persons when appointed by the Court. The Public Defender may be appointed in criminal, traffic, juvenile, abuse/neglect, mental health commitment hearings, and contempt matters.

Champaign County Regional Planning Commission

Brookens Administrative Building
1776 E. Washington Street
Urbana, IL 61802

(217) 328-3313 Voice - Main Line
(217) 819-4117 Voice

Champaign County Centralized Intake for Homeless

(217) 819-4099 Voice - Rental Assistance Line
(217) 384-1226 Voice - LIHEAP
(217) 384-3864 TTY
(217) 328-2426 FAX

www.ccrpc.org

Dalitso S. Sulamoyo, Chief Executive Officer
Lisa Benson, Community Services Director
Public transportation accessible.

Sites

Champaign County Regional Planning Commission

1776 E. Washington Street
Urbana, IL 61802

(217) 328-3313 Voice - Main Line
(217) 819-4117 Voice
(217) 819-4099 Voice - Rental Assistance Line
(217) 384-1226 Voice - LIHEAP
(217) 384-3864 TTY
(217) 328-2426 FAX

Dalitso S. Sulamoyo, Chief Executive Officer
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Other Languages: Spanish and American Sign Language.

Champaign County Regional Planning Commission - Illinois WorkNet Center

1307 N. Mattis Avenue
Champaign, IL 61821

(217) 531-8282 Voice

Site Hours: M-F, 8:30 am - 5:00 pm.

Champaign County Regional Planning Commission - Youth Assessment Center
2011 Round Barn Road
Champaign, IL 61821

(217) 239-5933 Voice
(217) 352-7618 FAX

Elizabeth Murphy, Interim Chief Executive Officer

Site Hours: Mon, 8:00 am - 6:00 pm.
Tue-Fri, 8:00 am - 10:00 pm.
Sat, 12:00 pm - 10:00 pm.

Area Served: Champaign County.

Other Languages: Spanish.

Services

CSBG - Scholarship Program

Description: The Community Services Block Grant (CSBG) Scholarships are awarded to assist low-income persons to obtain post-secondary education as a means to increase self-sufficiency.

Hours: M-F, 8:30 am - 5:00 pm.

Eligibility: - Be a resident of Champaign County.

- Be income-eligible according to the current Federal Department of Health and Human Services' Poverty Guidelines.

- Have at least a 3.0 cumulative GPA (high school students) or 2.0 cumulative GPA (post-secondary students) out of a possible 4.0 scale.

- Be enrolled in a post-secondary school in Illinois.

- Be enrolled as a full-time student (12 or more semester hours - some exceptions do apply).

- Students who have already completed a bachelor's degree are not eligible for this scholarship.

Maximum Income Guidelines: 125% of the federal poverty level.

Documents Needed: CSBG scholarship application, IRS tax return, academic letter of recommendation, transcripts.

Additional Information: Applications available through late February. See website for full details.

Referral Procedures: Applications can be downloaded from the website or picked up at the office.

Youth Assessment Center / Court Diversion

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Services

Description: The Youth Assessment Center focuses on diverting juvenile offenders or high risk youth from involvement in juvenile courts. This is done by taking referrals of youth involved in delinquent activity and providing an alternative to prosecution through case management. Case Managers screen juvenile offenders referred to the program to identify issues that may have influenced the offense. They link these youth to services to best address presenting issues.

Eligibility: Any youth who has committed a violation of the Illinois criminal code, school disciplinary code, or local ordinance within Champaign County is eligible for Court Diversion Services.

Area Served: Champaign County

Referral Procedures: By phone, walk-in, or appointment.

Sites: 3

No Limits Case Management

Description: No Limits is a goal planning program that focuses on bringing those in poverty to prosperity. Case Managers work with low-income individuals and families on establishing and working towards goals such as career goals, educational goals, financial goals, or family goals that will bring them closer to self-sufficiency.

Eligibility: Champaign County residents are eligible for services if their income is within 125% of Federal Poverty Level and score less than 70 points on the Self-Sufficiency Assessment.

Maximum Income Guidelines: 125% of the federal poverty level.

Documents Needed: Photo ID, proof of income, and Social Security card.

Additional Information: For DCFS referral only, there is no income requirement and clients can also be from Ford, Vermilion, and Iroquois counties.

Meetings: Case Managers meet with clients weekly for one hour.

Fees: No fees.

Referral Procedures: Must attend "Got Goals" orientation workshop offered every Wednesday from 1:30 pm to 3:30 pm at the Workforce Development Center at 1307 N. Mattis Ave, Champaign. No registration required, walk-ins welcome. Please don't bring

children as childcare is not provided.

Illinois Home Weatherization Assistance Program (IHWAP)

Description: The Weatherization program targets low-income residents with high energy bills for weatherization upgrades to make the home more energy efficient.

Maximum Income Guidelines: 150% of the federal poverty level.

Documents Needed: Proof of income, proof of residence, Social Security card, proof of home ownership, recent gas bill, and recent electricity bill.

Referral Procedures: Call for qualifications and application procedures.

LIHEAP

Description: The Low Income Home Energy Assistance Program (LIHEAP) provides energy assistance for eligible low income families in which a benefit is paid directly to the utility companies on behalf of eligible households, or directly to renters if the utility costs are included in their rent.

Some LIHEAP applicants may qualify for the Percentage of Income Payment Plan (PIPP), where an eligible client pays a percentage of their income, receives a monthly benefit towards their utility bill, and receives a reduction in overdue payments for every on-time payment they make by the bill due date.

If the homeowner's furnace is not working or is dangerous or emitting carbon monoxide into the household, LIHEAP may be able to provide a furnace repair or replacement.

Other assistance, such as weatherization and energy-related minor home repairs, may be provided. A household may also be able to receive assistance with the cost of gas for a propane tank depending on where they live and which vendor they use.

LIHEAP for 2017 does not begin until September 1st.

Eligibility: Eligibility periods for Fall 2017:

October 1st - Seniors and Disabled.

November 1st - Disconnected households and those with children 5 and under.

December 1st - General public who meet income guidelines.

Maximum Income Guidelines: The monthly income limits are at 150% of the current poverty level. These figures may change if the

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poverty level changes.

As of September 2017: 1 person household=\$1,508 income per month; 2=\$2,030; 3=\$2,553; 4=\$3,075; 5=\$3,598; 6=\$4,120, 7=\$4,643, 8=\$5,165.

The benefit amount is based on the eligible household's last 30-days income, amount of utility bills, and type of heating source.

Documents Needed: Need proof of household gross income for last 30 days, current energy bill, Social Security number for everyone in household, TANF medical card for anyone receiving benefits, and either proof of home ownership and insurance or rental agreement or receipt that shows the amount of rent.

Referral Procedures: Call for qualifications, application procedures, current program schedule, and participating sites information.

Independent Service Coordination

Description: Pre-Admission Screening and Independent Service Coordination (PAS/ISC) program provides eligibility determination and service monitoring for persons with developmental disabilities who are receiving Medicaid-waivered services from the Illinois Department of Human Services - Division of Developmental Disabilities. Activities include:

- Eligibility screening.
- Assessment of individual needs and desires.
- Assistance in developing natural community supports.
- Advocacy.
- Review of services received.
- Ensure standards of quality services.
- Crisis support.
- Referral and linkage to generic and specialized community service providers offering a variety of services including respite, day programs, residential, education, vocational/employment services, counseling, and family support.
- Champaign County only: Transition planning for clients nearing high school graduation.

Eligibility: Persons with intellectual or developmental disabilities.

Area Served: Champaign, Ford, and Iroquois counties.

Documents Needed: Proof of income and proof of developmental disability/psychological assessment.

Fees: No fees.

Referral Procedures: By phone, walk-in, or appointment.

Sites: 1 2

SHIP - Senior Health Insurance Program

Description: SHIP, Senior Health Insurance Program, is a free insurance counseling service sponsored by the Illinois Department of Financial and Professional Regulation, Division of Insurance, for Medicare beneficiaries and their caregivers. The Illinois Department of Insurance trains SHIP counselors to:

- Answer questions about Medicare, Medicare Supplement insurance, long-term care insurance, Medicare managed care plans (HMO, PPO & PFFS) and other health insurance.
- Answer questions regarding prescription drug coverage through Medicare D and other sources.
- Organize and assist in filing Medicare and Medicare Supplement claims.
- Analyze Medicare Supplement and long-term care insurance policies.
- Appeal claim denials.
- Answer question about Extra Help, a federal program to assist low-income seniors with the costs associated with Medicare D. Counselors will also assist with the completion of Extra Help applications.

Eligibility: Age 60 and older.

Referral Procedures: By phone, walk-in, or appointment.

Senior Solutions and Community Outreach

Description: CCRPC offers telephone consultations, private office visits, and individual home visits to provide information and assistance and connect seniors to a wide array of community programs and services. Certified Information and Referral Specialists (CIRS-A) provide:

- Assessment to develop a personalized plan.
- In-home or office appointments.
- Help to navigate the path of Federal and State programs.
- Reliable follow-up.

Community Outreach programs include:

- Educational presentations.
- Printed information promoting awareness of resources and senior issues.

Eligibility: Age 60 and older.

Referral Procedures: By phone, walk-in, or

<continued...>

appointment.

Head Start & Early Head Start

Description: Head Start is a federally-funded program that serves children from birth to age five and pregnant women, offering a school readiness program in addition to comprehensive services to children and their families who meet income guidelines.

Maximum Income Guidelines: Generally 100% of the federal poverty level.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, Social Security card, and immunization records.

Fees: No fees.

Referral Procedures: Through application; walk-in.

Workforce Development Services

Description: CCRPC operates the Local Workforce Area #17, which provides job search and placement assistance as well as financial assistance for low-income and dislocated workers for training to improve income and skills to obtain work.

Eligibility: Depends on the program.

Area Served: Champaign, Ford, Piatt, and Iroquois counties.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, Social Security card, proof of education and/or unemployment, and basic skills test scores.

Referral Procedures: By phone, walk-in, or appointment.

Sites: 2

Emergency Rent Assistance

Description: Depending on funds, CCRPC may have rent assistance available. Clients can call Rental Assistance line at 217-819-4099 anytime to see if funding is available.

Eligibility: Clients must demonstrate enough future income and stability to manage their situation once assistance has been given. Assistance is available once every 2 years.

Documents Needed: Photo ID, Social Security card, proof of income, and eviction or shutoff notice.

Referral Procedures: By appointment only. Screening done by phone, if found eligible, an appointment will be made.

HOME Program

Description: The Housing Rehabilitation Loan Program is designed to assist homeowners living in eligible areas of Champaign County by offering a variety of loans for comprehensive home repairs. Champaign County Housing Rehabilitation Loan Program is designed to address:

- Threats to health and safety related to electrical, plumbing & heating systems, lead, structural, and roofing defects.

- Weatherization and energy conservation measures to improve the energy efficiency of the structure.

- General property improvements including interior and exterior repairs to reduce maintenance and ensure the preservation of the house.

In all instances, loan assistance is based on funding availability. The types of loans available are:

- Deferred Payment Loan: A loan provided for low-income households that are not due or payable until the property is sold. Deferred payment loans are forgiven after a term of 15 years.

- Low-Interest Loan: A loan with an interest rate between 3-6% provided to low-income households. Low-interest loans require monthly repayment of principal and interest over the loan period.

- Combination Deferred Loan/Low Interest Loan or (50/50 Loan): Combination loans provide a deferral for 50% of the total repair cost and provide a 3% installment loan for the remaining 50%. The deferred portion is not due or payable until the property is sold. Deferred Payment Loans are forgiven after a term of 15 years.

Eligibility: Must own the home and agree to terms of the loan.

Area Served: Unincorporated areas of Champaign County. This excludes the city limits of Champaign, Urbana, and Rantoul.

Maximum Income Guidelines: 150% of the federal poverty level.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, and Social Security card.

Referral Procedures: By phone, walk-in, or appointment.

Centralized Intake

Description: Centralized Intake is the first

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point-of-contact for all people experiencing homelessness in Champaign County. The line is not typically immediately answered, and callers should expect to leave a voicemail with a call back number. It may take several days to hear back due to the volume of calls the Centralized Intake line receives.

Documents Needed: Local school registration for school-aged minor children.

Fees: No fees.

Referral Procedures: By phone and appointment only - call Centralized Intake.

RAMPS

Description: Ramps or sidewalks will be installed for eligible Champaign-Urbana residents to increase accessibility from the door to curb.

Eligibility: Disabled or senior residents within CUMTD's district who are in need of accessible ramps/sidewalks from their entryway to the curb or public walkway and meet the program income guidelines.

Area Served: Champaign, Urbana, and Savoy homeowners.

Additional Information: The Champaign County Regional Planning Commission (CCRPC), in partnership with the Champaign-Urbana Mass Transit District (CUMTD), is improving access for C-U residents by modifying exterior entrances of homes through this program.

Referral Procedures: Please contact Dawn Rear at the main agency phone number or email her for more information.

Emergency Shelter for Families

Description: The Emergency Shelter for Families (ESF) provides temporary shelter coupled with intense case management. Case managers work with guests to identify their current needs, connecting them with local resources, and developing a plan for stable housing with the goals of moving out of the ESF to non-emergency housing as soon as possible.

Hours: Shelter is available 24 hours a day, 7 days a week, 365 days a year.

Eligibility: Families must be homeless and have at least one child under 18 years of age.

Area Served: Champaign County

Maximum Income Guidelines: No income requirements

Documents Needed: - Verification of Homelessness.

- Photo ID for all adults.

- Birth Certificates.

- Social Security cards.

Meetings: Adult guests will be required to meet with a case manager at least 2 times per week during their stay.

Fees: No fees.

Referral Procedures: Families will be referred from Centralized Intake for Homeless based on priority, after completing an assessment of need.

Champaign County Sheriff

204 E. Main Street
Urbana, IL 61801

(217) 384-1204 Voice - General Inquiries

(217) 384-1240 Voice - Downtown Jail

(217) 384-1243 Voice - Satellite Jail

(217) 333-8911 Voice - METCAD - Dispatch

(217) 384-1219 FAX

www.co.champaign.il.us/sheriff

sheriff@co.champaign.il.us

Dan Walsh, Sheriff

Allen Jones, Chief Deputy

Sites

Champaign County Sheriff

204 E. Main Street
Urbana, IL 61801

(217) 384-1204 Voice - General Inquiries

(217) 384-1240 Voice - Downtown Jail

(217) 384-1243 Voice - Satellite Jail

(217) 333-8911 Voice - METCAD - Dispatch

(217) 384-1219 FAX

Dan Walsh, Sheriff

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign County.

Champaign County Satellite Jail

502 S. Lierman Avenue
Urbana, IL 61802

(217) 384-1243 Voice

Dan Walsh, Sheriff

Site Hours: 24/7.

Area Served: Champaign County.

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Services

LAW ENFORCEMENT

Description: The Champaign County Sheriff's Office has three separate uniformed and sworn divisions - Law Enforcement, Court Security, and Corrections - each of which have different primary job duties.

The Champaign County Correction Center (jail) is located in the lower level of main Sheriff's Office. The Satellite Jail is located at 502 S. Lierman Street in Urbana.

Sites: 1 2

WARMING CENTERS

Description: The satellite jail in Urbana is an official Warming Center location for anyone needing overnight sheltering during the extreme cold.

Sites: 2

Champaign County State's Attorney

Champaign County Courthouse
101 E. Main Street, 2nd Floor
Urbana, IL 61801

(217) 384-3733 Voice - Main Number
(217) 384-8625 Voice - Victim Services
(217) 384-3849 Voice
Support Enforcement Division
(217) 384-3815 Voice - Traffic Division
(217) 384-3733 Voice - Civil Division
(217) 384-3813 Voice - Misdemeanor Division
(217) 384-3816 FAX

www.co.champaign.il.us
statesatty@co.champaign.il.us

Julia Rietz, State's Attorney
Brett Lemons, Office Manager

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services

ATTORNEY FOR THE STATE

Description: The Office of the State's Attorney commences and prosecutes all criminal and traffic cases in the Circuit Court and initiates all dependency, neglect, abuse, and delinquency juvenile petitions and proceedings. The Office also commences and prosecutes all actions and proceedings brought by any County officer and defends actions and proceedings brought against the County or against County officers.

In addition, the Office gives opinions to any County officer upon request and provides interpretation of the law relating to concerns of the County.

The Office also provides child support enforcement services through a joint venture with the Illinois Department of Healthcare and Family Services.

Champaign Fire Department

307 S. Randolph Street
Champaign, IL 61820

(217) 403-7200 Voice
(217) 403-7213 FAX

www.champaignfire.com
FireDepartment@champaignil.gov

Gary Ludwig, Fire Chief
Dorval Norwood, Deputy Chief,
Administration/Logistics

Public transportation accessible.

Site Hours: Office Hours: M-F, 8:00 am - 5:00 pm.

Services available 24/7.

Area Served: City of Champaign.

Services

PUBLIC SAFETY

Description: The Champaign Fire Department provides fire and emergency services in the City of Champaign and in contracted areas outside of the city.

Station locations:

- 307 S. Randolph
- 1901 S. Prospect
- 702 W. Bradley
- 2315 W. John
- 1810 N. Mattis
- 3911 Windsor

Champaign Lions Club

401 Burwash Avenue
Savoy, IL 61874

PO Box 175
Savoy, IL 61874-0175

(217) 531-3609 Voice - Answering Service

www.champaignlions.org
lionschampaign@gmail.com

Sam McGrew, President
Weldon Garrelts, Past President

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Area Served: Champaign County.

Services

EYE CARE

Description: Champaign Lions Club runs a screening process that provides financial assistance toward eye glasses for those found eligible.

Documents Needed: Notarized letter explaining individual's need for glasses and why he or she cannot afford them.

Referral Procedures: Call the answering service. A Lions Club representative will return the call and provide more information on the application process.

ASSISTIVE TECHNOLOGY

Description: Champaign Lions Club runs a screening process that provides financial assistance toward hearing aids for those found eligible.

Documents Needed: Notarized letter explaining individual's need for a hearing aid and why he or she cannot afford one.

Referral Procedures: Call the answering service. A Lions Club representative will return the call and provide more information on the application process.

Champaign Park District

Leonhard Recreation Center
2307 Sangamon Drive
Champaign, IL 61821

706 Kenwood Road
Champaign, IL 61821

(217) 398-2550 Voice
(217) 355-8421 FAX

www.champaignparks.com
info@champaignparks.com

Joe DeLuce, Executive Director

Tammy Hoggatt, Director of HR and Risk
Public transportation accessible.

Site Hours: Leonhard Recreation Center:
M-F, 6:00 am - 10:00 pm.
Sat, 7:00 am - 10:00 pm.
Sun, 9:00 am - 9:00 pm.
Administration Office (706 Kenwood,
Champaign):
Mon-Thu, 8:00 am - 5:30 pm.
Fri, 8:00 am - 5:00 pm.

Area Served: City of Champaign.

Services

RECREATION/LEISURE

Description: The Champaign Park District provides parks services and recreational programs to residents of all ages.

Referral Procedures: See current brochure for activities and fees or check the website.

Champaign Police Department

82 E. University Avenue
Champaign, IL 61820

(217) 351-4545 Voice
(217) 333-8911 Voice - METCAD
(217) 403-6910 TTY
(217) 403-6924 FAX

www.champaignpolice.com
police@champaignil.gov

Anthony Cobb, Police Chief

Joe Gallo, Deputy Chief

Public transportation accessible.

Site Hours: 24/7.

Area Served: City of Champaign.

Other Languages: Spanish.

Services

LAW ENFORCEMENT

Description: Champaign Police Department provides law enforcement and public safety to the residents of Champaign. They also provide crime prevention education and community outreach, including topics such as:

- Personal safety.
- Residential security.
- Business security.
- Neighborhood safety.
- Retail theft prevention.
- Police work.

The department also accepts participants for the Champaign County Citizen Police Academy, the Youth Police Academy, and Police 101 - the adult mock police academy.

Referral Procedures: By phone.

WARMING CENTERS

Description: The police department's lobby can be used by anyone who needs to get out of the extreme cold for a short period of time. No

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sleeping.

Champaign Public Library

200 W. Green Street
Champaign, IL 61820

(217) 403-2070 Voice
(217) 403-2055 TTY
(217) 403-2073 FAX

www.champaign.org
librarian@champaign.org

Donna Pittman, Director
Brittany Michaels, Deputy Director
Public transportation accessible.

Sites

Champaign Public Library

200 W. Green Street
Champaign, IL 61820

(217) 403-2070 Voice
(217) 403-2055 TTY
(217) 403-2073 FAX

Donna Pittman, Director
Public transportation accessible.

Site Hours: Mon-Thu, 9:00 am - 9:00 pm.
Fri, 9:00 am - 6:00 pm.
Sat, 10:00 am - 6:00 pm.
Sun, 12:00 pm - 6:00 pm.

Area Served: City of Champaign.

Champaign Public Library - Douglass Branch

504 E. Grove Street
Champaign, IL 61820

(217) 403-2090 Voice
(217) 356-9561 FAX

Essie Harris, Branch Manager

Site Hours: M-Th, 10:00 am - 8:00 pm.
Fri, 10:00 am - 6:00 pm.
Sat, 10:00 am - 4:00 pm.
Closed Sundays.

Area Served: City of Champaign.

Services

LIBRARY

Description: Champaign Public Library services include:

- Books, eBooks music, movies, audiobooks, and magazines.
- Free public computers with help available.

- Meeting and study rooms.
 - Assistance in finding information on any subject by email, text message, phone, or in person.
 - Free educational and entertaining events for all ages.
 - Large print books, downloadable audiobooks, and a large screen magnifier for low vision patrons.
 - Free home delivery for Champaign residents who cannot visit the library for health reasons.
- Area Served:** Must live in the city limits of Champaign to be eligible for a library card. Library cards from other area libraries are accepted.

Fees: No fees.

Sites: 1 2

Champaign Township

3900 Kearns Drive
Champaign, IL 61826

PO Box 3428
Champaign, IL 61826-3428

(217) 352-9433 Voice
(217) 352-5877 FAX

www.toi.org
supervisor@champaigntownship.com

Bryan Wrona, Township Supervisor

Site Hours: M-F, 8:00 am - 3:00 pm (or call and leave message).

Services

General Assistance Program

Description: General assistance is available to qualifying residents of Champaign Township taxing district.

Eligibility: Champaign Township residents who are indigent, usually adults who have no minor children in the home, and are ineligible for any of the federally-funded cash grant programs.

Area Served: Champaign Township is located in central Champaign County lying north, west, and south of Champaign, Illinois. This includes the town of Savoy as well.

Documents Needed: Photo ID, proof of income, proof of residency, and Social Security card.

Fees: No fees.

Referral Procedures: By appointment only.

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Emergency Assistance Program

Description: Rent or utility assistance may be available to individuals or families with an eviction notice or utility shut-off notice.

Assistance is available once every calendar year.

Eligibility: Income eligible residents of Champaign Township.

Area Served: This office serves people living in the COUNTY of Champaign. It covers central Champaign County lying north, west, and south of the city limits of Champaign, and includes the town of Savoy, as well.

Documents Needed: Photo ID, proof of income, proof of residency, and Social Security card/number.

Fees: No fees.

Referral Procedures: By appointment only.

Champaign Unit #4 Family Information Center

1103 N. Neil Street
Champaign, IL 61820

(217) 373-7310 Voice - Audrey Mock

(217) 649-6087 Cell - Audrey Mock

(217) 351-3701 Voice - Family Information Center

www.champaignschools.org/facilities/family-information-center

Audrey Mock, District Parent Coordinator

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign Unit #4.

Services**SCHOOL SUPPLIES**

Description: School supplies are available for Champaign Unit #4 students. There will be a giveaway at Douglas Park on Saturday, August 13 starting at 11:00 am. Those that are not able to attend the event can contact Audrey Mock to arrange a time to pick up supplies.

Area Served: Champaign Unit #4 (includes Champaign and Savoy).

Referral Procedures: Audrey Mock distributes supplies for those in grades K-6. For those who cannot make the event, call her to set up a time for pick-up.

For those in grades 7-12, call Orlando Thomas, 217-351-3792. His office is in the Mellon Administrative Center, 703 S. New Street, Champaign.

Champaign Unit #4 Prekindergarten Program

809 N. Neil Street
Champaign, IL 61820

(217) 351-3881 Voice

(217) 351-3883 FAX

www.champaignschools.org

haydenam@u4sd.org

Amy Hayden, Principal

Ja'Net Cross, Assistant Principal

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign School District.

Other Languages: Spanish, French.

Services**PRE-SCHOOL**

Description: There are 10 classrooms in the Champaign Early Childhood Center. The classrooms are "blended classes" that serve children with and without disabilities. Children attend either a morning or afternoon session for 2 ½ hours. Average class size is 16 students per session. The program operates five days per week and follows the Unit #4 school calendar. There is no cost to families and door-to-door transportation is provided within the school district boundaries.

Classroom instruction is designed to target the Illinois Early Learning and Development Standards. The program provides instruction in large and small groups and provides opportunities for hands-on, active learning during a variety of center activities. Special education services are provided for children that qualify. Bilingual and English as a Second Language (ESL) services are also available.

Documents Needed: Birth certificate, proof of residency, immunization records, and a physical.

Champaign Unit #4 Special Education Department

502 W. Windsor
Champaign, IL 61820

(217) 351-3841 Voice

www.champaignschools.org

Elizabeth deGruy, Director of Special Education

Public transportation accessible.

Area Served: Champaign School District #4.

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Services

EDUCATION

Description: The mission of the Special Education Department is to meet the diverse needs of students with disabilities by providing individualized instruction and services that will result in measurable and meaningful student growth. Disability areas for special education include:

- Multiple Disabilities.
- Emotional Disability.
- Specific Learning Disability.
- Autism.
- Hearing Impairment including Deafness.
- Vision Impairment including Blindness.
- Deaf/Blind.
- Speech-Language Impairment.
- Traumatic Brain Injury.
- Other Health Impairment.
- Orthopedic Impairment.
- Developmental Delay.

Eligibility: Ages 3-21 with special needs.

Referral Procedures: By phone.

Champaign-Urbana Area Project

Huntington Tower
201 W. Springfield Avenue, Suite 702
Champaign, IL 61820

(217) 373-2827 Voice
(217) 373-5013 FAX

www.facebook.com/cuareaproject

Patricia Avery, Executive Director

Services

COMMUNITY ACTION GROUPS

Description: The Champaign-Urbana Area Project is organized to serve as a catalyst for citizens working together to address problems and issues affecting them. Specifically, CUAP is to provide services to "at-risk" youth and their families. These activities seek to empower low-income citizens and shall include, but not be limited to: cultural, educational, recreational, community organization and development, self-esteem enhancing, and social activities which result in preventing juvenile delinquency. Programs include:

- TRUCE: Seeks to address the issue of gun violence prevention from a public health

perspective.

- CU Neighborhood Champions: An initiative designed to increase the community's understanding of trauma and expand the community's capacity to implement trauma-informed practices and procedures.

- CUperStar Competition: Finalists are chosen from vocal auditions (singing/rapping) and receive summer-long training and a chance to compete for the title of Champaign-Urbana's CUperStar.

- Mentoring Young Sisters: A multicultural program targeting middle school girls and providing them with caring mentors in a group setting. The program structure lays the groundwork for increased achievement in all areas throughout their lives.

- Restorative Justice: Seeks to ensure that victims' needs are met and that the harm done can be made right so that victims can thrive, communities can become peaceful places, and that offenders can become successful members of society.

- LEAP (Learning Encourages Active Progress): LEAP is for 4th-8th graders and provides mentoring, tutoring, and physical activities.

Champaign-Urbana Mass Transit District

45 E. University Avenue
Champaign, IL 61820

1101 E. University Avenue
Urbana, IL 61802

(217) 384-8188 Voice
(217) 384-3577 Voice - Illinois Terminal
(217) 384-7433 TTY
(217) 384-8215 FAX

www.cumtd.com

mtdweb@cumtd.com

Karl Gnadt, Managing Director

Andrew Johnson, Chief Operating Officer
Public transportation accessible.

Area Served: The cities of Champaign, Urbana, and Savoy.

Other Languages: MTD has provided language guides. These translated pages provide an overview of MTD's services, system structure, and general functions. Google Translate is available in the footer of all pages of the website. For more information, go to www.cumtd.com/riding/languages.

NOTE: General fees information (effective August 14, 2016):

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- An Annual Pass is \$84 and includes a year of unlimited rides.
- A Monthly Pass is \$20 and includes a calendar month of unlimited rides.
- A one-way fare is \$1 and includes a free transfer.
- Students, faculty, staff, and retirees of the University of Illinois may use their iCard identification to ride MTD any time without paying a fare.
- Passengers 65 years of age or older ride for free when they obtain a DASH Pass.
- Passengers with disabilities may apply and qualify for a DASH Pass, which also provides unlimited free rides.
- Passengers wishing to obtain an MTD Pass or DASH Card need to visit Illinois Terminal, 45 E. University Ave, Champaign.

Services

TRANSPORTATION

Description: The Champaign-Urbana Mass Transit District's (MTD) is the public transportation provider for Champaign, Urbana, Savoy, and the University of Illinois.

Bus routes include:

- Fixed Routes: Main bus routes that operate on a regular schedule. All fixed routes have buses equipped with wheelchair lifts.
- Hopper Service: MTD has several routes that include 'Hopper' Service - Green, Yellow, Gold, and Orange. While regular buses serve the entire route, 'Hopper' buses only serve the portion of the route that experience the heaviest rider volume.

Hours: Customer Service Center:
 Mon-Sat, 8:00 am - 6:00 pm.
 Sun, 9:00 am - 5:00 pm.

Fees: \$1 each way. Daily, monthly, and annual passes are available. Students, faculty, and staff at the University of Illinois pay no fare and need to show the University Icard. Seniors and persons with disabilities may receive a Dash Card for free rides on MTD fixed-route buses. Military Veterans can receive a free, unlimited ride pass.

Referral Procedures: For fixed route service, you need only to wait at a bus stop. To schedule ADA Paratransit trips or enroll, call 217-384-8188. To obtain an Annual or Monthly Pass, school tokens, DASH Cards, or Veteran Pass visit Illinois Terminal (45 E. University Ave). You may also purchase the Monthly and

Annual Pass with the Token Transit app.

ADA Paratransit Service

Description: ADA Paratransit Service offers curb-to-curb transportation service for persons with disabilities who are unable to use fixed route services. ADA Paratransit service is provided by reservations only, and all reservations must be made at least one day prior to service. Eligible riders must submit an application and be registered prior to using this service.

Hours: Mon-Sat, 5:45 am - 11:00 pm.
 Sun, 8:45 am - 10:00 pm.

Fees: \$2-\$7 per ride, depending on type of disability.

Referral Procedures: By phone to schedule ADA Paratransit trips or enroll.

Half-Fare Cab Program

Description: Provides discounted cab rides for seniors and people with disabilities. Must be registered for the DASH Card (card for free regular bus service) to receive the discounted cab rides. Contact MTD to learn which cab companies are part of the program.

Eligibility: Age 65 and older, or disabled.

Fees: Half of regular cab fare. The program will pay a maximum of \$30 per month.

Referral Procedures: By phone for list of participating cab companies.

Champaign-Urbana Public Health District

201 W. Kenyon Road
 Champaign, IL 61820

(217) 352-7961 Voice
 (877) 811-0193 Toll-free
 (217) 351-4336 FAX

www.c-uphd.org
 info@c-uphd.org

Julie Pryde, Public Health Administrator
Awais Vaid, Director of Planning
 Public transportation accessible.

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Sites

Champaign-Urbana Public Health District
201 W. Kenyon Road
Champaign, IL 61820

(217) 352-7961 Voice
(877) 811-0193 Toll-free
(217) 351-4336 FAX

Julie Pryde, Public Health Administrator
Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign County. Some programs may serve neighboring counties as indicated.

Other Languages: Spanish, Mandarin, Hindi, French.

Champaign-Urbana Public Health District -
Rantoul Satellite Office

520 E. Wabash Drive
Rantoul, IL 61866

(217) 893-0832 Voice

Site Hours: M-F, 8:30 am - 12:00 pm; 1:00 pm - 4:30 pm.

Area Served: Northern Champaign County.

Services

PUBLIC HEALTH

Description: The Division of Environmental Health is the regulatory arm of public health. Areas of expertise include food safety and protection, private sewage systems, private water wells, lead poisoning prevention, radon, mosquito/vector control, and tanning facility inspections.

EDUCATION

Description: The Health Promotion department has many education programs to better the health of the community. Many of these programs are funded through grants, and thus are low or no cost to the residents.

Documents Needed: Photo ID and proof of income.

Referral Procedures: By phone, walk-in, or appointment.

DENTAL CARE

Description: A full range of dental services are available for children (ages 0-18) with

Medicaid/All Kids who are residents of Champaign or Urbana. Appointments are available Monday through Friday, with emergency and urgent care appointments also available. Services include exams, cleanings, fluoride, sealants, fillings, some root canals, stainless steel crowns, and space maintainers.

Hours: M-F, 8:00 am - 4:00 pm.

Eligibility: Children (ages 0-18) with Medicaid/All Kids.

Area Served: Residents of Champaign or Urbana.

Additional Information: C-UPHD Dental provides preventative & some restorative services using mobile equipment in Champaign & Urbana Public Schools. Check with the child's school for dates and to complete and sign a Dental Consent Form.

Fees: Vary depending on service; Medicaid and private insurance accepted.

Referral Procedures: Call for an appointment.

IN-SCHOOL SERVICES

Description: The Hearing and Vision Screening Program provides state mandated hearing and vision screenings to children enrolled in licensed day cares, preschools, or private schools in Champaign County.

Fees: Vision screening: \$8.

Hearing screening: \$16.

Medicaid, private insurance, and private pay accepted.

Referral Procedures: Call for appointment.

SMOKING

Description: The Illinois Tobacco-Free Communities Grant includes many programs that address tobacco prevention, smoking cessation, healthy lifestyles, and tobacco laws. These programs reach a diversity of residents in Champaign County.

Fees: By phone.

COMMUNICABLE DISEASE

Description: Public Health Departments are required to investigate communicable (infectious) diseases such as whooping cough, tuberculosis, hepatitis, and foodborne or waterborne illnesses. The Communicable Disease Investigator works with the state health department and local health care providers to identify, investigate, and try to control disease

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outbreaks in the community. Whenever someone is diagnosed with an infectious disease that could lead to an outbreak, the Communicable Disease Investigator conducts an interview with that person. The interview is confidential and helps confirm the diagnosis, determine the source of the infection, and limit the spread of the disease.

AIDS/HIV

Description: The East Central Illinois HIV Care Connect provides medical case management, support groups, oral health care, housing, utility, primary medical care, nutrition services, vaccination programs, transportation, mental health, and legal assistance to eligible individuals within the care connect region.

Eligibility: Anyone living with HIV/AIDS is eligible for case management services, regardless of income or insurance. Those who meet income and insurance guidelines are also eligible for additional services.

Area Served: Champaign, Clark, Clay, Coles, Crawford, Cumberland, Douglas, Edgar, Effingham, Ford, Iroquois, Jasper, Kankakee, Lawrence, Livingston, Richland, and Vermilion counties.

Fees: No fees.

Referral Procedures: By appointment.

LEAD POISONING SERVICES

Description: Lead poisoning screenings are available for children living in Champaign County.

Hours: Site 1: Walk-in hours: M-F, 8:30 am - 11:00 am; 1:00 pm - 3:30 pm.

Fees: Lead Blood Draw -\$5.

Lead Screening Processing -\$17.

Services can be billed to Medicaid.

Referral Procedures: By walk-in or appointment.

Sites: 1 2

PREGNANCY

Description: Any woman who is a resident of Champaign County may come in for a pregnancy test.

Hours: Site 1: Walk-in hours: M-F, 8:30 am - 11:00 am; 1:00 pm - 3:30 pm.

Documents Needed: Proof of income and proof of residency for WIC application.

Fees: \$11.

Referral Procedures: By walk-in or appointment.

Sites: 1 2

WIC

Description: Women, Infants and Children (WIC) is a federally funded program which provides a supplemental package of food and nutrition education for income-eligible women, infants, and children to promote health, growth, and development. The program encourages regular health care and promotes good nutrition through education. Special supplemental foods are provided to eligible pregnant, nursing or post-partum women, infants, and children up to five years of age. Breastfeeding support is also available to participants of the WIC program.

Hours: Site 1: Walk-in hours: M-F, 8:30 am - 11:00 am; 1:00 pm - 3:30 pm.

2017 Saturday WIC hours are from 10:00 am - 1:00 pm on the following Saturdays:

July 15, Aug 19, Sept 16, Oct 21, Nov 18, Dec 16.

Saturday clinics are limited to WIC-eligible children, ages 1-4 only.

Please bring proof of income, proof of residency, and any children that need to be served. No appointment necessary.

For more information call 217-531-4319.

Eligibility: Champaign County resident; pregnant, recently delivered, or breastfeeding mother; children under age 5.

Maximum Income Guidelines: 185% of federal poverty level. For example, a family of 4 would need to make less than \$45,510 per year or \$3,793 per month; a family of 6 less than \$60,976 per year or \$5,083 per month.

Documents Needed: Photo ID, proof of income for household, proof of residency, and medical card/insurance card.

Fees: No fees.

Referral Procedures: By walk-in or appointment.

Sites: 1 2

Family Case Management

Description: Preventive care, developmental testing, immunizations, referrals, and follow-up for pregnant women and children who meet income guidelines.

Hours: Site 1: Walk-in hours: M-F, 8:30 am - 11:00 am; 1:00 pm - 3:30 pm.

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Area Served: Champaign County.
Maximum Income Guidelines: 200% of the federal poverty level.
Referral Procedures: By walk-in or appointment.
Sites: 1 2

IMMUNIZATIONS

Description: Immunizations are provided to kids through the federal Vaccines for Children (VFC) program. The following immunizations are offered to Champaign County children:

- Diphtheria/Tetanus/Pertussis (DTaP).
- Hepatitis B.
- Haemophilus influenza type b (Hib).
- Measles/Mumps/Rubella (MMR).
- Meningococcal conjugate vaccine (type of vaccine used to protect adolescents from certain types of meningitis).
- Pneumococcal conjugate vaccine (type of vaccine used to protect infants and toddlers from getting life-threatening meningitis and blood infections from certain pneumococcal bacteria).
- Polio.
- Tetanus/Diphtheria (Td).
- Varicella (Chickenpox).
- Flu vaccine is offered seasonally.

Preservative-free flu vaccine is available by request for eligible children 6 months to 35 months of age.

Hours: Site 1: Walk-in hours: M-F, 8:30 am - 11:00 am; 1:00 pm - 3:30 pm.

Eligibility: At least one of the following qualifications for free vaccinations:

- Native American or a Native Alaskan.
- Uninsured.
- Have medical card.
- Have insurance that does not fully cover the cost of vaccination.

Fees: Vary based on vaccine. Limited vaccines available for those covered by private insurance.

Referral Procedures: By walk-in or appointment.

Sites: 1 2

CAR SEATS

Description: Any Champaign County resident who meets income guidelines is eligible for a free inspection and low-cost child safety seat through the Champaign County Safe Kids Coalition. See separate entry in Refer for Safe Kids Champaign County for more information.

Hours: Thu, 9:00 am - 3:00 pm.
Fees: Car seat safety inspections are free. Car seats are \$20.
Referral Procedures: By appointment - call 217-353-4932.

HEALTH SCREENING

Description: TB skin tests are offered.
Hours: Mon, Tue, Wed, Fri, 8:30 am - 11:30 am; 1:00 pm - 4:30 pm.
Eligibility: Call for eligibility requirements.
Fees: \$20.
Referral Procedures: By walk-in or appointment.

SEXUAL HEALTH

Description: STD clinics are offered in the Champaign office with diagnostic services and treatment for gonorrhea, chlamydia, human papilloma virus infections (genital warts), genital herpes, syphilis, and trichomonas. Hepatitis A and B immunizations are provided to all STD clients.

Hours: Site 1: Walk-in Hours: M-F, 8:30 am - 11:30 am; 1:00 pm - 4:30 pm.

Site 2: Walk-in Hours: Thu, 1:00 pm - 4:00 pm.

Eligibility: Age 12 and older.

Area Served: Champaign and Vermilion counties.

Fees: Vary; no one is refused service because of inability to pay.

Referral Procedures: Walk-in during open hours, or call for an appointment.

Sites: 1 2

BIRTH CONTROL

Description: Family Planning services at CUPHD include Pap Smear (cervical cancer detection), reproductive health examinations for females and males, breast examinations, education on reproductive health, and a variety of pregnancy prevention options. Parental consent is not necessary.

Documents Needed: Photo ID.

Fees: Sliding scale.

Referral Procedures: Walk-in.

Wellness On Wheels (WOW) Programs

Description: Champaign-Urbana Public Health District offers mobile clinics. These converted RVs are equipped to offer basic services to clients. These mobiles are parked

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outside area high schools during the school year. They also reach out to local food pantries and soup kitchens to provides services for those patrons. Depending on population served, this program includes:

- Pregnancy tests
- HIV tests and tests for sexually transmitted diseases (STDs)
- Prostate blood tests
- Referrals to the Illinois Breast and Cervical Cancer Program
- Information about disease prevention, diet and exercise

Eligibility: Anyone aged 12 and older is eligible for services on any WOW van.

Referral Procedures: Call for more information about schedule and programs.

Summer Food Service Program

Description: Offers free breakfast and lunch to any child under age 18 that comes to CUPHD during the summer months.

Hours: M-F, beginning Tues, May 29 through mid August, 2018.

Breakfast: 9:00 am - 11:00 am.

Lunch: 12:30 pm - 2:30 pm.

Additional Information: Breakfast
Lunch

Jefferson Middle School

M-TH

6/4

7/12

7:45 - 8:40

10:30 - noon

Don Moyer Boys & Girls Club

M-F

6/4

8/3

7:30 - 8

11:30 - 1:15

Centennial High School

M-TH

6/4

7/12

8:50 - 10:30

11:50 - 1:45

Stratton Academy of the Arts

M-TH

6/18

7/12

8:10 - 9

11:30 - 12:15

Booker T. Washington

M-F

6/13

7/13

8:15 - 9

11:30 - 12:30

Garden Hills Elementary

M-F

6/4

7/27

7:45 - 8:45

10:40 - 12:30

Douglass Community Center

M-F

5/29

8/3

7:30-8:30

12-1:00

Parkland College

M-F

6/18

7/26

8:15 - 9

11:30 - 12:15

For more information contact Laura Dees, Assistant Director, Champaign Schools Food Service Department at (217) 351-3852.

Fees: No fees.

Referral Procedures: Walk-in.

VITAL RECORDS

Description: The Vital Records Division of Champaign-Urbana Public Health distributes birth and death certificates for all Champaign County births and deaths that have occurred in the last ten years.

Hours: M-F, 8:00 am - 3:30 pm (closed 1:00 pm - 2:00 pm for lunch).

Eligibility: Birth certificates may only be released to a parent listed on the birth certificate or a legal guardian able to present court documentation of their guardian status. Death certificates may only be released to relatives of the deceased or a non-relative who can prove a financial or property interest in the deceased, such as a beneficiary of a life insurance policy.

Documents Needed: Photo ID.

Fees: - \$21 for a birth certificate (\$11 for each additional copy)

- \$21 for a death certificate (\$12 for each additional copy)

Referral Procedures: Walk in and fill out an

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application. For more information, call 217-531-4255 or email elarson@c-uphd.org.

WARMING CENTERS

Description: Operates as a warming center during daytime hours for anyone needing shelter from the extreme cold.

Hours: M-F, 8:00 am - 5:00 pm.

Friends of Champaign County Food Pantry

Description: New on-site food pantry provides free bags of food. The service is first come, first served. The bags usually have canned vegetables, fish, pasta, granola bars, and a variety of other items. Also provides fresh bread and produce when available.

Hours: Every Thursday, 1:00 pm - 3:00 pm, in the C-UPHD lobby.

Area Served: Champaign County.

Fees: No fees.

Referral Procedures: Walk in.

SWAP - Harm Reduction Program

Description: Services include:

- Syringe access.
- Naloxone.
- HCV services.
- HIV testing.

Fees: No fees.

Referral Procedures: By phone or walk-in.

Champaign-Urbana Special Recreation

1311 W. Church Street
Champaign, IL 61821

(217) 239-1152 Voice
(217) 373-7951 FAX

www.cuspecialrecreation.com
cusr@champaignparks.com

Jameel Jones, Director of Recreation

Jessica DeYoung, Manager

Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Program times vary on evening and weekends.

Area Served: Cities of Champaign and Urbana. Can serve other areas with a higher fee.

Services

RECREATION/LEISURE

Description: CUSR offers recreational programs and services for individuals with disabilities throughout the year. CUSR supports inclusion within both the Champaign and Urbana Park District programs available year round. CUSR offers inclusive and cooperative programs, special events, after school programs, trips, Special Olympics, summer day camps, and much more.

Eligibility: Individuals must have a diagnosis of a disability. Programming available for both children and adults.

Fees: Fees vary; payment is required before attending events. There are scholarship funds available for individuals who live within the cities of Champaign and Urbana.

Referral Procedures: Prior registration is required. Registration is available online, in person, or by fax.

Champaign-Urbana Tenant Union

Lincoln Building
44 E. Main Street, Room 208
Champaign, IL 61820

PO Box 2006
Champaign, IL 61825

(217) 352-6220 Voice

www.cutenantunion.org
cutenantunion@gmail.com

Esther Patt, Director

Mick Woolf, Housing Counselor

Public transportation accessible.

Site Hours: M-F, 9:00 am - 4:00 pm.

Area Served: Champaign County.

Other Languages: Spanish translator available upon request.

Services

HOUSING

Description: Provides information about tenants' and landlords' rights and responsibilities and help for tenants living in Champaign County who experience landlord problems or have questions.

- Neglected property maintenance.
- Disputes about damage deposit deductions.
- Evictions.

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- Unlawful discrimination.
- Roommate conflicts.
- Violation of lease by landlord.
- Information about subletting, utilities problems, parking issues and more.
- Helpful forms, model leases, and checklists.
- Your rights under state and local laws.
- Have your lease reviewed before you sign it.
- Check landlords' complaint records.
- Get help finding a place to rent.

Eligibility: Serves all renters living in Champaign County.

Additional Information: The program at the University of Illinois that provides identical services is restricted to serving only University of Illinois students (and incoming students). However, their website has lots of valuable information about landlord-tenant relations and laws - tenantunion.illinois.edu.

Fees: No fees.

Referral Procedures: By phone or walk-in.

Chestnut Health Systems

1003 Martin Luther King Drive
Bloomington, IL 61701

(309) 827-6026 Voice
Counseling & Substance Abuse Services

(309) 827-6026 Voice
Crisis Stabilization Unit (CSU)

(309) 820-3501 Voice - Consumer Credit Counseling

(309) 820-3627 Voice - Caregiver Connections

(309) 829-4384 FAX

www.chestnut.org
info@chestnut.org

Dave Sharrar, Chief Executive Officer
Celeste Brennan, Marketing & Communications Coordinator

Public transportation accessible.

Sites

Chestnut Health Systems - Chestnut Street Site

702 W. Chestnut Street
Bloomington, IL 61701

(309) 827-6026 Voice
Adult Addiction Treatment and Counseling Services
(309) 829-0016 FAX

Tammy Rodgers, Director of Adult CD Services
Public transportation accessible.

Site Hours: Substance Abuse: 24-hour service.
Office: M-F, 8:00 am - 5:00 pm.

Area Served: Substance Abuse Treatment: McLean, Livingston, DeWitt, and Peoria counties.

Other Languages: Spanish (limited).

Services

TRACT - Treating Rural Adult Clients with Technology

Description: A specialized treatment program for adult residents of rural Central Illinois who suffer from Substance Use Disorder (such as alcohol, marijuana, cocaine, or opioid use). After clients are evaluated at the Chestnut Street location, the program uses phone contacts or a web-based community reinforcement approach.

Eligibility: Rural residents of Central Illinois who suffer from Substance Use Disorder. Clients cannot live within 6 miles of a treatment center or be in Drug Court or Recovery Court.

Area Served: Champaign, DeWitt, Ford, Livingston, Logan, Macon, McLean, Peoria, Piatt, Tazewell, and Woodford counties.

Fees: No fees.

Referral Procedures: By phone.

Chi Upsilon Iota Tri-Ess

206 N. Randolph Street, M102
Champaign, IL 61821

(217) 637-1343 Voice

www.cui-triess.org
raelouisewall@att.net

Rae Louise Wall, Facilitator
Public transportation accessible.

Area Served: Central Illinois.

Services

LGBTQ SERVICES

Description: Chi Upsilon Iota (CUI) is a local chapter of TRI-ESS in Central Illinois. Tri-Ess is an educational, social, and support group for heterosexual crossdressers, their spouses or partners, and their families. The group supports both crossdressers and their spouses.

Meetings: - 3rd Saturday of the month, 6:00 pm - 10:00 pm.

- Call for location since it varies within the Champaign area.

Fees: \$25 yearly membership.

Referral Procedures: Contact Rae Louise at

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217-637-1343.

Child Abuse Hotline - Springfield Headquarters

Department of Children & Family Services
406 E. Monroe Street
Springfield, IL 62701-1498

(800) 252-2873 Toll-free
Child Abuse Hotline (1-800-25-ABUSE)
(800) 358-5117 TTY - Child Abuse Hotline TTY
(217) 785-2509 Voice - Springfield HQ

www.illinois.gov/dcfs/

Site Hours: 24/7.

Area Served: State of Illinois.

Services

CHILD ABUSE

Description: The state child abuse hotline is administered through DCFS and answered 24/7 for reporting suspected abuse or neglect of a child.

Child abuse is defined as the mistreatment of a child under the age of 18 by a parent, caretaker, someone living in their home, or someone who works with or around children.

The mistreatment must cause injury or put the child at risk of physical injury. Child abuse can be physical (such as burns or broken bones), sexual (such as fondling or incest), or mental (emotional injury or psychological illness).

Neglect happens when a parent or responsible caretaker fails to provide adequate supervision, food, clothing, shelter, or other basics for a child.

Referral Procedures: By phone.

Child and Family Connections, Bureau of Early Intervention

823 E. Monroe
Springfield, IL 62701

(800) 323-4769 Toll-free - CFC Office Locator
(217) 782-1981 Voice
(217) 524-6248 FAX

cluzeniecki@swgk.org
Public transportation accessible.

Sites

Child and Family Connections #16
201 W. Springfield Avenue, Suite 508-509
Champaign, IL 61820

(217) 693-7958 Voice
(800) 877-1152 Toll-free
(217) 693-7967 FAX

Maggie Jones, Program Manager
Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: McLean, Livingston, Champaign, Vermilion, Ford, and Iroquois counties.

Services

Early Intervention Program

Description: Child and Family Connections is the entry point for all Early Intervention services in Illinois. The program provides services to help children grow and learn during the first 3 years of life. It serves families and children, birth to age 3, who have developmental delays or disabilities, or who are at risk for developmental delays.

Eligibility: After a referral is made, families will meet with a team to help them assess their child's development and determine eligibility.

Documents Needed: Photo ID, birth certificate, proof of residency, proof of income, Social Security card, and immunization records.

Fees: Screenings and evaluations are free. Program fees vary; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone and appointment only.

Child Care Resource Service

314 Bevier Hall
905 S. Goodwin Avenue
Urbana, IL 61801

(217) 333-3252 Voice
(217) 333-2147 FAX
(800) 325-5516 Toll-free

www.ccrs.illinois.edu
ccrs@illinois.edu

Brenda Eastham, Director
Dottie Squire, Team Manager
Public transportation accessible.

Site Hours: Office Hours:
Mon, Wed-Fri, 8:30 am - 4:30 pm.

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Tue, 11:00 am - 4:30 pm.

Area Served: Champaign, Douglas, Iroquois, Macon, Piatt, and Vermilion counties.

Other Languages: Spanish.

Services

CHILD CARE

Description: Child Care Resource Service (CCRS) is part of the statewide network of child care resource and referral agencies. Services include:

- 1) Providing families seeking child care with a list of local child care options and information on how to select quality care.
- 2) Supporting child care providers with training opportunities and resource development.
- 3) Maintaining current local data on child care supply and demand.
- 4) Administering the state Child Care Assistance Program (CCAP) for working parents with children under the age of 13 who income-qualify. Will pay for parent's choice of child care, full or part-time, as well as before- and after-school care.

Maximum Income Guidelines: Child Care Assistance Program - 185% of the federal poverty level.

Documents Needed: Proof of income.

Fees: Services on a sliding fee scale.

Referral Procedures: By phone, walk-in.

Child Find of America, Inc.

No Street Address Available
New Paltz, NY 12561

PO Box 277
New Paltz, NY 12561-0277

(800) 426-5678 Toll-free - 1-800-I-AM-LOST
(800) 292-9688 Toll-free - 1-800-A-WAY-OUT
(800) 716-3468 Toll-free - Parent Help Hotline
(845) 883-6060 Voice - Business
(845) 883-6614 FAX

www.childfindofamerica.org
information@childfindofamerica.org

Donna Linder, Executive Director

Mark Delluomo, Director, Admin & Finance

Site Hours: M-F, 8:00 am - 6:00 pm EST.
Voicemail 24/7.

Area Served: Nationwide and International services if child a United States citizen.

Services

Location Services

Description: Location Services: Call Child Find's 1-800-I-AM-LOST toll-free number. An in-house location staff investigates each case of a missing child using computer technology, the Internet and a massive national network of partners, including local law enforcement agencies, the FBI, state missing children clearinghouses, schools, and other non-profit organizations. Photos of missing children are disseminated nationwide through the support of hundreds of media outlets, other businesses, and volunteers who post, circulate, print or air Child Find missing children posters.

Eligibility: Missing children under the age of 18 who are registered by a legal parent or guardian.

Documents Needed: Notarized copy of child's birth certificate.

Fees: No fees.

Referral Procedures: By phone.

PARENT HELP Program/Child Abduction Prevention and Support Services

Description: 1-800-A-WAY-OUT and 1-800-716-3468 connect families impacted by child custody crisis, parental abduction and denied visitation to a wide array of services which include: prevention action, conflict resolution and mediation, co-parenting planning, parenting education, legal advocacy, crisis intervention, relationship coaching, anger management, comprehensive case management, educational resources and more. On staff mediators and a national network of volunteer mediators have expertise in divorce, custodial and family mediation. Moms and dads parenting apart and dealing with problems sharing kids, visitation, custody and child support can receive free and confidential telephone assistance.

Fees: No fees.

Referral Procedures: By phone.

Children's Advocacy Center of Champaign County

201 W. Kenyon Road, Suite 1
Champaign, IL 61820

(217) 384-1266 Voice

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(217) 344-1214 FAX

champaigncac.com

cacmail@co.champaign.il.us

Kari May, Executive Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign and Ford counties.

Services

CHILD ABUSE

Description: The Children's Advocacy Center is dedicated to serving the best interests of abused and neglected children.

- 1) A safe and comfortable environment for the child and family to feel at ease while talking about the abuse during the investigation process.
- 2) Linkage and coordination between police investigators, child welfare workers, prosecutors, and treatment providers so that the number of victim interviews can be reduced.
- 3) An interdisciplinary review process for decision-making, problem-solving, and information sharing. The network will monitor all cases of sexual abuse victims under 18 years of age in Champaign County.
- 4) A comprehensive tracking system shared by all appropriate agencies for those children who have been sexually abused.
- 5) Specialized training for professionals involved with victims and families in child sexual abuse cases.
- 6) Education and prevention in dealing with issues of sexual abuse.

Referral Procedures: Referrals through DCFS and law enforcement only.

COUNSELING

Description: Counseling is available for children who have been victims of child abuse. Call for additional information.

Children's Dyslexia Center of East Central Illinois

109 W. North Street
Danville, IL 61832

(217) 446-9377 Voice

(217) 446-6926 FAX

www.danvilledyslexiacenter.org

contact@danvilledyslexiacenter.org

Brenda Massey, Director

Robert E. Jones, Chairman of the Board

Public transportation accessible.

Site Hours: Mon-Thu, 2:00 pm - 7:00 pm.

Area Served: Champaign, Vermilion, and Iroquois counties. Also serves western Indiana.

Services

STUDENT SERVICES

Description: The Children's Dyslexia Center of East Central Illinois provides free customized one-on-one instruction for children who have been diagnosed as dyslexic. The Center also provides free training for teachers or others with a Bachelor's Degree who wish to tutor children with dyslexia.

Eligibility: Students/parents are to submit an IQ test score and standard achievement test scores for eligibility in reading, spelling, or writing. Students must be diagnosed with dyslexia from a doctor or psychologist.

Fees: No fees.

Referral Procedures: By phone.

Children's Home + Aid - Central Region

403 S. State Street
Bloomington, IL 61701

(309) 827-0374 Voice

(309) 834-5306 Voice - Family Visitation Center

(309) 834-5260 Voice

Crisis Nursery 24-hour Hotline

(309) 834-5210 Voice - Scott Early Learning Center

(309) 828-0745 FAX

www.childrenshomeandaid.org

central@childrenshomeandaid.org

Mendy Smith, Managing Site Director

Tiffany Powell, Program Manager Family Support Services

Public transportation accessible.

Sites

Children's Home + Aid - Central Region - Champaign Office

509 S. Country Fair Drive
Champaign, IL 61821

(217) 530-4040 Voice

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Services

FOSTER CARE

Description: Foster Care programs are designed to find safe, secure, and nurturing homes for children who have been separated from their biological families. Relative Foster Care serves children who are placed in foster care with maternal or paternal relatives. Specialized Foster Care supports physically, behaviorally, and emotionally challenged children as well as the foster families caring for them. Traditional Foster Care serves children who are placed in non-relative, licensed foster homes.

Christie Clinic on Windsor

1801 W. Windsor Road
Champaign, IL 61821

(217) 366-1200 Voice - Main Number
(217) 366-8130 Voice - Convenient Care
(217) 366-7488 FAX

www.christieclinic.com

Sites

Christie Clinic on Windsor

1801 W. Windsor Road
Champaign, IL 61821

(217) 366-1200 Voice - Main Number
(217) 366-8130 Voice - Convenient Care
(217) 366-7488 FAX

Site Hours: Daily, 8:00 am - 8:00 pm.

Area Served: Champaign County.

Christie Clinic in Urbana

1710 E. Windsor Road
Urbana, IL 61802

(217) 344-9440 Voice - Main Number
(217) 366-8130 Voice - Convenient Care
(217) 344-4377 FAX

Site Hours: Daily, 8:00 am - 8:00 pm.

Area Served: Champaign County.

Christie Clinic in Mahomet

1001 Commerical Drive
Mahomet, IL 61853

(217) 586-6600 Voice - Family Medicine
(217) 366-8130 Voice - Convenient Care
(217) 366-5358 FAX

Site Hours: Mon-Sat, 8:00 am - 8:00 pm.

Area Served: Champaign County.

Christie Clinic in St. Joseph

204 N. Main Street, Suite 203
Saint Joseph, IL 61873

(217) 366-8130 Voice

Site Hours: Tue, Thu, Fri, 8:00 am - 8:00 pm.

Sat, 8:00 am - 12:00 pm.

Area Served: Champaign County.

Services

MEDICAL SERVICES

Description: Convenient Care treats non-emergency conditions like allergies and infections, abrasions and bruises, colds and flu, and sprains and pains.

Fees: Varies; Medicaid and private insurance accepted.

Referral Procedures: Walk-in.

Sites: 1 2 3 4

Circle of Friends Adult Day Center

609 W. Washington Street
Champaign, IL 61820

(217) 359-7937 Voice
(217) 359-3884 FAX

circleoffriendsadc.net
center@circleoffriendsadc.net

Kathy Rhoads, Owner

Public transportation accessible.

Site Hours: M-F, 7:30 am - 5:30 pm.

Area Served: No geographic limitations.

Transportation only provided in the Champaign-Urbana area, but rural transportation and MTD ADA van are available.

Services

Circle of Friends Adult Day Center

Description: The Circle of Friends Adult Day Center is for adults over the age of 18 who need:

- Socialization opportunities.
- Assistance with daily living tasks.
- Supervision.
- Medical monitoring.
- Memory treatment.

Eligibility: Must be age 18 years or older.

Meetings: Caregiver support group on the 1st

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and 3rd Wednesdays of the month at the Center from 12:00 pm - 1:00 pm.

Fees: Fixed fees. Funding sources include private pay or payment by private insurance benefits, veteran's benefits, Department of Rehabilitation Services, Department on Aging, Managed Care Organizations, Department of Human Services; Medicare for therapies only.

Referral Procedures: By phone or e-mail.

City of Champaign Community Relations Office

Champaign City Building
102 N. Neil Street
Champaign, IL 61820

(217) 403-8830 Voice

www.champaignil.gov

CommunityRelations@champaignil.gov

Rachel Joy, Community Relations Manager

Tracy Parsons, Community Relations Manager

Area Served: City of Champaign.

Services

DISCRIMINATION ISSUES

Description: The Community Relations Office (CRO) serves as a link between the City Manager's Office and the community. The Community Relations team ensures equal opportunity and fair treatment for citizens through public information, education, and enforcement of the City's Human Rights Ordinance and Equal Opportunity and Purchasing Ordinance.

The City of Champaign Human Rights Ordinance was developed with the intent to secure an end to discrimination in the areas of:

- Employment.
- Housing.
- Public Accommodation.
- Credit.

On the basis of age, sex, race, color, creed, religion, education, physical or mental disability, marital status, national origin, political affiliation, sexual preference, family responsibilities, source of income, prior arrest, or conviction record.

Eligibility: Anyone who believes they have been discriminated against may file a discrimination complaint. The charge of discrimination must be filed within 180 days of the alleged discriminatory act. The Community

Relations Manager will investigate the charge after it has been filed and conclude it within the 180 day limit.

Fees: No fees.

Referral Procedures: Complaints may be filed by either personal delivery or mail. If needed, the Community Relations Staff will provide assistance in drafting and filing the complaint. You may pick up a complaint form in the Community Relations Office or download a fillable PDF from champaignil.gov/discrimination-complaints. The complaint must be in writing and signed.

City of Champaign Neighborhood Services Department

102 N. Neil Street
Champaign, IL 61820

(217) 403-7070 Voice

(217) 403-7090 FAX

www.champaignil.gov

neighborhoodservices@champaignil.gov

Kerri Wiman, Director

Suzanne Noonan, Administrative Assistant

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: City of Champaign.

Services

BUILDING CODE ENFORCEMENT

Description: Neighborhood Code Compliance Division - Enforcement of property maintenance codes and coordination of efforts to achieve compliance with the City's blight and nuisance abatement programs.

Neighborhood Coordination Division - Responsible for citizen education and outreach, efforts to solve neighborhood problems, organizing neighborhoods, and promoting neighborhood self-help programs to address community priorities.

Referral Procedures: By phone.

HOME REPAIRS

Description: Neighborhood Programs Division - Developing and managing programs to address neighborhood needs, including rental and home ownership programs, neighborhood plan implementation, and public service activities. The Division administers a variety of Federal, State, and local funds to support these

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programs and activities such as the Emergency Repair Program and Home Accessibility Retrofit Program.

Eligibility: Eligibility is based on income and properties must be located within the city.

Referral Procedures: By phone.

City of Champaign Official Website

102 N. Neil Street
Champaign, IL 61820

(217) 403-8700 Voice
(217) 403-8725 FAX

www.ci.champaign.il.us
citymanagersoffice@champaignil.gov
Deborah Frank Feinen, Mayor
Dorothy Ann David, City Manager
Public transportation accessible.

Area Served: City of Champaign.

Services

GOVERNMENT

Description: The city's website can be helpful in locating and utilizing city services.

City of Champaign Township

53 Logan Street
Champaign, IL 61820

(217) 403-6120 Voice - Supervisor's Office
(217) 403-6130 Voice - Assessor's Office

www.cctownship.com
Andrew J. Quarnstrom, Township Supervisor
Brad Buldak, Office Administrator
Public transportation accessible.

Site Hours: M-F, 8:30 am - 4:00 pm; hours may vary due to staffing. Call before walk-in.

Area Served: City of Champaign.

Services

General Assistance

Description: The City of Champaign Township provides general assistance to needy residents of the township in a monthly grant of \$265.

Eligibility: Any township resident 18 years or older who is either a U.S. resident or legal alien. Applicants must have a disability and have applied for Social Security benefits. The General Assistance Program is primarily for those adults without minor children, without

adequate income, and ineligible for any other monetary forms of assistance.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, and Social Security card.

Meetings: The first Tuesday of every month at 7:00 pm at the City of Champaign Council Chambers.

Referral Procedures: By phone, walk-in, online, or appointment.

City of Urbana - Human Relations Commission (HRC)

400 S. Vine Street
Urbana, IL 61801

(217) 384-2455 Voice

www.urbanainillinois.us
HRO@urbanainillinois.us

H. Alex Bautista, Human Relations Officer
Tony Weck, HRO Administrative Assistant

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: City of Urbana.

Other Languages: Spanish.

Services

DISCRIMINATION ISSUES

Description: The City of Urbana Human Relations Division investigates and resolves complaints of discrimination in housing, employment, public accommodations, and city services within the Urbana city limits.

City of Urbana Grants Management Division

400 S. Vine Street
Urbana, IL 61801

(217) 384-2447 Voice

urbanainillinois.us

Kelly Hartford Mierkowski, Manager, Grants Management Division

Randy Burgett, Housing Rehab Coordinator

Site Hours: M-F, 7:30 am - 5:00 pm.

Area Served: City of Urbana.

Services

Emergency Grant Program

Description: The Emergency Grant Program

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is available to very low income homeowners for repair of health or safety items. Emergency grant funds are available only if the repair is immediately needed to mitigate a hazardous condition which poses a threat to the health and safety of the occupant. This may include repair or replacement of defective mechanical, electrical or plumbing systems, building components, and surfaces. Maximum funding through the Emergency Grant Program is \$5,000 per household.

Eligibility: - Must own and have lived in the home to be repaired for a minimum of one year. Trust Deeds and Contract Purchases are allowed.

- Home must be within Urbana city limits.
- Must have property insurance.

Maximum Income Guidelines: 50% of the median family income: 1 person household=\$27,100 income per year; 2=\$31,000; 3=\$34,850; 4=\$38,700; 5=\$41,800; 6=\$44,900; 7=\$48,000; 8=\$51,100.

Referral Procedures: Must fill out an application.

Senior Repair Service

Description: Senior Repair Service provides minor home maintenance repairs to help seniors and persons with a disability maintain their property. Eligible households may receive up to \$1,000 of repairs from a non-repayable grant. Typical projects funded through Senior Repair Service include repairs to furnaces, plumbing, porches, steps, ceilings, walls, and floors.

Eligibility: - Must own and live in the home to be repaired for a minimum of one year.

- Property must be within Urbana city limits.
- Must be 62 years of age or older. If you are a person with a disability, you may be any age. A person with a disability is someone who either receives disability payments or has a pending application for disability payments.

Maximum Income Guidelines: 50% of the median annual family income. 1 person household=\$27,100; 2=\$31,000; 3=\$34,850; 4=\$38,700; 5=\$41,800; 6=\$44,900; 7=\$48,000; 8=\$51,100.

Referral Procedures: Must fill out an application.

Access Grant Program

Description: The Access Grant Program

helps eliminate physical barriers that keep a person with a disability from using his or her home. Eligible households may receive up to \$5,000 of home improvements from a non-repayable grant. Typical projects funded through the Access Grant Program include ramp installation, bathroom modifications, and door widening. Access grants may be used to renovate single-family homes and duplex units. Complexes with five or more units are not eligible to participate.

Eligibility: Applicant may be a homeowner, renter, or trust deed recipient. The property must be within Urbana city limits.

Maximum Income Guidelines: 80% of the median annual family income: 1 person household=\$43,350; 2=\$49,550; 3=\$55,750; 4=\$61,900; 5=\$66,900; 6=\$71,850; 7=\$76,800; 8=\$81,750.

Referral Procedures: Must fill out an application.

Secondary Structure Program

Description: The Secondary Structure Demolition Program is available to very low-income homeowners to demolish and remove unsafe garages, carports, sheds, and fences. For eligible households, the City of Urbana will contract with demolition contractors and provide a grant up to \$5,000 on behalf of the homeowner.

Eligibility: - You must own and have lived in your home for a minimum of one year.

- Your property must be single-family owner-occupied and must be within the CD Target Area.
- The secondary structure must be structurally unsound and classified as "substandard, severely dilapidated."

Maximum Income Guidelines: 80% of the median annual family income: 1 person household=\$43,350; 2=\$49,550; 3=\$55,750; 4=\$61,900; 5=\$66,900; 6=\$71,850; 7=\$76,800; 8=\$81,750.

Referral Procedures: Must fill out an application.

TRANSITIONAL HOUSING

Description: Transitional Housing for Homeless Families is a program to provide housing and support services to selected families who are homeless. Families live in the houses for between six months and two years

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while they work toward goals that will help them be more self-sufficient and provide for their own housing.

Eligibility: Families must be residents of Champaign County for at least 3-6 months.

Referral Procedures: Must be referred by other transitional housing programs, social service agencies, schools, or churches. They may submit an application when a vacancy occurs. The program coordinator interviews the applicants and selects the family based on their motivation, family size relative to the size of the house, and potential for successful completion of the program.

City of Urbana Official Website

400 S. Vine Street
Urbana, IL 61801

(217) 384-2456 Voice - Mayor's Office

(217) 384-2366 Voice - City Clerk

urbanaininois.us

Diane Marlin, Mayor

Jolinda Ross, Administrative Assistant

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: City of Urbana.

Services

GOVERNMENT

Description: The city's website can be helpful in locating and utilizing city services.

Clark-Lindsey Village/Age-Friendly Champaign-Urbana (UIUC CHAD)

Various Locations
Urbana, IL 61802

101 Windsor Road
Urbana, IL 61802

(217) 344-2144 Voice

www.clark-lindsey.com/connectionscafe
lbeyer@clark-lindsey.com

Laura Beyer, Director, Community Relations

Wendy Bartlo, Proposal Development and Community Outreach Specialist

Public transportation accessible.

Site Hours: Hours vary - see description.

Area Served: Champaign County.

Services

WELLNESS

Description: Clark-Lindsey, along with a number of other community partners (so far: Family Service, RSVP, Age-Friendly CU, Synergy Home Care and MTD), have started something called "Connections Café". The idea of the Connections Café is a temporary, short term, "pop-up" wellness or senior center (although all ages are welcome). During the 2 hours of "pop up" at a community location, guests are offered free coffee, free blood pressure and vital checks, tech support, and general community support/coaching in areas such as support groups, food/housing (Family Service case worker), fitness & wellness, health care, transportation, etc.

Also provided are table games and the daily paper, although the focus is mostly on conversation and connecting the guests that come to other guests to build new friendships and social support in a non-intimidating environment. The ultimate goal is to offer a friendly, safe, fun, non-clinical environment to empower seniors, and all community members, to live independent healthy lives for as long as possible.

Hours: Weekly Schedule - Spring 2017 -

Connections Cafe Dates:

Tuesday, February 14th, 11am-1pm

@ Parkview Senior Apartments 100 Parkview Lane, Savoy

Monday, February 27th, 9am-11am

@ Urbana Free Library 210 W Green St, Urbana

Monday, March 6th, 1:30pm-3:30pm

@ Douglas Annex 804 North Fifth St., Champaign

Wednesday, March 15th, 10am-12pm

@ First Christian Church 3601 S Staley Rd., Champaign

Friday, March 31st, 10am-12pm

@ University of Illinois Extension Office 801 N Country Fair Drive, Champaign.

Eligibility: All community members are welcome.

Documents Needed: None.

Fees: No fees.

Referral Procedures: By phone, walk-in, email.

Cleaning For A Reason Foundation

211 S. Stemmons, Suite G
Lewisville, TX 75067

PO Box 146
Lewisville, TX 75067

(877) 337-3348 Toll-free
(972) 316-4138 FAX

www.cleaningforareason.org
info@cleaningforareason.org

Lucy Lee, Office Manager

Shelly DeForest, Patient Advocate

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Nationwide service.

Services

CANCER

Description: Cleaning For A Reason offers free house cleaning services to female cancer patients. CFAR recruits professional maid services who are insured and/or bonded and who perform background checks of their employees to participate in this foundation. The partner companies take 1 patient at a time and offer 2 free cleanings - 1 a month for 2 months - as a way to give back to their community. The Foundation accepts cancer patient applications online, receives doctors' verification of treatment, and then matches the patients with their partner maid services.

Eligibility: Women, 19 or older, currently undergoing cancer treatment for any type of cancer.

Documents Needed: When the online application process is open, they ask for patient information such as name, address, and contact info. They also ask basic house information such as size, number of rooms, etc. There is also a release of liability waiver that needs to be approved. The last step is for a doctor to fax proof of the patient being in current cancer treatment. CFAR cannot call the doctor's office to verify treatment.

Referral Procedures: Click on the "Maid Services" tab on the website to see if they have a maid service partner in the desired area. The application process is handled through the website, not through their partner locations. Please do not contact the maid service partner directly. If there is a maid service in the desired area that is open (will be highlighted in pink) to accept new patients, register by clicking on the maid service name, and then on the apply link.

Please be aware that you must apply online; applications are not accepted over the phone. After you have successfully completed the application, an email will be sent explaining the process with information as to where to fax in doctor's notes.

Co-Dependents Anonymous (CoDA)

No Street Address Available
Phoenix, AZ 85067

PO Box 33577
Phoenix, AZ 85067

(888) 444-2359 Toll-free
(888) 444-2379 Toll-free - Spanish
(602) 277-7991 Voice

www.coda.org
info@coda.org

Services

SUPPORT GROUPS

Description: Co-Dependents Anonymous is a fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships.

Additional Information: See coda.org for information about CoDA, how to find meetings, and more.

Meetings: Meetings take place in the following 2-1-1 counties:

- Champaign
- Winnebago
- McHenry
- Jackson

Refer to coda.org for latest meeting information. Click on "Find a meeting." Online chat CoDA meetings are also available if there's no local meeting in your area.

Fees: No fees; donations are accepted.

Referral Procedures: By phone.

Cognition Works, Inc.

507 W. Springfield Avenue
Urbana, IL 61801

(217) 239-0142 Voice
(217) 239-0144 FAX

www.cognitionworks.org
info@cognitionworks.org

Debbie Nelson, Director of Services

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George Cook, Clinical Director

Public transportation accessible.

Site Hours: Mon-Thu, 9:00 am - 5:00 pm.

Friday by appointment.

Area Served: Champaign County and surrounding areas.

Other Languages: Spanish.

Services

COUNSELING

Description: Offers a range of services including individual counseling, domestic violence groups, groups for offenders, parenting services, custody evaluations, risk assessments, and adolescent services.

Hours: M-Th, 9:00 am - 5:00 pm; Friday by appointment.

Area Served: Champaign and surrounding counties.

Additional Information: See the website for additional information.

Fees: Fees vary; sliding fee scale is available. Private pay and private insurance accepted.

Referral Procedures: By phone for appointment.

CHANGE

Description: The State of Illinois approved, 26-week program is designed to confront the dynamics of domestic abuse. Perpetrators of abusive behavior meet in groups that are available throughout the week.

Documents Needed: Proof of income.

Meetings: Men: Tue, 10:00 pm -11:30 am; Wed, 10:00 am - 11:30 am & 5:30 pm - 7:00 pm; Thu, 7:30 pm - 9:00 pm.

Women: Mon, 4:00 pm - 5:30 pm.

Spanish: Fri, 9:00 am - 10:30 am.

Fees: Sliding scale. Private pay and private insurance accepted.

Referral Procedures: By phone for appointment.

Options

Description: A personal growth-oriented 18-week program offered to women whose lives have been impacted by domestic abuse. Group members learn about the nature of abuse as well as increase self-awareness and problem solving skills.

Eligibility: Experience, current or past, with abuse within a relationship.

Meetings: Mon, 10:00 am - 11:30 am.

Wed, 3:30 pm - 5:00 pm.

Fees: Fees vary; sliding fee scale is available. Private pay and private insurance accepted. If a social service agency is providing the referral, typically that agency is billed for services.

Referral Procedures: By phone for appointment.

PEGs (Parent Education Groups)

Description: A 12-week parenting course focusing on the concepts of choice and accountability in parenting. Parents will develop an understanding of thinking patterns and identify vulnerabilities that set up unhelpful parent-child interactions.

Meetings: Wed, 7:30 pm - 8:30 pm.

Fees: Fees vary; sliding fee scale is available. Private pay and private insurance accepted. If a social service agency is providing the referral, typically that agency is billed for services.

Referral Procedures: By phone for appointment.

Impact

Description: Impact is a 6-week program for parents focusing on the impact of domestic violence on children.

Meetings: Meeting times vary. Call for more information.

Fees: Fees vary. Private pay and private insurance accepted.

Referral Procedures: By phone for appointment.

COURT SERVICES

Description: Responsible Choices: A 16-week program designed to accompany Illinois Drug Court programs. The curriculum incorporates fundamental Language Choice Therapy interventions providing individuals an opportunity to identify unhelpful thinking patterns contributing to drug and alcohol abuse/dependence patterns and replace them with responsible life skills.

Alternatives: A 12-week group program for University of Illinois students involved in the disciplinary system.

Fun-Da-Mentals: An 18-week group course to help adolescents increase their decision-making skills by making connections between choices and consequences. Thinking

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patterns that drive choices are identified in a respectful and experiential group environment. Thinking Skills: 16-week curriculum for general offenders.

Meetings: Responsible Choices: Wed, 10:00 am - 11:30 am.
Alternatives: Tue, 5:30 pm - 7:00 pm; 7:30 pm - 9:00 pm.
Fun-Da-Mentals: Wed, 4:15 pm - 5:15 pm.
Thinking Skills: Thu, 5:30 pm - 7:00 pm.
Fees: Responsible Choices: No fees.
Alternatives: \$100.
Fun-Da-Mentals: No fees.
Thinking Skills: No fees.

Referral Procedures: Responsible Choices: Referral from Champaign County Drug Court.
Alternatives: Referral from University of Illinois.
Fun-Da-Mentals: Referral from Champaign County Probation.
Thinking Skills: Referral from Champaign County Probation.

Comcast Internet Essentials

No Street Address Available
Bloomington, IL 61701
(855) 846-8376 Voice
www.internetessentials.com

Area Served: Serves areas that are covered by Comcast Service. This includes the 2-1-1 counties of Champaign, Kankakee, Knox, McHenry, McLean, Sangamon, Vermilion, and Winnebago.

Services

INFORMATION TECHNOLOGY

Description: Comcast Internet Essentials offers reduced-cost Internet service to certain vulnerable individuals. The monthly price applies to a single outlet and basic modem. Participants have the option to purchase an Internet ready computer for the reduced price of \$149.99 + tax. All computers come with the software and hardware needed to get connected to the Internet.

Eligibility: To enroll, applicants must:
- Have at least one child eligible to participate in the National School Lunch Program. OR
- Receive HUD housing assistance. OR
- Be enrolled in an eligible 2-year Community College AND receive a Pell Grant.
--Currently Danville and Galesburg have

coverage within 2-1-1 service area.
- Be located where Comcast offers Internet service.
- Have not subscribed to Comcast Internet service within the last 90 days.
- Do not have outstanding Comcast debt.
Fees: \$9.95 per month Internet service. Internet-ready desktop or laptop computer \$149.99 + tax.
Referral Procedures: Apply online or call to request an application. Comcast will mail or email an application if requested.

Community and Residential Services Authority

100 N. First Street, W-101
Springfield, IL 62777
(877) 541-2772 Toll-free
(217) 524-1529 FAX
www2.illinois.gov/crsa
John Schornagel, Executive Director
Lynn Lowder, Administrative Assistant/Intake Coordinator
Area Served: State of Illinois.

Services

MENTAL HEALTH

Description: Community & Residential Services Authority is responsible for identifying and addressing barriers facing parents, professionals, and providers when trying to get needed services and programs for individuals, through the age of 21, with a behavior disorder or a severe emotional disturbance. Services include:

- Technical Assistance: The staff provide technical assistance to families, service providers, educators, and other professionals to help plan for and implement appropriate, effective services for children with severely emotional disturbances and behavior disorders (SED/BD), in Illinois.
- Dispute Resolution: The staff and the board help in resolving service disputes that arise between agencies and parents when there is no clear statutory responsibility among state agencies for an appropriate plan of services for a child.
- Service Plan: The staff and the board plan for a more effective statewide system for children in Illinois.

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Eligibility: Up to age 21 with severely emotional disturbances and behavior disorders.
Fees: No fees.
Referral Procedures: By phone.

(312) 795-0002 FAX
www.chpofil.org
sbauer@chpofil.org
Susan Bauer, Executive Director
Public transportation accessible.

Community Choices

44 E. Main, Suite 419
Champaign, IL 61820
(217) 621-1090 Voice
www.communitychoicesinc.org
communitychoices1@gmail.com
Becca Obuchowski, Executive Director
Chris Ray, Membership Coordinator
Public transportation accessible.
Site Hours: M-F, 9:00 am - 5:00 pm.
Area Served: Champaign County.

Services

DEVELOPMENTAL DISABILITIES

Description: Community Choices is a cooperative where people with developmental disabilities and their families support each other. The following 4 services are offered:
- Community Living - Life skills training and assistance with living independently.
- Customized Employment - Helping people with disabilities find jobs.
- Social Opportunities - Social events and developing community connections.
- Family Support - Monthly support group for families.
Eligibility: Must be 18 and have a developmental disability.
Maximum Income Guidelines: No income guidelines.
Documents Needed: No documents needed.
Meetings: Co-Op meetings with be held quarterly with date, time, and location to be announced.
Fees: Fees are only charged for the life skills classes and that amount can vary; call for more information.
Referral Procedures: By phone.

Community Health Partnership of Illinois

205 W. Randolph Street
Suite 2222
Chicago, IL 60606
(312) 795-0000 Voice

Sites

Community Health Partnership of Illinois - Rantoul Clinic
520 E. Wabash Street
Rantoul, IL 61866
(217) 893-3052 Voice
(217) 893-8600 FAX
Jina Ramirez, Interim Clinic Director
Area Served: Champaign County.

Services

HEALTH CARE

Description: Community Health Partnership of Illinois (CHP) provides primary health care to more than 7,000 Latino migrant and seasonal farmworkers. CHP provides medical care through a network of contracted physicians and practitioners. CHP contracts with local pharmacies and hospitals for prescription medicines and diagnostic services. The five health clinics programs provided by CHP are:
- Primary health care.
- Oral health care.
- Cancer prevention and reproductive health.
- Agriculture health and safety.
- HIV prevention.
- Community outreach and health promotion.
Eligibility: Serves migrant farmworkers and their families.
Fees: Accepts Medicare, Medicaid, Blue Cross / Blue Shield, ECHO, and Sliding scale.
Referral Procedures: Call for more information.

DENTAL CARE

Description: Offers comprehensive dental care.
Eligibility: Farmworkers and their families.
Fees: Accepts Medicare, Medicaid, Blue Cross / Blue Shield, ECHO, and Sliding scale.
Referral Procedures: By phone.

Community Resource & Counseling Center

1510 W. Ottawa Road
Paxton, IL 60957

PO Box 162
Paxton, IL 60957

(217) 379-4302 Voice
(217) 359-4141 Voice - After-Hours Crisis Line
(217) 379-4304 FAX

www.4crcc.com
info@4crcc.org

Laurelyn Cropek, Executive Director
Nancy Crawford, Business Administrator

Site Hours: Mon-Thu, 8:00 am - 6:00 pm.
Fri, 8:00 am - 4:30 pm.

Area Served: Ford, McLean, Livingston,
Champaign, Vermilion, and Iroquois counties.

Services

Divorce Mediation

Description: Mediators are trained in family dynamics, communication skills, and facilitative techniques to help family members resolve a dispute or decide important family issues.

Maximum Income Guidelines: \$70,000 annual income.

Documents Needed: Proof of income, proof of residency.

Fees: \$200 fee.

Referral Procedures: By phone, walk-in, or appointment.

DUI Evaluations/Risk Education

Description: DUI Evaluations and Risk Education classes are available.

Maximum Income Guidelines: \$70,000 annual income.

Documents Needed: Proof of income, proof of residency.

Meetings: Risk Education classes take place on Thursday evenings.

Fees: Evaluations are \$200. DUI Risk Education is \$250.

Referral Procedures: By phone, walk-in, or appointment.

Substance Abuse Therapy

Description: Outpatient substance abuse therapy is available. A support group also meets on Tuesday evenings.

Maximum Income Guidelines: \$70,000

annual income.

Documents Needed: Proof of income, proof of residency.

Fees: \$25 flat fee per visit.

Referral Procedures: By phone, walk-in, or appointment.

Emergency Crisis Services

Description: When a mental health emergency occurs during business hours, an individual may come to CRCC in person or call 217-379-4302. A qualified staff person will assess the problem and assist in obtaining needed services. Should a mental health crisis occur when CRCC is closed, assistance may be obtained by calling 217-359-4141.

Area Served: Ford County.

Referral Procedures: By phone or walk-in.

Individual/Family Therapy

Description: CRCC is a multi-service community behavioral health center. Professionally trained therapists provide therapy and counseling for children, adolescents, and adults. Treatment interventions can be provided to individuals, families, or groups, based on the needs of those involved. Behavioral health issues treated include:

- Depression.
- Grief.
- Anxiety.
- Phobias.
- Life stresses.
- Marital issues.
- Adjustment problems.
- Parent-child issues.
- ADHD.
- Bipolar disorder.
- Schizophrenia.
- Domestic violence.
- Sexual abuse.

Maximum Income Guidelines: \$70,000 annual income.

Documents Needed: Proof of income, proof of residency.

Fees: Sliding scale only available for Ford County residents. There is a \$75 fee for all out-of-county residents without another pay source. Medicaid, Medicare, private insurance, and private pay accepted for everyone in service region.

Referral Procedures: By phone, walk-in, or

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appointment.

Psychiatric Services

Description: CRCC provides psychiatric services for children and adults with board-certified psychiatrists for individuals who may be in need of psychotropic medication or assistance in the evaluation and maintenance of their medication.

Maximum Income Guidelines: \$70,000 annual income.

Documents Needed: Proof of income, proof of residency.

Fees: Sliding scale only available for Ford County residents. There is a \$75 fee for all out-of-county residents without another pay source. Medicaid, Medicare, private insurance, and private pay accepted for everyone in service region.

Referral Procedures: By phone, walk-in, or appointment.

Community Support Services

Description: Community Support Services connects clients to support services to the community, such as assisting in obtaining resources for maintaining a stable and independent lifestyle.

Maximum Income Guidelines: \$70,000 annual income.

Documents Needed: Proof of income, proof of residency.

Fees: Sliding scale only available for Ford County residents. There is a \$75 fee for all out-of-county residents without another pay source. Medicaid, Medicare, private insurance, and private pay accepted for everyone in service region.

Referral Procedures: By phone, walk-in, or appointment.

Domestic Violence Group

Description: This group is a combination of support and psycho-education that focuses on issues surrounding domestic violence. Concepts covered include defining abuse and domestic violence; the cycles of violence; profile of the batterer; effects of abuse on victims and their children; healthy relationships; empowerment and personal responsibility; and safety planning and other legal issues.

Meetings: Group meets on Wednesday

evenings.

Referral Procedures: Call to register for the group.

Freedom to Choose

Description: Freedom to choose is a 16-week anger management program that offers group counseling to adults who have trouble managing their anger. The program teaches individuals to recognize their freedom to choose healthy approaches to anger, with practical application of living skills such as acceptance of responsibility, physical self-awareness, dynamics of control, assertive communication, stress reduction, conflict resolution, and responsible self-advocacy.

Meetings: Group meets on Monday evenings.

Referral Procedures: Call the register for the group.

Children in the Middle

Description: CRCC offers a court approved education program for couples who are going through a divorce or separation. This class is designed to help parents learn how to put their children's needs first while going through this difficult time. This course includes the "Children in the Middle" parenting education curriculum and is held each month. The class meets one time for four hours.

Fees: Sliding scale for Ford County residents. Private pay accepted.

Referral Procedures: Call to find out meeting times and to register for the class.

Parenting Classes

Description: CRCC periodically offers parenting classes which are encouraged for any parent wishing to improve parenting skills.

Meetings: Class meets on Monday evenings.

Fees: A nominal fee is charged to cover expenses.

Referral Procedures: Call to register for the class.

Community Service Center of Northern Champaign County

520 E. Wabash Avenue, Suite 1
Rantoul, IL 61866

(217) 893-1530 Voice
(217) 893-8600 FAX

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cscrantoul.org

karenk@cscrantoul.org

Andrew Kulczycki, Executive Director

Karen Kelly, Service Coordinator

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Nine townships in Northern Champaign County: Rantoul, Brown, East Bend, Ludlow, Harwood, Kerr, Newcomb, Condit, Compromise.

Other Languages: Spanish speaking staff from either CSCNCC or other agencies within the office are available at most times.

Services

Emergency Food Pantry

Description: Emergency food pantry is available. Clients can visit the pantry once per month.

Hours: M-F, 10:00 am - 4:00 pm.

Area Served: Champaign County.

Maximum Income Guidelines: 185% of the federal poverty level.

Documents Needed: Photo ID and proof of residency.

Fees: No fees.

Referral Procedures: Walk-in.

PRESCRIPTION ASSISTANCE

Description: Prescription assistance in the amount of \$10-15 is available to residents of northern Champaign County once per year.

Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Northern Champaign County.

Documents Needed: Photo ID and proof of residency.

Fees: No fees.

Referral Procedures: By phone or walk-in.

Holiday Bureau

Description: Provides food at Christmas time for low-income families residing in northern Champaign County and toys for children (13 years and under).

Hours: 2018 dates and times are to be determined. Call in the fall for more information.

Area Served: Northern Champaign County.

Documents Needed: Required documentation:

- Proof of address for ALL members of the household. Proof of address for adults must be dated within the last 30 days. Proof of address for children may be a Medicaid card, report card, letter from school or day care, doctor's

bill, DHS or CCRS documents, lease, etc.

- Proof of household income for the past 30 days. If there is no income, bring Department of Human Services benefits statement, unemployment denial, or general assistance denial.

Additional Information: This program is done in cooperation with the Salvation Army. Families may sign up at either CSC or the Salvation Army, but not both locations.

Fees: No fees.

Referral Procedures: Walk-in during registration times.

Clothing Center

Description: Community Service Center of Northern Champaign County provides referrals for low-income families to the Clothing Center, located at 1401 E. Grove Avenue, Rantoul. The Clothing Center provides three outfits per person per visit. Visits are limited to once per month, and a referral is needed each calendar year.

In August, a Back to School event is held to provide clothes and school supplies to children in grades K-8.

Hours: Mon, 7:00 pm - 8:00 pm

Wed, 3:00 pm - 4:30 pm

The Clothing Center opens the first Wednesday after Labor Day (September 3, 2014) and remains open until the Wednesday before Memorial Day. The Center follows the Rantoul City School District Calendar — if schools are closed, the Clothing Center is closed.

Area Served: Northern Champaign County.

Documents Needed: Photo ID and proof of residency less than 30 days old for each member of the household.

Fees: No fees.

Referral Procedures: Walk-in for referral slip.

Back to School Day

Description: Back to School Day is an event that provides free school supplies for children grades K-8 in Rantoul. The event takes place at Bethany Park Christian Church, 1401 E. Grove Avenue, Rantoul.

Hours: Saturday, August 11, 2018: 8:00 am - 12:00 pm.

Documents Needed: Photo ID or proof of residency, such as utility bill for adults, or Medicaid card or school registration info for youth.

<continued...>

Referral Procedures: A referral form is required and can be picked up at the Community Service Center office July 30th - August 10th, 2018.

Community United Church of Christ

805 S. 6th Street
Champaign, IL 61820

(217) 344-5091 Voice

www.facebook.com/jubileecafeucc

jubilee.cafe@community-ucc.org

Area Served: Champaign County.

Services

The Jubilee Café

Description: Volunteers provide fresh, home-cooked meals to anyone who struggles with food insecurity.

Hours: Mon, 5:00 pm - 6:30 pm.

Eligibility: Anyone.

Fees: None.

Referral Procedures: Walk-in.

Compassion & Choices

PO Box 101810
Denver, CO 80250-1810

(800) 247-7421 Toll-free

(866) 312-2690 FAX

www.compassionandchoices.org

info@compassionandchoices.org

Barbara Coombs Lee, President

Marcia Campbell, CFO

Site Hours: M-F, 9:00 am - 6:00 pm, CST. If counselors are busy, leave a message and they will return the call within 24 business hours.

Services

SUPPORT SERVICES

Description: Compassion & Choices' End-of-Life Consultation (EOLC) program provides free, confidential, professional support anywhere in the country. Staff help clients with advance directives, local referrals, information and support on end-of-life care, and decision making. Staff also offer information on self-determined dying when appropriate and provide emotional support through a difficult time. Public information presentations are

available, as well.

Additional Information: The organization operates in a non-judgmental environment, encouraging everyone to freely talk about, and come to terms with, the difficult issues surrounding death and dying. It does not promote any religious or ethical belief system and strives to recognize each person as a unique individual, regardless of sexual orientation, gender identity, age, disability, race or affiliation.

Referral Procedures: To access their free, confidential program, call or check their website. To speak to a professional consultant, call and leave a voicemail, and someone will call back to learn about the situation and provide information and support.

The Compassionate Friends

1000 Jorie Boulevard, Suite 140
Oak Brook, IL 60523

PO Box 3696

Oak Brook, IL 60522

(877) 969-0010 National Toll-free

(630) 990-0010 Voice

(630) 990-0246 FAX

www.compassionatefriends.org

nationaloffice@compassionatefriends.org

Alan Pederson, Executive Director

Area Served: Nationwide.

Services

SUPPORT GROUPS

Description: A self-help organization offering friendship and understanding to all bereaved parents who have lost a child at any age from any cause. The purpose is to promote and aid parents in the positive resolution of the grief experienced upon the death of their child and to foster the physical and emotional health of the bereaved parents and siblings.

Meetings: Referral Procedures: Phone or e-mail the national office. When a person calls, TCF can put together, at no charge, a customized packet of bereavement materials specifically chosen to apply to a person's situation. Contact information to the nearest TCF chapter can also be provided where the whole family can gather with others bereaving the loss of a child.

Courage Connection

508 E. Church Street
Champaign, IL 61820

(217) 384-4390 Voice - 24-Hour Hotline
(877) 384-4390 Toll-free - 24-Hour Hotline
(217) 352-7151 Voice - Administration
(217) 352-8571 FAX - Homeless Services Program
(217) 384-4383 FAX - Domestic Violence Program

www.courageconnection.org

contact@courageconnection.org

Karen Gehrt, Program Director

Isak Griffiths

Public transportation accessible.

Site Hours: Office: M-F, 8:00 am - 5:00 pm.
Hotline answered 24/7.

Area Served: Champaign, Douglas, Ford, and Piatt Counties.

Other Languages: Interpreter available upon request.

Services

Homeless Services

Description: Offers transitional housing and supportive services to single women and women with children who are experiencing domestic violence. Women can stay in the program for up to 2 years working with a case manager to identify goals and work toward finding permanent housing. Services include: case management, referrals and linkage, children's programming, support group, parenting group, and an on-site Head Start Program. All services are for clients enrolled in the Transitional Housing Program.

Eligibility: Clients must meet HUD's definition of homelessness and fleeing domestic violence.

Documents Needed: Proof of residency is required before admittance into the program. Other documentation, such as photo ID, birth certificate, proof of income, and Social Security card, can be obtained after entry with assistance from a case manager (if needed).

Fees: Clients pay rent of 10% of their monthly gross income. Clients without income complete 8 hours of community service per month.

Referral Procedures: Phone intakes to be placed on the waiting list are taken 7 days per week, 12:00 pm - 7:00 pm.

Domestic Violence Services

Description: Provides the following services: 24/7 domestic violence hotline, emergency

shelter, transitional housing, children's programming, counseling, legal advocacy, case management, referrals and linkage, parenting group, domestic violence education group, and career & financial empowerment groups.

Eligibility: All services are for domestic violence victims. For acceptance into emergency shelter, individuals must be fleeing a domestic violence situation.

Fees: No fees.

Referral Procedures: Phone, walk-in, or appointment.

WARMING CENTERS

Description: Shelter and warming center will be available December 15 - through March for women only.

CRIS Healthy Aging Center

309 N. Franklin Street
Danville, IL 61832

(217) 443-2999 Voice
(800) 526-0844 TTY
(866) 800-1409 Toll-free - 24/7 Elder Abuse Hotline
(217) 443-4288 FAX

www.agestrong.org

info@agestrong.org

Amy Brown, CEO

Kathy Cooksey, Associate Administrator

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:00 pm.

Area Served: Vermilion County.

Services

Illinois Volunteer Money Management Program

Description: The CRIS Money Management Program utilizes volunteers to work with seniors on budgeting, sorting through mail, checkbook balancing, and bill paying. This program assists seniors 60 years of age and older who need assistance due to physical or mental disabilities, unpaid bills, inability to read or write, loss of home due to foreclosure, or threats of utility shut-off.

Eligibility: Cannot have Power of Attorney; must be a participant in Adult Protective Services or Care Coordination Unit.

Area Served: Vermilion and Champaign counties.

Documents Needed: Bank statement.

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Fees: No fees.

Bridge Care Transition Program

Description: The CRIS Healthy-Aging Center has partnered with local hospitals to assist qualified individuals in the transition from hospital to home. This program is provided at no cost to the participant. A Bridge coach will assist in many areas, including developing a personal health record, making/keeping doctor appointments, managing medications, and identifying additional community resources.

Eligibility: For those age 60 and older that are being discharged from a participating hospital.

Area Served: Vermilion and Champaign counties.

Fees: No fees.

Referral Procedures: Bridge coaches are located at three area hospitals: Presence United Samaritan's Medical Center in Danville, Presence Covenant Medical Center in Champaign, and Carle Foundation Hospital in Urbana.

Crisis Nursery - Champaign County

1309 W. Hill Street
Urbana, IL 61801

(217) 337-2730 Voice - Crisis Line
(217) 337-2731 Voice - Administration
(217) 337-2732 FAX

www.crisisnursery.net

Stephanie Record, Ed.M, LCSW, Executive Director

Jessica McCann, Program Director
Public transportation accessible.

Note: Closest bus stops include: Beslin and Romine, Wright and Hill, Park and Romine, Park and Matthew. Call Champaign-Urbana Mass Transit District at 217-384-8188 for updated bus schedule with stops at these locations.

Site Hours: 24/7.

Area Served: Champaign County.

Other Languages: Spanish.

Services

Safe Children

Description: Crisis Nursery creates an "Island of Safety" dedicated to the prevention of child abuse and neglect by providing 24-hour

emergency care for children and support to strengthen families in crisis. Crisis Nursery's Safe Children services are available for families who are experiencing a crisis/emergency and no other resources are available to help. Services are voluntary, confidential, and offered at no cost to the parent. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Common reasons for admission include:

- Parental stress.
- Domestic violence.
- Homelessness.
- Home structurally unsafe.
- Mental health.
- Substance abuse.
- Court appearances.
- Medical related reasons.
- Public/support services.
- Job/school related care.
- Funerals.

Hours: 24/7.

Eligibility: - Family must be experiencing a crisis and have no other resource available to care for the child.

- Child must be ages birth through 6 and be in good health (no contagious conditions).
- While child is in care, caregiver must remain in Champaign County, be reachable in case of an emergency, and provide another emergency contact.

Maximum Income Guidelines: No income guidelines.

Documents Needed: Photo ID for the caregiver.

Fees: No fees.

Referral Procedures: Crisis Nursery starts scheduling emergency childcare at 7 AM each day. Families should call the day they need care to receive services. Calling as close to 7 AM as possible makes it most likely that clients will receive services, as there are a limited number of spaces each day. However, care is provided based on client risk, so families shouldn't be deterred from calling later in the day if services are needed. Walk-in services are also considered based on need. The Crisis Care hotline is available 24/7 for families to call.

Strong Families

Description: Crisis Nursery's Strong Families Program is open to families in Champaign County with children ages birth through six.

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Resources and services are available for families needing additional support, including families in crisis, struggling with postpartum depression, or dealing with situations such as homelessness, kinship care, parenting as a teen, and more. Services include:

- Crisis counseling.
- Home visits and parenting education.
- Facilitated play groups (meet other families and learn about your child's development).
- Parent support groups with childcare provided.
- Parenting education classes.
- Referrals for resources and follow-ups.

Eligibility: Family must reside in Champaign County and have a child (aged from birth through 6-years-old).

Maximum Income Guidelines: No income guidelines.

Meetings: Details regarding support groups and other events can be found on the programming calendar located on the website

Fees: No fees.

Referral Procedures: By phone.

Children's Holiday Shop

Description: Children can do their holiday shopping for everyone on their list. All gifts are priced between \$2 and \$8. Children shop with the help of a community volunteer so their gifts are a surprise for family and friends.

When the children are done picking out their gifts, they pay for them and wrap them in festively decorated bags. As they leave the shop, children are always full of pride with the items they have picked out on their own and an understanding that it is just as great to give as it is to receive.

Hours: 2018 days and times to be announced.

Crisis Text Line

No Street Address
New York, NY 10001

741741 Text Short Code - 24/7 Crisis Text Service

www.crisistextline.org
support@crisistextline.org

Site Hours: 24/7.

Area Served: Nationwide.

Services

HOTLINE

Description: Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.

Eligibility: Must be able to send text messages or access Facebook.

Additional Information: Those WITHOUT texting but who may access Facebook can talk with someone at the Crisis Text Line by going to their facebook page <https://www.facebook.com/crisistextline> and sending a message.

Fees: Free for AT&T, T-Mobile, Sprint, or Verizon users. All other cell phone providers, standard text message rates apply.

Referral Procedures: By text.

Crosspoint Human Services

210 Avenue C
Danville, IL 61832

(217) 442-3200 Voice - 24 hours
(217) 442-8471 TTY
(217) 442-7460 FAX

www.crosspointhumanservices.org

Thom Pollock, Executive Director

Lisa Rhodes, Dir. of Nursing & Residential Services

Public transportation accessible.

Sites

Crosspoint Human Services - SASS Program

1801 Fox Drive
Champaign, IL 61821

(217) 351-9744 Voice
(800) 345-9049 Toll-free - CARES Line
(866) 794-0374 TTY
(217) 351-9746 FAX

Site Hours: 24/7.

Area Served: Champaign, Ford, and Iroquois counties.

Services

SASS (Screening Assessment/Support Services)

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Description: SASS (Screening Assessment and Support Services) provides crisis intervention and counseling services for high-risk youth in psychiatric crisis.

Eligibility: SASS services are provided to high-risk youth using the following guidelines:

- 1) All DCFS wards up to age 21.
- 2) All children and young adults up to age 21 who receive any type of Medicaid assistance.
- 3) Children and adolescents up to age 19 who have no health insurance coverage at all.

Referral Procedures: For a SASS screening call CARES at 1-800-345-9049.

C-U at Home

34 E. Green Street
Champaign, IL 61820

PO Box 8816
Champaign, IL 61826

(217) 819-4569 Voice

www.cuathome.us
rob@cuathome.us

Rob Dalhaus, Executive Director
Kelly-Jane Monahan, Phoenix Coordinator
Public transportation accessible.

Site Hours: Tue-Fri, 12:00 pm - 5:00 pm.

Area Served: Champaign County.

Other Languages: Spanish, as needed.

Services

HOMELESS SERVICES

Description: - Phoenix Daytime Drop-In Center: Community center, open to the public age 18 years or older. Access to laundry, shower, computers, phone, musical instruments, art supplies, games, puzzles, tables and chairs. Located at 34 E. Green Street, Champaign.

- Recovery House: Group home for single homeless men coming out of addiction treatment seeking a supportive group living environment. Must be employed. Can stay in transitional housing for 6-12 months.
- Family House: Transitional housing for a single parent or married couple with 1 or 2 children. Must be employed. Can stay in transitional housing for 6-12 months.
- Women's House: Transitional housing for single women. Must be employed. Can stay in transitional housing for 6-12 months.
- Transportation Ministry: Transportation

assistance to help someone without proper means get to detox, shelter, transitional housing or nursing home facilities in another Illinois location.

Hours: Regular Hours:

Tue-Fri, 12:00 pm - 5:00 pm.

ATTN: The Phoenix Drop-in Center will be open the following days due to the forecasted temperatures for June 29th & 30th, 2018:

- Friday, June 29th, 11am-7pm

- Saturday, June 30th, 12-5pm

The following cooling centers are available throughout the local area:

- Champaign-Urbana Public Health District - Champaign

- Marketplace Mall - Champaign

- Public Aid Office, North Country Fair Drive - Champaign

- Lincoln Square Mall - Urbana

- Public Libraries - Champaign, Urbana, Tolono

Eligibility: Age 18 or older.

Fees: No fees.

Referral Procedures: Call for an appointment.

Homeless individuals can also call the Centralized Intake for homeless services in Champaign at 217-819-4117 (through the Champaign County Regional Planning Commission).

C-U Early

Urbana Early Childhood School
2202 E. Washington Street
Urbana, IL 61802

(217) 384-3616 Voice

(217) 384-3615 FAX

krussell@usd116.org

Kelly Russell, Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Cities of Champaign and Urbana.

Accessibility: Fully accessible.

Other Languages: Spanish.

Services

PARENTING

Description: CU Early provides parent support and education programming, including:

- Home visiting.
- Developmental screening.
- Assisted resource and referral.

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- Playgroups.
- Toy and book lending library.
- Individualized family service plan.
- Teen parent support groups at local high schools.
- Parenting education classes.

Eligibility: Have child younger than 3 years old (including prenatal), low income and/or significant family stressors (homeless, domestic violence, mental or physical health issues, etc).

Maximum Income Guidelines: 125% of the federal poverty level.

Documents Needed: Proof of income.

Fees: No fees.

Referral Procedures: Phone or e-mail.

CU One-to-One (CU 1-to-1)

No Street Address Available

Springfield, IL 62702

(217) 351-3800 Voice

Champaign Unit School District #4

(217) 384-3600 Voice - Urbana School District #116

<https://www.cu1to1.org>

Lauren Smith, Contact for Champaign Schools

Thomas Howley, Contact for Urbana Schools

Site Hours: Operates during the school year.

Area Served: Champaign-Urbana school-based program.

Services

MENTORING

Description: C-U One-to-One Mentoring is the school-based mentoring program of the Champaign Unit 4 and Urbana District #116 Schools. Mentors are matched one-on-one with a student when the student is in 3rd-7th grade. Mentors meet with their 'mentees' for one hour a week during the school day on school grounds. They may read together, play games, go for a walk, workout in the gym, discuss current events, work on a school project, or just talk. Coordinators at each building help provide activity suggestions, training and support. Mentors commit for one year at a time.

Students who stay in the program through high school graduation receive a scholarship for continuing education funded by our community partner, the Mentoring Scholarship Foundation.

Eligibility: - Students selected for mentoring are in late elementary (3rd-5th grad) or early middle school (6th or 7th grade) and just need

a little extra support and encouragement to thrive. They may be under-achieving, have poor peer relationships, have attendance issues, or exhibit in other ways the need for a caring adult in their lives.

- Mentors must be community residents who expect to stay in the community for at least the next 2-3 years. Other than that, adults can be mentors if they have a genuine interest in youth, are flexible and patient, have good listening skills, and have the time to commit to meeting with their mentees.

Fees: No fees.

Referral Procedures: By phone, website, email.

- Students may be referred by a parent, teacher, counselor, or they may request a mentor for themselves.

- Potential mentors can fill out an application on-line on the website or contact the respective school districts' main contacts.

Cultivadores Latino Center

555 S. Maplewood Drive

Rantoul, IL 61866

(217) 892-5292 Voice

(217) 282-9607 Voice

www.facebook.com/cultivadorecentromisionero/

cultivadoreslatinos@gmail.com

Nelson Cuevas, CADC, Executive Director

Sites

Cultivadores Latino Center

555 S. Maplewood Drive

Rantoul, IL 61866

(217) 892-5292 Voice

(217) 282-9607 Voice

Nelson Cuevas, CADC, Executive Director

Site Hours: M-F, 9:00 am - 5:00 pm

Area Served: Champaign County.

Accessibility: Fully accessible.

Other Languages: Spanish.

Cultivadores Latino Center - Urbana Office

2502 S. Race Street

Urbana, IL 61801

(217) 344-5455 Voice

(217) 369-9155 Voice - Transportation Information

Nelson Cuevas, Site Director

Site Hours: M-F, 9:00 am - 1:00 pm.

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Area Served: Champaign County.

Services

LATINO SERVICES

Description: Provides social support to Latinos in Champaign County. As a grassroots organization, staff work closely with Latinos to develop programs that address residents' needs as they arise. The Center provides interpreters, free transportation to local social service agencies, support groups, and a food pantry.

The Center also provides an after-school program for Latino children with limited English proficiency.

Hours: Site 1: Food Pantry Hours: Last Monday of the month, 6:00 pm - 8:00 pm.

Documents Needed: Photo ID.

Additional Information: Free transportation offered in Champaign, Urbana and Savoy for people with appointments at local schools, medical & dental clinics, WIC, DHS, and Social Security offices.

Meetings: Support groups meet on Thursdays from 7:00 pm - 8:30 pm. Transportation is available.

Fees: No fees.

Referral Procedures: By appointment or walk-in.

Sites: 1 2

Cunningham Children's Home

1301 N. Cunningham Avenue
Urbana, IL 61802

(217) 367-3728 Voice
(217) 367-2896 FAX

www.cunninghamhome.org
cch@cunninghamhome.org
Public transportation accessible.

Services

RESIDENTIAL SERVICES

Description: Comprehensive services including residential treatment, special education, and community-based services.

Eligibility: For youth and families dealing with serious emotional and behavioral challenges.

Fees: Call for more information.

Referral Procedures: By phone.

Vocational Options Program

Description: Career Exploration, Assessment, and Planning: An individual assessment of interest and skills; Counseling on vocational options and development of a vocational plan.

Skill Development/Certificate: Skill development for work place employment through a nationally-recognized certificate that covers careers in the hospitality industry, 411 Disability Disclosure Training; and assistance to obtain Illinois Food Handler's Certificate

Job Advocacy and Placement: Assistance advocating for any accommodations needed for success in employment; Job coaching is provided as needed; Job placement in unpaid internships, volunteer opportunities, subsidized employment, and independent employment and Business Partners are established in Champaign, Urbana, Rantoul, Mahomet, and throughout Champaign County where our youth and young adults live.

Eligibility: Youth and adults, ages 6-40, who have emotional, behavioral, and mental health challenges.

Fees: Call for more information.

Referral Procedures: By phone.

HOUSING

Description: Transitional Living: Young people live in a boarding house environment with adult supervision. Participants are enrolled in high school, working toward completion of their GED through an alternative school program, or attending college. They are employed either independently or through our partnerships with community businesses. Caseworkers and On-site Direct Care Staff are available for guidance and support with the ultimate goal of launching participants to independence or transitioning them to an independent living program.

Independent Living Opportunities: Teaches young adults self-sufficiency and independence while they live on their own in the community.

Youth must either have completed high school with a diploma or earned a GED. Participants attend junior college or a vocational training program and are employed either independently or through our partnerships with community businesses. Caseworkers are available for support and guidance, with the ultimate goal of launching participants to independence.

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Pregnant and Parenting Teens Program: Part of the Independent Living Program with additional supports for single mothers between the ages of 19 to 21 and their children. DCFS wards or DJJ clients are eligible.

Eligibility: Transitional Living: Males and females between the ages of 17 ½ to 21 who are DCFS wards and/or DJJ clients.

Independent Living: Males and females between the ages of 19 to 21 who are DCFS wards and/or DJJ clients.

Fees: Call for more information.

Referral Procedures: By phone.

Cunningham Township

205 W. Green Street
Urbana, IL 61801

(217) 384-4144 Voice

(217) 367-7063 FAX

supervisor@cunninghamtownship.org

Danielle Chenoweth, Township Supervisor

Public transportation accessible.

Site Hours: Mon-Thu, 8:30 am - 4:30 pm.

Fri, 8:30 am - 4:00 pm.

Area Served: City of Urbana (inside city limits).

Services

General Assistance

Description: General assistance is a monthly cash grant and limited medical coverage for adults not eligible for other types of government assistance.

Eligibility: Any township resident (18 years or older) who is either a U.S. resident or legal alien. The General Assistance Program is primarily for those adults without minor children, without adequate income, and ineligible for any other monetary forms of assistance.

Area Served: City limits of Urbana.

Documents Needed: Photo ID, proof of income, and proof of residency. Other documents may be required as well.

Referral Procedures: By phone or walk-in.

Daily Bread Soup Kitchen

116 N First Street
Champaign, IL 61820

PO Box 648

Champaign, IL 61824-0648

(217) 356-7687 Voice

www.dailybreadsoupkitchen.com

dbsoupkitchen@gmail.com

Bob Goss, President

Pam Hagle, Secretary

Public transportation accessible.

Area Served: Champaign County.

Services

FOOD

Description: The mission of the Daily Bread Soup Kitchen is to feed the hungry of the Champaign-Urbana community regardless of race, religion, or ethnicity, in a safe, respectful, and inviting environment that emphasizes an unconditional positive regard for every human being.

Hours: Lunch Daily, 11:00 am - 12:30 pm.

Doors Open 10:30 am.

Closed Thanksgiving, Christmas Day, and New Year's Day

Eligibility: Open to anyone.

Fees: No fees.

Referral Procedures: Walk-in, by phone.

ID Day

Description: Daily Bread helps guests get State ID's and birth certificates. When resources are available, yearly bus passes may be purchased for guests who demonstrate a need.

Hours: ID Day: 2nd Wednesday, 10:30 am - 12:00 pm.

Debtors Anonymous

1116 Great Plain Avenue
Needham, MA 02492-0009

PO Box 920888

Needham, MA 02492-0009

(800) 421-2383 Toll-free - US Only

(781) 453-2743 Voice

(781) 453-2745 FAX

debtorsanonymous.org

office@debtorsanonymous.org

Area Served: Nationwide.

Services

SUPPORT GROUPS

Description: Debtors Anonymous offers hope

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for people whose use of unsecured debt causes problems and suffering in their lives and the lives of others. In D.A., the purpose is threefold: to stop incurring unsecured debt, to share experiences with the newcomer, and to reach out to other debtors.

Meetings: As of 2/2018, in-person meetings are only available in Cook County in Illinois. Online chat and phone meetings are available. Callers are encouraged to call or go online to see if there is a newly established meeting or one that meets nearby. If caller doesn't have access to a support group nearby, there may be other materials available to help or available online meetings; check the website for updates.

Referral Procedures: By phone, website, or e-mail.

Decatur Manor Healthcare

1016 W. Pershing
Decatur, IL 62526

(217) 875-0833 Voice
(217) 875-6851 FAX

www.decaturmanor.com
administrator@decaturmanor.com

Services

PSYCHIATRIC SERVICES

Description: Decatur Manor Healthcare is an Intermediate Care Facility for the chronically mentally ill. A variety of mental illnesses are treated in the residential housing setting, including Schizo-Affective Disorder, Major Depression, Bipolar Disorder, Schizophrenia, as well as those who are dually diagnosed with a mental illness and substance abuse. The psych-social rehabilitation programs include anger management, substance abuse groups, and medication management.

Hours: Decatur Manor Healthcare provides 24/7 crisis intervention, assessment, and admission service.

Area Served: Decatur Manor Healthcare, located in Decatur, Illinois, provides psychiatric rehabilitation in a residential setting for chronically mentally ill adults, throughout all of Central and Southern Illinois, including, but not limited to Champaign, Danville, Dwight, Bloomington, Peoria, Springfield, St. Louis, and Mattoon/Charleston.

Fees: Decatur Manor Healthcare is licensed by

the State of Illinois and is approved for Medicaid, Medicaid Pending, Veterans Assistance, and many private insurances.

Dental Lifeline Network

PO Box 211
Northbrook, IL 60062

(847) 498-0385 Voice
(847) 498-0394 FAX

dentallifeline.org/illinois
sirwin@dentallifeline.org

Trina Meyer, Chicago DDS Program Coordinator
Lisa Williamson, DDS Program Coordinator

Sites

Dental Lifeline Network - Illinois (Outside Chicago Area)

No address available
Peoria, IL 61602

(309) 999-4503 FAX
(309) 691-5938 Voice

Services

Donated Orthodontic Services Program (DOS)

Description: Donated Orthodontic Services (DOS) is a program operated by Dental Lifeline Network. DOS enables low-income children to receive orthodontic treatment. There are currently 138 orthodontists waiting to see qualified applicants in Illinois.

Eligibility: - Patients must be between the ages of 8-18 when they begin treatment.

- Patients cannot already be in braces or in between phases of orthodontic treatment.

- Patients must be receiving regular dental care and have good oral hygiene.

- Patient must be ineligible for orthodontic treatment through insurance or public aid.

Area Served: 2-1-1 counties with participating orthodontists: Champaign, Franklin, Knox, Macon, Marion, McHenry, McLean, Sangamon, Williamson, and Winnebago counties.

Maximum Income Guidelines: 200% of the federal poverty level.

Documents Needed: - Last year's federal tax return for the household or Social Security award letter.

- Completed dentist referral form that is

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enclosed; to be completed by the child's regular dentist.

- A letter from the child explaining why he/she wants the braces and how he/she intends to care for them.

Fees: If determined eligible, a coordination fee of \$200 must be received by the Donated Orthodontic Services (DOS) Program BEFORE the initial visit with the volunteer orthodontist.

Referral Procedures: Applications are available on the website. After the application is received, the child is placed on a waiting list. Waiting lists vary from 3-18 months, depending on the area. Some orthodontists in Illinois do not have a waiting list at this time.

Department of Children and Family Services (DCFS)

406 E. Monroe Street
Springfield, IL 62701-1498

(217) 785-2509 Voice - Office

(800) 252-2873 Toll-free

24-hour Abuse/Neglect Reporting Hotline

(866) 503-0184 Toll-free

Report Missing, Abducted, Runaway DCFS Wards

(800) 232-3798 Toll-free - Youth Hotline/Advocacy

www.state.il.us/DCFS

George H. Sheldon, Director

Sites

Department of Children and Family Services (DCFS)

406 E. Monroe Street
Springfield, IL 62701-1498

(217) 785-2509 Voice - Office

(800) 252-2873 Toll-free

(800) 252-2873 Toll-free

(866) 503-0184 Toll-free

(800) 232-3798 Toll-free - Youth Hotline/Advocacy

George H. Sheldon, Director

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: State of Illinois.

DCFS - Urbana/Champaign County/Ford County

508 S. Race Street
Urbana, IL 61801

(800) 252-2873 Toll-free

24-hour Abuse/Neglect Reporting Hotline

(217) 278-5400 Voice

(217) 278-5419 TTY

(217) 278-5471 FAX

Public transportation accessible.

Area Served: Champaign and Ford counties.

Other Languages: Interpreter services upon request.

Services

ABUSE/NEGLECT

Description: The Illinois Department of Children and Family Services (DCFS) has the primary responsibility of protecting children and strengthening families through the investigation and intervention of suspected child abuse or neglect by parents and other caregivers.

DCFS links families with community services to address struggles families are having, offers preventative services to referred families in an attempt to keep family units together to address findings of abuse/neglect, and works with families who have children under the legal custody of DCFS while working to reunify families when possible or provide a permanent home for children.

As part of its duties, DCFS also licenses and monitors all Illinois child welfare agencies, domestic and international adoption providers and more than 14,000 day care centers, homes, group homes and day care agencies in the state.

Fees: No fees.

Referral Procedures: By phone.

Sites: 1 2

Norman Services

Description: DCFS has developed services, referred to as "Norman Services," for families who have one or more children who are at risk of being placed in DCFS care or who have children who cannot be returned home and one of the reasons for this risk is:

- lack of food
- lack of shelter
- lack of clothing
- or lack of other item(s) that, if providing this service will keep the child in the family's care or, if the child is already in DCFS custody, will help the child return home.

If eligible, families may receive the following services:

- Public Aid/TANF and other cash grants.
- Housing Advocacy Program (HAP) - helping families obtain permanent housing.

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- Emergency Cash Assistance Program for basic needs. Not intended as ongoing subsidy, but only provided when it would prevent the removal of children by DCFS or allow the children to be returned home from DCFS placement.

Fees: No fees.

Referral Procedures: By phone.

Sites: 1 2

Extended Family Support Program

Description: EFSP can assist a relative caregiver who wants to obtain guardianship through probate court of a relative's child living in the home of the caregiver. This includes:

- Educating and helping the caregiver negotiate the probate court system.
- Assisting caregivers to obtain required documents.
- Arranging for legal counsel in counties where legal counsel is necessary.

EFSP caseworkers meet with the relative caregiver monthly until guardianship has been obtained or until other services have been provided. These services can include crisis intervention, applying for benefits, working with local schools for the child's enrollment, and referral to a range of needed services that the caregiver may have to help meet the basic needs of the family.

Fees: No fees.

Referral Procedures: By phone.

Sites: 2

Department of Human Services (DHS)

600 E. Ash Street
 Building 500
 Springfield, IL 62703

(800) 843-6154 Toll-free - DHS Customer Help Line
 (217) 557-1370 FAX
 (833) 234-6343 Toll-free - 1-833-2FINDHELP
 (217) 557-1370 TTY - IDHS is now using Nexttalk

www.dhs.state.il.us

DHS.WEBBITS@ILLINOIS.GOV

Jay Hidalgo, Administrator/Bureau Chief

Lisa Akers, Exec II

Sites

Department of Human Services (DHS) - Main Office

600 E. Ash Street
 Building 500
 Springfield, IL 62703

(800) 843-6154 Toll-free - DHS Customer Help Line
 (217) 557-1370 FAX
 (833) 234-6343 Toll-free - 1-833-2FINDHELP
 (217) 557-1370 TTY - IDHS is now using Nexttalk

Jay Hidalgo, Administrator/Bureau Chief

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: State of Illinois.

Other Languages: Spanish.

Department of Human Services (DHS) - Champaign/Ford County

705 N. Country Fair Drive
 Champaign, IL 61821

(217) 278-5605 Voice
 (866) 451-5784 TTY
 (217) 278-5661 FAX

Public transportation accessible.

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Champaign and Ford counties.

Other Languages: Spanish.

NOTE: Office receives applications for Cash, SNAP, and Medical Assistance by fax, mail, or in person.

Services

TANF - Temporary Assistance to Needy Families

Description: The Temporary Assistance for Needy Families (TANF) program provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

Eligibility: To qualify for TANF, a person must:

- Be pregnant or have a child under age 19 who lives with them. A child who is 18 must be a full-time high school student. A pregnant woman (and her husband, if he lives with her) may qualify for help, even if they don't have any other children.
- Live in Illinois. The family can be homeless and still qualify.
- Be a U.S. citizen or meet certain immigration requirements.

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- Develop a plan for becoming self-sufficient and follow it.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, and Social Security card.

Referral Procedures: By Phone, walk-in, website, or by appointment.

Sites: 2

SNAP/Food Stamps

Description: Provides a supplement to the food budgets of low-income households.

Recipients receive a "link" card to purchase groceries.

Maximum Income Guidelines: Household Size of 1 = Gross Monthly Income Limit of \$1,619; 2 = \$2,191; 3 = \$2,763; 4 = \$3,335; 5 = \$3,907; 6 = \$4,479; 7 = \$5,051; 8 = \$5,623.

The income limits are based on 165% of the federal poverty level, but the program takes into consideration household income, size and expenses to determine eligibility. Older adults and people with disabilities can have higher gross monthly income limits and qualify.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, and social security card.

Additional Information: Many farmers' markets accept the LINK card.

Referral Procedures: May apply in the office or online.

Sites: 2

CHILD SUPPORT

Description: Child Support Enforcement - Operates programs to establish paternity for children and to locate parents delinquent in making payments for support of their children.

Parent locator and collection services are conducted for DHS families and for other families requesting such services. Call the Child Support Enforcement Helpline for more information.

Referral Procedures: By phone or website. Child Support Services Customer Service Center: 1-800-447-4278.

Sites: 2

Get Covered Illinois

Description: Medicaid and CHIP (Children's Health Insurance Program) provide free or low-cost health coverage to people with low

incomes, families and children, pregnant women, the elderly, and people with disabilities. DHS administers the applications for Medicaid through ABE (Application for Benefits Eligibility), which is the part of the DHS website where Illinois residents can apply for Medicaid, SNAP, and cash benefits.

Maximum Income Guidelines: 138% of the federal poverty level.

Referral Procedures: By phone, walk-in, or website.

Sites: 2

AABD (Aid to the Aged, Blind or Disabled)

Description: This program provides medical and cash assistance for customers who are 65 years of age or older, blind, or disabled. This program also includes the QMB (Qualified Medicare Beneficiary) program which provides payment of Medicare premiums and some Medicare co-payments.

Eligibility: Eligibility is based on income and assets.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, and Social Security card.

Referral Procedures: By phone, walk-in, or online.

Sites: 2

Funeral & Burial Benefits

Description: Pays for funeral and burial expenses when a person's resources and all other sources of payment are less than the DHS standard payment rates. The maximum amount that DHS will pay is \$1,103 for a funeral and \$552 for a cremation/burial.

Eligibility: The Department pays the funeral and burial expenses of a person who at the time of death:

1) was receiving any of the following kinds of assistance:

- Temporary Assistance for Needy Families (TANF) Cash.
- Aid to the Aged, Blind, or Disabled (AABD) Cash.
- All Kids Assist.
- Parent/All Kids Assist.
- All Kids Moms & Babies.
- Family Assist.
- AABD Medical.
- General Assistance Foster Care/Adoption Care.

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OR

(2) who would have qualified for:

- All Kids Assist.
- Parent/All Kids Assist.
- All Kids Moms & Babies.
- Family Assist.
- AABD Medical.

Area Served: State of Illinois.

Referral Procedures: By phone, website. Funeral and Burial Unit (217)785-2679.

Sites: 2

COOLING CENTERS

Description: All Department of Human Services (DHS) and Division of Rehabilitation Services (DRS) offices are available as cooling centers for people to escape the extreme heat. Cooling centers are open during the offices' normal business hours, 8:30 am - 5:00 pm, Monday through Friday.

If someone is not sure where their DHS or DRS office is or want to find any office location in Illinois, they can call the Illinois Department of Human Services hotline at (800)843-6154 or search online at www.keepcool.illinois.gov.

Sites: 2

DISASTER SERVICES

Description: Disaster Relief - In the event of a presidentially-declared disaster, DHS administers the Individual and Family Grant Program which provides financial aid and other appropriate assistance to victims of disaster.

Sites: 2

Illinois Warming Centers

Description: All DHS offices across the state are open, M-F, 8:00 - 5:00 for people to use as a warm place to stay during the day.

Sites: 2

Helpline for Opioids and Other Substances

Description: Provides immediate assistance for those impacted by addiction to opioids and other substances. The hotline provides a confidential outlet for individuals experiencing substance use disorders, their families, and anyone affected by the disease. Helpline specialists are trained in evidence-based approaches to help connect callers with treatment and recovery-support services.

Hours: Helpline: 24/7.

Eligibility: Anyone affected by substance use disorders.

Fees: None.

Referral Procedures: By phone.

Depression and Bipolar Support Alliance

Presence Covenant Medical Center
1400 W. Park Street
Urbana, IL 61801

40A CR 2600N
Mahomet, IL 61853

(810) 328-3272 Voice - Amanda Bryan

cudbsa.org
dbsaurbana@gmail.com

Amanda Bryan, Chapter President
Public transportation accessible.

Area Served: Champaign County and surrounding counties.

Services

SUPPORT GROUPS

Description: DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders. DBSA of Urbana-Champaign is a peer-run support group for those individuals dealing with mood disorders.

Meetings: - Mon, 7:00 pm - 8:00 pm, Young Adult Group meets at the Red Herring, 1209 W. Oregon Street, Urbana. This is a closed meeting only for young adults (18+) trying to cope with mental illness as well as school and other challenges.

- Tue, 7:00 pm - 8:00 pm, Presence Covenant Medical Center, 1400 W. Park Street (Auditorium C on the first floor), Urbana. This is an open meeting for people with mental health conditions. It is also open to friends and family members.

- Thurs, 7:00 pm - 8:00 pm, This is a closed group that meets at Presence Covenant Medical Center, 1400 W. Park Street (Auditorium C on the first floor), Urbana. This is a closed meeting only for people who have a mental health condition.

- Fri, 7:00 pm - 8:00 pm, Presence Covenant Medical Center, 1400 W. Park Street (Auditorium C on the first floor), Urbana. This is a closed meeting only for people who have a mental health condition.

Fees: No fees.

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Referral Procedures: By phone, email, or website.

Developmental Services Center

1304 W. Bradley Avenue
Champaign, IL 61821

(217) 356-9176 Voice
(217) 356-9851 FAX

www.dsc-illinois.org

Dale A. Morrissey, CEO

Patty Walters, Executive VP of Clinical Services
Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign and Ford counties.

Other Languages: Interpreters available upon request.

NOTE: DSC provides support to children and adults with developmental and intellectual disabilities.

Services

Family Development Center

Description: Improves the quality of life for infants and toddlers with special needs through early identification, early intervention, and family support. Also available at the Family Development Center is a Toy Lending Library, a Family Resource Library, and a Therapy Lending Library.

Fees: Vary; Medicaid and private insurance accepted.

Referral Procedures: By phone for appointment.

Case Management/Family Support

Description: Provides a full range of services to children and adults with intellectual/developmental disabilities including advocacy, referral linkage, crisis intervention, and intermittent direct service. Each individual is assigned a case coordinator who supports person-centered planning, and implementation. As the single point-of-contact for each individual receiving services for DSC, the CM/FSS staff is responsible for coordinating the interplay of agency and community service providers.

Documents Needed: Photo ID, social security card, and documentation to support intellectual/developmental disability.

Fees: Vary; Medicaid and private insurance accepted.

Referral Procedures: By phone for appointment. Please request Vickie Tolf for Intake/Referral/Admissions process.

Day Program/Developmental Training

Description: A day program providing adults with intellectual/developmental disabilities a variety of supportive environments as well as community opportunities within Champaign County to enhance or develop greater independence for daily living. Developmental Training assists individuals in achieving greater levels of self-sufficiency through personalized instruction and support within the program, in community activities, and employment sites.

Documents Needed: Photo ID, social security card, and documentation to support intellectual/developmental disability.

Fees: Vary; Medicaid and private insurance accepted.

Referral Procedures: By phone for appointment. Please request Vickie Tolf for Intake/Referral/Admissions process.

Employment Services

Description: Provides assessment, placement, training, and support to individuals with intellectual/developmental disabilities for the purpose of the most independent employment possible. Community access and exploration is also incorporated into this program so participants are introduced to a variety of experiences.

Employment services include, but are not limited to:

- Assistance in preparing and obtaining community employment.
- Training and placement.
- Employer education and support.
- Planning for job advancement.
- On-the-job training.
- Follow-up support.
- Transition planning.

Documents Needed: Photo ID, social security, and documentation to support intellectual/developmental disability.

Referral Procedures: By phone for appointment.

Residential Services

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Description: Provides a residential or community setting that empowers individuals to live as independently as possible. Residential options include 24-hour CILA (Community Integrated Living Arrangement) support, a 24-unit apartment building, and other community apartments. Supports and services vary and are uniquely designed for each person.

Documents Needed: Photo ID, social security card, and documentation to support intellectual/developmental disability.

Fees: Vary; call for information.

Referral Procedures: By phone for appointment.

Parent Wonders

Description: Partners with young families to nurture healthy parent-child relationships during the early years (prenatal to age 3) to improve school readiness. Parents learn about positive parent-child interactions, infant/toddler development, positive discipline, and practical parenting.

Eligibility: - Families must meet WIC income requirements.

- Families must live in rural Champaign County.

Area Served: Champaign County.

Documents Needed: None.

Meetings: Serves families through weekly, bi-weekly, or monthly home visits.

Fees: No fees.

Referral Procedures: By phone.

Division of Rehabilitation Services (DRS)

100 South Grand Avenue East
Springfield, IL 62704

(800) 843-6154 Toll-free - Voice, English or Spanish
(800) 447-6404 TTY

www.dhs.state.il.us
DHS.DRS@illinois.gov

Public transportation accessible.

Sites

DRS Office - Champaign

1307 N. Mattis Avenue
Champaign, IL 61821

(217) 278-3500 Voice
(888) 472-0940 TTY
(217) 278-3508 FAX

Area Served: Champaign and Piatt counties.

Services

Bureau of Field Services

Description: DRS staff talk to persons with disabilities about their employment needs and help them find a job or get ready to go to work. They also make sure that people have the supports they need to stay on the job. Specialized vocational rehabilitation services for people who are:

- Blind or visually impaired.

- Deaf or hard of hearing.

- Hispanic or Latino with disabilities.

DRS help high school students who have disabilities plan for their futures after high school graduation.

DRS Work Incentive Planning and Assistance Program helps people who receive SSDI/SSI benefits understand how working will affect their benefits.

DRS Supported Employment Program (SEP) serves eligible people with significant disabilities who want to go to work and need on-going support services to succeed on the job.

Eligibility: Many people with disabilities of working age (16-64) are eligible for VR services. To be eligible, they need to have a significant physical or mental impairment that makes it difficult to go to work.

IN HOME SERVICES

Description: Home Services assists individuals with severe disabilities so they can remain in their homes and be as independent as possible. The program tries to prevent unnecessary nursing home placement by offering in-home care. Eligible customers may receive a wide range of services including personal caregivers, home health, home-delivered meals, assistive equipment, and respite services. Services are aimed at making the customer more independent in the home.

Specialized services are also available for persons with HIV/AIDS and/or traumatic brain injuries.

Eligibility: Serves people with severe disabilities under age 60 who need help with daily living activities in their homes. Many of these people are at risk of moving into a nursing home or other facility.

For those 60 and over, please contact the

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Illinois Department on Aging.

Bureau of Blind Services

Description: Offers programs for adults with visual impairments to enable them to work and participate fully in family and community life. Vocational Rehabilitation Program - BBS staff work with individuals with severe visual impairments to help them find jobs or get ready to go to work. They also recommend assistive technology to help people perform tasks on the job.

Community-Based Instructional Program - BBS staff teach independent living skills to people in their homes, at school, in the work place, or at other community sites. Also serve individuals aged 55 and older who are blind and visually impaired through the Older Blind Program.

Eligibility: Illinois residents who are blind or visually impaired.

Fees: Most services are free of cost.

COOLING CENTERS

Description: Cooling centers are open during normal business hours on M-F, 8:30 am - 5:00 pm. For more information about Cooling Centers call the Illinois Department of Human Services hotline at (800) 843-6154. A list of all Illinois offices can be found on the DHS website at www.keepcool.illinois.gov.

Illinois Warming Centers

Description: Most DRS offices in the state are open as warming centers M-F, 8:30 am - 5:00 pm.

DivorceCare

No Street Address Available
Wake Forest, NC 27588

PO Box 1739
Wake Forest, NC 27588

(800) 489-7778 Toll-free

www.divorcecare.org
info@divorcecare.org

Services

SUPPORT GROUPS

Description: DivorceCare groups meet weekly to help members face the challenges of

divorce. DivorceCare seminars and support groups are led by people who want to help and who understand what the members are going through. Group members will gain access to valuable DivorceCare resources to help them deal with the pain of the past and look forward to rebuilding their lives.

To find a local DivorceCare support group, call the toll-free number or check the website.

Support groups are held throughout the nation with varying times locations.

Area Served: Nationwide.

Fees: Varies.

Referral Procedures: By phone or website.

Don Moyer Boys & Girls Club

201 E. Park Street
Champaign, IL 61820

(217) 355-5437 Voice
(217) 398-3343 FAX

www.dmbgc.org

Samuel P. Banks, Executive Director

Mary Vita Rosmarino, Executive Administrative Assistant

Public transportation accessible.

Site Hours: School Year Hours: M-F, 2:30 pm - 9:00 pm.

Summer Hours: M-F, 7:30 am - 5:30 pm; Teen Night: Tue-Fri, 5:30 pm - 9:30 pm. Closed on major holidays.

Area Served: Champaign County.

Services

After School Program, Teen Program, and Summer Camp Program

Description: Offers a variety of recreational, educational, cultural, and social development programs for youth (6-18 years of age). Leadership and citizenship development are all a part of the club's objectives for participating boys and girls.

Eligibility: After School Program and Summer Camp: Ages 6-18.

Teen Night and Teen Summer Program: Ages 12-18.

Fees: Membership fee is \$20 per child, per school year. Summer Camp fee is \$200 for first child, \$150 for second child, \$100 for the third child in the same family, to a maximum of \$450 per family. After that, all other children in the same family are free. Fees must be paid by the

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beginning of the Summer Camp Program. Fees are updated periodically.

Referral Procedures: Must fill out an application available online.

Douglas County Health Department

1250 E. U.S. Highway 36
Tuscola, IL 61953

(217) 253-4137 Voice
(217) 253-3421 FAX

www.dchealthdept.org
clinic@douglascountyil.com

*Amanda Minor, Administrator
Summer Phillips, Outreach/Health Ed/Public Information*

Public transportation accessible.

Site Hours: M-F, 8:30 am - 4:30 pm.
Dental Clinic: Mon-Thu, 8:00 am - 4:30 pm.

Other Languages: Spanish

Services

SUPPORT GROUPS

Description: Support groups for:

- Diabetes.
- Caregiver Support.
- Breastfeeding.
- Mandated Court Ordered Counseling for Substance Abuse and DUI's in Douglas County.

Area Served: Douglas County and surrounding areas of Moultrie, Edgar, Champaign, Coles, and Macon counties.

Meetings: Each of our support groups meet monthly. Please call 217-253-4137 to get date/time of next scheduled meeting.

Referral Procedures: Call for more information and to verify meeting time.

Drivers License Examining Stations - Illinois Secretary of State

213 State Capitol
Springfield, IL 62756

(800) 252-8980 Toll-free - In Illinois
(217) 785-3000 Voice - Outside Illinois
(888) 261-5238 TTY Toll-free

www.ilsos.gov/facilityfinder/facility
Jesse White, Secretary of State

Sites

Drivers License Examining Station - Champaign County (Champaign)

2012 Round Barn Road
Champaign, IL 61821

(217) 278-3344 Voice

Site Hours: Closed Sundays and Mondays.
Tue, 8:00 am - 5:30 pm.
W-F, 8:00 am - 5:00 pm.
Sat, 7:30 am - 12:00 pm.

Drivers License Examining Station - Champaign County (Rantoul)

421 S. Murray Road
Rantoul, IL 61866

(217) 892-8773 Voice

Site Hours: Tue, 8:00 am - 5:30 pm.
Wed-Fri, 8:00 am - 5:00 pm.
Sat, 7:30 am - 12:00 pm.

Services

Department of Motor Vehicles (DMV)

Description: The Driver Services Department issues licenses to more than 8.5 million Illinois drivers and more than 3 million photo identification cards to drivers and non-drivers at more than 130 locations. In addition, Drivers' Services maintains driving records and takes administrative action against unsafe drivers.

Sites: 1 2

Temporary Visitor Driver's License (TVDL)

Description: Undocumented immigrants living in Illinois may apply for a three-year temporary driver's license driver's license. Immigrants who can prove they have lived in Illinois for a year must walk-in for assistance in obtaining the special license. Applicants age 18-20 must have completed a 6-hour adult driver education and training course. All applicants must pass vision, written, and driving tests and will be required to obtain auto insurance.

Eligibility: Immigrants who can prove they have lived in Illinois for a year.

Documents Needed: Check the website for a list of required documents.

Fees: \$30 fee per license.

Referral Procedures: Walk-in.

1

East Central Illinois Area Agency on Aging

1003 Maple Hill Road
Bloomington, IL 61705-9327

(309) 829-2065 Ext. 201 Voice
(800) 888-4456 Toll-free
(309) 829-6021 FAX

www.eciaaaa.org
aginginfo@eciaaaa.org

Susan Real, Executive Director
Susan Redman, Deputy Director
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:00 pm; closed daily 12:00-12:30 pm.

Area Served: McLean, Livingston, DeWitt, Champaign, Clark, Coles, Cumberland, Douglas, Edgar, Ford, Iroquois, Macon, Moultrie, Piatt, Shelby, and Vermilion counties.

Accessibility: Full wheelchair access.

Services

SENIOR SERVICES

Description: The function of the Area Agency on Aging is to plan, coordinate, and advocate for the development of a comprehensive service delivery system for persons age 60 and above and their caregivers. AAA provides federal (Older Americans Act) and state (General Revenue) funds through grants and contracts to community programs on aging in the 16 counties of East Central Illinois.

Funded programs in McLean County include:

- Community Care Systems, Inc.
- Case Coordination Unit.
- Peace Meal Senior Nutrition Program.
- Prairie State Legal Services.

Long Term Care Ombudsman

Description: A Nursing Home Ombudsman is available to assist residents in long-term care facilities (and their families). The Ombudsman will attempt to investigate and resolve any questions, complaints, or concerns regarding the quality of life and care of a nursing home resident.

Area Served: Clark, Cumberland, Edgar, Vermilion, Champaign, DeWitt, Piatt, Douglas, Ford, Iroquois, Livingston, McLean, Coles, Macon, Moultrie, and Shelby counties.

East Central Illinois Refugee Mutual Assistance Center

Unitarian Universalist Church
302 S. Birch Street
Urbana, IL 61801

(217) 344-8455 Voice
(217) 239-0159 FAX

ecirmac.weebly.com
ecirmac@hotmail.com

Anh Ha Ho, Co-Director
Deborah Hlavna, Co-Director
Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Primarily Champaign County, but others welcome.

Other Languages: Mardarin, Cantonese, Spanish, French, Vietnamese, Russian, Turkmen, Azerbaijan, and German. Other languages by request.

Services

IMMIGRANT/MIGRANT SERVICES

Description: East Central Illinois Refugee Mutual Assistance Center educates and supports refugee, asylee, and immigrant families and helps them transition to a new culture. Services include:

- Refugee/immigrant mutual support groups.
- Linkage with mainstream providers regarding the mental health needs of clientele and the barriers encountered by them. Mediations and education related to cultural differences are provided.
- One-on-one counseling at the Center, a neutral site, or in the homes of families in crisis.
- Violence Against Women Act (VAWA) immigration applications and referrals. This helps spouses ensnared in domestic violence situations to obtain legal permanent resident without the spouse's approval.
- Educational program, in collaboration with the Champaign County Adult Diversion Program, to explain American Cultural expectations of proper behavior.
- Culturally appropriate workshops dealing with money and health issues.
- Translation of documents and interpretation in community settings.
- Advocate and liaison in clients' places of employment, schools, hospitals, courts, with landlords, etc.
- Aid in completing paperwork for citizenship,

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asylum, residency, family reunification, etc.
 - Assistance with applying for government benefits for which an individual is eligible.
 - Referrals to community resources.
 - Citizenship and ESL classes.

Eligibility: Primarily serves immigrants, refugees, aslyees, or family members of those populations.

Fees: Fees are charged to interpret for the courts, DCFS, or businesses that need help to provide their services to their non-English speaking clientele. Fees are not charged to clients, but donations are encouraged (no matter how small).

Referral Procedures: By phone, walk-in, and appointments.

Children's Program

Description: The Children's Program provides school-aged refugee and immigrant children with the opportunity to be matched one-on-one or in small groups with a tutor; to practice their English; to socialize with other refugee and immigrant children of diverse backgrounds; to go on exciting, educational field trips; and to participate in both individual and group activities designed to foster their psychosocial and creative growth.

Hours: During the school year: Sat, 10:00 am - 1:00 pm.

The program does not run when the public schools are on break.

Fees: No fees.

Referral Procedures: By phone or walk-in.

ACA Guidance / In Person Counseling

Description: This program's focus is to help non-English speaking people navigate the Affordable Care Act Healthcare Marketplace.

Referral Procedures: Call for an appointment.

Easter Seals Central Illinois

2404 E. Empire
 Bloomington, IL 61704

(309) 663-8275 Voice
 (309) 662-7872 FAX

www.ci.easterseals.com
 programs@ci.easterseals.com

Angie DeLost, VP of Rehab & Clinical Services
Jamie Severtson, VP of Autism Services, Prog. Services

Public transportation accessible.

Sites

Easter Seals Central Illinois - Bloomington Center

2404 E. Empire
 Bloomington, IL 61704

(309) 663-8275 Voice
 (309) 662-7872 FAX

Angie DeLost, VP of Rehab & Clinical Services
 Public transportation accessible.

Site Hours: Mon-Thu, 8:00 am - 5:00 pm.
 Fri, 8:00 am - 4:30 pm.

Area Served: McLean, Livingston, Champaign, Woodford, Peoria, Tazewell counties.

Easter Seals Central Illinois - Timber Pointe Outdoor Center

20 Timber Pointe Lane
 Hudson, IL 61748

(309) 365-8021 Voice
 (309) 365-8934 FAX

Deborah Townsend, Executive Director, Timber Pointe

Services

DEVELOPMENTAL DISABILITIES

Description: - Offers free screening of all developmental areas to identify possible delays in development for children birth to three years of age.

- Pediatric therapeutic services consisting of physical, occupational, behavior, developmental, aquatic, and speech/feeding therapies for children from birth to age 18. Service coordination and family support/counseling are provided through the early intervention system.

Fees: - Program services are provided to families on a sliding fee scale. Easter Seals can bill private insurance, DSCC, IDHS, or early intervention/CBO.

- Developmental screening is free.

- Certain programs have sliding fee scales and scholarship options to qualifying families.

CAMP

Description: Timber Pointe Outdoor Center is accredited through the American Camp

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Association and offers inclusive outdoor recreation for children and adults with disabilities. Week-long Residential, Day Camp, and Weekend Respite programs offer participants a broad range of fun-filled recreational activities, great meals, and attentive care and supervision. Available facility rentals include overnight lodging, day events, birthday parties, corporate gatherings, weddings, and specialized programming to meet the needs of any occasion.

Fees: Camperships are available for Residential Programs and are based on a sliding fee scale.

Referral Procedures: By phone.

Sites: 2

Assistive Technology Clinics

Description: - Equipment available includes seating/positioning devices, bathing/toileting equipment, standing devices, wheeled mobility, and electronic aids to daily living. Evaluations and fittings are provided by Easter Seals and NuMotion staff that are certified in Assistive Technology for pediatrics.

- "I Can Bike" program teaches children how to ride a bicycle.

Hours: Mon, 9:00 am - 12:00 pm; 1:00 pm - 4:00 pm.

Fees: Program services are provided to families on a sliding fee scale. Scholarship options to qualifying families. Easter Seals can bill private insurance, DSCC, IDHS, or early intervention/CBO.

AUTISM

Description: - Autistic Spectrum Disorder Early Diagnosis Clinic: 1-2-day process that includes a play-based assessment, speech and language evaluation, neurodevelopmental examination, and psychological/behavioral assessment.

- Sensory Integration Therapy: Occupational therapists guide children through individualized treatment programs. Therapy services involve both direct treatment and home programming.

Fees: Program services are provided to families on a sliding fee scale. Scholarship options to qualifying families. Easter Seals can bill private insurance, DSCC, IDHS, or early intervention/CBO.

Ray & Kathy LaHood Center for Cerebral

Palsy

Description: Orthotics & Serial Casting Clinic
- Custom-made orthotics that provide stability and support for proper positioning during standing and walking.

Fees: Program services are provided to families on a sliding fee scale. Scholarship options to qualifying families. Easter Seals can bill private insurance, DSCC, IDHS, or early intervention/CBO.

Counseling Services

Description: Easter Seals provides individual and family counseling services for children and families with disabilities or special needs.

Counselors can help individuals focus on their abilities, learn positive coping methods, improve challenging parenting tasks, and enhance social and behavioral skills in a comfortable and fun environment.

Some common issues that lead children and families to counseling include:

- Coping with a diagnosis or serious illness.
- Grief and loss.
- Poor self-esteem.
- Anxiety and depression.
- Feelings of loneliness and isolation.
- Talking to family members and friends about disability.
- Marriage or family problems.
- Concerns about effective parenting.
- Fear of the future.
- How to work with the professionals involved with the child's care.

What Easter Seals provides:

- Behavior management & modification strategies.
- Stress reduction techniques.
- Social skills group.
- Family support & education.
- Sequential Oral Sensory (S.O.S.) feeding parent program.
- Aquatic Social Skills Therapy Group (warm water playgroup for children ages 5-8 diagnosed with Autism).
- Anxiety Therapy Group (for children ages 7-10 with an anxiety disorder or symptoms of being over-anxious).

Eligibility: Children up to age 21 with a disability.

Fees: Private payment and medical insurance plans are accepted. Children (ages 0-3) may be eligible for counseling services through Early

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Intervention. Medicaid does not pay for counseling services for children ages 3 and older, unless the child has been authorized for PUNS Medicaid Waiver Services.

INFORMATION AND REFERRAL

Description: Information, referral, advocacy, and follow-up services available.

Eastern Illinois Foodbank

2405 North Shore Drive
Urbana, IL 61802

(217) 328-3663 Voice

www.eifoodbank.org
marketing@eifoodbank.org

Jim Hires, Executive Director

Rachel Berry, Partnership Coordinator

Site Hours: Eastern Illinois Foodbank is not open to the public but serves a network of food pantries, soup kitchens and programs throughout 18 counties in east central Illinois. o find help in your area - go to www.eifoodbank.org

Area Served: Champaign, Clark, Clay, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Ford, Iroquois, Jasper, Livingston, McLean, Moultrie, Piatt, Vermilion, and Woodford counties.

Services

FOOD BANK

Description: EIF exists to alleviate hunger in eastern Illinois by providing a reliable source of food for the hungry through cooperation with a network of food pantries and agencies. The Foodbank accepts donated and discounted food from a variety of sources and distributes it to 220 emergency food programs, such as food pantries, soup kitchens and shelters.

Eligibility: Distributes to agencies only, not individuals.

Additional Information: Prints a "Where to find Food" booklet listing the area's food pantries; call to request a copy.

Fees: No fees.

Referral Procedures: By phone.

FOOD

Description: A foodmobile is a one-time, free

food distribution for low-income individuals, families, and seniors living in counties where there is a need for additional pantry service.

Hours: Foodmobile Schedule (remember to bring bags or boxes to carry your food!)

Locations are updated frequently and on the website,

http://www.eifoodbank.org/help/mobile.html.

January 27, 2018 from 10:00am - 11:30am in Mansfield

Northern Piatt Fire Protection District
108 North Washington, Mansfield, IL

Serving Piatt County Residents

January 27, 2018 from 10:00am - 11:30am in Ridge Farm

Ridge Farm Fire Protection District
16 W Woodyard Avenue, Ridge Farm, IL

Serving Vermilion County Residents

February 10, 2018 from 10:00am - 11:30am in Hoopeston - sponsored by the John P. Cadle Foundation

McFerren Park Civic Center
1 McFerren Way, Hoopeston, IL

Serving Vermilion County Residents

February 10, 2018 from 10:00am - 11:30am in Atwood

Atwood Fire Department
615 North Main Street, Atwood, IL

Serving Piatt County Residents

February 24, 2018 from 10:00am - 11:30am in Normal

Normal Community West High School
501 N Parkside Road, Normal, IL

Serving McLean County Residents

March 10, 2018 from 10:00am - 11:30am in Bement

Bement Fire Station #1
301 S Sangamon St, Bement, IL

Serving Piatt County Residents

March 24, 2018 from 10:00am - 11:30am in Normal

Normal Community West High School
501 N Parkside Rd, Normal, IL

Serving McLean County Residents

Maximum Income Guidelines: Household size | Maximum Monthly Income

- 1 | \$1859
- 2 | \$2504
- 3 | \$3148
- 4 | \$3793
- 5 | \$4437
- 6 | \$5081
- 7 | \$5726
- 8 | \$6370

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Limit raises by \$644 for each family member beyond 8.

Documents Needed: Foodmobile volunteers do not ask for personal identification of any kind. Individuals must self-attest to meeting the income guidelines by signature at the giveaway.

Additional Information: Must bring bags or boxes to carry food home in. If someone is unable to attend the foodmobile distribution due to a disabling condition, they may send someone else to pick up food on their behalf. This person must know the name, address, and number of household members of the person needing assistance.

Fees: No fees.

Referral Procedures: Walk-in during scheduled distribution times.

Econ Illinois

444 E. Hillcrest Drive
Suite 230
Dekalb, IL 60115

(779) 777-7727 Voice
(815) 517-0264 FAX

www.econillinois.org
info@econillinois.org

Nancy Hanlon Harrison, President/Executive Director

Rosie Sajak, Director of Development
Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: State of Illinois.

Services

CONSUMER SERVICES

Description: Provides economic and financial literacy education to teachers, students, and general public audiences throughout the state of Illinois. Starting at the elementary level, and extending throughout adulthood, enabling individuals to participate effectively in the economy as:

- Competent decision-makers.
- Responsible and knowledgeable consumers.
- Prudent savers and investors.
- Productive employees, employers, and entrepreneurs.

Econ Illinois believes that every individual should be taught from an early age the skills needed to benefit fully from and contribute meaningfully to the global marketplace

throughout their lives.

Documents Needed: None.

Fees: No fees. Donations requested.

Referral Procedures: By phone, email.

Eden Supportive Living

222 N. State Street
Champaign, IL 61820

(217) 903-5900 Voice
(217) 378-6829 FAX

www.edenslf.com
info@edenchampaign.com

Glenn Gentry, Executive Director

Allie Hislope, Marketing Director

Public transportation accessible.

Services

HOUSING

Description: Eden Supportive Living offers an innovative approach to assisted living housing for physically disabled individuals (ages 22-64). By combining apartment-style housing with personal care and services, residents can live independently with dignity and privacy while avoiding the burden of maintaining a home. Residents can enjoy the freedom of a 24-hour support staff available for scheduled and unscheduled needs.

Eligibility: Must be receiving Social Security for a physical disability and have Medicaid.

Documents Needed: Photo ID, proof of income, Social Security card/number, and copy of insurance (Medicaid).

Fees: Accepts Medicaid payments.

Referral Procedures: By phone or walk-in.

Eldercare Locator

No Street Address Available
Washington, DC 20036

(800) 677-1116 Toll-free

www.eldercare.acl.gov
eldercarelocator@n4a.org

Patrice Earnest, Director

Site Hours: M-F, 9:00 am - 8:00 pm (EST).

Area Served: Nationwide service.

Other Languages: Spanish; Interpreter service for 150 languages also available.

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Services**SENIOR SERVICES**

Description: The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services.

Referral Procedures: By phone, e-mail, or website.

Elderwerks Educational Services

6220 Kingsbridge Drive
Cary, IL 60013

PO Box 92
Cary, IL 60013

(855) 462-0100 Toll-free
(847) 462-0885 Voice
(847) 639-9250 FAX

www.elderwerks.com
Help@elderwerks.com

Jennifer Prell, President

Julie Boehm, Executive Assistant

Site Hours: 24/7.

Area Served: Illinois, Wisconsin, and Indiana.

Services**Senior Housing Assistance**

Description: Elderwerks is a free service helping seniors and families find senior housing, care, and support based on their needs. Staff can help find assisted living, independent living, retirement living, senior living apartments, Alzheimer's care, memory care, sheltered care, nursing homes, home care, home services, rehab, and emergency placement based on clients' needs.

Person-centered referrals ensure that families are viewing senior communities that are appropriate for their loved one. Staff also refers to support businesses and organizations such as elder law attorneys, ombudsman, SRES Realtors, etc.

Elderwerks provides free education to consumers as well as CE's for nurses, social workers, and nursing home administrators. The free 300-page Elderwerks Senior Resource Directory is designed to help older adults in Illinois stay home safely or transition

successfully. The directory can be viewed at www.elderwerks.com/directory/index.html.
Contacts for specific areas in Northern Illinois:
- DuPage, Kane & Rockford area: 224-500-6673
- North Shore & Chicago: 847-877-8215
- Northwest Suburbs: 224-500-4777
- McHenry & Lake: 224-500-6674
- All Other areas 847-462-0885

Eligibility: Any senior in need.

Area Served: State of Illinois.

Additional Information: Elderwerks Consultants can also provide help with the Veteran's Aid and Attendance benefits.

Fees: No fees.

Referral Procedures: By phone or email.

Elliott Counseling Group

309 W. Clark Street
Champaign, IL 61820

(217) 398-9066 Voice

www.elliottcounselinggroup.com
staff@ecgstaff.com

Sandra Ahten, CEO and Business Manager

Nicole Bash, Office Manager

Public transportation accessible.

Sites**Elliott Counseling Group - Clark Street**

309 W. Clark Street
Champaign, IL 61820

(217) 398-9066 Voice

Sandra Ahten, CEO and Business Manager

Public transportation accessible.

Site Hours: M-Th, 8:00 am - 8:00 pm.

Fri, 8:00 am - 5:00 pm.

Sat, 8:00 am - 4:00 pm.

Area Served: Champaign, Douglas, and surrounding counties.

Elliott Counseling Group - University Avenue

407 E. University Avenue
Suite D

Champaign, IL 61820

(217) 398-9066 Voice

Site Hours: M-Th, 8:00 am - 8:00 pm.

Fri, 8:00 am - 5:00 pm.

Sat, 8:00 am - 4:00 pm.

Area Served: Champaign, Douglas, and surrounding counties.

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Elliott Counseling Group - Tuscola Office

704 N. Main Street
Tuscola, IL 61953

(217) 398-9066 Voice

Site Hours: M-Th, 8:00 am - 8:00 pm.

Fri, 8:00 am - 5:00 pm.

Sat, 8:00 am - 4:00 pm.

Area Served: Champaign, Douglas, and surrounding counties.

Services

COUNSELING

Description: Provides full range of outpatient mental health therapy for individual, children, couples, and families. Strives to offer therapy services to as many people as possible, as quickly as possible with next day appointments and no wait lists. The agency has 35 therapists with a wide range of skills and expertise in various modalities including play, EMDR, CBT, DBT, and more. Addresses all issues including addiction, anxiety, depression, severe mental illness, and relationships.

Fees: Fees. Accepts most insurance and provides a sliding scale for those without insurance or who utilize Medicaid.

Referral Procedures: By phone.

Sites: 1 2 3

Emmanuel Memorial Episcopal Church

208 W. University Avenue
Champaign, IL 61820

208 W. University Avenue
Champaign, IL 61820

(217) 352-9827 Voice

www.emmanuelmemorialepisiscopal.org
emec@ameritech.net

Mary Sievers, Parish Administrator

Area Served: Champaign County.

Services

Sack Lunch Program

Description: Each weekday, at least two dozen lunches are given out from the Emmanuel office door to those who would otherwise not have any food. Food is given on a first come, first served basis.

Hours: M-F, 9:00 am - 10:00 am.

Fees: No fees.

Referral Procedures: Walk-in.

Emotions Anonymous

No Street Address Available
Saint Paul, MN 55104-0245

PO Box 4245

Saint Paul, MN 55104-0245

(651) 647-9712 Voice

(651) 647-1593 FAX

www.emotionsanonymous.org

info2gh99jsd@emotionsanonymous.org

Services

SUPPORT GROUPS

Description: Emotions Anonymous is a twelve-step organization whose fellowship is composed of people coming together for the purpose of working toward recovery from emotional difficulties. EA members are from many walks of life and the only requirement for membership is a desire to become well emotionally. EA's program has been known to be helpful to many who suffer from problems as diverse as depression, anger, broken or strained relationships, grief, anxiety, low self-esteem, panic, abnormal fears, resentment, jealousy, guilt, loneliness, obsessive and negative thinking, compulsive behavior, and a variety of other emotional issues.

Meetings: As of 12/2016, local meetings were in Champaign and Winnebago counties. Callers are encouraged to contact E.A. to see if there is a newly established E.A. meeting or one that meets nearby. If caller doesn't have access to a support group nearby, there may be other materials available to help.

Referral Procedures: By phone.

empty tomb, Inc.

301 N. Fourth Street
Champaign, IL 61825-2404

PO Box 2404

Champaign, IL 61825-2404

(217) 356-2262 Voice

(217) 356-2344 FAX

www.emptytomb.org

info@emptytomb.org

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Shannon Cook, Coordinator
Bonnie Beckett, Helping Coordinator
Site Hours: Office Hours: M-F, 9:00 am - 5:00 pm.
Area Served: Champaign County.

Services

Christian Health Services

Description: Christian Health Services helps meet the health needs of financially needy people by providing limited funds for medical needs--primarily prescriptions. Up to \$30 is provided in assistance (does not cover prescription copays).

Hours: Call on Tues & Thurs, 9:00 am - 11:00 am.

Fees: No fees.

Referral Procedures: By phone.

CLOTHING

Description: Free clothing is available during clothing room hours.

Hours: Clothing Room is open Mon-Sat at 1:00 pm, and again at 2:00 pm, numbers are distributed and then drawn at random. The people with the first 50 numbers called can come in. Between 3:00 and 5:00 pm, the Clothing Room is open to all.

Fees: No fees.

Referral Procedures: By phone, walk-in.

FOOD

Description: empty tomb, Inc. collaborates with area churches to deliver food to people in need (one week's worth of groceries). Must have a referral through a caseworker at a social service agency or a church.

Fees: No fees.

Referral Procedures: By phone.

HOUSEHOLD/MATERIAL GOODS

Description: Furniture is available for those in need.

Hours: Furniture Room is open Mon-Sat at 1:00 pm, 2:00 pm, and 3:00 pm - 5:00 pm. If someone is interested in furniture delivery, calls are taken on Tuesdays at 2:00 pm.

Fees: No fees.

Referral Procedures: By phone, walk-in.

FINANCIAL ASSISTANCE

Description: Call on Monday mornings at 9:00 am. Up to \$30 is provided in assistance toward utility and housing costs. Checks are made out to the provider, not the client.

Hours: Mon mornings only, 9:00 am - 11:00 am, first come first served.

Fees: No fees.

Referral Procedures: By phone, walk-in. Social service caseworkers may also call on a client's behalf for assistance.

HOME REPAIRS

Description: empty tomb, Inc. collaborates with area churches in home maintenance projects for low-income people, which includes re-roofing houses and repair of facilities, exteriors, and interiors of the houses. The labor is provided free to the homeowner.

FAMILY SERVICES

Description: Diapers and infant layette sets are available Tuesdays and Thursdays, 9:00 - 11:00 am only.

Hours: Tue & Thu, 9:00 am - 11:00 am.

Fees: No fees.

Referral Procedures: Calling ahead is suggested to make sure empty tomb has the size of diapers needed.

Epilepsy Foundation of Greater Chicago Area

17 N. State Street, Suite 650
Chicago, IL 60602

(800) 273-6027 Toll-free

(312) 939-8622 Voice

(312) 939-0391 FAX

www.epilepsy-chicago.org

info@epilepsy-chicago.org

Bryan Anderson, President and CEO

Gayle Deja Shultz, Director of Development

Area Served: Adams, Brown, Calhoun, Cass, Champaign, Christian, Clark, Coles, Cook, Cumberland, DeWitt, Douglas, DuPage, Edgar, Ford, Greene, Grundy, Hancock, Iroquois, Jersey, Kane, Kankakee, Kendall, Lake, Livingston, Logan, McLean, Macon, Macoupin, Mason, Menard, Montgomery, Morgan, Moultrie, Piatt, Pike, Sangamon, Schuyler, Scott, Shelby, Tazewell, Vermilion, and Will counties.

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Services

DISABILITY INFORMATION

Description: The Epilepsy Foundation of Greater Chicago is an Illinois not-for-profit organization offering counseling, advocacy, and educational services to people with epilepsy, their families, and the communities in which they live. Services include:

- Research funding
- Information and referral
- Vocational counseling
- Grassroots advocacy efforts
- Summer camps
- Educational seminars
- Community awareness initiatives
- Support groups
- Mentorship program

Fees: No fees.

Referral Procedures: By phone or walk-in, referred or self-referred.

Eye Care America

655 Beach Street
San Francisco, CA 94109
PO Box 429098
San Francisco, CA 94142-9098

(877) 887-6327 Toll-free
(415) 561-8567 FAX

www.eyecareamerica.org
eyecareamerica@aao.org

Gail Nyman-York, Program Manager

Site Hours: 24-hour service by website.

Area Served: United States and Puerto Rico.

Other Languages: Spanish and Chinese on website.

Services

EyeCare America

Description: EyeCare America, a national non-profit organization that provides eye exams and eye health information to medically underserved communities, now features an online referral service. Patients can visit eyecareamerica.org and find out if they qualify for an eye exam at no out-of-pocket cost given by one of 5,500 volunteer ophthalmologists across the US and Puerto Rico.

All eligible patients receive a comprehensive eye exam and care for any disease detected in

the initial visit for up to one year at no out-of-pocket cost, or a referral for a free glaucoma eye exam. The program facilitates eye care for U.S. citizens or legal residents who are without an Eye MD and who do not belong to an HMO or do not have eye care coverage through the Veterans Administration.

Eligibility: To be eligible for the program, an individual should fall into one of the two categories below.

- Those who are age 65 or older and who have not seen an Eye MD in three or more years may be eligible to receive a comprehensive, medical eye exam and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Volunteer ophthalmologists will waive co-payments, accepting Medicare and /or other insurance reimbursement as payment in full: patients without insurance receive this care at no charge.
- Those who are determined to be at increased risk for glaucoma (by age, race and family history) and have not had an eye exam in 12 months or more may be eligible to receive a free glaucoma eye exam if they are uninsured. Those with insurance will be billed for the exam and are responsible for any co-payments. The initiation of treatment is provided, if deemed necessary by the doctor during the exam.

Additional Information: Eyeglasses, prescription drugs, hospital services, and fees of other medical professionals are not included in this program.

Referral Procedures: Visit www.eyecareamerica.org to take online referral questionnaire. If eligible, referral letter will be mailed in 1-2 weeks.

Fair Hope Children's Ministry

908 May Street
Danville, IL 61832

(217) 442-8828 Voice

fairhopedanville2@gmail.com

Karel Volpert, Chairman, Board of Directors
Roberta Williams, Scheduler Clerk
Public transportation accessible.

Site Hours: By appointment only.

Appointments are available Mon, 10:00 am - 4:00 pm and Thurs, 10:00 am - 12:00 pm.

Area Served: East Central Illinois including Iroquois, Ford, Vermilion, Edgar, and Champaign counties.

Services**CHILDREN'S SERVICES**

Description: Fair Hope Children's Ministry is an outreach mission program created with the specific goal of providing assistance to children of Danville and surrounding communities. Many services are provided and include: one portable Play Yard per family as a safe place for infants to sleep; a limited number of Uniform standard of dress for School District 118; free gently used children's clothing; reading books; newborn layettes; coats, hats, scarves, mittens; and back to school backpacks and school supplies.

Documents Needed: Birth certificate, proof of residency.

Fees: No fees.

Referral Procedures: School social workers call the schedule clerk for appointment date and time.

Faith in Action - Champaign County

1400 W Park St
Urbana, IL 61801

1400 W. Park Street
Urbana, IL 61801

(217) 337-2778 Voice
(217) 337-4709 FAX

fia@presencehealth.org

Linda Tauber-Olson, Regional Director Faith In Action

Miriam Romine, Program Coordinator
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County.

Services**Faith In Action**

Description: Faith in Action, an interfaith, volunteer-based program, provides free services to residents of Champaign County who are 55 years and older. Those services include transportation to medical appointments, dental appointments, pharmacies, and grocery stores. Other services provided by volunteers are friendly home visiting, reassurance phone calls, light housekeeping, and yard work.

Eligibility: Age 55 and older.

Maximum Income Guidelines: None.

Additional Information: A home Assessment required before services can be offered.

Fees: No fees; donations requested.

Referral Procedures: By phone.

Faith United Methodist Church

1719 S. Prospect Avenue
Champaign, IL 61820

(217) 359-3631 Voice

www.champaignfaith.org

info@champaignfaith.org

Sheryl Palmer, Senior Pastor

Shane Smith, Associate Pastor

Sites**CU Men's Shelter**

124 W. White Street
Champaign, IL 61820-4802

(217) 819-4117 Voice

Champaign County Centralized Intake

(217) 359-3631 Voice - Shelter Coordinator

Site Hours: November 20th, 2017 through March 31st, 2018

Daily, 9:00 pm - 8:00 am.

Services**SHELTER**

Description: Overnight Men's Shelter will provide snacks and breakfast to go, but no meals. Showers and laundry are not available.

Fees: No fees.

Referral Procedures: Walk-in.

Familia Dental

802 N. 9th Street
Springfield, IL 62702

(217) 679-2896 Voice

(888) 988-4066 Toll-free - Appointment Line

(217) 679-2899 FAX

www.familiadental.com

info@familiadental.com

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Sites

Familia Dental - Champaign

1905 W. Springfield Avenue
Champaign, IL 61821

(217) 355-6396 Voice
(888) 988-4066 Toll-free - Appointment Line
(217) 355-6872 FAX

Site Hours: M-F, 9:00 am - 6:00 pm.
Sat, 9:00 am - 4:00 pm.

Services

DENTAL CARE

Description: Familia Dental provides general dentistry as well as orthodontic services.

Specific services include:

- Digital x-rays.
- Cleanings and check-ups.
- Fillings.
- Root canals.
- Sealants.
- Crowns.
- Extractions.
- Dentures and bridges.
- Periodontal or gum disease care.
- Cosmetic dentistry.
- Oral surgery.

Fees: Fees vary. Welcomes most insurances, including Medicaid.

Referral Procedures: By phone or website to schedule an appointment.

Families Anonymous, Inc.

701 Lee Street, Suite 670
Des Plaines, IL 60016

(847) 294-5877 Voice
(800) 736-9805 Toll-free
(847) 294-5837 FAX

www.familiesanonymous.org

Area Served: Nationwide.

Services

SUPPORT GROUPS

Description: A 12-step fellowship for families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems. Any concerned person is

encouraged to attend meetings, even if there is only a suspicion of a problem.

Meetings: In-person meetings are available throughout the US. Callers are encouraged to contact F.A. to see if there is a newly established F.A. meeting or one that meets nearby. If caller doesn't have access to a support group nearby, other materials may be available to help, such as telephone or online meetings.

Referral Procedures: By phone.

Family Advocacy in Champaign County

310 W. Church Street, Suite 103
Champaign, IL 61820

(217) 607-0546 Voice
(217) 607-0549 FAX

www.family-advocacy.org
home@family-advocacy.org

Grace E. Mitchell, Executive Director
Christy Lazzell, Executive Assistant
Public transportation accessible.

Site Hours: Mon-Thu, 8:30 am - 4:30 pm.
Fri, 8:30 am - 12:00 pm.

Area Served: Champaign County.

Services

ADVOCACY

Description: Provides programs to families involved in the child welfare system or in crisis that need encouragement while they change their lives. Services include:

- Advocacy: Informing and assisting you in speaking for yourself or speaking on your behalf. Providing support and assistance in maneuvering through the various systems you may be involved with.
- Mentoring: Assisting with development of short- and long-term life goals.
- Mediation: Intervenes as a neutral party on your behalf to work through conflict that arises with service providers.
- Counseling: Individual and family counseling.
- Workshops: Hosts, sponsors, or co-sponsors workshops and groups that address parenting skills, life skills, working with child welfare and social service agencies in the community, and domestic violence.
- Outreach: Provides services to families from the community and works in collaboration with other service providers.

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- 3rd Party Visits: Coordinate and supervise visits with clients whose children are in placement.
- "The Family Table" Group Sessions: Group sessions address parenting skills, domestic violence, relationships, life skills, budgeting, short- and long-term goals.
- Anger Management Group for teens to help them deal with anger issues and the consequences.

Fees: No fees.

Referral Procedures: DCFS clients and clients from other social service agencies should contact their case worker to request a referral to Family Advocacy in Champaign County. Community members can contact FACC directly to schedule an appointment.

Family Matters Parent Training & Information Center

1901 S. 4th Street, Suite 209
Effingham, IL 62401

(866) 436-7842 Toll-free

www.fmptic.org
info@fmptic.org

Debbie Einhorn, Executive Director
Nancy Mader, Project Coordinator

Site Hours: M-F, 8:00 am - 4:30 pm.

During School Year:

Mon & Wed, 8:00 am - 6:30 pm.

Tue, Thu, Fri, 8:00 am - 4:30 pm.

Area Served: All Illinois counties except Cook, DuPage, Grundy, Kane, Kendall, Lake, McHenry, and Will.

Services

EDUCATION

Description: Assists parents of children with disabilities to be informed participants in the special education process. Provides disability-related information, referral and linkage, parent trainings, lending of library materials, informational packets, and student educational record reviews.

Eligibility: Families must live in the 94-county service area and have a child with special education needs.

Fees: No fees.

Referral Procedures: By phone, email, or website.

Family Service of Champaign County

405 S. State Street
Champaign, IL 61820

(217) 352-0099 Voice - Family Service

(217) 359-6500 Voice

RSVP (Retired & Senior Volunteer Program)

(217) 352-5100 Voice - Senior Resource Center

(866) 800-1409 Toll-free

Elder Abuse Hotline (after hours)

(217) 352-0160 TTY

(217) 352-9512 FAX

www.famservcc.org

info@familyservicecc.org

Sheryl Bautch, Executive Director

Terry Goode, Development Director

Public transportation accessible.

Site Hours: M-F, 8:30 am - 5:00 pm (except when indicated otherwise).

Area Served: Champaign and Piatt Counties (depending on program).

Other Languages: Translators can be arranged with advanced notice.

Services

Family Caregiver Support

Description: Caregiver support is available to spouses, adult children, and friends who are assisting someone aged 60 or older living in Champaign or Piatt counties. Assistance is also available for grandparents and others (ages 55 and older) who are raising relative's children and seniors raising adult children with disabilities. The Caregiver Advisor can meet with caregivers in their home or in the office. Support includes information and referral, assistance locating and signing up for resources and benefits, helping families plan for the future, and access to support groups and educational meetings.

Eligibility: Those caring for senior family members who are 60 and older (or of any age with Alzheimer's disease or other dementia), those 55 or older raising relatives age 18 or under, and those 60 or older raising adult children with disabilities.

Area Served: Champaign and Piatt counties.

Fees: No fees.

Referral Procedures: Call the Senior Resource Center.

HomeCare

Description: Help in the home with

<continued...>

non-medical needs including assistance with personal care (bathing, grooming, dressing, etc.), meal preparation, shopping, errands, laundry, housework, and/or companionship. All HomeCare Assistants are pre-screened and receive extensive pre-service training. All have background checks completed and are closely supervised by professional staff. Both Private Pay and State Supported Community Care Program services are available.

Eligibility: Age 60 or older.

Maximum Income Guidelines: No income guidelines for private pay services. State supported services have asset requirements.

Fees: \$18.50 per hour or \$19.50 for nights and weekends. Free initial in-home assessment that includes assistance with the coordination of the individual's care. Many long-term care insurance programs accepted.

A state supported care program for low-income seniors is also available with no fees. The state supported services have asset and need guidelines.

Referral Procedures: Call for information or to schedule consultation or home visit.

Senior Information and Assistance

Description: As a Coordinated Point of Entry, staff provide information, assistance, and referral to those aged 60 and older, their families, and the community. Staff can provide warm transfers of calls from staff to appropriate referrals. If further assistance or advocacy is needed, staff can work with seniors until they have accessed all possible assistance available. Options Counseling is available for seniors and their families as well as adults with disabilities.

Eligibility: All calls for information and referral accepted.

Fees: No fees.

Referral Procedures: Call the Senior Resource Center.

Senior Counseling and Advocacy

Description: Senior Counseling & Advocacy offers short- or long-term assistance to those (ages 60 and older) who have experienced loss, confusion, family issues, anxiety, depression, dementia, or other complications in their personal situations. Trained staff will meet with the senior in his/her home to discuss needs and options. Staff can also assist with

accessing financial benefits and healthy aging programs.

Eligibility: Age 60 or older.

Area Served: Champaign County.

Fees: No fees.

Referral Procedures: Call the Senior Resource Center.

Adult Protective Services (APS)

Description: Investigates allegations of abuse, neglect, exploitation, and self-neglect of older adults (ages 60 and older) as well as persons with disabilities (ages 18-59) who live in a domestic (non-institutional) setting.

Appointed by the Illinois Department on Aging to investigate allegations of physical and emotional abuse, financial exploitation, confinement/neglect, deprivation of food or medication, sexual abuse, and self-neglect. This program offers 24-hour intakes by phone.

A caseworker will make a home visit to investigate any allegations of abuse and self neglect and assist the victim. Interventions will be offered to the victim and referrals made to the appropriate organizations. Interventions can include, but are not limited to, in-home services, legal, medical, relocation, and counseling.

Hours: Calls accepted 24/7.

Eligibility: Seniors (ages 60+) and people (ages 18-59) with disabilities and living in a home (non-institutional) setting.

Area Served: Champaign and Piatt counties.

Fees: No fees.

Referral Procedures: To make a confidential report of suspected abuse, or for assistance, call the Senior Resource Center or the 24-hour Abuse Hotline. Anonymous reports accepted.

Meals on Wheels

Description: Meals on Wheels provides a home-delivered hot lunch with an option to add a cold sack supper for seniors or others who need short- or long-term assistance meeting nutritional needs due to difficulties with shopping or cooking. Meals can be personalized to accommodate special diets such as diabetic, low sodium, low cholesterol, mechanical soft, or gluten-free. Delivery is available Monday through Friday in Champaign, Urbana, and Savoy. Staff are available to assist those living in other parts of Champaign County in locating meal delivery options for their community.

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Area Served: The cities of Champaign, Urbana, and Savoy.
Fees: Vary; private pay and some long-term care insurance accepted.
Referral Procedures: By phone.

Senior Transportation

Description: Senior Transportation provides one ride per week to any registered Champaign County resident (aged 60 or older) for medical appointments, financial errands, grocery shopping, or personal errands. Two rides may be provided for those receiving dialysis or physician ordered therapies. Rides must be scheduled two days in advance.

Eligibility: Age 60 or older.

Area Served: Champaign County.

Fees: Volunteers provide medical rides free of charge to the rider. If a cab is needed, Family Service pays one-half of the cab fare for some medical rides and for all other purposes. Riders pay the other half of the cab fare with cash or by using their MTD Dash Pass (making the ride free to the rider).

Referral Procedures: Call the Senior Resource Center.

RSVP

Description: As an RSVP member you may choose from among more than 100 local public and non-profit organizations to donate your skills and experience. You will be joining other older adults who volunteer their time to meet critical community needs at schools, food pantries, libraries, hospitals, etc. You may volunteer as little time as one hour per month to as much as 40 hours per week. Your membership benefits may include mileage reimbursement, supplemental auto insurance, volunteer recognition events and much more. RSVP is located inside the Stevick Senior Center, 15 Main Street, Champaign, in downtown Champaign. The Stevick Center also serves as a drop-in center for RSVP volunteers and other seniors.

Hours: M-F, 8:00 am - 4:00 pm.

Eligibility: Older adults (ages 55 or older) who enjoy staying active and involved in their communities.

Area Served: Champaign, Douglas, and Piatt counties.

Fees: No fees.

Referral Procedures: By phone, walk-in, or

appointment.

Children First

Description: Children First is an educational program required by the court that provides divorcing and/or custodial parents the opportunity to learn the effect that divorce/separation has on children. With the assistance of small group discussions and pre-recorded presentations, parents are introduced to methods of minimizing the negative consequences of divorce/separation on their children. Call to register for evening or Saturday classes.

Eligibility: Court-mandated for divorcing parents with minor children.

Area Served: Champaign County.

Maximum Income Guidelines: No income guidelines.

Documents Needed: Photo ID and proof of income.

Additional Information: Parents cannot bring their children to class; there is no on-site child care available.

Meetings: Classes are held Mondays and Thursdays, 5:30 pm - 7:30 pm; and one Saturday per month, 8:30 am - 12:30 pm. Call for more information.

Fees: Sliding scale.

Referral Procedures: By phone to register.

Family Counseling

Description: Professional therapists provide individual, couple, child, and family counseling. Counseling focuses on a wide variety of issues including:

- Parenting.
- Family conflict.
- Relationships.
- Depression and anxiety.
- Issues of adult children of alcoholics.
- Survivors of sexual abuse.
- Conflict resolution.

Art therapy and play therapy services are also offered.

Area Served: Champaign County.

Documents Needed: Photo ID, proof of income, and proof of residency.

Fees: Sliding fee scale. Insurance accepted.

Referral Procedures: Clients seen by appointment; evening hours available.

Self-Help Center

<continued...>

Description: The Self-Help Center is a clearinghouse for self-help and support groups. The program refers individuals to appropriate groups, helps new groups form, conducts workshops and courses for group leaders, provides consultation to existing groups, educates the public about self-help, and publishes the Support Group Directory as well as specialized lists of groups and the Self-Helper newsletter.

Fees: No fees.

Referral Procedures: Copies of the directory may be ordered and picked up at Family Service. Additional information is also available online.

Farmworker and Landscaper Advocacy Project

33 N. LaSalle # 900
Chicago, IL 60602

(847) 668-2114 Voice
(815) 909-0362 Voice - Client - 24 hour hotline
(312) 347-7604 FAX

www.flapillinois.org
asossa@flapillinois.org

Alexandra Sossa, Executive Director
Jack King, Vice President-Board of Directors

Site Hours: Mon-Sun, 9:00 am - 9:00 pm.

Area Served: State of Illinois.

Other Languages: Spanish.

Services

Free Legal Services for Immigrants

Description: The mission of FLAP -Ayuda para Trabajadores- is to improve working conditions for migrant and seasonal workers, including low-income farmworkers, landscapers, restaurant workers, snow plowing workers, packinghouse workers, cannery workers, and meat and poultry workers and their families in Illinois.

FLAP carries out this mission through outreach, litigation, community legal education, community education, referrals and partnering with other organizations to fight human labor trafficking.

Eligibility: None.

Fees: No fees.

Referral Procedures: By phone, email, or USPS mail.

First Transit - Statewide Transportation Assistance

(877) 725-0569 Toll-free

Participants (Medicaid recipients only)

(866) 503-9040 Toll-free - Providers

(630) 873-1449 TTY

(630) 873-1450 FAX

netspap.com

Debbie Zagorski, General Manager

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: State of Illinois.

Services

NETSPAP/Non-Emergency Transportation Services Prior Approval Program

Description: DHS' Medical Assistance (Medicaid) will pay for rides to and from non-emergency medical care appointments for individuals who have a current medical card, if the ride is approved by First Transit.

First Transit is a screening and approval system that DHS uses to contract rides with independent transportation service providers.

They make the decision as to whether the customer is eligible for rides. If approved, they will provide the client with the name and phone number of a company or person who will give them a ride. The client must call the company or person to schedule his or her ride.

When they call First Transit, clients will be asked for the following information:

- Name, address, and phone number of the person who needs a ride.
- The person's RIN number from the medical or All Kids card.
- Name of the doctor, dentist, clinic, or lab.
- Address and phone number of the doctor, dentist, clinic, or lab.
- Date, time, and reason for appointment.
- Name of the particular company or person they want to give them a ride, if there is a preference.
- If there are medical or non-medical reasons why client cannot use public or other transportation.

- If client uses a walker, wheelchair, or cane; and if client can travel by his or herself.

Eligibility: Individual must be covered by Medicaid (Medical Card) or All Kids.

Additional Information: Ride requests can also be submitted online via PassPORT at www.ft-passport-il.com.

Florida House Apartments

1502 E. Florida Avenue
Urbana, IL 61802

(217) 328-3301 Voice
(217) 328-9862 FAX

floridahouseapartments.com
floridahouse@leasing-mgmt.com

Kristina Norris, Property Manager
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm; closed
from 12:00 pm - 12:30 pm.

Services

HOUSING

Description: Florida House provides subsidized housing for the elderly and those with disabilities. Residents pay 30% of adjusted gross income.

Documents Needed: Current Social Security statement of benefits from local office, photo ID, birth certificate, Social Security card. Proof of all income, assets, and medical expenses.

Referral Procedures: By phone or walk-in.

Frances Nelson Health Center - Promise Healthcare

819 Bloomington Road
Champaign, IL 61820

(217) 356-1558 Voice
(217) 356-8529 FAX

www.promisehealth.org
info@promisehealth.org

Nancy Greenwalt, Executive Director
Katherine Black, Coordinator Team Lead/Trainer
Public transportation accessible.

Sites

Frances Nelson Health Center - Promise Healthcare

819 Bloomington Road
Champaign, IL 61820

(217) 356-1558 Voice
(217) 356-8529 FAX

Nancy Greenwalt, Executive Director
Public transportation accessible.

Site Hours: Mon, 7:30 am - 7:30 pm.
Tue-Fri, 7:30 am - 5:30 pm.

Area Served: Champaign County and surrounding areas.

Other Languages: Spanish, French, Mandarin interpretation available on site. Language line available for 200 languages and dialects.

SmileHealthy Dental Center

819 Bloomington Road
Champaign, IL 61820

(217) 403-5477 Voice
(217) 359-7404 Voice - Mobile Clinic
(217) 403-5476 FAX

Mary Knoll, Dental Program Lead
Public transportation accessible.

Site Hours: Mon, 9:30 am - 7:00 pm.
Tue-Thu, 8:00 am - 5:30 pm.

Mobile Clinic: Vary; call for hours.

Area Served: Champaign County and surrounding areas.

Other Languages: Spanish, French, Mandarin interpretation available on site. Language line available for 200 languages and dialects.

Community Resource Center - Urbana Satellite Clinic

1400 W. Park, Building #3
Urbana, IL 61801

(217) 356-1558 Voice

Site Hours: Mon, 8:00 am - 6:00 pm.
Tues, Wed, 8:00 am - 5:00 pm.
Thurs, 10:00 am - 7:00 pm.
Fri, 8:00 am - 6:00 pm.

Area Served: Champaign County and surrounding areas.

Promise Healthcare on Walnut

801 N. Walnut
Champaign, IL 61820

(217) 693-4660 Voice

Site Hours: Mental Health: M-F, 8:00 am - 4:00 pm.

Medical Care: Tues, 8:00 am - 5:00 pm.

Area Served: Champaign County and surrounding areas.

Services

MEDICAL SERVICES

Description: Site 1: Frances Nelson Health Center is a primary care medical and mental health clinic dedicated to providing affordable and accessible high quality health care services to the medically underserved of greater Champaign County. Services include:

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- Prenatal care.
- Well-child clinics.
- Counseling.
- Case management.
- Dermatology.
- Lab services.
- Well-woman care.
- Breast and Cervical Cancer screening.
- Health education services.
- Medication assistance program.
- Mental health counseling and psychiatry.

Other Sites: Frances Nelson Health Center is a primary care medical and mental health clinic dedicated to providing affordable and accessible high quality health care services to the medically underserved of greater Champaign County. Services include:

- Prenatal care.
- Well-child clinics.
- Counseling.
- Case management.
- Dermatology.
- Lab services.
- Well-woman care.
- Breast and Cervical Cancer screening.
- Health education services.
- Medication assistance program.

Maximum Income Guidelines: Discounts for up to 200% of the federal poverty level. Full fee above 200% of federal poverty level.

Documents Needed: Photo ID, proof of income, and insurance cards.

Fees: Patients are seen regardless of ability to pay or insurance status. Medicaid, Medicare, private insurance, and private pay accepted. Sliding fee scale for patients below 200% of the federal poverty level.

Referral Procedures: Call for appointment to establish care. Walk-in clinic also available.

Sites: 1 3 4

SmileHealthy

Description: The Dental Center is an affordable dental home for children and adults. Dental Center services include:

- Extractions.
- Restorations.
- Cleanings.
- Full Exams.
- Dental Health Education.
- Limited Urgent Care.

Maximum Income Guidelines: No maximum income limit. Discounts for up to 200% of the

federal poverty level.

Documents Needed: Proof of income.

Additional Information: For more information, go to www.smilehealthy.org.

Fees: Patients seen regardless of ability to pay. Medicaid, private insurance, and private pay accepted. Sliding fee scale for patients below 200% of the federal poverty level.

Referral Procedures: Call for appointment.

Sites: 2

SmileHealthy Mobile Clinic

Description: The SmileHealthy Mobile and Head Start Dental Clinic programs travel to dozens of sites around Champaign County to deliver dental care to the underserved in the community.

Eligibility: All children are eligible in Champaign County living outside of Champaign-Urbana city limits. Adults with Medicaid or uninsured only are served by the mobile clinic. For the Head Start program, children enrolled and their families are all eligible for the clinic.

Area Served: Champaign County (outside the city limits of Champaign-Urbana).

Documents Needed: Proof of income.

Fees: No fees.

Referral Procedures: Call for more information about clinic location schedule.

Sites: 2

Outreach and Enrollment

Description: Medicaid and Health Insurance Marketplace Outreach and Enrollment.

Eligibility: Open to anyone. Do not need to be a patient of the health center to be eligible for the service.

Area Served: No geographic limitations.

Maximum Income Guidelines: None.

Documents Needed: Contact health center for list of documents needed.

Fees: No fees charged for enrollment assistance.

Fraternal Order of Police Illini Lodge 17

No Street Address Available
Champaign, IL 61821

PO Box 3901
Champaign, IL 61826

(217) 351-2120 Voice

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(217) 356-7124 FAX

Mark Lundquist, Coordinator

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign and Ford counties.

Services

CAMP

Description: Illini Lodge 17 sends children and adults with disabilities to winter and summer camps at Camp Timber Pointe in Normal.

Fees: No fees. Transportation also available at no charge.

Referral Procedures: Applications for this program go directly through Timber Pointe. Call 309-365-8021 for more information.

HOLIDAY PROGRAMS

Description: FOP provides holiday baskets to be delivered shortly before Christmas. Each food basket includes a turkey for eligible clients.

Referral Procedures: Call one of the following agency contacts to be screened from September-December 1:

- Casey Bailey, Champaign County Public Health District, 217-531-4282.
- Elaine Mitchell, Children's Advocacy Center, 217-384-1266.
- Anne Ambrose, Crisis Nursery, 217-337-2731.

Gamblers Anonymous

International Service Office
No Street Address Available
Los Angeles, CA 90017

PO Box 17173
Los Angeles, CA 90017

(626) 960-3500 Voice - Administrative
(855) 222-5542 Toll-free - Illinois Hotline
(626) 960-3501 FAX

www.gamblersanonymous.org
isomain@gamblersanonymous.org

Area Served: Nationwide.

Services

SUPPORT GROUPS

Description: Gamblers Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and

help others to recover from a gambling problem. The only requirement for membership is a desire to stop gambling.

Meetings: Local meetings are available throughout the state but not in every county. Contact G.A. to see if there is an established G.A. meeting or one that meets nearby. Online and phone meetings are also available. If there is no local support group nearby, there may be other materials available to help.

There is also a link on the website to Gam-Anon (or go to www.gam-anon.org) for further information on dealing with the gambling problem from any perspective, i.e., family members, adult children of compulsive gamblers, etc.

Fees: No fees.

Referral Procedures: By phone.

Gardant Management Solutions

535 E. North Street, Suite E
Bradley, IL 60915

(877) 882-1495 Voice

www.bma-mgmt.com
info@gardant.com

Rod Burkett, CEO

Jo Ellen Bleavins, President
Public transportation accessible.

Sites

Prairie Winds of Urbana

1905 Prairie Winds Drive
Urbana, IL 61802

(217) 344-6400 Voice

(217) 344-6444 FAX

Services

SUPPORT SERVICES

Description: Supportive living is housing for older adults who may need some help to maintain their independence. Residents live in private apartments that feature a kitchenette, spacious bathroom and emergency call system. Certified nurses assistants are on-duty 24/7 to provide help with medications, and personal assistance with such activities of daily living as bathing, grooming, dressing, and getting to and from the dining room and activities. Three meals a day, housekeeping and laundry are

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among the services included in the monthly fee.

Eligibility: Age 65 and older.

Fees: Varies. Those who are on Medicaid or who only receive Social Security benefits can qualify for residency.

Referral Procedures: Call for more information.

Girl Scouts of Central Illinois - Bloomington Service Center

3 Westport Court
Bloomington, IL 61704

(309) 662-5384 Voice
(800) 777-1912 Toll-free
(309) 663-8116 FAX

www.getyourgirlpower.org
gsci@girlscouts-gsci.org

Pam Kovacevich, CEO

Sally Honiotes, Chief Membership Officer

Public transportation accessible.

Sites

Girl Scouts of Central Illinois - Champaign Service Center

2001 Round Barn Road
Suite C
Champaign, IL 61820

(217) 328-5112 Voice
(800) 328-5112 Toll-free
(217) 328-1548 FAX

*Stephanie Poole, Assistant Director of
Customer Care*

Public transportation accessible.

Site Hours: Mon, 8:30 am - 6:00 pm.

T-Th, 8:00 am - 5:00 pm.

Fri, 8:00 am - 12:00 pm.

Area Served: Champaign, Douglas, Ford,
Iroquois, and Vermilion counties.

Services

VOLUNTEER OPPORTUNITIES

Description: Opportunities: Troop leader,
co-leader, helpers for events, meetings, and
booths representing the Girl Scout Program.

Additional volunteers needed to support
programming and fundraising. There are
comprehensive training and education
programs covering child growth and
development and leadership skills, which
benefit the adult personally as well as in his/her

volunteer role.

SCOUTING PROGRAMS

Description: The goal of Girl Scouting is to
help each girl develop to her full potential
through informal, educational group programs.
Emphasis is on values clarification, building
self-esteem, development of social and
leadership skills, and constructive leisure time
pursuits.

Girl Scouts of Central Illinois offers program
opportunities in the areas of healthy living,
travel, financial literacy, arts, STEM (science,
technology, engineering, and math), and
outdoor education. Activities are designed to
stimulate the leadership qualities in each Girl
Scout.

Girl Scouts of Central Illinois also has a wide
curriculum to meet the needs of schools and
service agencies in areas of bullying,
self-esteem, body image, and much more.
When requested, staff from Girl Scouts of
Central Illinois will present programs to
students/clients from local schools, troops, and
social service agencies. Several programs are
offered through these mobile presentations.

Eligibility: Girl Scout membership is open to
all girls (ages 5 to 17).

Fees: Vary.

Referral Procedures: By phone; walk-ins
accepted.

Goodwill of Central Illinois - Corporate Office

2319 E. Memorial Drive
Peoria, IL 61614

(309) 682-1113 Voice
(309) 685-8353 FAX

www.goodwillpeo.org

Don E. Johnson, President & CEO

Denise Sargeant, HR Director

Public transportation accessible.

Area Served: West Central Illinois, including
Knox and Warren counties.

Services

VETERANS SERVICES

Description: The Homeless Veterans'
Reintegration Program (HVRP) is designed to
expedite the reintegration of homeless veterans

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in the labor force. The program consists of job training and preparation, job placement assistance, case management, mental health counseling, and referral services. The Veterans Employment Act Program (VEAP) provides the same services as HVRP, except homelessness is not a requirement for participation.

Area Served: Knox, Warren, Grundy, Henderson, Marshall, Mercer, Peoria, Putnam, Stark, Tazewell, and Woodford counties. Also available in portions of the following counties: Hancock, McDonough, Fulton, Mason, Ford, Champaign, LaSalle, Bureau, and Henry.

Fees: No fees.

Referral Procedures: Contact the Peoria office.

General Wayne A. Downing Home for Veterans

Description: The Goodwill General Wayne A. Downing Home for Veterans provides permanent supportive housing to male veterans. Goodwill provides and coordinates all services including treatment for post-traumatic stress syndrome, substance abuse, stress, anxiety and psychological counseling, budgeting, clothing, legal assistance, food, telephones, transportation, entitlement benefits, medical care, job training, education, and job placement services.

Eligibility: Male veterans over 18 years of age who have received an honorable discharge from U.S. military service, have a diagnosed disability, and are at risk of being homeless.

Referral Procedures: Call 309-676-5541 for more information.

Grace Lutheran Church Food Pantry

313 S. Prospect Avenue
Champaign, IL 61820

(217) 356-6232 Voice
(217) 356-7850 FAX

www.gracelutherancu.org
office@gracelutherancu.org

Karen Krusa, Food Pantry Co-Chair
Kathy Bowersox, Food Pantry Co-Chair
Public transportation accessible.

Site Hours: Thu, 10:00 am - 12:00 pm.

Area Served: Champaign County.

Services

FOOD PANTRY

Description: Grace Lutheran Church offers a food pantry for residents of Champaign County. Can access pantry once a month.

Hours: Thu, 10:00 am - 12:00 pm.

Additional Information: Clients are asked to bring their own bags and/or boxes to carry food in.

Fees: No fees.

Referral Procedures: Walk-in.

Great Plains LIFE Foundation - Stay 4 Project

The Crossroads Center
456 Wylie Drive
Normal, IL 61761

(309) 828-3406 Voice

www.stay4.org
gplife@stay4.org

Liz Skinner, Director of Public Relations
Paul Segobiano, Director of Development
Public transportation accessible.

Site Hours: Office: M-F, 8:00 am - 4:30 pm.

Services

Stay 4 Project

Description: This program is designed to identify, help, and retain low-income students who demonstrate the ability to succeed, yet are considered to be at risk of dropping out of high school. Upon completion of the "Stay 4" criteria, high school graduation, and enrollment in a trade school, community college, or four-year university, students will be awarded a minimum \$1,000 grant from Great Plains LIFE Foundation to support their continuing efforts.

Eligibility: The school district is responsible for selecting those students who have the potential to succeed but for a variety of reasons are at risk for dropping out of school. Students selected must qualify for the National School Lunch Program (free & reduced price meals). Students will be chosen in their junior year of high school. Participants must maintain criteria in the areas of academics, community services, and extra-curricular activities.

Area Served: Local school districts currently participating in this program include

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Bloomington District #87, McLean County Unit District #5, Olympia, Tri-Valley, and DeWitt, Livingston, and McLean County Alternative School.

Other Illinois school districts participating include Champaign, Decatur, Peoria, Rockford, and Urbana. See website for specific district information.

Referral Procedures: Selection of students placed into the "Stay 4" program is the responsibility of the student's school/school district.

Greater Community AIDS Project of East Central Illinois

PO Box 713

Champaign, IL 61824

(217) 351-2437 Voice - Main Office

(217) 819-4117 Voice

Champaign County Centralized Intake

(217) 351-2194 FAX

www.gcapnow.com

info@gcapnow.com

Mike Benner, Executive Director

Public transportation accessible.

Site Hours: M-F, 10:00 am - 3:00 pm; or by appointment.

Area Served: Champaign, Coles, DeWitt, Douglas, Edgar, Ford, Iroquois, Livingston, Piatt, and Vermilion counties.

Services

FINANCIAL ASSISTANCE

Description: Clients may request emergency assistance for past due rent, utilities, medical co-pays, and health/work-related transportation costs. GCAP is a payer of last resort, and the amount of assistance is capped. Clients are also able to access up to 50 lbs of food plus an unspecified amount of fresh produce and bread products once monthly. All items must be for personal (including immediate household) consumption.

Eligibility: Clients must be in or establishing services with HIV physician involved with HIV case management

Documents Needed: Proof of HIV status, photo ID, proof of income, and documentation of need.

Referral Procedures: Clients must request assistance through the Champaign-Urbana

Public Health District HIV care coordinator, who will help clients gather required documentation. Call for more information.

Champaign House

Description: Transitional housing for persons living with HIV that are homeless. Must be engaged in case coordination with Champaign Urbana Health District and agree to participate in non-medical case management. Residents are expected to be actively seeing permanent housing.

Eligibility: Homeless per HUD definition (street homeless).

Maximum Income Guidelines: No income guidelines.

Documents Needed: Proof of HIV status, homelessness verification, photo ID, proof of income, and negative TB test.

Fees: No fees.

Referral Procedures: First point-of-contact is Champaign County Centralized Intake. Out of county can call the GCAP office to discuss protocol.

GriefShare

No Street Address Available
Wake Forest, NC 27588

PO Box 1739
Wake Forest, NC 27588

(800) 395-5755 Voice
(919) 562-2114 FAX

www.griefshare.org
info@griefshare.org

Services

Church Initiative Care Support Groups

Description: GriefShare is a structured support group for people who are grieving the death of someone. Groups meet weekly to help people face the challenges of losing someone and move toward rebuilding their lives. Each GriefShare session has three distinct components: video seminar with experts, support group discussion with focus, and personal study and reflection.

Area Served: Nationwide. Use Find a Group tool on the main web site for each curriculum
www.griefshare.org
ww.divorcecare.org

<continued...>

ww.dc4k.org

ww.singleandparenting.org

Meetings: Groups meet weekly in 13-week cycles, although people may join the group at any point during the cycle. Groups take place across the country and throughout the 2-1-1 service area.

Referral Procedures: Call or check the web site for current and future group meetings.

GROW in Illinois / GROW in America

No Address Available
Champaign, IL 61826

PO Box 3667
Champaign, IL 61826-3667

(217) 352-6989 Voice - Branch Center

www.growinamerica.org
growil@sbcglobal.net

Charlene Guldbrandsen, President & IL State Coordinator

Public transportation accessible.

Site Hours: Office: M-F, 8:30 am - 5:00 pm.

Area Served: State of Illinois.

Services

GROW in Illinois

Description: GROW in Illinois is a not-for-profit corporation chartered in the State of Illinois and devoted to community mental health through a well-established program of self-help groups. GROW in Illinois' program is based on support group meetings held weekly, as well as personal contact throughout the year. People come to GROW with diverse problems in living, such as mental health issues, emotional troubles, or difficulty coping with grief, loneliness, anxiety, or stress. Through leadership and community building, individuals attending weekly group meetings are given the tools and support to help them in their recovery and personal growth.

Fees: No fees.

Referral Procedures: By phone or walk-in. Call for locations of Illinois GROW groups.

Guardianship and Advocacy Commission - Chicago Administrative Office

160 N. LaSalle Street, Suite S500

Chicago, IL 60601

(312) 793-5900 Voice
(866) 274-8023 Toll-free - Central Intake
(866) 333-3362 TTY
(312) 793-4311 FAX

gac.state.il.us

Mary L. Milano, Executive Director
Public transportation accessible.

Sites

Guardianship and Advocacy Commission - Chicago Administrative Office

160 N. LaSalle Street, Suite S500
Chicago, IL 60601

(312) 793-5900 Voice
(866) 274-8023 Toll-free - Central Intake
(866) 333-3362 TTY
(312) 793-4311 FAX

Mary L. Milano, Executive Director
Public transportation accessible.

Area Served: State of Illinois.

Guardianship and Advocacy Commission - East Central Regional Office

2125 S. 1st Street
Champaign, IL 61820

(866) 274-8023 Toll-free - Central Intake
(866) 333-3362 TTY
(217) 278-5577 Voice - Champaign Office
(217) 278-5588 FAX

Public transportation accessible.

Area Served: Champaign, Christian, Clark, Coles, , Crawford, Cumberland, DeWitt, Douglas, Edgar, Effingham, Ford, Iroquois, Jasper, Kankakee, Livingston, Logan, Macon, Marshall, McLean, Moultrie, Piatt, Putnam, Shelby, Vermilion, and Woodford counties.

Services

Human Rights Authority

Description: The Human Rights Authority exists to conduct investigations of complaints of violations of the rights of persons with disabilities. Based on early models of a singular regional grassroots program, the Human Rights Authority serves as a statewide framework providing direction and standards for a largely volunteer effort.

Sites: 1 2

Office of State Guardian

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Description: The Office of State Guardian (OSG) handles the personal, financial, and legal affairs of developmentally disabled, mentally ill, and elderly persons with disabilities. OSG serves as "guardian of last resort" for individuals with disabilities when no other person is available to serve. Most of its wards are indigent or have limited assets. The Office of State Guardian also assists the court, as the court directs, in guardianship proceedings. In addition, OSG counsels and assists families or others willing to become guardians, with the goal of locating non-public guardians and structuring alternatives to guardianship.

Fees: No cost for referrals. Fees for on-going services, if pursued, are on a sliding scale basis.

Referral Procedures: By phone or website.

Sites: 1 2

Legal Advocacy Services

Description: The LAS was created so that eligible children and adults who have a disability could obtain legal advice and representation to protect and enforce their rights guaranteed by Illinois' mental health laws. LAS attorneys provide needed assistance to persons with disabilities in a variety of settings: mental health facilities, residential programs, community placements, and nursing homes. Issues addressed include, but are not limited to: admission and discharge from hospitalization, adequate treatment, refusal of unwanted services, and confidentiality of mental health records. Assistance takes the form of information, referral, and legal representation in court hearings and administrative proceedings.

Sites: 1 2

Guide Dog Foundation for the Blind

371 E. Jericho Turnpike
Smithtown, NY 11787-2976

(631) 930-9000 Voice
(866) 838-3647 Toll-free - Vet Dogs
(800) 548-4337 Toll-free

www.guidedog.org
info@guidedog.org

Area Served: Nationwide.

Services

Guide Dog Foundation / America's Vet Dogs

Description: The Guide Dog Foundation provides guide dogs to improve the quality of life for people who are blind, have low vision, or have other special needs.

America's Vet Dogs provides service dogs to help those who have honorably served our country live with dignity and independence. This include US military veterans as well as first responders (police, fire, EMS).

Service dogs are trained and placed for a variety of conditions; from blindness or low vision, to PTSD, to hearing loss, to physical disabilities that require mobility assistance. Once an application has been accepted, the client is enrolled in a 2 week training course in Smithtown, NY where the client is placed with a service animal. Over 2 weeks, the client is taught how to train and handle a service animal.

Eligibility: Guide Dogs Foundation: Any person with a disability that would benefit from a service dog may apply.

Vet Dogs: Any honorably discharged US veteran OR first responder with a disability that would benefit from a service dog.

Documents Needed: Online application, DD-214 (if applicable).

Fees: All services are provided at no cost to clients, including the service dog, transportation to and from Smithtown, NY campus for training, instruction, food, lodging, and more.

Referral Procedures: Apply online. Call for more information.

Habitat for Humanity of Champaign County

119 E. University Avenue
Champaign, IL 61820

(217) 359-0507 Voice

cuhabitat.org
info@cuhabitat.org

Sheila Dodd, Executive Director

Michelle Stallmeyer, Family Support

Public transportation accessible.

Site Hours: Wed-Fri 10:00 am - 6:00 pm.

Sat, 10:00 am - 4:00 pm.

Area Served: Champaign County.

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Services

HOMEOWNER/HOME BUYER PROGRAMS

Description: Champaign County Habitat for Humanity and ReStore is a ministry that provides the opportunity for people to purchase and own simple, quality, affordable homes. They build and sell simple, quality, affordable houses using a zero interest mortgage program through volunteer labor and tax-deductible donations of money, land, and materials.

Eligibility: Families are selected based on their level of need, willingness to partner, and ability to repay the mortgage.

Maximum Income Guidelines: 80% of area median income.

Fees: 0% interest loan.

Referral Procedures: By phone, walk-in, or appointment.

A Brush With Kindness

Description: A Brush with Kindness (ABWK) is an exterior home preservation service that offers painting, landscaping, and minor exterior repair services for homeowners in need. ABWK helps homeowners who need assistance to maintain the exterior of their homes, and reclaim their homes with pride and dignity.

Eligibility: - Own your house & live in it. (No renters)

- Be willing to partner with Habitat for Humanity (sweat equity).

- Need exterior improvements to home such as painting, minor exterior repairs, landscaping and exterior clean up.

- Pay for the project materials through a zero interest loan.

- Have homeowners insurance.

Maximum Income Guidelines: 80% of the median family income.

Documents Needed: ABWK application (found online), including proof of income. May be delivered or mailed to Habitat for Humanity.

Fees: 0% interest loan for the cost of supplies.

Referral Procedures: By phone, walk-in, or appointment.

Habitat ReStore

Description: The Habitat ReStore sells gently used furniture, appliances, electronics, household items, and home improvement supplies at low prices. The ReStore also

assures that over 530 tons of materials never make it to a landfill each year. ReStore has everything from dishes to doors, couches to cookware, and antiques to appliances. All items are donated, and all proceeds support Habitat of Champaign County.

Harbor Light Hospice - Glen Ellyn

800 Roosevelt Road
Building C, Suite 206
Glen Ellyn, IL 60137

(800) 419-0542 Toll-free

(630) 942-0100 Voice

(630) 942-0118 FAX

www.harborlighthospice.com

info@harborlighthospice.com

Eduardo Perdomo, National Director of Development

Kate Kleyweg, Patient Care Manager

Sites

Harbor Light Hospice - Decatur

332 W. Marion Street, Suite N1
Forsyth, IL 62535

(217) 875-4395 Voice

(217) 875-4394 FAX

(877) 409-5880 FAX

(800) 419-0542 Toll-free

Area Served: Champaign, Christian, Coles, DeWitt, Douglas, Edgar, Ford, Iroquois, Kankakee, Logan, Macon, Menard, Morgan, Moultrie, Piatt, Sangamon, Shelby, and Vermillion counties.

Services

HOSPICE

Description: Harbor Light Hospice provides services to terminally ill patients and their families. With a focus on comfort rather than curative care, Harbor Light Hospice emphasizes relief of physical symptoms and emotional support. Care provided includes:

- Pain and symptom control.

- Spiritual support as needed.

- Bereavement support for families and friends.

- Emotional support.

- 24 hour on call, 7 days a week availability.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted. Harbor Light does not deny services based on inability to pay.

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Referral Procedures: Call for more information.

Hays Recreation Center Champaign Park District

1311 W. Church Street
Champaign, IL 61821

(217) 398-2580 Voice
(217) 373-7951 FAX

champaignparks.com/project/hays-recreation-center/
Sean.Hurst@champaignparks.com

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign County.

Services

RECREATION/LEISURE

Description: The Hays Recreation Center is located in west Champaign adjacent to Eisner Park. Hays is home to both senior as well as special recreation programming and is a popular rental space for individuals and community groups.

Healing Hearts

2814 Scarborough Street
Bloomington, IL 61705

(309) 820-0230 Voice
(877) 323-5299 Toll-free

Illinois Adoption Registry and Medical Information Exchange

www.idph.state.il.us/vitalrecords/index.htm

Marilyn Strohkirch, Contact

Public transportation accessible.

Area Served: Central Illinois.

Services

Adoption Triad Members Support Group

Description: An adoption support group open to all adoptees, birth parents, adoptive parents, birth family members, or anyone whose life has been touched by adoption. Minors 17 years of age and under must be accompanied by a parent or legal guardian.

Additional Information: Healing Hearts is actively involved with the Illinois Adoption Registry and Medical Information Exchange as acting members of the Illinois Adoption Registry Advisory Council in Springfield, IL. Healing

Hearts is active with information regarding changes to the Illinois Adoption Law. For more information please contact IARMIE at the provided toll-free number or visit the website.

Meetings: Fourth Thursday each month, January through October, and third Tuesday in November, 7:00 pm (no meeting in December), St. John's Lutheran Church, corner of Emerson and Towanda, Bloomington. Enter through Parish Center entrance.

Health Benefits for Workers with Disabilities (HBWD)

No Street Address Available
Springfield, IL 62794

PO Box 19145
Springfield, IL 62794-9145

(800) 226-0768 Toll-free
(866) 675-8440 TTY

www.illinois.gov/hfs/MedicalPrograms/hbwd/Pages/default.aspx

hfs.webmaster@illinois.gov

Area Served: State of Illinois.

Services

HEALTH INSURANCE

Description: The goal of this program is to help people with disabilities work with full Medicaid healthcare benefits. HBWD not only encourages enrollees to work, but to increase the number of hours they are currently working.

Eligibility: Disabled individuals (ages 16-64) who are working.

Maximum Income Guidelines: Workers with countable income of up to \$3,433 per month for a single person and \$4,646 per month for a couple (2015 guidelines) may qualify for the program. Unlike other Medicaid programs, HBWD allows enrollees to have up to \$25,000 in assets.

Fees: Depending on their income, enrollees pay a monthly premium based on their income range to receive comprehensive healthcare coverage. Individuals may be charged a \$3.90 co-payment for visits to a doctor, brand-name prescriptions (\$2 for generic or over the counter prescription), inpatient hospital services (per day), and emergency room visits for non emergency care.

Referral Procedures: Applications are available through the website or request an

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application to be mailed. For more information, call the toll-free number listed.

Heartland Health Care

510 Broadway Street
Normal, IL 61761

(309) 452-4406 Voice
(309) 454-7908 FAX

www.heartland-manorcare.com/Normal

Normal@heartlandnursing.com

Douglas Rutter, Administrator

Kristen Firkins, Admissions Director

Public transportation accessible.

Sites

Heartland Health Care - Champaign

309 E. Springfield Avenue
Champaign, IL 61820

(217) 352-5135 Voice
(217) 352-9139 FAX

Public transportation accessible.

Services

NURSING HOME

Description: Heartland provides a wide range of comprehensive medical services including 24-hour nursing care and physical, occupational, and speech therapy to a broad spectrum of patients. In addition to the skilled nursing and rehabilitation services, the clinic offers therapeutic recreation and social activities. Both short-term and long-term nursing care is available.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: Walk-in or phone for appointment to tour facility.

Helen Mary Stevick Senior Citizens Center

48 E. Main Street
Champaign, IL 61820

(217) 359-6500 Voice
(217) 352-5100 Voice - Food for Seniors
(217) 359-6550 FAX

famservcc.org

rsvpchampaign@gmail.com

Karen Graves, Stevick Center Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:00 pm.

Services

Food for Seniors

Description: The Food for Seniors program provides groceries to seniors in Champaign and Urbana who are in need of food. Groceries are sacked and delivered by volunteers on the second and fourth Tuesday of each month.

Eligibility: Age 60 and older.

Area Served: Cities of Champaign and Urbana.

Maximum Income Guidelines: 100% of the federal poverty level.

Fees: No fees.

Referral Procedures: Call to apply.

SENIOR SERVICES

Description: The Center provides recreational, educational, and information programs, activities, and services for senior adults to enhance, promote, and encourage their participation and leadership so they may lead happy, useful lives which are beneficial to themselves and their community.

Eligibility: Age 55 and older.

Area Served: Champaign County.

Fees: No fees.

Referral Procedures: By phone or walk-in.

AARP Foundation Tax-Aide

Description: Tax-Aide volunteers provide free tax filing from February through April 15 to low-income and senior tax payers.

Hours: Dates for Spring 2018 are to be announced.

Area Served: Champaign County.

Maximum Income Guidelines: No income guidelines.

Documents Needed: Last year's tax return, photo ID, and Social Security cards for all individuals claimed on return.

Fees: No fees.

Referral Procedures: Call for an appointment.

Holt-Sunny Ridge

270 Remington Boulevard, Suite D
Bolingbrook, IL 60440

(630) 754-4500 Voice

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(800) 222-9666 Toll-free

www.holtsunnyridge.org

illinois@holtsunnyridge.org

Amy Trotter, Branch Director

Nancy Crouch, Domestic Adoption &

Birthparent Services Director

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Illinois.

Accessibility: Fully Accessible.

Services

PREGNANCY

Description: One of the Holt-Sunny Ridge counselors will meet clients at the location of their choosing for free and confidential options counseling. Although each woman's circumstances are unique, most women facing an unplanned pregnancy have primarily three options. We'll help explore each option of so the individual can decide which feels right for you.

Eligibility: No eligibility requirements.

Maximum Income Guidelines: No income guidelines.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: By phone, walk-in, or appointment.

ADOPTION SERVICES

Description: Holt-Sunny Ridge is a license adoption agency that is licensed with the Department of Children and Family Services; both domestic and international adoption programs available for those families wishing to adopt a child. Also offers therapy for adopted children, teens, adult adoptees, adoptive parents, birth parents, and families.

Documents Needed: Photo ID, Social Security card, Immunization Records, Birth Certificate, Proof of Income, Proof of residency, and Medical records.

Meetings: Free informational meetings are held at the Bolingbrook office on a bi-monthly basis to learn about domestic and international adoption program requirements.

Fees: Vary.

Referral Procedures: By appointment.

Homestead Corporation of Champaign-Urbana

306 W. Griggs Street
Urbana, IL 61801-2676

(217) 328-9373 Voice

(217) 344-3327 FAX

homesteadcorp.org

homesteadcorp@gmail.com

Aaron P. Smith, Executive Director

Kevin Boudreau, Property Manager

Public transportation accessible.

Site Hours: Mon, Wed, Fri, 9:00 am - 5:00 pm.

Area Served: Champaign County.

Services

Homestead Apartments Supportive Housing

Description: Permanent supportive housing for single homeless adults.

Eligibility: Single homeless adult, with income below 50% area median family income.

Maximum Income Guidelines: 50% of area median family income for one person.

Documents Needed: Proof of income and documentation of homelessness.

Fees: Rent does not exceed 30% of annual income.

Referral Procedures: By phone, walk-in, or appointment. Call 217-344-1292.

Affordable Homeownership Program

Description: For low-income families who are ready for a place to call their own but have difficulty entering the traditional housing market. Homestead Corporation markets, sells, and builds new single-family homes. The program provides subsidies to the homebuyer, reducing the purchase price and making the dream of homeownership accessible to many families who would otherwise not be able to purchase their own new home. Homebuyers must be able to qualify for mortgage financing through a local lender; Homestead does not do its own financing.

Eligibility: Families must be below 80 percent of the median family income level (adjusted for family size) for Champaign County, and they must be first-time homebuyers. Some funds are also available to provide down payment and closing cost assistance if client is income eligible.

Maximum Income Guidelines: 80% of the area median family income, adjusted for family

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size

Referral Procedures: By phone or e-mail.

Crystal View Townhomes

Description: 70 units of mixed-income affordable rental housing on the site of the former Lakeside Terrace public housing complex in Urbana. Housing consists of 2, 3, and 4 bedroom units for low income families. The income mix will range from very low (30% to 50% of median income), to low (60% of median income), to moderate (80% of median income) income households. Many units will be set-aside for Section 8 program beneficiaries, clients in need of supportive housing, and households requiring accessibility features.

Referral Procedures: Call 217-328-0132.

Hope Meadows

1530 Fairway Drive
Rantoul, IL 61866

(217) 893-4673 Voice
(217) 893-3126 FAX

www.hopemeadows.org
contact@generationsofhope.org

Site Hours: Mon-Thu, 8:30 am - 5:00 pm

Area Served: Rantoul and surrounding areas.

Services

FAMILY SERVICES

Description: Hope Meadows combines retirees and elders with neighbors of all ages who together comprise a neighborhood support structure facilitating foster care, foster grand-parenting, respite foster care, fictive and kinship care, adoption, and post-foster and post-adoption as well as extended family and aging in place assistance.

Fees: The only fees required are rental fees at below-market prices and payment of utilities.

Referral Procedures: Call for more information.

HopeSprings Counseling Services

701 Devonshire Drive
Suites B16-18
Champaign, IL 61820

1301 N. Cunningham Avenue
Urbana, IL 61801

(217) 531-2360 Voice
(217) 352-2635 FAX

www.cunninghamhome.org/programs/hopesprings--
counseling-services
hopesprings@cunninghamhome.org

Dawn Cluver, Associate Director of Clinical Services

Angela Adams Martin, Director of Community-Based Services

Public transportation accessible.

Site Hours: Mon-Thurs, 8:30 am - 6:00 pm.
Fri, 8:30 am - 12:30 pm.

Area Served: Champaign and surrounding counties.

Services

COUNSELING

Description: Offers counseling expertise to individuals in the community who are experiencing difficult life situations. The staff has diverse training and certifications in these areas:

- ARC (attachment, self-regulation, and competency)
- Attachment Disorders
- ADHD
- Autism Spectrum Disorders
- Child physical abuse
- Sexual abuse and neglect
- Collaborative problem solving
- Domestic violence and sexual assault
- EDMR
- Major Depressive Disorder
- Bipolar Disorder and other Mood Disorders
- NMT, NME
- Oppositional Defiant and other Behavioral Disorders
- Parent/child relational issues
- PracticeWise MAP
- SPARCS
- Skills-Streaming
- Theraplay
- Trauma-Informed Care
- Trauma-Focused Cognitive Behavioral Therapy

Eligibility: All clients are considered on case by case to determine eligibility for services.

Documents Needed: Photo ID, Proof of income, insurance card (when applicable).

Fees: Sliding scale. Medicaid, private insurance and private pay accepted.

Referral Procedures: By phone.

Housing Authority of Champaign County

205 W. Park Avenue
Champaign, IL 61820

(217) 378-7100 Voice
(217) 378-7113 FAX

www.hacc.net
office@hacc.net

David Northern, Executive Director

Site Hours: Mon-Thu, 8:00 am - 5:00 pm.
Friday by appointment only.

Area Served: Champaign County.

Services

HOUSING

Description: Low income housing rentals for families, elderly, and people with disabilities.

Eligibility: Serves individuals who are elderly, disabled, and/or low-income families.

Human Service Council of Champaign County

Champaign County Extension Service
801 N. Country Fair Drive
Champaign, IL 61825

PO Box 2072, Station A
Champaign, IL 61825

www.hscchampaign.org
adani@healthcareconsumers.org

Adani Sanchez, Chair

Area Served: Champaign County.

Services

COMMUNITY ACTION GROUPS

Description: The Human Services Council of Champaign County is an association of over 60 public and not-for-profit organizations that seek to develop and improve human services through development of various community projects, exchange of information between organizations, community education concerning needs and programs, and encouragement of cooperation between organizations.

Area Served: Champaign County.

Meetings: First Thursday every month (except July), 8:30-10:00 am, Champaign County Extension Service Auditorium, 801 N. Country Fair Drive, Champaign.

Fees: Membership fees per year:
Agencies/Organizations, \$25

Individual, \$10

Referral Procedures: No phone number associated with this agency. For more information, see website, e-mail the council chair, or walk-in to the monthly meeting. Application for membership can be downloaded online.

Illini Christian Ministries

3 Henson Place, Suite 1
Champaign, IL 61820

(217) 355-4446 Voice
(217) 355-1650 FAX

www.icmfamily.org
admin@icmfamily.org

Bonny Van Dalsen, CFO

Jessie Heckenmueller, Family Care Director
Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: State of Illinois.

Services

FOSTER CARE

Description: ICM recruits, trains, and licenses Christian families to provide home-based foster care for children in need. ICM case workers provide support services depending upon the unique needs of each family. Foster home placements are made strictly on a voluntary basis with the parent or guardian of the child. The goal of the Family Foster Care Ministry is to work toward the best long-term interest of the child while returning the child home as soon as possible.

Eligibility: Check the website for eligibility requirements.

MENTAL HEALTH

Description: Provides theologically-anchored and psychologically-informed counseling services. Services available:

- Early childhood counseling.
- Adolescent counseling.
- Behavioral difficulties.
- Pre-marriage and marriage counseling.
- Relational counseling.
- Crisis counseling.

Fees: Sliding scale.

Referral Procedures: Phone for appointment.

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ADOPTION SERVICES

Description: ICM provides home studies for Christian couples and individuals who wish to adopt domestically, within the USA, as well as home studies for Christian couples and individuals who wish to adopt a child from another country. ICM does not guarantee participants will receive a child to adopt through its programs. ICM provides services to birth parents within Illinois that wish to place their born and unborn children for adoption. ICM places these children in Christian homes that meet the criteria to adopt.

Fees: Check the website for current fee information, as it changes periodically.

PREGNANCY

Description: Caseworkers available to discuss pregnancy options. If living in Illinois or near its borders in another state, a caseworker can come to the client's home or meet client at a convenient time and place to discuss these options. Client may bring mother, a friend, the father of the baby, or another support person to the meeting. All information shared is confidential and there is no obligation to continue working with ICM.

Fees: No fees.

Safe Families / Parenting Partners

Description: Safe Families Program: Provides parents in crisis with respite care for their children, allowing them to temporarily place their children with safe and loving Christian families while addressing their current crisis, with the goal always being reunification.

- Biological parent maintains custody.
- Respite care - average placement lasting anywhere from 2 days to 6 weeks.
- Relationship between the local church, Safe Family, and biological parent is close.
- Volunteer based placements.
- Safe Families go through online training and are monitored by ICM.

Parenting Partners: A volunteer-based ministry with the primary objective to strengthen and equip families in their times of crisis and need.

- Families are DCFS-licensed and monitored by ICM.
- No DCFS children are served.
- A stipend amount is given to Parenting Partners to offset cost for caring for children in care.

- Volunteer-based placements.
 - Biological parent(s) maintain full custody.
- Eligibility:** Families in crisis, whether the issue is abuse, neglect, crisis pregnancy, family conflict, or the lack of an adequate support system.

Fees: No fees.

Referral Procedures: By phone.

Illinois Area of Cocaine Anonymous

No Street Address Available
Chicago, IL 60630

PO Box 300745
Chicago, IL 60630

(312) 834-3784 Voice

illinoisareaca.org
illinoisca@yahoo.com

Area Served: State of Illinois.

Services

SUPPORT GROUPS

Description: Cocaine Anonymous is a fellowship of men and women who share their experiences, strengths, and hopes with each other so that they may solve their common problems and help others to recover from their addictions. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.

Meetings: Various meeting locations throughout Illinois. Callers are encouraged to contact C.A. to see if there is a newly established C.A. meeting or one that meets nearby. Online meetings are also available. If caller doesn't have access to a support group nearby, there may be other materials available to help.

Fees: No fees.

Referral Procedures: By phone.

Illinois Assistive Technology Program

1020 S. Spring Street
Springfield, IL 62704

(217) 522-7985 Voice
(217) 522-9966 TTY
(217) 522-8067 FAX

www.iltech.org
IATP@iltech.org

Wilhelmina Gunther, Executive Director

<continued...>

Yvonne Miller, Administrative Assistant

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: The State of Illinois.

Services

ASSISTIVE TECHNOLOGY

Description: The IATP provides information and referral on assistive technology devices and services. Through their toll-free information and assistance line, they offer information about IATP programs, device, and vendor information. Additional services include:

- **Demonstration Center:** Guided tours are offered of 9-room demonstration center filled with assistive devices. Showcase areas feature a kitchen, bathroom, office, and more.
- **Device Loan Program:** Free device loans for a period of 5 weeks. There are over 1,000 devices in inventory providing potential assistive technology users the opportunity to "try out" equipment before a purchase.
- **Cash Loan Program:** People with disabilities can borrow money at a low interest rate with flexible criteria and extended terms to purchase assistive technology for home or vehicle modifications.
- **Telework Loan Program:** Provides low interest loans to people with disabilities for home-based employment. Loans can be used to purchase equipment, services, and home modifications.
- **AT Classifieds:** Recycling program for assistive technology. On-line database provides listing of pre-owned assistive technology available for sale and donation. Also, DRS Reutilization is a web-based listing of devices that have been collected from DRS field offices and made available to VR counselors for their customers.
- **Evaluation:** Fee for service evaluations and trainings designed to maximize independence at home, school, and/or work for any Illinois resident with a disability.
- **Homeownership:** The Homeownership Coalition helps people with disabilities and the families they live with purchase their own homes. The Coalition serves the following counties in Illinois: Sangamon, Logan, Menard, Christian, Montgomery, and Macoupin.
- **Training:** IATP offers training workshops at no charge. Some examples of the informational programs offered are: Getting to Know Assistive Technology, Funding for Assistive Technology and Aging and Technology - A Way

to Stay Independent.

Eligibility: IATP serves all people with disabilities regardless of age or income, family members, service providers, educators, state agencies, private industry, and other interested individuals.

Referral Procedures: Services available by phone, walk-in, appointment, or email.

Illinois Department of Employment Security (IDES)

No Street Address Available

(800) 244-5631 Toll-free

(866) 488-4016 TTY

www.ides.illinois.gov

Jeff Mays, Director

Sites

Illinois Department of Employment Security (IDES) - Champaign

1307 N. Mattis Avenue

Champaign, IL 61826

(800) 244-5631 Toll-free

(866) 488-4016 TTY Toll-free

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: East Central Illinois.

Services

The Re-Entry Employment Service Program (RESP)

Description: RESP is an employment program for those formerly incarcerated or previously convicted individuals seeking assistance in finding a job. To apply for the program, one can call his or her local IDES office to schedule an appointment with the RESP Liaison. The RESP Liaison will assist in a client's job readiness and work directly with employers on the client's behalf to improve his or her job chances. The IDES website provides lots of information and more details on this program.

Referral Procedures: In-person at any IDES office or call the RESP hotline at 312-793-1597.

EMPLOYMENT

Description: Unemployment Insurance - Files claims and determines eligibility for unemployment benefits. The fastest way to

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access unemployment benefits is through the website. People can also file at the local IDES office.

Additional Information: IllinoisJobLink.com is a website that connects skilled job seekers to employers in Illinois. Illinois businesses are hiring and they are looking for workers on IllinoisJobLink.com. The state's electronic hiring board features more than 100,000 help-wanted ads. Job seekers can build multiple resumes to emphasize different skills and experiences. Business owners can use keyword matching technology to search resumes and find the best candidate. IllinoisJobLink.com is free for workers and employers and can be accessed 24/7 online.

Referral Procedures: By website or phone.

VETERANS SERVICES

Description: Assists veterans in finding gainful employment. Eligible veterans can search for jobs online at IllinoisJobLink.com and should plan a visit to their local IDES office to obtain more information related to employment services and opportunities tailored specifically for veterans.

Documents Needed: DD-214.

Illinois Department of Public Health

535 W. Jefferson Street
Springfield, IL 62761

(217) 782-4977 Voice - Administrative-Main Number

(217) 782-6554 Voice - Vital Records

(217) 524-6088 Voice

OWHFS-Office of Women's Health and Family Services

(888) 522-1282 Toll-free - Women's Health Line

(800) 547-0466 TTY

(217) 782-3987 FAX

www.dph.illinois.gov

Nirav D. Shah, MD, JD, Director

Sites

Illinois Department of Public Health

535 W. Jefferson Street
Springfield, IL 62761

(217) 782-4977 Voice - Administrative-Main Number

(217) 782-6554 Voice - Vital Records

(217) 524-6088 Voice

(888) 522-1282 Toll-free - Women's Health Line

(800) 547-0466 TTY

(217) 782-3987 FAX

Nirav D. Shah, MD, JD, Director

Illinois Department of Public Health - Division of Vital Records

925 E. Ridgely Avenue
Springfield, IL 62702

(217) 782-6554 Voice

(217) 523-2648 FAX

Site Hours: M-F, 10:00 am - 3:00 pm.

Area Served: State of Illinois.

Services

Bed Bug Information

Description: To get educational information about bed bugs, go to the Illinois Department of Public Health website.

Office of Health Care Regulation

Description: When using health care facilities in Illinois, patients and their families can be assured quality of care standards have been established to ensure facilities provide health care services in a clean and safe environment that meets their physical, mental, and psychological needs. Depending on the health care provider, the Office of Health Care Regulation may license, inspect, or certify those that must comply with state and federal regulations. The office also operates a hotline (1-800-252-4343) that people can call to register complaints against health care facilities. Facilities, equipment, and providers subject to review include:

- Alternative health care delivery.
- Ambulatory surgical treatment centers (ASTCs).
- Clinical laboratories (CLIA).
- Community mental health centers and accredited mental health centers (only Medicare certified).
- Comprehensive outpatient rehabilitation facilities.
- Critical access hospitals.
- End-stage renal dialysis units.
- Free standing emergency centers.
- Health maintenance organizations (HMOs).
- Home health agencies.
- Hospices.
- Hospitals.
- Outpatient physical therapy.

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- Portable X-ray services.

- Rural health clinics.

Hours: Central Complaint Registry Hotline:

M-F, 8:30 am - 4:30 pm.

Referral Procedures: Complaints can be filed by phone, mail, or fax.

Ebola Hotline

Description: The Illinois Department of Public Health has activated a 24/7 Ebola hotline to answer individual's questions about Ebola. Managed by staff from the Illinois Poison Center, hotline operators are able to provide timely information on Ebola and the state's response. Residents can call any time with questions such as how Ebola is spread, who is at risk of being infected, when should someone go to a doctor, what hospitals and local health departments are doing to identify and control possible Ebola infections, and other frequently asked questions.

Hours: 24/7.

Area Served: State of Illinois.

Referral Procedures: By phone.

PUBLIC HEALTH

Description: The mission of IDPH is to promote health through the prevention and control of disease and injury. Assuring the quality of our food, setting the standards for hospital and nursing home care, checking the safety of recreation areas, overseeing the inspection of milk producing farms and processing plants, maintaining the state's vital records and screening newborns for genetic diseases are just some of the duties of IDPH.

Birth and Death Records

Description: The Division of Vital Records at IDPH can obtain birth and death certificates for the state of Illinois.

Documents Needed: Photo ID.

Fees: Fees vary based on ordering method.

Referral Procedures: Birth certificates can be ordered through mail, fax, online, or in person. Applications to mail or fax are available online.

Sites: 2

Illinois Breast and Cervical Cancer Program

Description: Offers free mammograms, breast exams, pelvic exams and Pap tests to eligible women. Even if a woman has already

been diagnosed with cancer, she may receive free treatment if she qualifies. Some cases diagnosed outside of the program may also qualify for free treatment.

Eligibility: Women are eligible who are:

- Living in Illinois.

- Without insurance.

- Age 35 to 64 years old.

Area Served: State of Illinois.

Fees: No fees.

Referral Procedures: By phone. The Women's Health Line will pre-screen for this program and then make a referral to local agencies for health screening and treatment.

Illinois Department of Veterans' Affairs

833 S. Spring Street
Springfield, IL 62704

PO Box 19432
Springfield, IL 62794

(217) 782-6641 Voice
(800) 437-9824 Toll-free
(217) 524-4645 TTY
(217) 524-0344 FAX

www.illinois.gov/veterans
webmail@dva.state.il.us

Erica Jeffries, Director

Harry F. Sawyer, Assistant Director

Public transportation accessible.

Sites

Illinois Department of Veterans' Affairs -
Champaign County

600 E. University Avenue
Urbana, IL 61802

(217) 278-3388 Voice - VSO: Robbie Walker

(217) 278-3392 Voice - VSO: Lashunda Hall

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign and Douglas counties.

Services

VETERANS SERVICES

Description: Veteran Service Officers, or VSOs, are fellow veterans and experts on federal, state, and local veteran resources. These VSOs provide free assistance to veterans and their dependents and survivors. They help to apply for federal and state benefits

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as well as provide resources related to the following:

- Compensation and pension.
- Health care.
- Education and training.
- Employment.
- Burial and survivor.
- Housing.
- Permits.
- Transportation.
- Military records.

Documents Needed: DD214 discharge papers and/or service and medical papers in some cases.

Fees: No fees.

Referral Procedures: By phone or walk-in.

Illinois Department on Aging

One Natural Resources Way, Suite 100
Springfield, IL 62702-1271

(800) 252-8966 Toll-free - Senior Helpline
(217) 524-6968 FAX
(866) 800-1409 Toll-free - 24/7 Abuse Hotline
(888) 206-1327 TTY

www.illinois.gov/aging
aging.ilsenior@illinois.gov

Jean Bohnhoff, Director
Elizabeth Delheimer, Manager, Div. of
Community Relations & Outreach

Site Hours: M-F, 8:30 am - 5:00 pm.
24/7 abuse reporting.

Area Served: State of Illinois.

Other Languages: Spanish.

Services

SENIOR SERVICES

Description: The Illinois Department on Aging administers a comprehensive service delivery system to help older adults remain independent. The Department's Community Care Program (CCP) services include comprehensive care coordination, adult day, in-home care and emergency home response. The Department also administers the Benefit Access Program, which provides reduced priced license plates and Ride Free Transit Cards for eligible Illinois residents. In addition, the Department works in partnership with designated Area Agencies on Aging to administer community-based programs funded through the federal Older

Americans Act such as home-delivered meals, transportation, information and assistance, and caregiver support. The Adult Protective Services Program works to prevent the abuse of older adults and persons with disabilities ages 18-59 living in the community and the Long-Term Care Ombudsman Program promotes the rights and quality of life for people who live in long term care facilities.

To report suspected abuse, exploitation or neglect of an older person or an adult with disabilities, call the statewide, 24-hour Adult Protective Services Hotline: 1-866-800-1409, 1-888-206-1327 (TTY).

Eligibility: - To be eligible for CCP, an individual must be at least 60 years of age, have less than \$17,500 in assets (home, car, and household furnishings are excluded), apply for medical benefits (Medicaid), and have an assessed need for long-term care.

- To be eligible for the Benefit Access Program, an individual must be disabled or at least 65 years of age and meet income guidelines.

- To be eligible for services funded through the Older Americans Act, an individual must be at least 60 years of age.

Referral Procedures: By phone or website.

Adult Protective Services (APS)

Description: The Illinois Department on Aging is charged with the responsibility of preventing abuse of older persons and adults (18-59) with disabilities who live in the community.

The Adult Protective Services Program is locally coordinated through 45 provider agencies, which are designated by the regional Area Agency on Aging and the Department on Aging. Caseworkers from these agencies conduct investigations and work with adults with disabilities and seniors in resolving abusive situations.

Hours: 24/7.

Eligibility: Either age 60 and older, or age 18 and older with a disability.

Senior Helpline

Description: The IDOA's Senior Helpline can:
- Help you locate services in your community.
- Evaluate your needs and answer questions.
- Link you to local case management services.
- Provide information, assistance, and literature.
The Senior Helpline provides information on

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Illinois' programs and services and links persons 60 years of age and older and their caregivers to local services. Professional staff briefly assess needs, send literature, and write referrals for a range of services such as case management, the Long-Term Care Ombudsman program, legal services, Medicare, transportation, employment and nutrition services.

Hours: M-F, 8:30 am - 5:00 pm.

Referral Procedures: By phone.

Illinois Environmental Protection Agency Website

Headquarters
1021 North Grand Avenue East
Springfield, IL 62794

PO Box 19276
Springfield, IL 62794

(217) 782-3397 Voice

www.epa.state.il.us

Alec Messina, Director

Area Served: State of Illinois.

Services

SAFETY

Description: The IEPA website contains a listing of medication disposal locations by county for the state of Illinois. These sites provide communities with a proper method of pharmaceutical disposal that effectively reduces the misuse and abuse of pharmaceuticals, as well as, ensures the quality of the water and wildlife for future generations. The disposal sites collect non-controlled, non-hazardous medications. This includes prescribed or over-the-counter vitamins/supplements, homeopathic remedies, creams, oils, ointments, and suppositories. Controlled and/or illegal drugs may be accepted, depending on the site's specific DEA regulations. Check with the local site disposal program beforehand.

Referral Procedures: Walk-in.

Illinois Family Violence Coordinating Councils

607 E. Adams Street
Suite 906

Springfield, IL 62701

(217) 524-4745 Voice

www.ilfvcc.org

mary.ratliff@illinois.gov

Mary Ratliff, Program Director

Public transportation accessible.

Sites

Family Violence Coordinating Council, 6th
Judicial Circuit

1115 N. State Street, Room 124
Monticello, IL 61856

(217) 480-6291 Voice - Coordinator

Chris Sanantonio, Coordinator

Area Served: Champaign, DeWitt, Douglas,
Macon, Moultrie, and Piatt counties.

NOTE: DeWitt County Courthouse
201 W. Washington Street

P.O. Box 439

Clinton, IL 61727

Services

VIOLENCE PREVENTION

Description: The purpose of the Family Violence Coordinating Councils, at both the state and local/circuit level, is to establish a forum to improve the institutional, professional and community response to family violence including child abuse, domestic abuse, and elder abuse; to engage in education and prevention; the coordination of intervention and services for victims and perpetrators; and, to contribute to the improvement of the legal system and the administration of justice.

Fees: No fees.

Referral Procedures: By phone.

Illinois Hunger Coalition - Hunger Hotline

205 W. Monroe Street, Suite 310
Chicago, IL 60606

(800) 359-2163 Toll-free

(312) 629-9580 Voice

(312) 629-3514 FAX

www.ilhunger.org

ilhungercoalition@gmail.com

Barbara J. Smith, Hunger Hotline Coordinator

Site Hours: M-F, 9:00 am - 5:00 pm.

Other Languages: Spanish.

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Services

INFORMATION AND REFERRAL

Description: Individuals can call the Hunger Hotline to apply for SNAP benefits (food stamps), as well as the state's health coverage (Medicaid) over the phone, and find out whether they qualify for other programs like WIC. Callers can get free, confidential help if they have already applied for benefits and are having a difficult time getting them. The hotline will also refer to food pantries or soup kitchens within the caller's geographic location.

Fees: No fees.

Referral Procedures: By phone.

Illinois Insurance Hotline

Illinois Insurance Association
217 E. Monroe Street, Suite 110
Springfield, IL 62701

(800) 444-3338 Toll-free
(217) 789-6559 FAX

www.illinoisinsurance.org
insurancehotline@illinoisinsurance.org

Kevin Martin, Executive Director
Janet Patrick, Hotline Director

Site Hours: M-F, 9:00 am - 4:00 pm.

Area Served: State of Illinois.

Services

INFORMATION AND REFERRAL

Description: Illinois consumers with insurance questions can get help from a statewide toll-free hotline. The Illinois Insurance Hotline is an industry-sponsored resource providing residents with access to unbiased information about a wide range of insurance topics. Illinois Insurance Hotline consultants are available to answer general insurance questions, distribute educational materials, and suggest resources available to those struggling with insurance issues. Hotline consultants do not recommend companies, agents, or types of coverage consumers should buy.

Illinois Lifeline Link-Up

312 S. 4th Street, Suite 200
Springfield, IL 62701

(800) 683-9793 Toll-free - Frontier Customers

(888) 256-5378 Toll-free - AT&T Customers
(217) 572-1272 Voice

www.linkupillinois.org
rebecca@filson-gordon.com

Area Served: State of Illinois.

Services

Lifeline / Link-Up

Description: Lifeline helps subsidize the monthly cost of basic local landline phone service. Link-Up helps pay for installing a landline phone in the homes of low-income individuals or families in Illinois.

Eligibility: Illinois households qualify for Lifeline and Link-Up telephone assistance if they have an income of 135% or less of federal poverty guidelines or if they are enrolled in any of the following:

- Low-Income Home Energy Assistance (LIHEAP).
- Free National School Lunch Program.
- Medicaid.
- Food Stamps.
- Temporary Assistance to Needy Families (TANF).
- Supplemental Security Income (SSI).
- Federal Public Housing Assistance.

Referral Procedures: To enroll in Lifeline or Link-Up, call your local telephone company.

Illinois Migrant Council

118 S. Clinton Street, Suite 500
Chicago, IL 60661

(312) 663-1522 Voice

www.illinoismigrant.org
info@illinoismigrant.org

Eloy Salazar, Executive Director
Public transportation accessible.

Sites

Illinois Migrant Council - North Central Region

115 S.W. Adams Street, Room 007
Peoria, IL 61602

(309) 999-4257 Voice

Public transportation accessible.

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Cass, Champaign, Fulton, Kankakee, Livingston, Logan, Marshall, Mason,

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McLean, Peoria, Sangamon, Stark, Tazewell, and Woodford counties.

Other Languages: Spanish.

Services

IMMIGRANT/MIGRANT SERVICES

Description: IMC provides a wide range of employment and training services for Illinois' farmworkers through the National Farmworker Jobs Program (NFJP). The NFJP provides supportive services to help economically disadvantaged farmworker families while they are working in agriculture and offers employment and training services to assist enrolled farmworkers to acquire new occupational skills that lead to stable jobs.

Maximum Income Guidelines: 100% of federal poverty level.

Documents Needed: Applicants must have Photo ID, Birth Certificate, Social Security cards, proof of income, and marriage certificate (if applicable). Also must have work authorization documents and, if male born after 1/1/1960, must meet Selective Service Registration requirements. Call for more information.

Fees: No fees.

Referral Procedures: By phone, walk-in, appointment, or referral.

Illinois Pension Assistance Project

University of Massachusetts Boston
Pension Action Center
Gerontology Institute
Boston, MA 02125

100 Morrissey Boulevard
Boston, MA 02125-3393

(617) 287-7080 FAX
(888) 425-6067 Toll-free

www.umb.edu/pensionaction
pension@umb.edu

Louise Cataldo, Development & Community Education

Jeanne Medeiros, Director

Area Served: State of Illinois.

Services

MONEY MANAGEMENT

Description: The Illinois Pension Assistance Project, funded by The Retirement Research

Foundation, provides free personalized pension counseling to residents of Illinois who have questions about their traditional private pension plans, 401(K) plans, or other private employer-sponsored retirement plans.

Project can assist individuals who have problems with pensions from the private sector such as those who have been denied pension benefits, who are receiving less than they are entitled to, who are unable to locate a lost pension, as well as with other issues regarding pension eligibility. However, the project does not handle cases that involve public pension benefits such as state or local plans, nor do they handle church plans.

Fees: No fees.

Referral Procedures: By phone or website.

Illinois Poison Center

222 S. Riverside Plaza, Suite 1900
Chicago, IL 60606

(800) 222-1222 National Toll-free - 24 hours

(312) 506-4925 FAX - Administration

(312) 906-6136 Voice - Administration

www.illinoispoisoncenter.org

info@ilpoison.org

Michael Wahl, Medical Director

Patty Mulcrone, Administrative Assistant

Site Hours: 24/7.

Area Served: State of Illinois.

Other Languages: Translation services available for all languages.

Services

POISON CONTROL

Description: The Illinois Poison Center provides the people of Illinois with access to comprehensive information and treatment advice on potentially harmful substances via a free, confidential 24-hour helpline. The helpline is staffed by specially trained medical experts, including doctors, nurses, and pharmacists.

Referral Procedures: By phone or website.

Illinois Premise Alert Program

No Street Address Available

Springfield, IL 62701

www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=3159&ChapterID=39

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Area Served: State of Illinois.

Services

DISABILITY SERVICES

Description: It is the intent of this program to offer guidance and direction to public safety workers in responding to and assisting those people with special needs or disabilities or both with whom they will have contact in the performance of their duties and responsibilities. Information provided is confidential, maintained in a database, and provided to emergency responders and public safety workers prior to contact.

Eligibility: Persons with special needs, disabilities, or both.

Additional Information: Once a person is registered, information needs to be updated at least once every two years or they will be removed from the database (some places may request information to be updated more frequently).

Referral Procedures: Contact local law enforcement to inquire about registering.

Illinois Radio Reader (IRR)

300 N. Goodwin Street
Urbana, IL 61801-2173

(217) 333-6503 Voice
(217) 244-2656 FAX

www.will.illinois.edu/illinoisradioreader
will-irr@illinois.edu

Kathie Spegal, Coordinator
Kimberlie Kranich, Community Content Director
Public transportation accessible.

Site Hours: M-F, 7:30 am - 12:30 pm for recording.
24/7 for broadcast.

Area Served: Champaign, Vermilion, Ford, Macon, McLean, Coles, Edgar, Moultrie, Douglas, DeWitt counties.

Accessibility: Fully Accessible.

Services

Illinois Radio Reader

Description: Illinois Radio Reader is a reading service for the visually disabled that broadcasts daily readings of local newspapers, magazines, books and other periodicals. IRR broadcasts 24/7/365 using other material when the local

shows are complete for the day. Reception of the programming is through a special receiver provided free-of-charge, on-line or via a smartphone app. Local volunteers provide the reading services and are always welcome to inquire about openings. The recording venue is totally accessible.

Eligibility: For anyone who needs this type of service.

Documents Needed: Verification of vision impairment.

Fees: No fees.

Referral Procedures: By phone or email.

Illinois Respite Coalition

Maryville Center for Children
4015 N. Oak Park Avenue
Chicago, IL 60634

(773) 205-3627 Voice - Office
(773) 205-3631 FAX
(630) 207-8479 Cell

Primary Direct Line to Statewide Respite Coordinator

www.illinoisrespitecoalition.org
illinoisstatewidecoordinator@maryvilleacademy.org

Tina Yurik, Director

Area Served: State of Illinois.

Services

Lifespan Respite Program

Description: The Illinois Respite Coalition (IRC) is a non-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for the residents of Illinois.

The goal of the IRC is to help families navigate respite funding streams, eligibility criteria, and fragmented services. The IRC also provides a network for caregivers and providers to get linked together by offering online respite resources and access to training opportunities. The Lifespan Respite Program has been established to help coordinate systems of accessible, community-based respite care services for family caregivers of children and adults with special needs living in the state of Illinois.

Referral Procedures: By phone

Illinois Service Resource Center (ISRC)

3444 W. Dundee Road
Northbrook, IL 60062

(847) 559-8195 Voice
(847) 559-8199 FAX
(800) 550-4772 Voice/TTY
(224) 545-5199 Video Phone

www.isrc.us
isrc@isrc.us

Cheri Sinnott, LCSW, Director
Public transportation accessible.

Site Hours: Office: M-F, 8:00 am - 5:00 pm.

Area Served: State of Illinois.

Other Languages: American Sign Language.

Services

SUPPORT SERVICES

Description: The Illinois Service Resource Center provides behavior support for families and educators of children who are deaf, hard of hearing, or blind. Free onsite visits for schools and homes are available. Additional services include free training for school and parent groups, free library with return postage included, and 24-hour helpline.

Eligibility: Families of children with hearing or vision loss.

Area Served: All areas within the State of Illinois.

Fees: No fees.

Referral Procedures: By phone or email.

Illinois State Police

District 6 Headquarters
800 S. Old Airport Road
Pontiac, IL 61764-0498

(815) 844-1500 Voice
(815) 844-1572 FAX

www.isp.state.il.us
askisp@isp.state.il.us

Captain Steven T. Riesenberg, District Commander

Leo P. Schmitz, Illinois State Police Director

Sites

Illinois State Police - Pesotum - District 10
611 S. Chestnut
Pesotum, IL 61863

(217) 867-2050 Voice

Captain Louis W. Kink, District Commander

Area Served: Champaign, Coles, Douglas, Edgar, Macon, Moultrie, Piatt, Shelby, and Vermilion counties.

Services

LAW ENFORCEMENT

Description: The state agency that has responsibility for enforcing state laws, investigating crimes, providing laboratory analysis of criminal evidence, gathering and sharing criminal intelligence, and providing expertise and resources to other law enforcement agencies throughout the state.

Illinois Student Assistance Commission

1755 Lake Cook Road
Deerfield, IL 60015-5209

(800) 899-4722 Toll-free
(800) 526-0844 TTY
(847) 831-8549 FAX

www.isac.org
isac.studentservices@isac.illinois.gov

Kevin B. Huber, Chairman

Area Served: State of Illinois.

Other Languages: Spanish.

Services

STUDENT SERVICES

Description: ISAC's college access and outreach activities are focused on helping families navigate the numerous steps involved in career and college planning as well as finding, applying to, and paying for college. These resources include:

- ISAC Student Portal: Provides online tools to help with college and scholarship search, financial aid planning, money management, and career and job searches.
- ISACCorps: Provides student outreach and offers one-on-one college mentoring, presentations, financial aid application assistance, and a number of other

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college-related services.

- Helping families pay for college: Offers Illinois residents a variety of grant and scholarship programs, eligibility for which is based on factors such as financial need, academic achievement, chosen field of study, or military service. Also offers student loan repayment programs and the College Illinois! Prepaid Tuition Program.

Fees: No fees.

Referral Procedures: Students interested in attending college can visit the website for information and resources. If interested in one-on-one college mentoring or presentations, call for information on local ISACorps outreach representatives.

InCharge Debt Solutions

5750 Major Boulevard, Suite 300
Orlando, FL 32819

(800) 565-8953 Toll-free
(877) 906-5599 Toll-free - Credit Counseling
(877) 712-6040 Toll-free - Housing Counseling
(866) 729-0049 Toll-free - Bankruptcy Counseling

www.incharge.org
contact-us@incharge.org

Etta Money, President

Karen Carlson, Director of Education

Site Hours: Credit Counseling: M-F, 8:00 am - 11:00 pm; Sat, 9:00 am - 6:00 pm (EST).

Housing Counseling: M-Th, 8:00 am - 6:00 pm; Fri, 8:00 am - 12:00 pm.

Bankruptcy Counseling: M-F, 8:00 am - 9:00 pm.

Area Served: United States, Canada, and Military personnel serving overseas that are experiencing financial distress.

Services

CREDIT COUNSELING

Description: InCharge Debt Solutions provides debt management, credit counseling, foreclosure prevention, and housing counseling to debt-stressed consumers. InCharge is a nonprofit organization and offers free credit counseling and personal finance education. Its mission is to provide relief to financially distressed individuals and families experiencing consumer debt problems and provide consumers with education and personal financial management tools to enable them to use credit responsibly.

At the core of InCharge's credit counseling services is a comprehensive Debt Management Program for individuals experiencing financial trouble. Through the program, InCharge works with creditors to help individuals get out of debt without taking out a loan. When calling InCharge, please have credit card statements ready so that a counselor may thoroughly examine needs.

Fees: Initial counseling session with a Certified Financial Counselor to assess and discuss financial situation is free. If a person participates in a Debt Management Program, there are nominal fees to cover the cost of setting up and administering program. As a non-profit organization, these fees are limited by state regulations and are typically low (an initial set-up fee is \$49 or less and monthly program fees are \$50 or less). InCharge credit counselors may reduce or eliminate these fees depending on personal situations.

Referral Procedures: By phone or website. Information and tools on personal finance management, credit counseling, debt management, and online assistance available 24/7 on website.

Internal Revenue Service

1111 Constitution Avenue, NW
Washington, DC 20224

(800) 829-1040 Toll-free - Tax Questions
(800) 829-3676 Toll-free - Tax Form Ordering

www.irs.gov

Sites

Internal Revenue Service - Champaign Office

310 W. Church Street
Champaign, IL 61820

(217) 398-5210 Voice
(800) 829-1040 Toll-free - Tax Questions
(800) 829-3676 Toll-free - Tax Form Ordering

Site Hours: M-F, 8:30 am - 4:30 pm.
Closed from 11:30 am - 12:30 pm for lunch.

Area Served: Champaign, Douglas, Iroquois, and Vermilion counties.

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Services

GOVERNMENT

Description: Call or visit the website to request tax information or tax forms.

Fees: No fees for information.

ITAC - Illinois Telecommunications Access Corporation

3001 Montvale Drive, Suite A
Springfield, IL 62704

(800) 841-6167 Toll-free
(217) 698-0942 FAX

www.itactty.org
jkress@itactty.org

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: State of Illinois.

Services

DISABILITY SERVICES

Description: ITAC's purpose is to provide telecommunications access to people who are deaf, hard of hearing, late deafened, speech-disabled, or deaf-blind. They accomplish this by providing the Illinois Relay Service and issuing equipment that ranges from amplified telephones to Braille phones for eligible users. ITAC programs are funded by a charge on all local phone lines in Illinois. Offers the following services:

- 1) Voucher Program - The user owns and is responsible for upkeep of the equipment. Participants in good standing are eligible for a new voucher every four years. ITAC's vouchered equipment includes amplified telephones and TTYs.
- 2) Loan Program - ITAC owns and provides normal upkeep of the equipment. The Loan program covers repair and exchange services under circumstances of normal wear and tear. Any damage to equipment deemed to be "user abuse" is charged back to the user. ITAC's loaned equipment includes CapTel, TTY with LVD, and Braille phone.
- 3) Illinois Relay Program - ITAC provides telecommunications relay service (TRS) in Illinois under a contract with Sprint. Illinois Relay is a free service, available 24 hours a day, seven days a week. Dial 7-1-1 to reach Illinois Relay.

Eligibility: There are application requirements. Applicants must:
- Be a legal resident of the State of Illinois.
- Have working phone service in the home.
- Have application signed by medical professional stating that applicant is unable to use a standard phone.

Maximum Income Guidelines: There are no age or income restrictions to qualify for the programs.

Referral Procedures: Call for further information or see the web site for the location of "Selection Centers" where applicants can try out the different phones/TTY's to help decide what equipment will work best for them.

Kleppin & Associates LLC

701 Devonshire Drive
Savoy, IL 61874

(217) 721-2686 Voice
(217) 398-0413 FAX

www.kleppinandassociates.com
mkleppin92101@yahoo.com

Michael Kleppin, Founder

Area Served: Offices are located in Champaign, Urbana, Decatur and Danville, Illinois.

Services

COUNSELING

Description: Forensic Therapy is available for clients within the judicial system (i.e. courts, probation, parole) who are seeking therapy for the dysfunctional or deviant behaviors which have created consequence in their lives which has now lead to criminal prosecution. The goal of forensic therapy is to assist the client in a greater understanding of their dysfunctional behavior and methods by which they can alter their lifestyles to become productive in society once again. Forensic services include:

- Forensic Mental Health and Substance Abuse Evaluations for the courts.
- Sex Offender Specific Evaluations and Risk Assessments.
- Violent Offender Specific Evaluations and Risk Assessments.
- Individual Sessions.
- Group Therapy.
- Forensic Consultation.

Referral Procedures: Therapy can be paid for

<continued...>

through most insurance coverage plans, but also accepts private pay. There is a sliding scale for fees, adjusting the cost of the sessions based on the household income of the client.

La Leche League of Champaign-Urbana

No Street Address Available
Mahomet, IL 61853

PO Box 742
Mahomet, IL 61853

(217) 725-8060 Voice - Jodi

www.facebook.com/LLLofCU/
jodi@treeoflifedoulas.com

Jodi Fan, Leader

Services

PARENT EDUCATION

Description: La Leche League Leaders are experienced mothers who have breastfed their own babies and who have been trained and accredited by La Leche League International to help mothers and mothers-to-be with all aspects of breastfeeding - which can include using breast pumps and bottles or supplementing with formula. They are available by phone or e-mail whenever you have breastfeeding questions or concerns. All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome to come to meetings or call one of the Leaders for breastfeeding help and/or meeting information. Babies and toddlers are always welcome at all meetings.

Meetings: PM Breastfeeding Support Series Meeting:

Urbana Free Library
210 W. Green Street, Urbana
2nd Monday of the month, 6:00 pm - 7:30 pm.

AM Breastfeeding Support Series Meeting:

Developmental Services Center
1304 W. Bradley Avenue, Champaign
3rd Wednesday of the month, 10:00 am - 11:00 am.

Referral Procedures: By phone or walk-in.

La Linea (University YMCA) & Latino Partnership of Champaign County NFP

400 N. Vine Street

Urbana, IL 61801

P.O. Box 5164

Station A

Champaign, IL 61825-5164

(217) 202-1406 Voice

www.facebook.com/lalineacu

lalinea@universityymca.org

Gloria Yen, Coordinator

David Adcock, Latino Partnership Chair

Area Served: Champaign County.

Other Languages: Spanish, French.

Services

LATINO SERVICES

Description: Latino Partnership of Champaign County and La Línea are separate agencies cooperating to assist the underserved in the Latino community of Champaign County. This collaboration is called La Línea Compartida (The Shared Line). The focus is on newcomers, Spanish-speaking immigrants, and other Latin Americans with limited or no English speaking ability, such as the Guatemalan Maya community.

La Línea provides outreach and referral services with limited advocacy and some direct services including volunteer interpreters and case workers to assist with a variety of issues that present barriers to the well-being of clients. Latino Partnership of Champaign County is a 501(c)3 NFP with membership from a variety of Social Services, public schools, government agencies, businesses and community groups. LPCC/NFP functions as a clearinghouse of information and provides referrals to the underserved immigrant Latino population of Champaign County. Referrals are made both to its member agencies and other contacts within the community. LPCC/NFP has small funding available for emergency needs such as funerary arrangements and emergency food bank access on weekends, after hours or whenever a client's need is too immediate to wait until dedicated food banks in the area are open. Other types of limited financial assistance may be provided on a case-by-case basis with approval of the Board of Directors.

Land of Lincoln Goodwill Industries

302 Landmark Drive
Normal, IL 61761

<continued...>

(217) 280-1868 Voice - Retail Store
(217) 280-1868 Voice - Career Center
(217) 391-7624 FAX - Administrative Office

www.llgi.org
info@llgi.org

Sean Fitzgerald, General Manager
Ursula Tone-Loercher, Career Coach
Public transportation accessible.

Sites

Land of Lincoln Goodwill Industries -
Champaign Store
912 W. Anthony Drive
Champaign, IL 61821

(217) 280-1870 Voice - Retail Store

Site Hours: Mon-Sat, 9:00 am - 7:00 pm.
Sun, 12:00 pm - 6:00 pm.

Land of Lincoln Goodwill Industries -
Danville Store
904 N. Gilbert Street
Danville, IL 61832

(217) 220-6548 Voice - Retail Store

Site Hours: Mon-Sat, 9:00 am - 7:00 pm.
Sun, 12:00 pm - 6:00 pm.

Land of Lincoln Goodwill Industries - Savoy
Store
1201 Savoy Plaza Lane
Savoy, IL 61874

(217) 503-6076 Voice - Retail Store

Site Hours: Mon-Sat, 9:00 am - 8:00 pm
Sun, 12:00 pm - 6:00 pm.

Services

THRIFT STORES

Description: Goodwill stores feature gently used and new items that are bargains for shoppers. Items offered include jeans, business attire, infant and children's clothing, housewares, linens, furniture and more. Additionally, shopping is available from home on Goodwill's online auction site, www.shopgoodwill.com.

Additional Information: Shopping at Goodwill supports job training and placement programs for people with disabilities and other barriers to employment.

Sites: 1 3

Career Development

Description: Land of Lincoln Goodwill Industries provides an array of employment opportunities, job training and counseling, and related career services to central Illinois residents through programs that embrace education, self-sufficiency, hope, and pride. For those with special needs or lacking employable skills, Goodwill provides programs that develop those skills, job search assistance, and personal improvement. Services include:

- Resume writing and cover letters.
- Interview skills.
- Filling out employment applications.
- Communication skills.
- Career development and advancement.
- Computer skills and training.

Documents Needed: Photo ID.

Additional Information: **Fees:** No fees.

Referral Procedures: By phone or appointment.

Sites: 2

Lawyers' Committee for Better Housing

33 N. LaSalle, Suite 900
Chicago, IL 60602

(312) 347-7600 Voice

(312) 347-7604 FAX

(855) 207-8347 Toll-free

Tenants in Foreclosure Help Line

www.lcbh.org

Todd F. Maynes, Kirkland & Ellis LLP, President

Louis DiSanto, Banner & Witcoff, Ltd., Vice

President

Area Served: State of Illinois.

Services

Tenants in Foreclosure Intervention Project (TFIP)

Description: - TFIP serves to inform tenants about their rights to remain in their rental property after the landlord's ownership is foreclosed.

- Offers a free helpline that renters can call to learn the status of their building and discuss their options.

Eligibility: Those in rental units impacted by foreclosure.

Additional Information: Lawyers' Committee for Better Housing does not offer direct representation to tenants outside of Chicago,

but they can provide legal information and resources to impacted communities throughout Illinois.

Fees: No fees.

Referral Procedures: By phone, website.

Legal Self-Help Center - Champaign County

Champaign County Courthouse
101 E. Main Street
Urbana, IL 61801

champaign.illinoislegalaid.org
cccircuitclerk@co.champaign.il.us
Valerie McWilliams, Contact
Public transportation accessible.

Site Hours: Mon, 9:00 am - 12:00 pm; 1:00 pm - 4:00 pm.

Wed, 9:00 am - 12:00 pm; 1:00 pm - 3:00 pm.

Fri, 9:00 am - 1:00 pm.

Area Served: Champaign County.

Services

Legal Self-Help Center

Description: The Legal Library and Self-Help Center exists to assist people who are not able to afford an attorney and those attempting to represent themselves in court proceedings. The online system can be used to get free legal forms and court procedure information through the Chicago-based Illinois Legal Aid Online. Computer terminals and printers are available for public access at the library. When staffing is available, there may be assistance to help navigate the website. Any Internet-equipped computer can also access legal aid online.

Fees: No fees.

Referral Procedures: Walk-in.

LGBT National Help Center

2261 Market Street, Unit 296
San Francisco, CA 94114

(415) 355-0003 Voice - Administration
(800) 246-7743 Toll-free
LGBT National Youth Talkline (through age 25)
(888) 843-4564 Toll-free
LGBT National Hotline (all ages)
(888) 234-7243 Toll-free
SAGE LGBT Elder Hotline (ages 50 and up)

www.glbthotline.org

HELP@GLBThotline.org

Site Hours: M-F, 3:00 pm - 11:00 pm CST.
Sat, 11:00 am - 4:00 pm CST.

Area Served: Nationwide.

Other Languages: Spanish available only on the SAGE LGBT Elder Hotline.

Services

LGBTQ SERVICES

Description: The LGBT National Help Center provides free and confidential support for lesbian, gay, bisexual and transgender (LGBT) people, and those with questions about sexual orientation and/or gender identity. Services include phone support through three national, toll-free hotlines; peer-support web chat with a trained peer-counselor; factual information about LGBT issues, safer-sex info, and local resources for cities and towns nationally. All volunteer peer-counselors are gay, lesbian, bisexual or transgender.

Fees: No fees.

Referral Procedures: By phone or website.

LifeLine Pilots

Greater Peoria Regional Airport
Byerly Aviation, Suite 302
6100 W. Dirksen Parkway
Peoria, IL 61607

(800) 822-7972 Toll-free
(309) 210-9800 FAX

www.lifelinepilots.org
missions@lifelinepilots.org

Annette Fisher, Mission Coordinator
Andy Zich, Vice Chairman

Site Hours: Office: M-F, 8:30 am - 5:00 pm.

Area Served: All of Illinois is covered. Call for verification of other states' eligibility.

Accessibility: Note: Patients must be ambulatory; meaning they must be able to get around on their own and be able to step up to a 12"-18" step onto the wing of a small aircraft and sit upright in a seat belt for the duration of the flight(s).

Services

Mercy Transportation

Description: LifeLine Pilots facilitates free AIR transportation through volunteer pilots for passengers experiencing financial hardship

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with medical and humanitarian needs.

Eligibility: Eligibility can be found on the mission application on website or by calling.

Fees: No fees.

Referral Procedures: By phone, fax, email, website.

Lincoln Prairie Behavioral Health Center

5230 S. Sixth Street Road
Springfield, IL 62703

(888) 501-1180 Voice
24 hour Assessment and Referrals
(217) 585-1180 Voice
(217) 585-4747 FAX

www.lincolnprairiebhc.com
jill.mcclintock@uhsinc.com

Tom DeMarco, Director of Business Development

Jill McClintock, Community Liaison
Public transportation accessible.

Services

PSYCHIATRIC SERVICES

Description: Lincoln Prairie Behavioral Health Center offers families and children in central and southern Illinois the following services:

- 88 inpatient psychiatric beds for youth ages 3-17.
- Array of outpatient programs including partial hospitalization and intensive outpatient to complement and supplement the community needs of Springfield.
- Physicians to monitor medications and treat childhood behavioral and mental health needs.
- Inpatient/Outpatient treatment options.

Facility and treatment components include:

- Free 24-hour assessments and referrals.
- Multi-disciplined evaluations.
- Qualified mental health professionals.
- Behavioral therapy.
- Expressive therapy.
- Individual, group, and family counseling.

Eligibility: Boys and girls, age 3-17.

Area Served: Primarily central and southern Illinois, but no geographic limitations within Illinois.

Fees: Fees vary. Accepts Medicaid, private insurance, private pay.

Referral Procedures: By phone, walk-in, or appointment.

Lincoln's Challenge Academy - Illinois National Guard

205 Dodge Avenue
Rantoul, IL 61866

(800) 851-2166 Toll-free
(217) 892-1314 Voice
(217) 892-1385 FAX

www.lincolnschallenge.org
Peter Thomas, Director

Sites

Lincoln's Challenge Academy - Illinois National Guard

205 Dodge Avenue
Rantoul, IL 61866

(800) 851-2166 Toll-free
(217) 892-1314 Voice
(217) 892-1385 FAX

Peter Thomas, Director

Area Served: State of Illinois.

Lincoln's Challenge Academy - Region F - Danville

22979 N. Bowman Avenue
Danville, IL 61834

(800) 851-2166 Toll-free
(217) 892-1328 Voice
(217) 892-1382 FAX

James Campbell, Regional Coordinator

Area Served: Champaign, Clark, Coles, Crawford, Cumberland, Douglas, Edgar, Ford, Iroquois, Jasper, Kankakee, Livingston, Moultrie, Piatt, Shelby, and Vermilion counties.

Services

EDUCATION

Description: Young people (ages 16-18) can volunteer to participate in the academy which provides a 17-month life skills program, with the first 5 1/2 months in residency at the Main Facility. Youth receive GED instruction, self-discipline, life-coping skills, and career counseling while living in a structured, military environment. During the remaining 12 months, they are assigned a mentor from their community. Youth must continue their education in a post-secondary institution or obtain employment. They may be eligible to receive a monetary stipend from the program to assist in education or employment costs. Youth may also

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receive scholarships to select post-secondary education institutions.

There are 8 core components of the Lincoln's ChalleNGe Academy program. Cadets must successfully complete all 8 components to graduate from the Academy. The core components are designed to educate and produce youth that will become productive members of the community upon graduation.

The 8 core components are:

- Academic excellence.
- Life coping skills.
- Job skills.
- Health and hygiene.
- Responsible citizenship.
- Service to the community.
- Leadership/Followership.
- Physical fitness.

Eligibility: The basic eligibility requirements for acceptance into the program are: applicants must be between the ages of 16-18 on class start date, free of illegal drugs, educationally at risk, mentally and physically capable to participate, Illinois resident, and not under indictment or convicted of a felony offense.

Maximum Income Guidelines: None.

Documents Needed: If applying to the program, the individual will need to provide their ID/driver's license, Social Security number, birth certificate, immunization records, health insurance coverage, and school transcript.

Fees: No fees except for minimal costs for personal items.

Referral Procedures: By phone.

Sites: 1 2

Lions of Illinois Foundation

2254 Oakland Drive
Sycamore, IL 60178

(815) 756-5633 Voice
(815) 748-9087 FAX

www.lionsofillinoisfoundation.org
kmk@lifnd.org

Kirsten Kotlarchik, Staff Accountant
Trish Fisher, Social Services Coordinator

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: State of Illinois.

Services

Camp Lions

Description: Camp Lions is for youth with

visual or hearing impairments. Offers eligible youth a week of fun, challenging activities as well as the opportunity to make new friends with peers of similar abilities.

Eligibility: Persons must be between the ages of 7-17 years old, either be blind or have low vision or be deaf or hard of hearing. Campers must be:

- Independent in all personal/hygiene care (one-to-one care is NOT provided by camp counselors or staff).
- Independently ambulatory around the campsite and activity areas.
- Cognitively capable of understanding and following instructions from staff.

Fees: \$15 deposit required.

HEALTH SCREENING

Description: Low-income individuals who are not eligible for eye exams, glasses, hearing tests, or hearing aids through other public benefit sources can apply for those services through their local club. Services include:

- Used Eyeglasses Collection - Eyeglasses collected for distribution and reuse in poverty areas worldwide.
- Diabetic Eye Screening - Travels the state to give free, basic screenings to adults with diabetes and adults over 55 years of age to detect diabetic retinopathy and macular degeneration.
- Mobile Hearing Screening Unit - Travels the state to give free screenings to adults, detect possible hearing loss, and educate the public.
- Used Hearing Aid Bank - Provides reconditioned hearing aids to persons who cannot afford them.

Referral Procedures: A local Lions club in or near your community may sponsor a program that provides assistance for the purchase of eyeglasses or hearing aids; call for information.

Ludlow UMC Food Pantry

Ludlow United Methodist Church
306 Thomas Street
Ludlow, IL 60949

(217) 840-7271 Voice

Rhonda Moore, Food Pantry Coordinator

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Services

FOOD

Description: Food pantry is available. Personal/grooming supplies are also generally available.

Hours: 4th Saturday of the month, 8:00 am - 10:00 am.

Other hours available in case of an emergency.

Area Served: Ludlow, Gifford, and Penfield.

Documents Needed: Proof of residency (utility bill) during first visit.

Fees: No fees.

Referral Procedures: Walk-in.

Lutheran Social Services of Illinois

3000 W. Rohmann Avenue, Suite 5
West Peoria, IL 61604

(309) 671-0300 Voice
(888) 671-0300 Toll-free
(309) 671-0503 FAX

www.lssi.org
info@lssi.org

Sites

Lutheran Social Services of Illinois - Champaign Office

1809 Woodfield Drive
Savoy, IL 61874

(217) 398-3011 Voice
(866) 398-3011 Toll-free
(217) 398-3176 FAX

Public transportation accessible.

Site Hours: M-F, 8:30 am - 4:30 pm.

Services

ADOPTION SERVICES

Description: LSSI offers Adoption Preservation services for families formed through adoption or subsidized guardianship whose children are experiencing emotional, education, medical or behavioral issues. The services include assessment and consultation for the entire family. LSSI provides educational and support groups, as well as 24-hour crisis support. LSSI is the largest provider of these kinds of services in the state. The services are available in 25 counties, primarily in Central Illinois. For families residing elsewhere, LSSI

will provide referral assistance to help families connect with the Adoption Preservation provider in their area.

FOSTER CARE

Description: Provides placement and casework services for children who have been removed from their birth families because of abuse or neglect. LSSI provides training, licensing and services for foster families. Because the goal of foster care is returning the child back to his or her birth family if possible, LSSI asks its foster parents to support the child's connection to his or her birth family by providing transportation to or hosting sibling visits, and visiting with birth parents when the child welfare team mutually agrees upon this.

Area Served:

MADD - National Office

511 E. John Carpenter Freeway, Suite 700
Irving, TX 75062

(877) 275-6233 Toll-free - 877-ASK-MADD

(877) 623-3435 Toll-free

877-MADD-HELP (Victim Services 24-Hour Hotline)

(972) 869-2206 FAX

www.madd.org

David Strickland, Chair of the Board

Site Hours: 24/7.

Area Served: Nationwide.

Services

PREVENTION

Description: MADD is a 501(c)(3) non-profit grass roots organization with more than 400 entities nationwide. MADD is not a crusade against alcohol consumption - MADD's mission is to stop drunk driving, support the victims of this violent crime, and prevent underage drinking. MADD offers services and resources to help victims/survivors and their families cope with the complex emotional, legal, medical, and financial ramifications. Services are free of charge and are available 24 hours a day, seven days a week. Victims/Survivors can call MADD's Victim/Survivor Helpline where someone will address concerns, answer questions, make referrals to a MADD Victim Advocate in the area, or simply listen.

Referral Procedures: By phone or website.

Mahomet Area Youth Club

700 W. Main Street
Mahomet, IL 61853

PO Box 315
Mahomet, IL 61853

(217) 586-6323 Voice

mahometryouth.org
info@mahometryouth.org

Chad Hoffman, Executive Director

Rhonda Mayfield, Administrative Assistant

Site Hours: Business Hours: M-F, 8:00 am - 1:00 pm.

Summer Program Hours: M-F, 7:30 am - 6:00 pm.

Area Served: Mahomet and surrounding areas.

Services

YOUTH SERVICES

Description: The Mahomet Area Youth Club provides after-school enrichment programming on school campuses throughout the Mahomet-Seymour school district. All day programming is also held at the club during the summer months, spring break, and winter break. Activities at MAYC are provided in five core value areas:

1. Character & Stewardship.
2. Health & Life Skills.
3. Education & Leadership.
4. Creative Arts & Expression.
5. Sports and Recreation.

Eligibility: Youth (age 6-17) and their families.

Documents Needed: Proof of income.

Fees: Sliding scale; private pay accepted.

Referral Procedures: By phone or e-mail.

Mahomet Helping Hands

203 E. Adams Street
Mahomet, IL 61853

(217) 586-3392 Voice

Contact First - Ann Paul, President

(217) 493-3178 Voice

Contact Second- Beth Jackson, Food Coordinator

Ann Paul, President

Eileen Waters, Vice-President

Services

FOOD PANTRY/CLOTHING

Description: Provides food and clothing to

people in need. Distribution is held on the third Saturday each month from 9:00 am - 11:30 am. A second distribution for those who cannot make the Saturday time is held the Thursday following the Saturday distribution (either the 3rd or 4th Thursday depending on the month), from 6:00 pm - 7:00 pm. Emergency food is sometimes available.

Hours: Third Saturday of the month, 9:00 am - 11:30 am.

On the following Thursday, 6:00 pm - 7:00 pm.

Area Served: Residents of Mahomet Seymour School District.

Maximum Income Guidelines: Up to 150% of the Federal Poverty Level.

Documents Needed: Photo ID, proof of income, proof of residency, Social Security card/number or medical cards for each person in household.

Additional Information: Donations are accepted the second Saturday of each month from 9:30 am to 11:30 am.

Fees: No fees.

Referral Procedures: Walk-in. With any questions, or for emergency food, contact numbers in order listed.

Mahomet Police Department

303 E. Oak Street
Mahomet, IL 61853

PO Box 1043

Mahomet, IL 61853-1043

(217) 586-5533 Voice - Records/Administration

(217) 333-8911 Voice - METCAD

(217) 586-4132 FAX

www.mahomet-il.gov/

mahometpolice@police.mahomet-il.gov

Mike Metzler, Chief of Police

Area Served: Village of Mahomet.

Services

LAW ENFORCEMENT

Description: Police department serving the residents of Mahomet.

Mahomet Public Library

1702 E. Oak Street
Mahomet, IL 61853

(217) 586-2611 Voice

<continued...>

(217) 586-5710 FAX

mahometpubliclibrary.org
staff@mahometpubliclibrary.org

Lynn Schmit, Director

Site Hours: Mon-Thu, 9:00 am - 8:00 pm.

Fri, 9:00 am - 6:00 pm.

Sat, 9:00 am - 5:00 pm.

Sun, 1:00 pm - 5:00 pm.

Area Served: Mahomet Township.

Services

LIBRARY

Description: Public library serving the residents of Mahomet Township.

AARP Foundation Tax-Aide

Description: AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 60 and older.

Hours: By appointment only.

Documents Needed: - Photo ID.

- Copy of last year's return.

- Social Security cards for everyone in household.

- Income statements and other official documentation for household members that apply to the year 2016.

Fees: No fees.

Referral Procedures: Call for an appointment.

Mahomet Township

512 E. Main Street
Mahomet, IL 61853

(217) 586-5757 Voice

(217) 586-4700 FAX

John Jay, Township Supervisor

Site Hours: By appointment only; no set hours.

Area Served: Mahomet Township.

Services

INCOME PROGRAMS

Description: Provides a monthly income for individuals to be used to pay for food, rent/shelter, utilities, clothing, medical care, or other items considered essential.

Eligibility: Any township resident (18 years or older) who is either a U.S. resident or legal alien. The General Assistance Program is

primarily for those adults without minor children, without adequate income, and ineligible for any other monetary forms of assistance.

Referral Procedures: Call for an appointment.

Make-A-Wish of Illinois

640 N. LaSalle Drive, Suite 280
Chicago, IL 60654-6754

(800) 978-9474 Toll-free

(312) 602-9474 Voice - Chicago Office

(309) 637-1659 Voice - Peoria Office

(217) 544-9470 Voice - Springfield Office

(312) 602-9499 FAX

www.illinois.wish.org

info@illinois.wish.org

Stephanie Springs, CEO - Illinois Chapter
Janet Bantz Glavin, Community Relations Manager

Sites

Make-A-Wish of Illinois - Springfield Office

1 W. Old State Capital Plaza, Suite 721
Springfield, IL 62701-1374

(217) 544-9470 Voice

(217) 753-9471 FAX

Services

WISH FOUNDATIONS

Description: Make-A-Wish Illinois grants the wishes of children with life-threatening medical conditions to enrich their lives with hope, strength and joy.

Eligibility: To qualify for a wish, a child:

- Must be older than 2 1/2 and younger than 18.

- Must live in Illinois.

- May not have had a wish granted previously by the Make-A-Wish Foundation or any other wish-granting organization.

- Is diagnosed with a life-threatening medical condition at the time of referral. The child's treating physician makes the final determination of whether a child's medical condition qualifies him or her for a wish.

Area Served: All of Illinois.

Maximum Income Guidelines: None.

Additional Information: Medical qualification is determined by the child's physician.

Make-A-Wish Illinois will request physician information and contact physician directly.

Fees: No fees.

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Referral Procedures: Children can be referred by parents, family members or medical professionals familiar with the child's case. Details and referral information available at www.illinois.wish.org/refer.

March of Dimes, Illinois Chapter

100 S. State Street
 Floor 4
 Chicago, IL 60603

(312) 435-4007 Voice
 (309) 821-9945 Voice - Bloomington Area
 (312) 435-0988 FAX

www.marchofdimes.org
il623@marchofdimes.org

Jade Crittenden, Office Services Coordinator

Area Served: State of Illinois.

Services

FUNDERS

Description: March of Dimes is a volunteer nonprofit health organization responsible for organizational medical grants, community services, and public and professional health education programs focused on preventing birth defects and infant mortality. Health information is available on the website and through pamphlets, books, and audio-visual materials published by the Foundation to any public service group or individual. Other areas of attention include birth defects research, low birth weight, pre-term labor, prenatal care, teenage pregnancy, genetic counseling, maternal/infant nutrition programs, environmental health hazards (drugs, alcohol, tobacco), pre-pregnancy health education, and more.

Referral Procedures: By phone, e-mail, or website.

McFarland Mental Health Center

901 Southwind Drive
 Springfield, IL 62703

(217) 786-6857 Voice
 Intake - Questions Only - 24/7
 (217) 786-6994 Voice - Hospital Administration
 (217) 786-7725 FAX

www.dhs.state.il.us/page.aspx?item=61890

Area Served: Central Illinois (includes

Champaign, Christian, DeWitt, Iroquois, Knox, Livingston, Logan, Macon, McLean, Menard, Moultrie, Sangamon, and Vermilion counties).

Services

MENTAL HEALTH

Description: McFarland Mental Health Center is the State of Illinois' Psychiatric Hospital serving the central Illinois region. The State's Psychiatric Hospitals are for adults who need publicly-funded inpatient psychiatric treatment. McFarland serves as crisis stabilization; turn around is usually around 15 days.

Referral Procedures: No direct admittance. Must go through local emergency room for referral and medical clearance, or through court order. Phone numbers may be used for general information only.

Memorial Affiliate of Susan G. Komen

4700 N. University Street, Suite 91
 Peoria, IL 61614-5849

(309) 691-6906 Voice
 (800) 462-9273 Toll-free
 National Breast Care Helpline
 (309) 691-7259 FAX

www.komenmemorial.org
mail@komenmemorial.org

Linda Maricle, Executive Director
Gayle Young, Missions Director

Site Hours: Mon-Thu, 9:00 am - 4:00 pm.
 Fri, 10:00 am - 2:00 pm.

losed on Fridays from June through August.

Area Served: 36 counties across Central Illinois.

Services

CANCER

Description: The mission of the Susan G. Komen Memorial Affiliate is to eradicate breast cancer as a life-threatening disease by advancing research, education, screening, and treatment.

Provides community educational programs, community health grants to non-profit organizations to provide breast cancer services, and volunteer opportunities at local events.

Spanish language, age, gender, and race appropriate educational materials are available.

Fees: No fees.

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Referral Procedures: By phone.

METCAD 9-1-1

1905 E. Main Street
Urbana, IL 61802

(217) 333-8911 Voice - Dispatch
(217) 333-4348 Voice - Administration

www.metcad911.org

Ralph Caldwell, Director

Betsy Smith, Supervisor

Site Hours: Office hours: M-F, 8:00 am - 5:00 pm.

Dispatch: 24/7.

Area Served: Champaign County.

Services

EMERGENCY SERVICES

Description: METCAD answers emergency 9-1-1 calls for all of Champaign County. It provides direct dispatch service for law enforcement and fire agencies throughout Champaign County.

Meetings: METCAD Policy Board meetings are regularly held the first Thursday of each month.

Molina Healthcare of Illinois

1520 Kensington Road, Suite 212
Oak Brook, IL 60523

(877) 912-8880 Toll-free

Illinois Client Enrollment Services

(855) 766-5462 Toll-free

Member Services - Medicaid Integrated Care Program

(855) 687-7861 Toll-free

Member Services - Medicaid Family Health Plan

(877) 901-8181 Toll-free

Member Services - Medicare-Medicaid Alignment

www.molinahealthcare.com

Services

HEALTH INSURANCE

Description: Molina healthcare plans can include health care management, waiver programs, behavioral health and substance abuse services, prescription drugs, vision, and dental care.

1) Molina Dual Options - Health plan that

contracts with both Medicare and Illinois Medicaid to provide benefits of both programs to enrollees. The plan combines covered Medicare and Medicaid services and prescription drugs into one plan. Individuals must be eligible for both Medicare and Medicaid.

2) Family Health Plan - Free Illinois Medicaid coverage for children, pregnant women, families, and eligible adults.

3) Integrated Care Program - Free medical coverage for seniors and people with disabilities on Illinois Medicaid.

Services under these plans can include:

- Transportation to and from plan-approved health care appointments (non-emergency).

- 24-Hour Nurse Advice Line.

- Women's Health Care Services (pap tests, mammograms).

- Medication Therapy Management Program.

Area Served: Knox, Stark, Peoria, Tazewell, McLean, Ford, Logan, DeWitt, Menard, Sangamon, Christian, Macon, Piatt, Champaign, Vermilion counties.

Referral Procedures: By phone or website.

Muscular Dystrophy Association - Central Illinois Office

102 E. Main Street, Suite 201
Urbana, IL 61801

(217) 351-1853 Voice

(217) 351-5992 FAX

www.mda.org

champaign@mdausa.org

Mitch Davis, Executive Director

Ashley Ester, Family Care Specialist

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Central Illinois.

Services

DISABILITY INFORMATION

Description: The Muscular Dystrophy Association is dedicated to finding treatments and cures for muscular dystrophy, amyotrophic lateral sclerosis (ALS) and other neuromuscular diseases. The Association does so by funding worldwide research; by providing comprehensive health care services and support to MDA families nationwide; and by rallying communities to fight back through advocacy, fundraising, and local engagement.

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MDA has more than 150 Care Centers across the United States and in Puerto Rico located at top hospitals and health care facilities. To find the closest MDA Care Center, contact the local office, use the website zip code search, or call (800) 572-1717.

MDA's national equipment program helps provide good-condition, gently used wheelchairs and other medical equipment, such as shower chairs, hospital beds, walkers, canes, communication devices and similar items, when available and as feasible. MDA is able to make minor repairs to gently used items. Please contact the local office to learn more.

MyFreeTaxes.com

United Way Worldwide
701 N. Fairfax Street
Alexandria, VA 22314

(855) 698-9435 Toll-free - 1-855-MY-TX-HELP

www.myfreetaxes.com
info@myfreetaxes.com

Todd Milner, MyFreeTaxes National Trainer

Site Hours: - Website available 24/7.

- Helpline hours during tax season: M-F, 10:00 am - 10:00 pm (EST) & Saturday 12:00 pm - 9:00 pm (EST).

- Limited hours from May through October for taxpayers filing late or with an extension.

Area Served: Nationwide service.

Services

TAX ASSISTANCE

Description: The MyFreeTaxes Partnership provides free state and federal tax preparation and filing assistance for qualified individuals. The website partners with United Way and H&R Block to file taxes for free online. The MyFreeTaxes Helpline is also available for questions regarding assistance with filing taxes on the H&R Block/MyFreeTaxes software, as well as for nationwide referrals to in-person free tax sites.

Eligibility: Individuals or families with a household Adjusted Gross Income (AGI) of \$66,000 or less in 2017.

Maximum Income Guidelines: 2017 household adjusted gross income of \$66,000 or less.

Documents Needed: - W-2s for each job held

in 2017 for each person in the household.

- 1099s showing other income that is reported to the IRS.
- 1098s showing payments made (school loans, property tax).
- 1095-A if credit received from the healthcare.gov marketplace.
- Income/interest statements received for any savings account/investments.
- Bank account numbers.
- Last year's tax return (previous year's Adjusted Gross Income is required to e-file current year return).

Fees: No fees for individuals who meet income requirements. Fees apply if income is over \$66K limit.

Referral Procedures: By phone or website.

NAACP, Champaign County Branch

No Street Address Available
Champaign, IL 61820

PO Box 403
Champaign, IL 61824

naacpcc.org

contact@naacpcc.org

Patricia Avery, President

Minnie Pearson, Vice President

Area Served: Champaign County.

Services

CIVIL RIGHTS

Description: The NAACP Champaign County Branch serves the people of Champaign County. The primary focus is to provide programs and services that promote and enhance civil and equal rights, political empowerment, educational excellence, economic development, and outreach, such as health, youth, etc.

Meetings: 1st Thursday of the month, 7:15 pm - 9:00 pm, Huntington Tower, 201 W. Springfield Avenue, Champaign.

Fees: Yearly or lifetime membership fee.

Referral Procedures: By mail to PO Box or website.

NAMI Champaign County

No Street Address Available
Champaign, IL 61820

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PO Box 1514
Champaign, IL 61824-1514
(217) 419-5345 Voice

www.namichampaign.org
suekeller1968@gmail.com
Nancy Carter, President
Maria Byndom, Secretary
Public transportation accessible.

Area Served: Champaign and surrounding counties.

Services

EDUCATION

Description: Free 12-week class taught by trained NAMI members for family members and friends of those with mental illness. The Family to Family curriculum focuses on schizophrenia, bipolar disorder (manic depression), clinical depression, panic disorder and obsessive compulsive disorder (OCD). The course discusses the clinical treatment of these illnesses and teaches the knowledge and skills that family members need to cope more effectively. This is targeted for those 18 or older with mental illness. Classes are offered twice a year.

NAMI Champaign County also provides monthly educational presentations and can provide an in-service for teachers and staff to help identify the symptoms of mental illness in children.

Fees: No fees.

Referral Procedures: By phone.

SUPPORT GROUPS

Description: NAMI Family Support Groups are free, confidential, and safe groups of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom.

Meetings: 2nd Mon (except summer months), 7:00-9:00 pm, Rosecrance, 1801 Fox Drive, Champaign. This group is for people with mental illness as well as their loved ones.
2nd Thurs, 7:00-9:00 pm, Colony West Clubhouse, 31 Colony West Drive, Champaign. This group is for family members, friends, or loved ones of an adult with severe mental illness.

4th Thurs, 7:00-9:00 pm, Tuscola United Methodist Church, 901 N. Prairie, Tuscola. This group is for family, friends, and concerned others of persons living with a mental illness.

Fees: No fees.

Referral Procedures: Call or visit the website for more information.

ADVOCACY

Description: An advocacy and non-profit organization for the education and support of the mentally ill, their families, and friends that is open to anyone with a personal or professional interest in mental illness. NAMI is affiliated with NAMI Illinois and the national organization NAMI.

NAMI's purpose also includes:

- 1) Educating consumers, their families, and the public in an effort to eliminate the stigma of mental illness through literature, newsletters, speakers, workshops, and conferences. With proper access to treatment, persons with neurobiological brain disorders can lead productive lives and work towards recovery.
- 2) Advocacy in legislation and programs which will improve the lives of the mentally ill.
- 3) Supporting research that focuses on the causes of mental illness and ways to improve treatment.

Fees: No fees.

Referral Procedures: By phone.

Narcotics Anonymous

19737 Nordhoff Place
Chatsworth, CA 91311

PO Box 9999
Van Nuys, CA 91409

(818) 773-9999 Toll-free
(818) 700-0700 FAX

www.na.org
fsmail@na.org

Sites

Narcotics Anonymous - Greater Illinois Region

No Street Address Available
Springfield, IL 62705

(800) 539-0475 Toll-free - 24/7 Helpline

Area Served: Central Illinois.

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Services**SUPPORT GROUPS**

Description: Narcotics Anonymous is a nonprofit fellowship of men and women of all ages for whom drugs had become a major problem. Members are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. The fellowship is concerned with the disease of addiction and recovery from that disease; the drug (or drugs) of choice is unimportant. There are no social, religious, economic, racial, ethnic, national, gender, or class-status membership restrictions.

Meetings: Call local helpline for meeting information.

Fees: No fees.

Referral Procedures: By phone.

National Association of Anorexia Nervosa and Associated Disorders

220 N Green St
Chicago, IL 60607

(630) 577-1330 Hotline
(630) 577-1333 Business

www.anad.org
hello@anad.org

Lynn Slawsky, Executive Director
Deb Prinz, Director of Community Relations

Site Hours: M-F, 9:00 am - 5:00 pm

Area Served: Nationwide service.

Services***ANAD Help Phone and Email Line***

Description: The ANAD Helpline's purpose is to provide answers to sufferers of eating disorders and their friends and families about ED symptoms, contact information for treatment, ANAD support group locations, and ANAD resource people contact information.

Fees: No fees.

Referral Procedures: By phone.

National Coalition Against Domestic Violence (NCADV)

One Broadway, Suite B210
Denver, CO 80203

(303) 839-1852 Voice
(303) 831-9251 FAX

www.ncadv.org
mainoffice@ncadv.org

Ruth Glenn, Executive Director
Jacquie Gonzales, Office Assistant
Public transportation accessible.

Sites**National Coalition Against Domestic Violence (NCADV)**

One Broadway, Suite B210
Denver, CO 80203

(303) 839-1852 Voice
(303) 831-9251 FAX

Ruth Glenn, Executive Director
Public transportation accessible.

Area Served: Nationwide service.

Illinois Coalition Against Domestic Violence (ICADV)

806 S. College Street
Springfield, IL 62703

(877) 863-6338 Toll-free
Illinois Domestic Violence Helpline
(217) 789-2830 Voice
(217) 241-0376 TTY
(217) 789-1939 FAX

Site Hours: M-F, 8:30 am - 4:30 pm.

Area Served: Illinois.

Services**DOMESTIC VIOLENCE**

Description: The Cosmetic and Reconstructive Support (CRS) Program is the only direct service program that the National Coalition Against Domestic Violence (NCADV) offers to survivors. The NCADV works closely in partnership with the American Academy of Facial Plastic and Reconstructive Surgery (AAFPRS) to assist survivors of domestic violence who cannot afford the cosmetic and reconstructive surgery needed to repair the injuries they have received from a spouse or intimate partner. Facial plastic surgeons from across the country volunteer their services to assist survivors in removing the physical scars of abuse. Currently, NCADV assists applicants with the application process to two medical programs.

- The FACE TO FACE Program offers facial

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plastic and reconstructive surgery to domestic violence survivors to repair injuries on the face, head, and neck caused by an intimate partner or spouse. The toll-free number for the FACE TO FACE Program is 1-800-842-4546.

- Reconstructing Hope is a NYC based non profit charity that provides free cosmetic and reconstructive medical care; including plastic surgery, to survivors of domestic violence who cannot afford the cosmetic surgery, dental surgery, laser tattoo removal surgery, reconstructive surgery or medical attention needed to repair the injuries they have received from a spouse or intimate partner. The number for Restructuring Hope is 212-779-1838.

Referral Procedures: Applications available on the website.

ADVOCACY

Description: The National Coalition Against Domestic Violence (NCADV) is the voice of victims and survivors. They work towards this mission of society having zero tolerance for domestic violence by effecting public policy, increasing understanding of the impact of domestic violence, and providing programs and education that drive that change.

ICADV is the statewide voice for battered women and their children. The Coalition works to ensure that families have knowledge of and access to all services and opportunities, endeavoring to provide these services locally. The goal is to change societal and institutional attitudes about domestic violence and create opportunities for independence and growth. ICADV provides information and referrals, advocacy, training, and technical assistance.

Sites: 1 2

National Human Trafficking Hotline

No street address
Washington, DC 20035

PO Box 65323
Washington, DC 20035

(888) 373-7888 Toll-free - 24/7
233733 Text Short Code - Text HELP to BEFREE

humantraffickinghotline.org
help@humantraffickinghotline.org

Site Hours: 24/7.

Area Served: Nationwide.

Services

HUMAN TRAFFICKING

Description: The National Human Trafficking Hotline is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year in more than 200 languages. The National Hotline can also be accessed by emailing help@humantraffickinghotline.org, submitting a tip through the online tip reporting form, and visiting the web portal at www.humantraffickinghotline.org.

Fees: No fees.

Referral Procedures: By phone, email, or online.

National Library Service for the Blind and Physically Handicapped

Illinois State Library
300 S. Second Street
Springfield, IL 62701

(800) 665-5576 Ext. 1 Toll-free

www.ilbph.org
islbtbs@ilsos.net

Sharon Ruda, Associate Director
Public transportation accessible.

Sites

National Library Service for the Blind and Physically Handicapped Regional Library

300 S. Second Street
Springfield, IL 62701

(800) 665-5576 Ext. 1 Toll-free

Sharon Ruda, Associate Director
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Closed during state and federal holidays.

Area Served: State of Illinois.

Other Languages: Spanish.

National Library Service - Illinois Talking Book Outreach Center

125 Tower Drive
Burr Ridge, IL 60527

(800) 426-0709 Toll-free
(630) 734-5055 FAX

Rose Chenoweth, Director

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: State of Illinois except for Chicago residents.

Other Languages: Spanish.

Services

Illinois State Library Talking Book and Braille Service

Description: The Talking Book and Braille Service is a free mail order public library of audio books and Braille program for anyone who is unable to read standard print comfortably.

Audio and Braille library materials, as well as audio playback equipment, are delivered as "Free Matter" through the United States Postal Service. Patrons also have the ability to download books and magazines from the Braille and Audio Reading Download website.

Eligibility: Anyone who is unable to use regular print materials as a result of permanent or temporary visual or physical limitations.

Documents Needed: Certified application from health services professional, senior services center, case manager, or librarian.

Fees: No fees.

Referral Procedures: An application for service is required. Applications can be obtained from the websites or requested by phone. Applications must be certified by a health care specialist.

Sites: 1 2

National Runaway Safeline (NRS)

3141B N. Lincoln Avenue
Chicago, IL 60657

(800) 786-2929 Toll-free - 1-800-RUNAWAY

(773) 880-9860 Voice - Business Office

(773) 929-5150 FAX - Business Office

www.1800RUNAWAY.org

Maureen Blaha, Executive Director

Sean G. Veal, Data & Technology Coordinator

Site Hours: 24/7.

Area Served: United States and its territories, including Puerto Rico, the U.S. Virgin Islands, and Guam.

Other Languages: Spanish, French, and multi-language interpreter services available.

Services

RUNAWAY SERVICES

Description: National Runaway Safeline (NRS) is the federally-designated national communication system (hotline and web site) for runaway and homeless youth. Youth and family members – parents, siblings, relatives – can call at any time to work through problems and to find local help – agencies, organizations. Some callers just need someone to talk to, others need help finding shelter, food, medical assistance, or counseling. Some callers are on the streets, others are struggling with other issues and hotline volunteers will work with them to identify options to prevent them from leaving their home, when possible and if appropriate. NRS provides education and solution-focused interventions, offers non-sectarian, non-judgmental support, respects confidentiality, collaborates with volunteers, and responds to at-risk youth and their families 24 hours a day.

Eligibility: Youth ages 12-21 and family/friends.

HOME FREE

Description: HOME FREE is a partnership between Greyhound Lines, Inc. and the National Runaway Safeline that provides crisis intervention with the goal of reuniting runaway youth, ages 12-20 years old, with their parent/legal guardian or when appropriate, an Alternative Living Arrangement (ALA).

Fees: No fees.

Referral Procedures: The HOME FREE program is accessed by calling the toll-free hotline. All bus tickets for qualified youth must be booked through the National Runaway Safeline.

New Directions Treatment Center

153 N. Vermilion Street
Danville, IL 61832

(217) 442-9026 Voice

(217) 442-7492 FAX

www.newdirectionstreatmentcenter.com

service@newdirectionstreatmentcenter.com

Jennifer Modest, CEO

Don Russell, CEO

Public transportation accessible.

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Site Hours: M-W, 9:00 am - 7:00 pm.
Thu, 9:00 am - 5:30 pm.
Fri, 9:00 am - 3:00 pm.
Area Served: Vermilion and surrounding counties.

Services

COUNSELING

Description: Groups, process groups, and individual counseling for adults, youth, seniors, men, and women. All treatment is individualized, considering age, ethnic background, development, and clinical issues. Christian counseling for families, marriages, children, and individuals is also available.

Documents Needed: Photo ID and proof of income.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone, walk-in, appointment, or fax.

SUBSTANCE USE TREATMENT

Description: Outpatient substance and alcohol abuse treatment services include information and education, intervention groups, intensive process groups, and individual counseling for clients, significant others, and family. Day and night treatment is available. New Directions Treatment Center also provides DUI evaluations to determine to nature and extent of the use of alcohol or other drugs.

Documents Needed: Photo ID and proof of income.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone, walk-in, appointment, or fax.

AIDS/HIV

Description: Offers HIV and AIDS education and counseling for people at risk for AIDS. Training is available for clients and service providers.

Documents Needed: Photo ID and proof of income.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone, walk-in, appointment, or fax.

MENTAL HEALTH

Description: Stress Management - Teaches exercise techniques, systematic progressive relaxation, and coping techniques.

Anger Management - Teaches techniques to assist in increasing personal power through greater self-control.

Documents Needed: Photo ID and proof of income.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone, walk-in, appointment, or fax.

Second Chance Program

Description: The program offers a 10-week job readiness training component intended to help those we serve acquire the education and soft skills necessary to get gainful employment. Clients will learn valuable skills to help successfully reintegrate back into society, such as:

- Interview techniques.
- Job search strategies.
- Preparation of a resume.
- Life skills.
- Financial literacy skills.
- Communication skills.

Graduates of the program receive follow-up services including mental health counseling, job placement services, professional clothing, transportation assistance to interviews, and training opportunities.

Eligibility: To qualify you must have been convicted of a felony and be at least 18 years of age.

Fees: No fees.

Referral Procedures: Walk-in to complete a program application, assessment form, and to schedule an intake interview.

New Focus Achievement Center - Danville Care Center, Ltd.

1701 N. Bowman Avenue
Danville, IL 61832

(217) 443-2955 Voice

(217) 443-0315 FAX

danvillecarerehab.com

Jason Young, Administrator

Area Served: States of Illinois and Indiana.

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Services

MENTAL HEALTH

Description: New Focus is designed to help individuals by treating all forms of mental illness and related behavior disorders. New Focus is only for the treatment and rehabilitation of residents with mental illness. The program is "stand-alone" and not mixed within a skilled geriatric nursing home. Some services include but are not limited to:

- Group meetings.
- Psycho-social education - group/individual.
- Individual case management.
- Skills training programs.
- Medication management.
- Chemical dependency.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: Call for more information.

NorthShore MOMS Line

NorthShore University Health System
 No Street Address Available
 Perinatal Family Support Center
 Evanston, IL 60201

(866) 364-6667 Toll-free

www.northshore.org/pediatrics/specialty-programs/neonatology/perinatal-family-support-center/perinatal-depression-program/

Services

PREGNANCY

Description: A free, confidential hotline staffed by licensed counselors who can help women find the information, support, and resources they need to feel better during pregnancy or after birth.

Hours: 24/7

Additional Information: Many women may show signs of depression during pregnancy or after giving birth (known as perinatal depression). Most women (50-80%) experience the baby blues. Some women, however, experience more depressive symptoms, which can be a sign of a serious condition called perinatal depression (also known as postpartum depression when it occurs after birth).

In addition, though rare, women can experience

postpartum psychosis, a much more serious condition. If a woman is experiencing hallucinations or hearing voices, they should call 911 or go to the nearest emergency room. These are signs of postpartum psychosis and is considered a medical emergency.

Fees: No fees.

Referral Procedures: By phone.

Office of the Inspector General (OIG)

100 W. Randolph, Suite 4-750
 Chicago, IL 60601

(800) 368-1463 Toll-free - Abuse Reporting Hotline
 (312) 814-2718 Voice - Chicago Office
 (312) 814-6508 FAX

www.dhs.state.il.us/page.aspx?item=29410

Michael McCotter, Inspector General

Site Hours: OIG Hotline: 24/7.

Area Served: State of Illinois.

Other Languages: Spanish.

Services

ABUSE/NEGLECT

Description: OIG investigates allegations of abuse or neglect of individuals who receive mental health services or developmental disability services in programs that are operated, licensed, certified, or funded by the Illinois Department of Human Services (e.g., State-Operated Facilities, CILAs, and Workshops).

Fees: No fees.

Referral Procedures: By phone.

OneSight

4000 Luxottica Place
 Mason, OH 45040

(888) 935-4589 National Toll-free

www.onesight.org

info@onesight.org

Area Served: Worldwide service.

Services

Gift of Sight Program

Description: Throughout the year, OneSight's volunteer doctors and employees provide free eye care and new eyewear in Luxottica's retail stores to those in need. All patients are

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pre-selected by local charities based on visual and financial need.

On "OneDay," the second Tuesday of December, LensCrafters, Pearle Vision, Sears Optical, and Target Optical open their doors early to provide free optical exams and new eyewear to thousands in need.

Referral Procedures: Individuals must get a letter of referral from a local agency. The agency writes a letter on their letterhead that includes the client's name, a staff person/contact name, phone number, and the agency's tax ID number. The client then needs to call and make an appointment at any of the participating locations.

OSF Heart of Mary Medical Center

1400 W. Park Street
Urbana, IL 61801

(217) 337-2000 Voice
(877) 737-4636 Toll-free
(217) 337-2131 Voice - Emergency Department

www.osfhealthcare.org/heart-of-mary/

Jared C. Rogers, President/CEO

Lauren Schwartz

Public transportation accessible.

Sites

OSF Heart of Mary Medical Center

1400 W. Park Street
Urbana, IL 61801

(217) 337-2000 Voice
(877) 737-4636 Toll-free
(217) 337-2131 Voice - Emergency Department

Jared C. Rogers, President/CEO

Public transportation accessible.

OSF Heart of Mary Medical Center - Center for Healthy Living

410 E. University Avenue, Suite 200
Champaign, IL 61820

(217) 337-2022 Voice

Services

HOSPITAL

Description: OSF Heart of Mary Medical Center is a 210-bed comprehensive medical facility in the Champaign-Urbana community, offering a full scope of inpatient and outpatient

services. OSF has the area's largest inpatient rehabilitation center, featuring facilities for physical, occupational and speech therapy. Also home to the Center is Presence Orthopedic Services, the Presence Center for Healthy Aging, and the area's only Adult Behavioral Health Unit in a hospital setting.

Powerful Hearts Club

Description: Powerful Hearts Club is a heart support group for patients and/or friends and family of patients who have experienced heart disease or have undergone a heart procedure. The support group allows participants to share their story with others, hear encouraging stories from fellow heart survivors, and enjoy heart healthy presentations by various health care providers.

Meetings: Meets every 6 weeks at OSF in the Cardiac Rehab Department. Sessions are from 9:00 am - 9:30 am and 10:30 am - 11:00 am.

Referral Procedures: Call Brittney Cromwell, 217-337-2237, for more information.

Stroke Support Group

Description: OSF's Stroke Support Group is open to stroke survivors and their families and provides emotional support in addition to education on strokes.

Meetings: 1st Wednesday of the month, 3:00 pm - 4:30 pm, 4th floor of the hospital.

Referral Procedures: For more information, please call 217-337-2202.

PSYCHIATRIC SERVICES

Description: - Behavioral Health Unit is the area's only inpatient psychiatric unit.

- 24 adults beds (ages 18 and older).

- Treated disorders include Acute Depression, Bipolar/Mania, Psychosis, Schizophrenia.

- Inpatient and outpatient electroconvulsive therapy (ECT) available.

Area Served: Champaign and surrounding counties.

Fees: Call for more information.

Referral Procedures: By phone. Behavioral Health Unit: 217-337-2130.

Senior Health Insurance Program (SHIP)

Description: - Free expert knowledge about health insurance by trained volunteer counselors. Provides one-on-one help to

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seniors.

- Does not sell or solicit insurance and is not an insurance plan.

- SHIP counselors can answer questions about Medicare (all plans), Prescription Drug Coverage, Long-term Care Insurance, etc.

Fees: No fees.

Referral Procedures: By phone for appointment.

Sites: 2

Center for Healthy Living

Description: The Center for Healthy Living (CHL) provides health and wellness programs that promote healthy living, reduce the risk of disease, and preserve independence. CHL offers a variety of educational programs, screenings, special events, and other services for adults that address the physical, social, mental, and spiritual dimensions of health.

Center for Healthy Living programs include:

- Health Screenings.
- Information and referral to community resources.
- Health Insurance Counseling.
- Health and Wellness education on topics including heart disease, cancer, diabetes, and advanced directives.
- Exercise classes from beginner to advanced.
- Nutrition workshops and cooking demonstrations.

Fees: Most programs are free of charge.

Referral Procedures: By phone, walk-in, or appointment.

Sites: 2

OSF Sacred Heart Medical Center

812 N. Logan Avenue
Danville, IL 61832

(217) 443-5000 Voice
(217) 431-4034 TTY

www.osfhealthcare.org/sacred-heart

Lauren Schwartz

Public transportation accessible.

Sites

OSF Sacred Heart Medical Center

812 N. Logan Avenue
Danville, IL 61832

(217) 443-5000 Voice
(217) 431-4034 TTY

Public transportation accessible.

Site Hours: 24/7.

OSF Sacred Heart Medical Center - Cancer Care Center

806 N. Logan Avenue
Danville, IL 61832

(217) 431-4290 Voice

Public transportation accessible.

Area Served: East Central Illinois and Western Indiana.

Accessibility: Fully Accessible.

OSF Sleep Center

551 N. Logan Avenue
Danville, IL 61832

(217) 446-3693 Voice

Services

HOSPITAL

Description: OSF offers a full range of inpatient and outpatient medical services for Danville and surrounding communities in East Central Illinois and Western Indiana.

Maximum Income Guidelines: To qualify for FREE services (100% financial assistance) your household income must be at or below 200% of the current federal poverty guidelines. To qualify for partial financial assistance, your household income must be between 200% and 600% of the federal poverty guidelines for hospitals.

Fees: Financial assistance programs are offered for those who may not be able to cover fees.

New Horizon Breast Cancer Support Group

Description: Support group for breast cancer survivors, ranging from the recently diagnosed to the person who is a 30-year survivor. A variety of topics are discussed.

Meetings: Every third Monday, 6:00 pm - 7:30 pm, at Jocko's in their meeting room.

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Fees: No fees.

Referral Procedures: By phone, website.

Sites: 2

CANCER

Description: Provides comprehensive cancer care, using the latest treatments and technologies. Services include:

- Advanced cancer diagnosis
- Leading-edge technology
- Specialized cancer care for breast, lung, prostate, colon, bladder, and head/neck cancer
- Clinical trials
- Rehabilitation and survivorship programs.
- Radiation therapy services.
- Hematology/Oncology services.

The Cancer Care Center also provides the Cancer Center Patient Fund. Through its foundation, donors and businesses help cancer patients make ends meet, from gas cards to assistance with prescription costs, so that no one goes without care.

Sites: 2

HEALTH CARE

Description: Provides diagnosis and treatment for all sleep disorders including insomnia, sleep apnea, restless legs syndrome, sleepwalking, night terrors and narcolepsy.

Referral Procedures: By phone.

Sites: 3

OSHA, U.S. Department of Labor

1320 W. Commerce Drive, Suite 800
Peoria, IL 61615-1462

(309) 589-7033 Voice - Peoria
(800) 321-6742 National Toll-free
24-hour (800-321-OSHA)
(877) 889-5627 TTY Toll-free
(309) 589-7326 FAX

www.osha.gov

Site Hours: Office: M-F, 8:00 am - 4:30 pm.

Area Served: Central Illinois, including Champaign, Christian, DeWitt, Douglas, Iroquois, Knox, Livingston, Logan, Macon, McLean, Menard, Sangamon, and Vermilion counties.

Services

SAFETY

Description: OSHA Federal Office. The federal OSHA offices provide safety and health protections for all private sector workplaces; federal agencies; maritime employers (e.g., shipyards, marine terminals, longshoring); military facilities; Indian sovereignty workplaces; and the United States Postal Service.

Overeaters Anonymous, Inc.

6075 Zenith Court N.E.
Rio Rancho, NM 87144-6424

PO Box 44020
Rio Rancho, NM 87174-4020

(505) 891-2664 Voice
(505) 891-4320 FAX

www.aa.org

Area Served: Nationwide.

Services

SUPPORT GROUPS

Description: Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from problematic relationships with food. OA helps, no matter what problem with food - compulsive overeating, under-eating, food addiction, anorexia, bulimia, binge eating, or overexercising.

Meetings: Face-to-Face meetings located in Champaign, DeKalb, Jackson, Kankakee, Knox, Macon, McHenry, McLean, Sangamon, Warren, Whiteside, and Winnebago counties. If there are no nearby face-to-face meetings, then alternatives such as phone and online meetings are available.

Fees: No fees.

Referral Procedures: By phone.

PACE, Inc. Center for Independent Living

1317 E. Florida Avenue
Urbana, IL 61801-6007

(217) 344-5433 Voice
(217) 344-5024 TTY
(217) 344-2414 FAX
(217) 689-0289 Video Phone - for the deaf

www.pacecil.org
info@pacecil.org

Nancy McClellan-Hickey, Executive Director
Sharon Petersson, Office Manager
Public transportation accessible.

Site Hours: M-F, 9:00 am - 4:00 pm.

Area Served: Champaign, Vermilion, Douglas, Piatt, and Edgar counties.

Other Languages: American Sign Language.

Services

General Independent Living Services

Description: Offers services which assist persons with disabilities in achieving and/or maintaining independence. Services include, but are not limited to:

- Information and Referral (personal assistant, interpreter, and housing referrals).
- Access and Advocacy (accessibility surveys, assistive devices, Braille printing).
- Skills Development (personal assistant management training, basic computer skills, public transit use, budgeting).
- Counseling (independent living, peer, vocational).
- Free Amplified Phones for Illinois residents with verifiable hearing loss who have a land line.
- Independent Living Needs Assessment.
- Mass Transit District Disability Verification.
- Reintegration into the community from nursing home, etc. (This includes possible financial assistance for moving home or into supportive living).
- Volunteer Opportunities.
- PACE Presentations and Newsletter.
- PACE will readily provide sign language interpreters to access PACE events on request.

Hours: M-F, 9:00 am - 4:00 pm.

Eligibility: Varies per program.

Documents Needed: Varies by program.

Meetings: Low Vision Groups: Contact Avi Laird.

Deaf Advisory: Alan Thomas.

Personal Assistance Management Training:

Shamika Caston or Carolynne Jorgenson.

Personal Assistance Orientation for new PAs:

Shamika Caston or Paula Vanier.

Board of Directors: Nancy McClellan-Hickey.

Fees: No fees, however \$15 membership is required for equipment loan. This can be waived in financial hardship.

Referral Procedures: By phone or appointment by the person needing assistance.

Low Vision Peer Support Groups

Description: Low Vision Peer Support Groups discuss access solutions with others who have similar circumstances. The consumers served find the support of each other invaluable, positive and uplifting. Groups focus on solutions and learn about tools for independence that can facilitate staying in their own homes in the community if so desired.

Equipment assessment and demonstration, some giveaways and larger equipment purchases are available such as OrCam small camera that fits on glasses to read print to wearer or recognize items and faces. Some CCTVs on site can be tried out. Iris Vision wearable technology for magnified vision is also available.

Hours: Please contact Avi to find out about group times in your area, as well as other services the program can provide.

Eligibility: Persons age 55 and up that have a significant vision impairment such as macular degeneration, retinitis pigmentosa, glaucoma, diabetic retinopathy, etc.

Meetings: Please contact Avi for more information.

Referral Procedures: By phone.

Reintegration

Description: People are sometimes financially trapped in nursing facilities long after their physical needs are met. Sometimes nursing home residents who rely on fixed income cannot afford to go home; their income goes entirely to nursing care. Whether one is financial unable to move out of skilled nursing into their own home, or simply unaware of what equipment and supports they would need to return home, PACE staff work with the consumer to evaluate if and how one may become more independent. PACE staff arrange these supports, assess any equipment needs, and may help with the first month of expenses to get clients over the hump financially so they can take control of their lives.

Eligibility: Must reside in a nursing facility and desire to move back into a more independent setting (supportive living or ones own place). PACE serves people with many various disabilities but are prevented by funding to serve those with developmental disabilities or mental illness if that is the only disability present. PACE may be able to refer to other

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agencies for assistance in these cases. If there are multiple disabilities, PACE can sometimes work with a client.

Maximum Income Guidelines: Must be low income. Call for more info.

Documents Needed: Varies, call for details.

Meetings: Reintegration Advisory which meets by phone and is a way PACE receives input from people who use their services or have an interest in them.

Referral Procedures: By phone.

Pacific Management, Inc.

20 S. Clark Street #1600
Chicago, IL 60603

(312) 267-4850 Voice - Corporate Office

www.nfcompanies.com/pacificmgt/residential_il.html
residential@pacificmgt.net

Sites

Edge of Mall

109 W. Illinois Street
Urbana, IL 61801

(217) 328-6409 Voice

Services

HOUSING

Description: Operates low income, subsidized residential properties across Illinois. Many properties have waiting lists. If interested in housing at a particular location, call that site directly.

Referral Procedures: By phone.

Parkland College Adult Education

2400 W. Bradley Avenue
Champaign, IL 61821-1899

(217) 351-2580 Voice

(800) 346-8089 Toll-free

(217) 351-2200 Voice - College Switchboard

(217) 373-3836 FAX

www.parkland.edu

Tawanna Nickens, Dean of Adult Education

Ana Abendschein, Advisor

Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Parkland College's district includes most of Champaign, Douglas, Ford,

and Piatt counties. Parts of McLean, DeWitt, Livingston, and Iroquois counties are also included.

Services

EDUCATION

Description: 1) Provides ESL classes for persons with limited English proficiency. Beginner to intermediate classes available. Classes are scheduled throughout the day at various locations.

2) Instruction is offered for persons needing to improve their basic literacy skills.

Additional Information: Classes are available on Parkland's campus and at other locations throughout Parkland District #505.

Fees: No fees.

Referral Procedures: By phone.

GED PREPARATION

Description: Helps qualified individuals learn the reading, math, and other skills necessary to pass the GED examination and are tailored to the individual's level of readiness.

Eligibility: At least 16 years of age and officially withdrawn from school. Students under age 18 will need a letter from the school they last attended that includes their last date of enrollment (day, month, and year).

Fees: No fees.

Referral Procedures: New and returning students must schedule an appointment for registration and pre-enrollment advising. Phone 217-351-2580 for an appointment.

Project READ

Description: Project READ, a not-for-profit literacy service, provides free tutoring to adult learners seeking to improve their reading, writing, and/or English as a Second Language skills.

Tutors work with students in public locations, such as churches, libraries, and Adult Basic Education classrooms. Students need not be enrolled in Adult Basic Education classes to receive tutoring services, but must be age 16 or older and officially withdrawn from high school. Students are provided with all books and learning materials free of charge.

Fees: No fees.

Referral Procedures: By phone.

COMMUNITY COLLEGE

Description: Parkland is a public two-year community college offering 120+ degree and certificate programs designed for career and job placement or for transfer to programs at four-year institutions. The college confers the Associate in Arts, Associate in Science, Associate in Fine Arts, Associate in Engineering Science, Associate in Applied Science, and Associate in General Studies degrees in an array of traditional and nontraditional disciplines.

Parkland College Dental Hygiene Clinic

2400 W. Bradley Avenue, Room L148
Champaign, IL 61821

(217) 351-2221 Voice
(217) 373-3830 FAX

www.parkland.edu

Peg Boyce, Co-Director

Public transportation accessible.

Area Served: No geographic limitations.

Services

DENTAL CARE

Description: Students training in the Dental Hygiene program at Parkland College provides the following dental services:

- Dental cleanings.
- Radiography.
- Blood pressure screening.
- Oral cancer screening.
- Oral hygiene instruction.
- Nutrition counseling.
- Pit and fissure sealants.
- Fluoride treatments.
- Whitening (additional \$150).

Appointments are available twice per day and last 3.5 hours.

Hours: M-F, 8:00 am - 11:30 am, 1:00 pm - 4:30 pm.

Eligibility: Adults and Children age 4 and over.

Documents Needed: Medical history and pharmaceuticals.

Fees: \$10 per semester. No charge for seniors 65 and older, children under 11, and those on Medicaid.

Referral Procedures: By appointment.

Appointments are 3.5 hours long and patients may need more than one appointment.

DENTAL CARE

Description: FREE dental exams, cleaning, fluoride, and dental sealants for children ages 1-17.

Saturday, March 12, 9:00 am - 12:00 pm.
No appointment needed.

PATH - Providing Access To Help

Business Office
201 E. Grove Street, Suite 200
Bloomington, IL 61701

(211) Voice
(888) 865-9903 Toll-free - Alternate Number for 211
(309) 827-4005 Voice
(800) 570-7284 Toll-free - (800-570-PATH)
(309) 828-1022 Voice - Business
(309) 829-9027 TTY
(309) 827-7485 FAX

www.pathcrisis.org

Karen Zangerle, Executive Director

Public transportation accessible.

Site Hours: Business: M-F, 8:30 am - 4:30 pm.
24-hour 2-1-1, Crisis, Information & Referral Services.

Other Languages: Access to phone interpretation service for over 150 languages.

Services

INFORMATION AND REFERRAL

Description: Information and referral and 2-1-1 services are available 24 hours by telephone. Phonedlines are staffed by trained call specialists that can provide information about, and referrals to, human services for everyday needs and during times of crisis.

Area Served: Counties of Alexander, Champaign, DeKalb, DeWitt, Douglas, Franklin, Gallatin, Hamilton, Hardin, Iroquois, Jackson, Jefferson, Johnson, Kankakee, Knox, LaSalle, Lee, Livingston, Macon, Marion, Massac, McHenry, McLean, Menard, Moultrie, Ogle, Perry, Pope, Pulaski, Saline, Sangamon, Union, Vermilion, Warren, Washington, Wayne, White, Whiteside, Williamson, and Winnebago.

Fees: No fees.

Referral Procedures: By phone.

Pavilion, The

809 W. Church Street
Champaign, IL 61820

(800) 373-1700 Toll-free
Outside Champaign County
(217) 373-1700 Administrative
(217) 373-1737 FAX
www.pavilionhospital.com
info@pavilionhospital.com
Joe Sheehy, CEO
Site Hours: 24/7.

Services

RESIDENTIAL SERVICES

Description: The Pavilion Residential Treatment Center consists of 30 beds and provides long-term treatment to children (ages 10-18) with severe and chronic psychiatric disorders. The Center is dedicated to working with residents and families on the development of specific behavioral plans aimed at transitioning successfully to a less restrictive environment.

Fees: Vary; private insurance and private pay accepted. Financial assistance is also available. Select types of Medicaid are accepted.

Referral Procedures: Call the admissions department; free assessments available 24/7.

ADDICTION SERVICES

Description: The Pavilion's addiction treatment spans the continuum of care and includes Inpatient Medical Detoxification, Dual Diagnosis Treatment, and Residential/Partial Hospital Treatment. Based on the 12-step model, patients are assisted in building the skills and resources necessary for sustained recovery.

Eligibility: Treatment services available for children, adolescents, adults, and seniors.

Fees: Vary; private insurance and private pay accepted. Financial assistance is also available. Select types of Medicaid are accepted.

Referral Procedures: Call the admissions department; free assessments available 24/7.

PSYCHIATRIC SERVICES

Description: Psychiatric inpatient and day treatment (partial hospitalization) is provided.

Eligibility: Services available for children, adolescents, adults, and seniors.

Fees: Vary; private insurance and private pay accepted. Financial assistance is also available. Select types of Medicaid are accepted.

Referral Procedures: Call the admissions

department; free assessments available 24/7.

Pavilion Foundation School

Description: The Pavilion Foundation School, a private day school located on the hospital campus, provides education services to more than 100 students. Serving children with behavioral and learning disorders, the goal is to work with the student, family and home district toward a successful reintegration with their former school.

Peace Meal Senior Nutrition Program

915 Lincoln Avenue
Charleston, IL 61920

(800) 543-1770 Toll-free
(217) 345-1800 General information
(217) 345-1809 FAX

www.sarahbush.org/peacemeal
peacemeal@sblhs.org

Barbra Wylie, Director

Emelia Suess, Regional Supervisor

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: McLean, DeWitt, Livingston, Ford, Iroquois, Piatt, Moultrie, Douglas, Edgar, Coles, Cumberland, Shelby, Clark, and Champaign counties.

Services

HOME DELIVERED MEALS

Description: Home-delivered meals are available to home-bound seniors and individuals with disabilities who qualify. A program staff person is required to do a home visit for an assessment. Home delivered meal clients receive meals Monday through Friday

Eligibility: Serves seniors (60+). Some individuals with disabilities may qualify for the service if they are able to pay full price for meals. If they cannot afford full price meals, they should contact Illinois DHS' Division of Rehabilitation Services for possible help.

Fees: \$3.50 contribution per home delivered meal is requested. The Link Card is accepted.

Referral Procedures: Home delivered meals are a need-based service and require an in-home assessment -- call for an appointment -- as much notice as possible is appreciated.

FOOD

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Description: Nutritious noon meals and the opportunity for fellowship are offered to persons 60 years of age and older and spouses, regardless of age. Meals are served Monday through Friday at various sites in central Illinois. Reservations are required and can be made by phoning before 12:00 pm one day in advance on weekdays. Outreach and recreational activities are often available.

Additional Information: Fees: \$3.50 contribution per congregate meal is requested. The Link Card is also accepted.

Referral Procedures: Call for reservations or go to the website for more information. A referral form can be filled out and submitted online by the individual wanting service or by someone who knows of a senior they think would benefit from the program.

People Ready

1608 Northbrook Drive, Suite 101
Normal, IL 61761

(309) 452-3035 Voice
(309) 452-5021 FAX

www.peopleready.com
1619-br@laborready.com

Sites

Labor Ready - Urbana

1720 S. Philo, Suite F
Urbana, IL 61801

(217) 344-6214 Voice
(217) 344-6279 FAX

Site Hours: M-F, 6:00 am - 5:00 pm.

Services

EMPLOYMENT

Description: Specializes in day-to-day general labor.

Documents Needed: To apply, must have photo ID in addition to a Social Security card or birth certificate.

Referral Procedures: Jobs can be searched and applied for online. Applications are also accepted in person at any Labor Ready branch office.

Petersen Health Care

830 W. Trailcreek Drive
Peoria, IL 61614

(309) 691-8113 Voice
(309) 691-8622 FAX

www.petersenhealthcare.net

Sites

Illini Heritage Rehab & Health Care Center

1315 Curt Drive
Champaign, IL 61820

(217) 352-5707 Voice
(217) 352-2607 FAX

Jamie Wilson, Administrator

Services

NURSING HOME

Description: Licensed and skilled nursing staff meet a variety of short-term and long-term healthcare needs, including rehabilitation, dementia programs, and other needs as may be required at various stages of life. Services include 24-hour nursing care, physical, occupational and speech therapy, therapeutic diets, activities, and social services.

Documents Needed: Photo ID, proof of income, Social Security card, immunization record.

Fees: Fixed fees; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: Call for more information.

Postpartum Support International (PSI)

6706 SW 54th Avenue
Portland, OR 97219

(800) 944-8766 Toll-free
Chat Number - Use Participant Code 73162
(800) 944-4773 Toll-free - Support Helpline

www.postpartum.net

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Sites

Postpartum Support International (PSI)

6706 SW 54th Avenue
Portland, OR 97219

(800) 944-8766 Toll-free
Chat Number - Use Participant Code 73162
(800) 944-4773 Toll-free - Support Helpline

Postpartum Depression Alliance of Illinois

No Street Address Available
Northbrook, IL 60062

(847) 205-4455 Voice

Sarah Allen, Director

Area Served: PPD IL is a member of Postpartum Support International the leading organization that promotes awareness, prevention and treatment of mental health issues related to childbearing worldwide.

Services

PREGNANCY

Description: "Chat With An Expert" by calling the Chat phone number - use participant code 73162#.

During chat sessions, callers can connect with other moms and dads, and talk with a PSI expert about resources, symptoms, options, and general information about perinatal mood and anxiety disorders from the privacy of their own phone. No need to preregister or give name. These sessions, facilitated by licensed mental health professionals, are informational only and open to anyone with questions and concerns. Limited to the first 15 callers.

Hours: Chats are offered at different times each Wednesday (for moms) and on the first Monday (for dads). Check the website or call for the specific times.

Fees: No fees.

Referral Procedures: Dialing-in to the Conference/Chat:

1. Use your telephone to dial your toll-free TeleConference number 1-800-944-8766.

*The following greeting will welcome you:
"Welcome to TelSpan TeleConferencing. Please enter your TeleConference code followed by the "# sign."

2. After this prompt, enter the code 73162#

HOTLINE

Description: A non-profit organization helping Illinois women and their families access support and information about pregnancy and postpartum mood disorders.

PPDIL support volunteers are all moms who have experienced either a pregnancy or postpartum mood disorder themselves. They can offer:

- Mom-to-Mom support and encouragement, and to let you know you are not alone in feeling this way.

- Information about the symptoms of pregnancy & postpartum mood and anxiety disorders.

- Information on what helps women to feel well again.

- Information on how to choose a healthcare provider who has experience in treating perinatal mood disorders if you need one.

Hours: Leave a voicemail with the helpline and they will return calls within 24 hours.

NOTE : If you or a family member are experiencing severe symptoms and need to speak to someone in person urgently, the NorthShore University HealthSystem hotline 1-866-364-MOMS (1-866-364-6667) is answered live 24 hours a day, 7 days a week.

Additional Information: Some helpful websites:

www.postpartumprogress.com

www.2020mom.org

www.PostpartumDads.org

www.postpartum.net

www.mmhcoalition.com

Fees: No fees.

Referral Procedures: By phone only.

Sites: 2

Prairie Center Health Systems

718 W. Killarney Street
Urbana, IL 61801

(217) 356-7576 Voice - 24 hour Hotline

(217) 328-4500 Voice

(217) 328-4535 FAX

www.prairie-center.org

contact@prairie-center.org

Gail Raney, Chief Executive Officer

Public transportation accessible.

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Sites

Prairie Center Health Systems
 718 W. Killarney Street
 Urbana, IL 61801

(217) 356-7576 Voice - 24 hour Hotline
 (217) 328-4500 Voice
 (217) 328-4535 FAX

Gail Raney, Chief Executive Officer
 Public transportation accessible.

Site Hours: Mon-Thu, 8:00 am - 8:00 pm.
 Fri, 8:00 am - 12:00 pm.

Area Served: Primarily Champaign County.
 accepts clients from any location.

Other Languages: Interpreters available as
 needed.

**Prairie Center Health Systems - Residential
 Services**

122 W. Hill Street
 Champaign, IL 61820

(217) 356-7576 Voice
 (217) 356-6571 FAX

Gail Raney, CEO
Site Hours: 24/7.

Area Served: State of Illinois.

Other Languages: Spanish-speaking staff
 available. Interpreters available as needed.

Services

SUBSTANCE USE TREATMENT

Description: Prairie Center Health Systems,
 Inc. is a comprehensive substance abuse
 education and treatment agency for
 adolescents and adults.

Substance Abuse Outpatient and Intensive
 outpatient treatment for adolescents and adults
 is available. Clients receive assessment,
 individualized treatment plans, individual
 counseling, and group therapy for drug and
 alcohol disorders. Treatment includes
 community-based case management services
 for clients in need. Information and referrals to
 other helping agencies and to mutual help
 recovery support groups are a part of this case
 management service.

Other services provided include DUI
 Evaluations and Risk Education (at Urbana
 location only), HIV Education, Drug Screenings,
 Drug Court, and Federal Probation Substance
 Abuse Treatment. Adult Family Education

services and support are available for clients
 and their family members.

Documents Needed: Proof of income and
 medical/insurance card (if applicable).

Fees: Self pay, insurance, Medicaid, and other
 third party payment is accepted. Sliding fee
 scales are available to those clients unable to
 cover the full cost of treatment who meet family
 size, income, and residence criteria. Services
 provided by Prairie Center are partially funded
 through federal, state, and local grants. No one
 in need is turned away because of inability to
 pay for services; however, state grants do not
 cover all costs. Consequently, co-payments
 may be required based on type of service and
 ability to pay.

Referral Procedures: By phone or walk-in.

RESIDENTIAL SERVICES

Description: Prairie Center Health Systems
 provides a 30-60+ day inpatient substance
 abuse treatment program.

Clients receive room and board, individualized
 treatment plans, individual counseling, and
 group therapy for drug and alcohol disorders.
 Treatment includes community-based case
 management services for clients in need.
 Information and referrals to other helping
 agencies and to mutual help recovery support
 groups are a part of this case management
 service. Adult Family Education services and
 support are available for clients and their family
 members.

Federal Bureau of Prisons halfway house is
 also at this location.

Eligibility: Age 18 and older.

Documents Needed: Proof of income and
 medical/insurance card (if applicable).

Fees: Self pay, insurance, Medicaid, and other
 third party payment is accepted. Sliding fee
 scales are available to those clients unable to
 cover the full cost of treatment who meet family
 size, income, and residence criteria. Services
 provided by Prairie Center are partially funded
 through federal, state, and local grants. No one
 in need is turned away because of inability to
 pay for services; however, state grants do not
 cover all costs. Consequently, co-payments
 may be required based on type of service and
 ability to pay.

Referral Procedures: By phone.

Sites: 2

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PREVENTION

Description: Prairie Center provides an evidence-based life skills and drug education curriculum to students. Education prevention programs are available for preschool through high school on various topics. Sessions deal with the health risks associated with the use of alcohol, tobacco, and other drugs. Life skills sessions may include instruction on and discussion of refusal skills, self-esteem, communicating with parents, and related social issues. Lessons can be tailored to specific needs.

Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Champaign, Ford, and Vermilion counties.

Fees: No fees.

Referral Procedures: Call for more information.

Prairie Land Conflict Mediation Center

Church Street Square Building
206 N. Randolph Street, Suite 6
Champaign, IL 61820

(217) 552-2813 Voice/Text

www.prairielandmediation.com

info@plmediation.org

Joy George, Executive Director/Founder

Public transportation accessible.

Site Hours: By appointment only.

Area Served: Champaign, DeWitt, Douglas, Macon, Moultrie, Piatt, Clark, Coles, Cumberland, Edgar, Ford, McLean, and Vermillion counties.

Accessibility: Fully accessible.

Services

Basic Mediation Training

Description: The forty-hour course in conflict mediation is taught through a workshop style for adult learners. The course meets or exceeds the standards for the first course in mediation recognized as appropriate for many beginning professional mediators and for all volunteer community mediators. This 40-hour training includes a comprehensive introduction to mediation theory, practice, and skill development as well as ethical considerations. Participants will be provided with an intensive, interactive, skills-based program that uses role-play exercises in which everyone

participates as observer, client, and mediator during the course of the program. Students are expected to participate fully and constructively in these simulations and to reflect deeply on these experiences. Graduates come away with useful information, skills, and guidelines as to how to approach mediation as a career.

Hours: 40 hour training usually scheduled once during Fall semester and again during Spring semester.

Meetings: Vary.

Fees: \$500 training fee.

Prairieview Lutheran Home

403 N. Fourth Street
Danforth, IL 60930

(815) 269-2970 Voice

(815) 269-2930 FAX

www.prairieviewlutheran.com

pvlh@prairieviewlutheran.com

Tom McCann, Administrator

Kelly Short, Administrative Assistant

Services

Prairieview Lutheran Home

Description: Provides short-term and long-term nursing care.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: Call for more information.

Faith Place

Description: Provides nursing home for senior adults suffering from Alzheimer's Disease and dementia.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: Call for more information.

Luther Place/Prairie Haven

Description: Provides independent living facilities for seniors that are capable of mentally and physically caring for themselves. Also provides assisted living facilities for seniors.

Eligibility: Age 60 and older.

Referral Procedures: Call for more information.

Pregnancy Resource Center

303 Landmark Drive, Suite 1B
Normal, IL 61761

(309) 454-5433 Voice

www.pregnancyresourcecenter.org
bloomington@hopeforafuture.com

Ellen Orns, Director

Public transportation accessible.

Sites

Pregnancy Resource Center - Champaign

205 E. Wilber Avenue
Champaign, IL 61824

(217) 398-6511 Voice

Greta Henry, Director of Champaign Ministries

Site Hours: M-F, 9:00 am - 5:00 pm.

Area Served: Champaign County and surrounding areas.

Services

PREGNANCY

Description: 1) PRC is a medical facility that offers free on-site pregnancy testing, on-site limited obstetrical ultrasound services, and STI testing for women of all ages that qualify.

2) Education and counseling on pregnancy, abortion, and alternatives to abortion.

3) Parenting education program, "HOPE."

4) Support to the pregnant woman whose unborn baby has been diagnosed with an adverse or terminal condition and wishes to carry to term, "Rocking Chair."

Fees: No fees.

Referral Procedures: Appointments by phone or website.

COUNSELING

Description: Support from trained volunteers for those who have received a terminal pregnancy diagnosis, those who are concerned about their options for pregnancy, and those who have terminated a pregnancy.

Fees: No fees.

Presence Home Care and Hospice - Champaign

1501 Interstate Drive, Suite C
Champaign, IL 61821

(217) 353-3400 Voice - Hospice
(217) 355-4120 Voice - Home Care
(888) 742-7990 Toll-free

Centralized Intake - Home Care

(815) 928-6146 FAX

Centralized Intake - Home Care

www.presencehealth.org/home-care-and-hospice

Sheila Vaughn, Clinical Coordinator

Public transportation accessible.

Services

HOME HEALTH CARE

Description: Presence Home Care provides the following home health services:

- Anodyne Therapy
- Home Health Aides
- Infusion Therapy
- Medical Social Services
- Physical, Occupational, and Speech Therapy
- Skilled nursing care services for cardiac conditions, COPD, diabetes, pain management, and wound care
- Pediatric care
- Disease Management Programs, which include Heart Failure, Respiratory, Stroke and Diabetes

Area Served: Site 1: Champaign, Coles, DeWitt, Douglas, Edgar, Ford, Iroquois, Macon, McLean, Moultrie, Piatt, and Vermilion counties.

Fees: Sliding scale; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: By phone.

HOSPICE

Description: Presence Hospice provides family centered end-of-life care that focuses on comfort and support to patients and their families. The hospice team brings specialized care to the home, nursing home, assisted living facility, or in the hospital. The Transitions Program provides support to individuals and their families during the last year of life, including emotional support and respite care. Presence Hospice also provides bereavement support.

Area Served: Champaign, DeWitt, Douglas, Ford, Piatt, and Vermilion counties.

Fees: Sliding scale; Medicaid, Medicare, private insurance, private pay accepted. The Transitions Program is offered free of charge.

Referral Procedures: Call for more information.

RAINN - Rape, Abuse, and Incest National Network

1220 L Street N.W., Suite 505
Washington, DC 20005

(800) 656-4673 National Toll-free - (800-656-HOPE)
(202) 544-1034 Voice - Administrative Office
(202) 544-3556 FAX

www.rainn.org
info@rainn.org

Area Served: Nationwide.

Services

SEXUAL ASSAULT SERVICES

Description: This is a 24-hour rape crisis hotline. Individuals can find community rape crisis centers and hotlines in all parts of the U.S. The Online Hotline (OHL) provides live, secure, anonymous crisis support for victims of sexual assault and their families over RAINN's website.

Referral Procedures: By phone or website.

Rantoul Police Department

109 E. Grove Avenue
Rantoul, IL 61866

(217) 892-2103 Voice
(217) 333-8911 Voice - METCAD
(217) 893-9556 FAX

www.village.rantoul.il.us

Erman Blevins, Police Chief

Area Served: Village of Rantoul.

Services

LAW ENFORCEMENT

Description: Police department serving the residents of Rantoul.

Rantoul Recreation Department

100 E. Flessner Avenue
Rantoul, IL 61866

(217) 893-5700 Voice
(217) 893-5730 FAX

www.village.rantoul.il.us/recreation

Luke Humphrey, Director

Alyssa Frye, Office Manager

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Village of Rantoul.

Services

RECREATION/LEISURE

Description: Parks and recreation department serving the residents of Rantoul.

AARP Foundation Tax-Aide

Description: AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 60 and older.

Hours: 2018 dates to be announced. Call for more information.

Documents Needed: - Photo ID.

- Copy of last year's return.

- Social Security cards for everyone in household.

- Income statements and other official documentation for household members that apply to the year 2015.

Fees: No fees.

Referral Procedures: Call for an appointment.

Rantoul Township

121 N. Garrard Street, Suite A
Rantoul, IL 61866

(217) 893-9350 Voice
(217) 892-4093 FAX

rantoultownship1@aol.com

James A. Rusk, Supervisor

Site Hours: M-F, 8:00 am - 11:30 am.

Area Served: Rantoul Township (Rantoul, Thomasboro) and Ludlow Township (Ludlow).

Services

INCOME PROGRAMS

Description: Provides a monthly income for individuals to be used to pay for food, rent/shelter, utilities, clothing, medical care, or other items considered essential.

Eligibility: Any township resident 18 years or older who is either a U.S. resident or legal alien. The General Assistance Program is primarily for those adults without minor children, without adequate income, and ineligible for any other monetary forms of assistance.

Rape Advocacy, Counseling & Education Services

Lincoln Square
300 S. Broadway Avenue
Suite 154 A
Urbana, IL 61801

(217) 384-4444 Voice - Rape Crisis Hotline
(877) 236-3723 Toll-free - Rape Crisis Hotline
(217) 344-6298 Voice - Business
(217) 344-6604 FAX

www.cu-races.org
races@cu-races.org

Adelaide Aime, Executive Director

Adelaide Aime, Executive Director

Public transportation accessible.

Site Hours: Business:

Mon-Thu, 8:30 am - 5:00 pm; Thursday evening
by appointment.

Fri, 8:30 am - 12:00 pm.

Hotline: 24/7.

Area Served: Champaign, Douglas, Ford, and
Piatt counties.

Other Languages: Spanish; Sign Language
available upon request.

Services

SEXUAL ASSAULT SERVICES

Description: 24-hour hotline for victims of
sexual assault. Crisis counseling services,
information & referral, and support can be
accessed through calling the hotline.

Eligibility: Survivors and non-offending
significant others of sexual violence; ages 3 and
older.

Fees: No fees.

Referral Procedures: By phone.

COUNSELING

Description: Individual, group, family, and
child counseling is available for both
victims/survivors and their non-offending
significant others.

Eligibility: Survivors and non-offending
significant others of sexual violence; ages 3 and
older.

Fees: No fees.

Referral Procedures: By phone, walk-in, or
appointment.

PREVENTION

Description: This program provides education
and training about sexual assault, abuse, and

harassment to a wide variety of audiences. The
Child Assault Prevention Education Program
provides age appropriate education to
elementary-aged students. It also provides
education to children in public and private
school districts, as well as specialized training
to professional allies.

Referral Procedures: By phone.

ADVOCACY

Description: Trained advocates respond to
local hospitals 24-hours a day. They can
accompany a victim through the evidence
collection and medical treatment process;
provide support; give information about options
and rights; and assist with safety planning.
Legal advocates can assist clients with
navigating the civil and criminal justice process.
This includes assistance in filing for Civil No
Contact and Stalking No Contact Orders. They
can also help clients assert rights as a crime
victim and accompany them to meetings with
officials and court hearings.

Eligibility: Available to survivors 3 and older
and their non-offending significant others.

Fees: No fees.

Referral Procedures: By phone.

The Reading Group

3011A Village Office Place
Champaign, IL 61822

(217) 351-9144 Voice

(217) 351-9149 FAX

readinggroup.org

info@readinggroup.org

Winnie Crowder, Executive Director

Pam Lindsey, Bookkeeper/Office Assistant

Public transportation accessible.

Site Hours: M-F, 3:00 pm - 6:00 pm; or by
appointment.

Area Served: Champaign, Piatt, Vermilion,
Douglas, and Coles counties.

Services

STUDENT SERVICES

Description: The Reading Group is a
not-for-profit educational learning center which
specializes in serving children and adults who
struggle with learning difficulties. In partnership
with teachers, parents, and community leaders,

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The Reading Group works to overcome problems related to learning disabilities, dyslexia, and illiteracy. Staff includes educational specialists in reading, writing, early childhood development, and ESL (English as a Second Language). Initial evaluations and one-on-one instruction are available.

Fees: Fixed fees for tuition paying lessons; scholarships available; donations requested.

Referral Procedures: By phone, walk-in, or appointment to schedule an evaluation.

Restoration Urban Ministries

1213 Parkland Court
Champaign, IL 61821

PO Box 3277
Champaign, IL 61826

(217) 355-2662 Voice
(217) 355-2329 FAX

www.restorationurbanministries.net
info@restorationurbanministries.net

Ervin Williams, Executive Director
Linda Cramer, Office Manager, Volunteer Coordinator

Public transportation accessible.

Site Hours: Food pantry: Mon, Tue, Thu, Fri,
10:00 am - 1:00 pm

Office: M-F, 10:00 am - 4:00 pm.

Area Served: Champaign County.

Services

Restoration Emergency Food Pantry

Description: Provides a food pantry.

Hours: Mon, Tue, Thu, Fri, 10:00 am - 1:00 pm.

Documents Needed: Proof of residency.

Fees: No fees.

Referral Procedures: Walk-in.

CLOTHING

Description: Provides a clothing closet.

Hours: Mon, Tue, Thu, Fri, 10:00 am - 3:00 pm.

Fees: No fees.

Referral Procedures: Walk-in.

Restoration Transitional Housing Program

Description: Offers faith-based transitional housing. Program participants are required to participate in services and classes and work

with Case Manager. Call or e-mail for detailed program requirements and information.

Eligibility: - Be willing to participate in program activities.

- Consent to a background check.

- Does not accept persons with a sex offense.

Additional Information: Restoration is a drug-free and alcohol-free facility. If needed, substance abuse recovery and support group meetings are regularly held on site for residents. Residents are randomly tested to ensure sobriety.

Fees: \$50 per month, typically not assessed until after resident has secured employment.

Referral Procedures: Call office for more information and to receive date for next orientation that explains the program and application process. After the orientation, the Resident Director will make an appointment for an interview. It usually takes at least a couple of days to schedule the interview.

Ronald McDonald House Charities of Central Illinois

610 N. 7th Street
Springfield, IL 62702

(217) 528-3314 Voice

www.rmhc-centralillinois.org

Kelly A. Thompson, CVA, MA, Executive Director

Brian Replogle, MPA, CVA, Director of Charity Operations

Site Hours: Every day, 8:00 am - 8:00 pm.

Area Served: 29 counties in central Illinois:

Adams, Brown, Cass, Champaign, Christian, Coles, DeWitt, Douglas, Ford, Fulton, Livingston, Logan, Macon, Mason, McLean, Menard, Montgomery, Morgan, Moultrie, Peoria, Piatt, Pike, Sangamon, Schuyler, Shelby, Stark, Tazewell, Vermilion, and Woodford counties.

Accessibility: Wheelchair and stroller accessible to main entrance, all common areas of the House, and to some guest rooms.

Services

Ronald McDonald House

Description: RMHCCI provides a temporary home away from home for families of children receiving medical treatment in Springfield.

Eligibility: The patient must be under the age of 22. Immediate family members are able to

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stay at the House while their child is receiving medical care. Families must check out within 24 hours of the patient being discharged from treatment. Individuals who have had contact with any contagious disease or illness (chicken pox, mumps, flu, pertusis) within the past 21 days may not visit or be a guest of the House.

Area Served: Families living at least 40 minutes away from Springfield.

Documents Needed: - Application for Temporary Residence for the family.
- Background check consent form for each family member age 18 and above.

Fees: No fees.

Referral Procedures: Guests are referred by their physician, nurse, hospital social worker, or licensed clinical professional counselor.

Rosecrance Champaign/Urbana

1801 Fox Drive
Champaign, IL 61820

(217) 398-8080 Voice
(217) 359-4141 Voice - Crisis Line
(217) 693-4590 Voice - Intake/Admission
(217) 398-0160 TTY
(217) 398-0172 FAX

www.rosecrance.org

Sheila Ferguson, MSW, LCSW, Executive Director

Sandra S. Fox, Executive Assistant to CEO
Public transportation accessible.

Sites

Rosecrance Champaign/Urbana

1801 Fox Drive
Champaign, IL 61820

(217) 398-8080 Voice
(217) 359-4141 Voice - Crisis Line
(217) 693-4590 Voice - Intake/Admission
(217) 398-0160 TTY
(217) 398-0172 FAX

Sheila Ferguson, MSW, LCSW, Executive Director

Public transportation accessible.

Site Hours: Mon & Wed, 8:00 am - 7:00 pm.
Tue & Thu, 8:00 am - 5:00 pm.
Fri, 8:00 pm - 4:00 pm.

Area Served: Champaign County.

Rosecrance Champaign/Urbana - Walnut Street Site

801 N. Walnut Street
Champaign, IL 61820

(217) 373-2430 Voice
(217) 359-4141 Voice - Crisis Line
(217) 693-4590 Voice - Access Center
(217) 352-4217 TTY
(217) 373-2444 FAX

Juli Kartel, Director of Clinical Services
Public transportation accessible.

Site Hours: Mon-Thu, 8:00 am - 5:00 pm.
Fri, 8:00 am - 4:00 pm.

Area Served: Champaign County.

Rosecrance Champaign/Urbana - Men's Transitional Housing Program

70 E. Washington Street
Champaign, IL 61820

(217) 398-7785 Voice
(217) 398-7787 FAX

James Warren, Supervisor
Public transportation accessible.

Site Hours: Residents receive housing 24/7.
Staff are present Mon-Thu, 8:00 am - 11:00 pm,
Fri-Sun, 8:00 am - 12:00 am.

Area Served: Champaign County.

Rosecrance Champaign/Urbana - Respite Center

502 N. Market Street
Champaign, IL 61820

(217) 373-2428 Voice
(217) 373-2445 FAX

Monica Cherry, Coordinator of 24 Hour Programs

Public transportation accessible.

Site Hours: 24/7.

Area Served: Champaign County.

Rosecrance Champaign/Urbana - 311 W. White St.

311 W. White Street
Champaign, IL 61820

(217) 359-5276 Voice
(866) 359-5276 Toll-free
(217) 359-6092 FAX

James Warren, Supervisor
Public transportation accessible.

Area Served: Champaign County.

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Services

Crisis Respite Services

Description: For stabilizing clients who are in crisis. The Respite Center is a 7-bed, short-term residential crisis treatment center, accepting both male and female adults for up to two weeks of psychiatric care and mental health services such as assessment, case management, group and individual therapy, and therapeutic behavioral services.

Hours: 24/7.

Documents Needed: Photo ID and proof of income.

Referral Procedures: By phone.

Sites: 4

Mental Health Therapy Services

Description: Provides assessment and time-limited therapy for children, adolescents, adults, and families with problems associated with emotional and/or behavioral challenges.

Eligibility: Services are available for all ages except for children under the age of 5. For children's services, parent/caregiver must be willing/able to attend sessions with their child.

Documents Needed: Proof of income and insurance card including Medicaid/Medicare.

Fees: Vary; Medicaid, Medicare, private insurance, and private pay accepted.

Referral Procedures: Screenings are completed by the Access Unit at 801 N. W. Walnut Street, Champaign for adults. Screenings can also be completed over the phone 217-693-4590. Request for services for children requires the parent/guardian to call for the screening.

Phone Hours: Mon-Thu, 8:00 am - 5:00 pm; Fri, 8:00 am - 4:00 pm.

Walk-in Hours: Tue, Wed, Thu, 8:00 am - 3:00 pm.

Or by appointment.

Runaway and Homeless Youth Programs (RHY)

Description: The Runaway and Homeless Youth (RHY) program provides an array of housing and supportive services to youth/young adults ages 16-24 who are at risk of homelessness and/or need assistance with transitioning to adulthood with the goal of addressing their needs and helping them make

a successful transition into adulthood. 311 W. White St. maintains 4 beds for female RHY clients 18-24 who qualify for the program's housing component. There is also the opportunity for these female client's to have a child reside there with them if deemed appropriate and safe for all involved. RHY males over age 18 who need housing assistance are referred to RCU's Men's Transitional Housing Program. When staff are present at 311 W. White St. all enrolled RHY clients and RHY not enrolled in services can utilize it as a drop-in shelter to obtain things like food, clothing, phone/internet usage, hygiene supplies, opportunities to bathe, opportunities to do laundry, and other things they may need. RHY clients ages 18-24 who have demonstrated consistent adherence to program expectations and have made progress toward the various goals deemed necessary for them to successfully live independently at some point are eligible to reside in RCU's Gregory House. Gregory House is a 3 bedroom house that allows RHY clients and their children (if applicable) to experience living in a residence that they are primarily responsible for maintaining independently. Gregory House is designed to house one client at a time, but there is the capacity for up to three related clients to reside there together at one time. The Gregory House transitional living is limited to up to 24 months or when the client turns 24. RCU furnishes, provides maintenance services, and pays the primary utilities for Gregory House. RHY staff continue to provide ongoing support for these clients, but there is a greater level of independence for the clients as they are no longer residing in an RHY location that is directly staffed.

Hours: M-F, 8:00 am - 4:00 pm. Weekends and evenings by appointment.

Eligibility: - Between the ages of 16 and 24.
- Must be at risk or homeless, near homeless, experiencing crisis situations that result in being homeless (i.e., runaway), or seeking assistance with transitioning into adulthood and independence.

Exclusion criteria:

- Persons demonstrating dangerous behaviors such as ideations of harming themselves or others, sexually aggressive behaviors, fire setting behaviors, and extremely aggressive behaviors.
- Youth who are wards of DCFS.

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- Youth whose needs may be better met by another agency or program.
- Area Served:** Clients must be able to access primary services in Champaign County.
- Documents Needed:** None.
- Fees:** No fees.
- Referral Procedures:** By phone or walk-in during program hours (voicemail option after hours).
- Sites:** 1 5

Men's Transitional Housing Program

Description: The Men's Transitional Housing Program (MTHP) provides a transitional living program for homeless men in Champaign County who are 18 years of age and older. It provides a safe, temporary living program for those who would otherwise live on the streets, offering transitional housing, case management/supportive services, laundry and shower facilities, and food/meals. The supportive services are available for up to 24 months.

Eligibility: Homeless men, 18 years and older. Just have valid photo identification and pass background check. Must have verifiable income.

Documents Needed: Valid photo identification. Verifiable income.

Fees: Monthly: 30% of resident's verifiable income (maximum fee amount is \$150)

Referral Procedures: Walk-in.

Sites: 3

Crisis Services

Description: Crisis Services provides immediate 24-hour crisis intervention by trained crisis clinicians through face-to-face mental health assessments and answering the crisis line calls. The program adheres to recovery philosophies incorporating brief therapy to stabilize the individual's distress and determine the appropriate level of care.

Hours: 24/7.

Documents Needed: Photo ID and proof of income.

Fees: No fees.

Referral Procedures: By phone or in person.

Sites: 2

Supported Residential Services

Description: Supportive Housing Program:
- 8 unit apartment building that provides

housing for clients with program agreements or a 'Shelter Plus Care' voucher.

- Length of stay up to 2 years.
- Individuals are provided transitional living supports and services as they transition from more intensive settings, such as group homes, back into the community.
- Recovery-focused treatment plans are developed to assist individuals with learning the skills necessary for transition to their own apartment in the community.

Housing and Urban Development (HUD)
Apartment Complexes:

- HUD program with locations in Urbana and Rantoul administered by Community Elements that provides permanent residences for low-income individuals with psychiatric disabilities.

- Individuals with psychiatric disabilities are provided opportunities to access supportive services and live independently in safe affordable housing.

PH-ACT Program:

- Combines supportive housing assistance with integrated, intensive treatment services for clients with co-occurring mental illness, substance abuse, and HIV/AIDS.
- Must meet the HUD definition of homelessness.

Eligibility: Depends on type of housing requested; call for more information.

Documents Needed: Photo ID, proof of income, and social security card.

Fees: Vary; Medicaid/ MCO coverage for supportive services.

Referral Procedures: Must fill out an application to be placed on a waiting list.

Sites: 2

Community Support Program

Description: Provides community-based case management and community support services to adults with psychiatric disorders to improve their self-sufficiency and ability to live independently in the community. Services are based upon building on the individual's strengths while utilizing recovery principles to attain optimal role functioning. Specific services also include medication monitoring, counseling, representative payee services, and family education.

Documents Needed: Photo ID, proof of income, and social security card.

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Fees: Vary; Medicaid and Medicare accepted.
Referral Procedures: Screening and Assessment is done by the Access Team at 801 N. Walnut Street, Champaign.
By phone: Mon-Thu, 8:00 am - 5:00 pm; Fri, 8:00 am - 4:00 pm.
Walk-in Hours (first come first served): Mon - Thu, 8:00 am - 3:30 pm; Fri, 8:00 am - 3:00 pm.
Or by appointment.
Sites: 2

Supervised Residential Services

Description: Rosecrance C/U has two separate homes that provide transitional living with 24-hour supportive services that are recovery-focused and individualized to assist adults with serious mental health conditions transition successfully back into independent living in the community. Under 24 hour supervision, residents receive training and assistance in:

- Activities of daily living.
- Medication education and training.
- Personal and environmental health and safety.

Through a recovery-oriented, supportive service program, individuals with mental illness can attain skills necessary to live more independently in a community setting.
Hours: 24/7.
Eligibility: 18 years or older and be in need of residential services due to a psychiatric disability resulting from a major mental illness.
Documents Needed: Proof of income and immunization records. Group home referral packet must be completed and returned to the agency.
Fees: Vary; Medicaid coverage required.
Referral Procedures: Prior to admission to the group homes, an interview with the potential client and family if appropriate will take place to determine eligibility for placement. Referral packet must be submitted.

Parenting with Love and Limits (PLL)

Description: Parenting with Love and Limits (PLL) is an evidenced-based group and family counseling program that is offered in the office, community, and families' homes. This program is appropriate for families with youth who are noncompliant with rules and expectations inside or outside the home and/or have juvenile justice system involvement.
Hours: Very flexible scheduling to meet the

needs of the family. Most groups are offered in the evenings.
Eligibility: Youth (aged 10-17) who reside in Champaign County.
Fees: No fees.
Referral Procedures: By phone or appointment. Contact James Warren at 217-298-8080.

Mental Health Juvenile Justice Program (MHJJ)

Description: Mental Health Juvenile Justice Program (MHJJ) provides community- and home-based intensive case management services to youth with mental illness who have been involved in the juvenile justice system.
Hours: Mon-Thu, 8:00 am - 5:00 pm.
Fri, 8:00 am - 4:00 pm.
Flexible evening times also available.
Eligibility: - Youth who have had juvenile justice contact in the past 6 months.
- Youth must have symptoms of major mental illness.
Area Served: Champaign County.
Documents Needed: Proof of family income and medical card.
Fees: No fees.
Referral Procedures: Referral by court services personnel.

Substance Abuse Outpatient Services

Description: Various programs, from intensive outpatient to continuing care, are offered to adults and their families with moderate to serious impairment caused by substance abuse.
Referral Procedures: By phone.

Rural Champaign County Special Education Cooperative

807 N. Mattis Avenue
Champaign, IL 61821
(217) 892-8777 Voice
(217) 607-5524 Voice - Alternate phone
(217) 607-5523 FAX - Alternate fax
(217) 893-8627 FAX
www.rcsec.org
Jennifer Armstrong, Executive Director
Martine Nickols, Executive Assistant
Public transportation accessible.
Site Hours: M-F, 8:00 am - 4:00 pm.
Area Served: Rural Champaign County.

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Other Languages: Some Spanish.

Services

Spectrum Early Childhood Program

Description: Spectrum is a preschool program for children (ages 3-5) who reside in rural Champaign County. The program serves children who have a variety of needs, including those who would benefit from a preschool experience before kindergarten in order to increase their academic readiness skills.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, physical and immunization records.

Fees: No fees.

Referral Procedures: By appointment for a free screening.

Transition/STEP

Description: Secondary Transitional Experience Program (STEP) is administered through the Rural Champaign County Special Education Cooperative. It is a partnership between local high schools and the Division of Rehabilitation Services. Staff is available at each school in Champaign County to assist students, parents, and employers with STEP. In this program, employers, teachers, parents, and vocational coordinators work as a team to help the students become productive members of society. Students receive training in employability skills that increases job retention.

Documents Needed: Signed DRS Parental Consent form, current IEP or 504 plan (to verify eligibility based on the presence of a disability), and social security number.

Referral Procedures: By appointment.

SADD - Students Against Destructive Decisions

201 Boston Post Road West, Suite 202
Marlborough, MA 01752

(508) 481-3568 Voice

www.sadd.org
info@sadd.org

Robyn Block, Illinois SADD Coordinator
Dawn Teixeira, National President & CEO

Site Hours: M-F, 8:00 am - 4:00 pm CST.

Area Served: Nationwide.

Services

STUDENT SERVICES

Description: SADD is a nationwide peer-to-peer prevention, education, and activism organization. SADD's mission is to empower teens, while promoting resiliency, leadership, advocacy, and positive life decisions. Although founded as "Students Against Driving Drunk" in 1981, the organization changed its name to "Students Against Destructive Decisions" in 1997. This broadened SADD's focus to other issues that teens face. Today, SADD provides students with prevention tools to deal with the issues of underage drinking and other drug use; impaired and dangerous driving; teen violence and suicide; and other destructive decisions.

Referral Procedures: By phone or website.

Sadorus Community Food Pantry

Market Street
Sadorus, IL 61872

551 B County Road 550 N
Sadorus, IL 61872

(217) 598-2394 Voice

edtera@aol.com

Diana Bradley, Co-Director

Gerald Henry, Co-Director

Services

FOOD PANTRY

Description: Food Pantry available the 2nd Wednesday each month, 5:00 pm - 6:30 pm.

Area Served: Sadorus, Ivesdale, and Parkville.

Fees: No fees.

Referral Procedures: Walk-in.

Safe Kids Champaign County

Champaign/Urbana Health Department
201 W. Kenyon Road
Champaign, IL 61820

(217) 353-4932 Voice - Buckle-up line

(217) 531-4319 Voice - Coordinator

www.c-uphd.org/ccsafekids

Lisa Martinez, Safe Kids Coordinator

Public transportation accessible.

Other Languages: Spanish speaking

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technicians. A French translator is available through CU-PHD.

Services

Child Safety Seat Inspection Station (CSSIS)

Description: Provides child safety seats (car seats) at a discounted price, free car seat inspections, car seat installations, and education. Each appointment lasts approximately 45 minutes.

Hours: By appointment only: First Thursday of the month, 9:00 am - 3:00 pm.

Eligibility: No eligibility requirements for car seat inspections. To receive a discounted car seat, family must be a participant of the WIC program.

Area Served: Champaign County only for car seat distributions. No geographic limitations for car seat inspections.

Documents Needed: For car seat inspections, bring the following:

- Car seat, instruction manual for car seat (if available), instruction manual for vehicle (if available), and while not required to have child present, it is recommended.

If purchasing a car seat, bring the following:

- Referral form from the WIC office, child who will be receiving the new seat (mandatory unless pregnant), and co-pay of \$20.

Additional Information: Due to the high demand of this service, there is often a wait of 4-6 weeks for an appointment.

Fees: - Car seat inspection, installation, and education is free. Donations are accepted and appreciated.

- If purchasing a car seat, a \$20 co-pay is required.

Referral Procedures: Phone for appointment.

To schedule an appointment, please call the Buckle-Up Line at 217-353-4932. An

appointment must be made for each child attending the inspection station - no extra

children without appointment. Cancellations should be made at least 24 hours in advance.

For those purchasing a car seat, a referral form from the WIC office is required.

SafeLink Wireless

PO Box 220009

Milwaukie, OR 97269

(800) 723-3546 Toll-free

Enrollment and Plan Changes Support

(800) 378-1684 Toll-free - Technical Support

www.safelinkwireless.com

Site Hours: Enrollment and Plan Changes:

Mon-Sat, 7:00 am - 9:00 pm, CST.

Sun, 7:00 am - 6:00 pm, CST.

Technical Support: Daily, 7:00 am - 11:00 pm, CST.

Services

TELEPHONE ASSISTANCE PROGRAMS

Description: Safelink Wireless is a cell phone program for income-eligible households. In order to participate, persons must meet certain eligibility requirements set by each state where the service is to be provided. These requirements are based on a person's participation in state or federal support programs or by meeting the poverty level guidelines. By law, Safelink Wireless is only available for one phone per household.

Eligibility: You qualify for Safelink Wireless in Illinois if you participate in one of the following assistance programs:

- Medicaid.

- Food Stamps/SNAP (Supplemental Nutrition Assistance Program).

- Supplemental Security Income (SSI).

- Temporary Assistance to Needy Families (TANF).

- Low Income Home Energy Assistance Program (LIHEAP).

- Federal Public Housing Assistance (Section 8).

- The National School Lunch's Free Lunch Program (NSLP).

Maximum Income Guidelines: If not participating in any of the above programs, income must be 135% of the poverty level or below.

Documents Needed: Proof of eligibility includes an eligible program card or statement of benefits.

Referral Procedures: Apply by phone or website.

Salt and Light

1512 W. Anthony Drive

Champaign, IL 61821

(217) 355-5654 Voice

www.saltandlightministry.org

questions@saltandlightministry.org

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Nathan Montgomery, Executive Director
Lisa Sheltra, Associate Director
 Public transportation accessible.

Area Served: Champaign County.

Services

Food Co-Op

Description: Salt and Light's Food Co-op is a membership-based food cooperative providing individuals the opportunity to use their skills, talents, gifts, and abilities to provide food for themselves and their families. The co-op serves families and individuals struggling with chronic food insecurity. With the co-op model, participants shop in our grocery store and choose the foods they want to eat.

Members can pay with credit, which can be earned by working at any local nonprofit. Each member account can earn up to \$165 each month to spend in the food co-op or the thrift store.

Hours: Mon-Sat, 9:00 am - 8:00 pm.

Referral Procedures: All new participants must attend a one-time New Member Orientation. Orientations are held every Monday at 11:00am and every Thursday at 3:00pm. Call to reserve a spot for the orientation.

Salt and Light Thrift Store

Description: Clothing, household, and other items available at low cost. Items may be purchased with cash, credit, or debit. Alternatively, if an individual is unable to purchase items in the store for any reason, they can work at any local nonprofit, earning credit to spend in the thrift store and/or Food Co-op.

Hours: Mon-Sat, 9:00 am - 8:00 pm.

Financial Literacy Classes/Financial Education

Description: Financial Peace University: Through a 13-week Financial Peace University, families receive the tools they need to think beyond their short-term needs and put their financial house in order. Through the comprehensive curriculum created by best-selling author Dave Ramsey, struggling families are taught how to get out of debt, budget their expenses, plan for emergencies, and establish a financial future. Through this

program, one-on-one counseling is also provided that addresses a number of related issues, helping participants with their parenting, coping, marriage, and employment-related skills.

Faith & Finances: Developed specifically for families in poverty, the Faith & Finances class surrounds participants with supportive allies who provide one-on-one attention. It supports class members with basic, technical financial management skills, awareness of financial practices and systems including how to overcome real-world pitfalls on the path to financial health, and encourages people with the understanding that there is healing and peace for their relationships, themselves, and their money.

In addition to general financial courses, financial counseling to help families tackle specific issues like foreclosure, bankruptcy, and financial judgments is offered. Salt and Light does not provide direct financial assistance. Because work is ministry-focused, Salt and Light receives no commissions for the advice provided.

Additional Information: Faith & Finances class also provides a free meal and free child care.

Fees: Financial Peace University: \$50.

Faith & Finances: \$10.

Referral Procedures: To learn more or sign up, contact Terry at terry@saltandlightministry.org.

EDUCATION

Description: Through a partnership with the Graduate School of Library Sciences at the University of Illinois and CU Citizen Access, a computer lab is at Salt & Light. The lab offers basic computer access with lab times for children and adults as well as basic instruction.

Hours: Mon-Fri, 9:00 am - 5:00 pm.

Referral Procedures: Assistance or direct instruction in lab is available upon request.

SCHOOL SUPPLIES

Description: School supplies will be available for purchase in the thrift store for a fraction of the retail cost. Individuals can volunteer at any non-profit and earn credit to purchase needed supplies. (No free supplies)

Donations can be dropped off at Salt & Light. Volunteers will also be needed for the event.

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For questions, or to learn how you can get involved, please contact Lisa Sheltra at lisa@saltandlightministry.org.

VOLUNTEER OPPORTUNITIES

Description: Salt and Light needs help with the following on a regular basis:

- Sorting clothes and hanging up clothes.
- Emptying collection bins.
- Restocking shelves and clothing.
- Light, general cleaning.
- Administrative tasks (mailings, reception).
- Computer lab.
- Advocate volunteers.

Referral Procedures: By phone.

Jobs for Life

Description: Jobs For Life is an eight-week person-building and soft skills job training course that incorporates biblical truths to help people understand their dignity, identity, and gifts. The course is designed to enable unemployed and underemployed men and women find and keep meaningful employment.

Referral Procedures: Call for more information.

VITA - Volunteer Income Tax Assistance

Description: Free tax preparation assistance for those with annual incomes below \$40K (individual) and below \$60K (family). Due to volunteer availability, we will be offering reduced appointment times as compared to last year, but we will still be doing both client appointments and the IRS' drop-off service (Virtual VITA). Full appointments will be offered at our Urbana location only, but Virtual VITA will be available at both the Champaign and the Urbana locations. A scheduled appointment time is required for both a full client appointment and a Virtual one.

Hours: M-F, 9:00 am - 4:00 pm, to schedule an appointment.

Appointments during filing season only, February through April.

2018 dates/times for appointments:

- Tuesdays, Salt & Light Champaign (Virtual only, 4-6pm)

February 20, 27/March 6, 13, 20, 27/April 3

- Tuesdays, Salt & Light Urbana (Full and Virtual, 4-7pm)

February 20, 27/March 6, 13, 20, 27/April 3

- Saturdays, Salt & Light Urbana (Full and Virtual, 9am-12pm)

February 24/March 10, 17, 31/April 7

Documents Needed: Taxpayers should bring: Tax information such as W-2, 1099, etc., Social Security cards or ITIN's for all persons on the return, valid photo ID, and a copy of last year's tax return.

Referral Procedures: By appointment only.

Salvation Army of Champaign County

2212 N. Market Street
Champaign, IL 61822

PO Box 618
Champaign, IL 61824

(217) 373-7832 Voice

(217) 373-8441 FAX

www.sachampaign.org

Major Thomas McDowell, Corps Officer
Robin Mathis, Director of Social Services
Public transportation accessible.

Site Hours: Mon, Wed, Thu, Fri, 9:00 am - 4:00 pm.

Tue, 9:00 am - 5:00 pm.

Area Served: Champaign County.

Other Languages: Limited Spanish.

Services

Salvation Army Food Pantry

Description: The Salvation Army Food Pantry provides food to low-income households throughout Champaign County. Food pantry may be visited once a month.

Hours: Mon, Wed, Thu, Fri, 9:00 am - 4:00 pm.
Tue, 9:00 am - 5:00 pm.

Eligibility: Must be a resident of Champaign County and have proof of residency.

Documents Needed: Photo ID or proof of residency (bill with current address).

Fees: No fees.

Referral Procedures: Walk-in.

CLOTHING

Description: Clothing Vouchers Program provides clothing vouchers to Champaign County residents who have experienced a disaster (fire, flooding, etc.)

Documents Needed: Photo ID and documentation to verify disaster (American Red Cross referral, fire report, etc.)

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Fees: No fees.

Referral Procedures: Call to speak with the director.

Warm Neighbors Cool Friends

Description: Salvation Army of Champaign County is the administering agency for Ameren's Warm Neighbors Cool Friends. These funds provide help with payment of Ameren electric bills. WN/CF assistance begins in January. Cooling program runs from June through September. Heating program runs from October through May. Eligible clients can be helped once each heating/cooling season per calendar year.

- Eligibility:**
- 1) Must be an Ameren Illinois customer living in Champaign County.
 - 2) Must be a senior or disabled or have a temporary, documentable crisis.
 - 3) Bill cannot be over \$750.
 - 4) Must meet minimum and maximum income requirements.
 - 5) Must have active service in the home (cannot be shut off).
 - 6) Must make matching payment. Ameren will match payments up to \$350.
 - 7) Income must be from an adult (cannot count child's disability as income for this program).

Area Served: Champaign and Piatt counties.

Maximum Income Guidelines: Income must fall between 150-300% of Federal Poverty Level. Some people may be over-income for this program.

~ Income Eligibility Chart ~
 Family Size 30-Day Income
 Min Max

1	\$1,471	\$2,943
2	\$2,003	\$4,005
3	\$2,520	\$5,040
4	\$3,038	\$6,075
5	\$3,555	\$7,110
6	\$4,073	\$8,145
7	\$4,591	\$9,183
8	\$5,111	\$10,223

Documents Needed: Proof of residence, income, utility bill and documentation of a crisis if they are not someone with a disability or a senior (age 60 or older).

Referral Procedures: By appointment only.

Employment and Training Program

Description: The Employment and Training Program works with men and women who have

felony backgrounds, assisting them in securing and maintaining employment that will sustain their economic self-sufficiency. Services offered include:

- Job readiness training.
 - Resume writing.
 - Mock interviews.
- Eligibility:** Men and women (18 years and older) with misdemeanors and felony backgrounds.

Documents Needed: Photo ID, proof of income, and proof of residency.

Fees: No fees.

Referral Procedures: Walk-in or by appointment.

Supportive Services for Veteran Families (SSVF)

Description: Provides financial and support services to Veteran Families. The program is a housing stability-focused service delivery program that serves veteran families that are homeless or imminently at risk of being homeless. The goal is to stabilize these families in housing, while providing on-going support as needed to sustain independent living. Services may include:

- Rental and utility deposits.
- Limited rental and utility assistance.
- Limited moving costs and emergency supplies.
- Case management services.
- Transportation assistance.
- Information and referrals to community resources.
- Assistance in obtaining VA benefits.
- Assistance in obtaining and securing other public benefits.
- Assistance in securing permanent housing.

Eligibility: Must be a veteran or spouse of a veteran. Housing status must be in one of the following categories:

- Reside in housing and lack the ability to pay all bills.
- Are currently homeless.
- Has left permanent housing within the past 90 days to seek other housing that better meets the family's needs or preferences.

Maximum Income Guidelines: 50% of area median income.

Documents Needed: Photo ID, Social Security card, proof of income, proof of residency, and DD214.

Referral Procedures: Call the SSVF line at

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217-278-9897.

Illinois American Water H2O (Help to Others)

Description: H2O (Help to Others) is an emergency assistance program created by Illinois American Water and the Salvation Army. Provides supplemental funding to American Water customers who, because of a situation that was beyond their control, are having difficulties paying their bill. The program is designed to help customers before they get shut off.

Eligibility: - Bill must be at least \$50. H2O will match customer's payment on the bill.

- Service must be active.

- Household must have income.

- Assistance available once per year and 3 times during a lifetime.

Documents Needed: Photo ID, proof of income, proof of residency, and current water bill.

Referral Procedures: By appointment only.

FINANCIAL ASSISTANCE

Description: Utility assistance is available for seniors, who had an unforeseen crisis that placed them behind on their utility bill. Assistance depends on funding availability.

Eligibility: Seniors age 60 and older.

Maximum Income Guidelines: 150% of the federal poverty level.

Documents Needed: Photo ID, proof of income, proof of residency, and unpaid bill.

Referral Procedures: By appointment only.

WARMING CENTERS

Description: The Salvation Army Red Shield Center on Market Street in Champaign serves as a daytime warming center M-F, 9:00 am - 4:00 pm.

When requested by Champaign County Emergency Management Agency, a daytime warming center will be open Sat and Sun, 9:00 am - 4:00 pm, located at 502 N. Prospect.

Fees: No fees.

Referral Procedures: By phone, walk-in.

THRIFT STORES

Description: Salvation Army's two Thrift Shops in Champaign are located at:

- 109 W. John Street, 217-351-0952.

- 2212 N. Market Street, 217-373-7825.

HOLIDAY PROGRAMS

Description: Sign-up for holiday assistance starts the first of November each year and continues through the end of the month. Families who have registered then go to the Christmas Shop on scheduled days in December to shop for gifts. Food is also part of the assistance.

Eligibility: Families with children 12 and younger.

Documents Needed: - Proof of household income for the past 30 days.

- Proof of address less than 30 days old for each member of the household.

- If there is no income, bring a print-out of benefits from LIHEAP, Illinois Department of Human Services or Illinois Department of Employment Security.

Referral Procedures: By phone.

Pathway of Hope

Description: Pathway of Hope is an approach to providing targeted services to families with a desire to take action to break the cycle of crisis and enable a path out of intergenerational poverty. It is rooted in a case management approach, focusing on client needs. The Salvation Army utilizes internal resources and community collaboration to align to the goals of each client served. This program does not provide financial assistance but will supply resources and community connections to assist families.

Eligibility: Families that have at least one child under the age of 18 and are ready to take action achieving personal goals. This program will also assist families who have children in DCFS care to help return them home (depending on case status).

Documents Needed: Photo ID, proof of residency, medical card or birth certificate of child(ren).

Referral Procedures: Phone for appointment.

Canteen Run

Description: Canteen Run is a mobile food pantry that stops throughout downtown Champaign/Urbana with the sole purpose of offering food, drinks, blankets, shirts and underwear, and human kindness to those on the streets.

Hours: Mon, Tue, Thu, 6:30 pm - 9:00 pm.
Sun, 3:00 pm - 5:00 pm.

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Eligibility: Anyone needing assistance.
Maximum Income Guidelines: No income guidelines.
Documents Needed: No documents needed.
Fees: No fees.
Referral Procedures: Scheduled stops are at these locations: Illinois Terminal, Westside Park, Catholic Worker House, Campus, and Urbana Library. May also phone Centralized Intake, 217-819-4117, for more information.

Scot Free Clothing Exchange

McKinley Foundation
809 S. Fifth Street
Champaign, IL 61820

(217) 344-0297 Voice
(217) 344-3004 FAX

www.mckinley-foundation.org
office@mckinley-church.org
Paula Hancock, Executive Director

Services

Scot Free Clothing Exchange

Description: Scot Free is located in the basement of the McKinley Foundation and available to anyone. Scot Free's room is most easily accessible by stairs, but there is an elevator available should that be needed - just ask a staff member for directions to the elevator.
Hours: To access Scot Free for clothing: Tue & Fri, 2:00 pm - 4:00 pm.
To donate: M-F, 9:00 am - 1:00 pm.
*Closed on holidays.
Fees: No fees.
Referral Procedures: Walk-in.

Senior Citizens Assessment Freeze Homestead Exemption

Brookens Administration Center
1776 E. Washington Street
Urbana, IL 61802

(217) 384-3760 Voice
(217) 384-3762 FAX

www.co.champaign.il.us/ccao
Assessor@co.champaign.il.us
Paula Bates, Supervisor of Assessments
Lisa Withrow, Assistant Deputy/Sales Analyst
Site Hours: M-F, 8:00 am - 4:30 pm.
Area Served: Champaign County.

Services

TAX ASSISTANCE

Description: This exemption allows senior citizens who have a total household maximum income of less than \$55,000 and meet certain other qualifications to elect to maintain the equalized assessed value (EAV) of their homes at the base year EAV and prevent any increase in that value due to inflation. Each year, applicants must file Form PTAX-340, Senior Citizens Assessment Freeze Homestead Exemption Application and Affidavit, with the chief county assessment office.
Hours: M-F, 8:00 am - 4:30 pm.
Eligibility: To qualify for this exemption you must have owned or had a legal or equitable interest in the land on which a single-family residence is situated and used as your principal place of residence on January 1 of the current assessment year and January 1 of previous assessment year.
Area Served: Champaign County.

Sex Addicts Anonymous

No Street Address Available
Houston, TX 77270

PO Box 70949
Houston, TX 77270

(800) 477-8191 National Toll-free

www.saa-recovery.org
info@saa-recovery.org
Site Hours: M-F, 10:00 am - 6:00 pm for national toll-free line.
Area Served: Nationwide service.

Services

SUPPORT GROUPS

Description: Sex Addicts Anonymous is a fellowship of men and women who share their experiences for the purpose of finding freedom from addictive sexual behavior and helping others recover from sex addiction. Local meetings offer an opportunity to share common struggles and learn how to apply the principles of the Twelve Steps. The only requirement for membership is a desire to stop addictive sexual behavior.
Meeting formats include face-to-face, telephone, and web-based options. SAA does

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NOT offer telephone counseling nor is it a hotline. Interested parties will be referred to a meeting in his/her area or to a telephone/web-based meeting for assistance.

Meetings: As of 01/2017, local meetings were in Champaign, Lee, McHenry, McLean, Sangamon, and Winnebago counties. Callers are encouraged to contact SAA to see if there is a newly established SAA meeting or one that meets nearby. If caller doesn't have access to a support group nearby, there may be other materials available to help. Lots of information is available through the national website.

Fees: No fees.

Referral Procedures: By phone or website.

Shriners Hospitals for Children

2900 Rocky Point Drive
Tampa, FL 33607

(800) 237-5055 Toll-free

Patient Referral/Eligibility Information

(773) 622-5400 Voice - Chicago Location

(314) 432-3600 Voice - St. Louis Location

(813) 281-0300 Voice - International Headquarters

www.shrinershospitalsforchildren.org

patientreferrals@shrinenet.org

Jerry G. Gantt, President

Site Hours: M-F, 8:00 am - 5:00 pm, EST.

Area Served: The service area of Shriners Hospitals for Children includes the United States (including Puerto Rico), Canada, the Republic of Panama, and Mexico.

Other Languages: Spanish.

Services

MEDICAL SERVICES

Description: Shriners Hospitals for Children is a health care system of 22 hospitals (including in Chicago and St. Louis) dedicated to improving the lives of children by providing specialty pediatric care, innovative research, and teaching programs. Every year, Shriners Hospitals for Children provides care for thousands of kids with orthopaedic conditions, burns, spinal cord injuries, and cleft lip and palate in a family-centered environment, regardless of the patients' abilities to pay.

Eligibility: Children up to age 18 are eligible for care at Shriners Hospitals for Children if, in the opinion of the physicians, there is a reasonable possibility they can benefit from the

specialized services available. Admission is based solely on a child's medical needs.

Referral Procedures: By phone, email, or website.

Signs of Sunshine, Inc.

PO Box 1969
Queen Creek, AZ 85142

(855) 767-4255 Toll-free

(480) 240-4224 FAX

www.signsofsunshine.org

signsofsunshine@gmail.com

Margaret Neilsen, President

Wallace Tudor, Director/Treasurer

Site Hours: Mon-Sat, 10:00 am - 8:00 pm (CST).

Area Served: States of Illinois and Arizona.

Other Languages: For Spanish, call Jenny Baugh, Director/Secretary, at 309-830-6760.

Services

FINANCIAL ASSISTANCE

Description: Signs of Sunshine, Inc. seeks to help those suffering from extreme illness or injury. May be able to build wheelchair ramps, provide necessary medical equipment or prescription medicine costs, provide home modifications for accessibility, or even simply just fill a freezer with food for those who have a sudden need due to excessive medical bills or copays.

Eligibility: Eligibility is based on nomination for assistance by friends or family, based on their personal knowledge of hardship circumstances of an individual or family, and Signs of Sunshine's visual verification of circumstances to evaluate the level of assistance that can be provided.

Area Served: States of Illinois and Arizona.

Documents Needed: Proof of residency and proof of need (visual verification).

Fees: No fees.

Referral Procedures: By phone or website.

Skill Sprout, LLC

97 Eastgate Drive
Washington, IL 61571

(309) 481-2240 Voice

(800) 773-1682 Toll-free

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(309) 265-0535 FAX
 www.skillsprout.com
 info@skillsprout.com
 Amy Shymansky, CEO
 Public transportation accessible.

Sites

Skill Sprout - Champaign Office
 1501 Interstate Drive, Suite B
 Champaign, IL 61820
 (800) 773-1682 Toll-free

Amy Shymansky, CEO

Area Served: Champaign, Douglas, Ford, Piatt, and Vermilion counties.

Services

CHILDREN WITH DISABILITIES

Description: Skill Sprout provides educational, behavioral, and rehabilitation services and supports to children and young adults with a wide range of abilities and needs. Services include:

- Free Autism and developmental screenings.
- ABA Autism Therapy services.
- Early intervention services and rehabilitative services, such as occupational therapy, speech and language therapy, developmental therapy, and parent training.
- Mental health services.
- School consultation program with local school districts.

Eligibility: Children ages birth to 25 on the autism spectrum and other developmental disorders.

Area Served: ABA services are only available to clients within 45 miles/1 hour of an Skill Sprout location due to it being an in-home service.

Fees: Varies; private insurance and private pay accepted. Developmental screenings are free.

Referral Procedures: By phone.

Social Security Administration

Windsor Park Building
 1100 W. High Rise
 6401 Security Boulevard
 Baltimore, MD 21235

(800) 772-1213 Toll-free
 (800) 325-0778 TTY

(800) 633-4227 Toll-free - Medicare Hotline
 (877) 486-2048 TTY - Medicare TTY
 www.ssa.gov

Sites

Social Security Administration - Champaign Office

101 S. Country Fair Drive
 Champaign, IL 61821

(877) 819-2593 Toll-free
 (800) 325-0778 TTY

Site Hours: Mon, Tue, Thu, Fri, 9:00 am - 4:00 pm.

Wed, 9:00 am - 12:00 pm.

Area Served: Champaign and Douglas counties.

Services

SOCIAL SECURITY

Description: Social Security Disability Insurance pays benefits to people who can no longer work because of a medical condition that is expected to last at least one year or result in death. Decisions may take 3-5 months, depending on the situation. Social Security retirement benefits can start as early as age 62, with full benefits available at age 67.

Eligibility: To be eligible for retirement, survivors, or disability payments, a person must have paid into Social Security long enough to be insured or be a qualified dependent.

Documents Needed: Social Security card, birth certificate, proof of residency, proof of income, medical information.

Referral Procedures: By phone, walk-in, appointment, or mail. Retirement and Disability claims may be filed online on the website. Appointments are strongly preferred for in-person applications.

SURVIVOR BENEFITS

Description: Applications are taken for survivor's benefits upon the death of a spouse or parent.

Eligibility: To be eligible for survivor's benefits, the deceased person must have paid into Social Security long enough to be insured and the family member(s) must be a qualified dependent.

Referral Procedures: Call for an appointment to report the death and to fill out an application.

Supplemental Security Income (SSI)

Description: The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

Eligibility: Supplemental Security Income eligibility is based on financial need as well as being age 65, blind, or disabled.

Documents Needed: Social Security card, birth certificate, proof of residency, proof of income, medical information, proof of citizenship, work history (if applicable).

Referral Procedures: Call for an appointment to fill out an application. Decisions may take 3-4 months depending on the situation. Walk-ins accepted, although wait times will be longer.

Special Olympics Illinois Headquarters

605 E. Willow Street
Normal, IL 61761

(309) 888-2010 Voice - Area 6
(309) 888-2551 Voice - Headquarters
(309) 888-2012 Voice - Area 6
(309) 888-2577 FAX

www.soill.org
jfitzpatrick@soill.org

Dave Breen, President/CEO
Jim Fitzpatrick, Area Director
Public transportation accessible.

Sites

Special Olympics Illinois Eastern Prairie /
Area 8

902 N. Country Fair Drive, Unit 7
Champaign, IL 61820

(217) 355-1750 Voice
(217) 355-1730 FAX

Jackie Walk, Area Director

Area Served: Kankakee, Iroquois, Ford, Piatt,
Champaign, and Vermillion counties.

Services

VOLUNTEER OPPORTUNITIES

Description: Volunteers needed to coach athletes. On the day of the event, volunteers are needed to be scorekeepers, timers, escorts, officials, food service workers, and

registration workers.

Referral Procedures: By website.

DISABILITY SERVICES

Description: Special Olympics is an international program of physical fitness, sports training, and athletic competition for individuals with intellectual disabilities who are eight years of age or older. Athletes have the opportunity to participate in basketball, bowling, power lifting, soccer, softball, volleyball, aquatics, athletics, motor activities, golf, and figure skating. Through sports training and competition, Special Olympics athletes develop better coordination, get needed exercise, improve concentration and discipline, meet other athletes and gain a feeling of satisfaction and success.

Documents Needed: Medical form for athletes.

Fees: No fees.

Referral Procedures: Call for information regarding volunteer opportunities or potential athletes.

St. Andrew's Lutheran Church and Campus Center

909 S. Wright Street
Champaign, IL 61820

(217) 344-1593 Voice

www.lutherancampuscenter.org
lutherancampuscenter@gmail.com

Area Served: Champaign County.

Services

FOOD

Description: St. Andrew's runs a free community meal every Wednesday followed by church activities.

Hours: Wed, 5:45 pm.

Documents Needed: None.

Fees: None.

Referral Procedures: Walk-in, by phone.

St. Vincent de Paul Food Pantry - Champaign

Holy Cross Catholic Church
405 W. Clark Street
Champaign, IL 61820

(217) 352-8748 Voice
(217) 366-2929 FAX

Services

FOOD

Description: Food pantry is available. Can be accessed once every 30 days. St. Vincent de Paul is a collaboration between Holy Cross and St. Matthew Church.

Hours: Call in the morning (around 8:00 am) Monday through Friday to set up an appointment for that day.

Area Served: City of Champaign.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: By appointment only.

FINANCIAL ASSISTANCE

Description: Limited financial assistance is available. St. Vincent de Paul does not help with rental assistance.

Area Served: City of Champaign.

Referral Procedures: By phone.

St. Vincent de Paul Food Pantry - Urbana

St. Patrick's Church Parish Office
708 W. Main Street
Urbana, IL 61801

(217) 367-2665 Voice
(217) 383-1002 FAX

stpaturbana.org
secretary@stpaturbana.org

Karen Barnes, Bookkeeper
Public transportation accessible.

Area Served: Champaign County.

Services

FOOD PANTRY

Description: Provides a food pantry only. Can be accessed once every two weeks. Food pantry is located in the parish office at St. Patrick's Church.

Hours: Mon-Thu, 4:30 pm - 5:00 pm.

Eligibility: Champaign County resident.

Documents Needed: Proof of residence (photo ID or piece of mail).

Referral Procedures: Walk-in.

State of Illinois AIDS/HIV & STD Hotline

Center on Halsted
3656 N. Halsted Street
Chicago, IL 60613

(800) 243-2437 Toll-free - (800-AID-AIDS)
(800) 782-0423 TTY
(773) 472-6469 Voice - Center on Halsted
(773) 472-6643 FAX

www.centeronhalsted.org
NXTLV@centeronhalsted.org

Jill Dispenza, Director, HIV/STD Services
Kristine Chapman, Hotline Manager

Site Hours: M-Sat, 9:00 am - 10:00 pm.
Sun, 9:00 am - 5:00 pm.

Area Served: State of Illinois.

Other Languages: Spanish speaking counselors available.

Services

AIDS/HIV

Description: The free and anonymous State of Illinois AIDS/HIV & STD Hotline provides callers with the most up-to-date, medically-accurate information on AIDS/HIV and sexually-transmitted diseases (STDs), emotional support, and state-wide referrals for healthcare, free testing, and social services related to AIDS/HIV and STDs. The AIDS/HIV & STD Hotline, funded by the State of Illinois Department of Public Health, is run entirely by trained professionals who have undergone a comprehensive AIDS/HIV and STD instructional program.

Referral Procedures: By phone or website.

Stephens Family YMCA

2501 Fields South Drive
Champaign, IL 61822

(217) 359-9622 Voice
(217) 356-7964 FAX

www.sf-ymca.net

Mark Johnson, Chief Executive Officer
Kim Webb, COO

Public transportation accessible.

Site Hours: M-F, 5:00 am - 10:00 pm.
Sat, 6:00 am - 6:00 pm.

Sun, 12:00 pm - 6:00 pm.

Area Served: Champaign County.

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Services

RECREATION/LEISURE

Description: The Stephens Family YMCA gives youth and families in the community an opportunity to participate in programs such as:

- Youth Sports.
- Recreational Gymnastics.
- Summer Camps.
- Swimming Lessons.
- After School programs.
- Group exercise classes (land and water).

The programs are based not only on YMCA's mission but the four core values of caring, honesty, respect, and responsibility. The Stephens Family YMCA is also a facility for those with disabilities to have a place to participate in recreational programs and activities and is fully accessible.

Documents Needed: Proof of income needed for those seeking financial assistance.

Fees: Membership and program fees; financial assistance is available through the Financial Assistance Program for those families who otherwise could not afford services.

Referral Procedures: Walk-in.

Larkin's Place

Description: The Stephens Family YMCA has created programming designed to support children at all developmental levels and their families. Larkin's Place programming is for all who wish to achieve therapeutic goals, developmental goals, improve skills, and create social networks. Larkin's Place programs seek to bring together typically developing children and those with disabilities to play and learn, create memories, skills, and bonds of friendship that will cross all barriers and last a lifetime.

Documents Needed: Proof of income needed for those seeking financial assistance.

Fees: Membership and program fees; financial assistance is available through the Financial Assistance Program for those families who otherwise could not afford services.

Referral Procedures: Walk-in.

Stone Creek Church Food Pantry

2004 S. Philo Road
Urbana, IL 61801
2502 S. Race Street

Urbana, IL 61801

(217) 344-5455 Voice

(217) 344-8220 FAX

stonecreekwired.com

abradley@stonecreekwired.com

Angela Bradley, Director

Marilyn Pansa, Business Administrator

Public transportation accessible.

Sites

Stone Creek Church Food Pantry

2004 S. Philo Road
Urbana, IL 61801

(217) 344-5455 Voice

(217) 344-8220 FAX

Angela Bradley, Director

Public transportation accessible.

Site Hours: Monday,
0:30 am - 1:00 pm.

Area Served: Primarily Champaign County,
but no geographic limitations.

Other Languages: Spanish.

Stone Creek Food Pantry - Rantoul

3105 N. Maplewood Drive
Rantoul, IL 61866

(217) 344-5455 Voice

Site Hours: Last Tuesday of the month, 6:00
pm - 8:00 pm.

Area Served: Primarily Champaign County,
but no geographic limitations.

Services

FOOD PANTRY

Description: Food pantry provides fresh fruit, vegetables, bread, entrees, and pasta as well as some non-food necessities such as toothpaste, diapers, soap, etc. Supply is dependent on what is donated to the pantry.

Area Served: No geographic limitations.

Maximum Income Guidelines: 200% of the federal poverty level.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: Walk-in.

Sites: 1 2

Sunnycrest Manor Apartments

1805 S. Cottage Grove Avenue

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Urbana, IL 61801

(217) 328-6170 Voice

(217) 328-6145 FAX

www.sunnycrestmanor.com

lwhite@leasing-mgmt.com

Linda M. White, Property Manager

William R. Tyler, Jr., Assistant Property Manager

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign County, surrounding areas, and out of state.

Services

Section 8 & Tax Credit programs

Description: Sunnycrest Manor is a residential rental community that offers seniors retirement living at an affordable price.

Eligibility: Must be a person age 62 and older or under age 62 with a disability.

Maximum Income Guidelines: \$30,240 per year for one person; \$34,560 per year for two people.

Documents Needed: Photo ID, birth certificate, proof of income (must be within 90 days), and Social Security card.

Fees: No application fees.

Referral Procedures: By phone, walk-in, or appointment. Separate agencies or current resident referrals are accepted.

Swann Special Care Center

109 Kenwood Road
Champaign, IL 61821

(217) 356-5164 Voice

(800) 276-5684 Toll-free

(217) 356-7873 FAX

www.swanncare.com

kym@swanncare.com

Kimberly Halberstadt, Executive Director

Janie Ward, Director of Nursing

Public transportation accessible.

Site Hours: 24/7.

Area Served: State of Illinois.

Services

DEVELOPMENTAL DISABILITIES

Description: Swann Special Care Center is a long-term care facility for children and adults with developmental and intellectual disabilities. The Center also has a school and developmental training program.

Eligibility: Must have a severe developmental or intellectual disability.

Documents Needed: Photo ID, birth certificate, proof of income, proof of residency, Social Security card, and immunization records.

Fees: Fees are needed for room and board; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone, walk-in, or appointment.

Tap In Leadership Academy

103 S. Country Fair Drive
Champaign, IL 61821

(217) 403-3710 Voice

(217) 403-3713 FAX

tapinacademy.org

questions@tapinacademy.org

Sally Carter, Executive Director

Krista Polley, Office Coordinator

Public transportation accessible.

Site Hours: M-F, 9:00 am - 5:00 pm.

Other Languages: Spanish.

Services

After School Enrichment Program

Description: The Afterschool Enrichment Program serves scholars at several locations throughout Rantoul and Chicago. The program provides scholars one-to-one tutoring in the areas of math, science, technology, and language. Tap In staff and dedicated volunteers from the University of Illinois and Parkland College serve as mentor/tutors for the scholars. The curriculum is derived from Illinois State Standards, approved 4-H curriculum, and innovative S.T.E.A.M. (Science, Technology, Engineering, Art, and Mathematics) modules.

Eligibility: Students must be attending one of the following schools:

- JW Eater Junior High School
- Broadmeadow Elementary School.
- Eastlawn Elementary School.
- Northview Elementary School.
- Pleasant Acres Elementary School.
- Chicago Perspectives Schools

Area Served: Champaign and Cook counties.

Fees: Vary; private pay and child care subsidies accepted.

Referral Procedures: Walk-in to register.

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Summer Enrichment Program

Description: Tap In Leadership Academy offers a relationship-centered, hands-on Summer Enrichment Program. Students embark on a multicultural journey, focusing on a different region of the world each week. Each enrichment activity is designed to expand on old skills, and develop new ones through creative, S.T.E.A.M. based activities. Students are given the opportunity to build new friendships, advance academic and literary achievement, release some energy outdoors, and incorporate leadership skills through the diverse, adventure-filled curriculum.

Eligibility: Students have to attend Rantoul schools or Arcola Junior High and High School.

Area Served: Champaign County.

Fees: Vary; private pay and child care subsidies accepted.

Referral Procedures: Walk-in.

Tap In Prep Academy (TIPA)

Description: Tap In Prep Academy is our Head Start School, specifically designed to serve the youngest members of our community, beginning at six weeks old. The goal of this program is to provide a solid foundation for academic success in kindergarten and beyond. TIPA provides educational foundations necessary for kindergarten readiness and incorporates Tap In's style of culturally-relevant teaching to reflect the Tap In Way®: leadership development, cultural awareness, self-directed learning, tender loving care, and the Tap In tradition of a relationship-centered community.

Eligibility: Six weeks old through Pre-K.

Area Served: Primarily serves Champaign County. No geographic limitations to receive service.

Fees: Vary; private pay and child care subsidies accepted.

Referral Procedures: Walk-in.

TASC, Inc.

700 S. Clinton Street
Chicago, IL 60607

(312) 787-0208 Voice
(312) 787-9663 FAX

www.tasc.org

Pamela F. Rodriguez, MA, President & CEO
Janelle C. Prueter, MS, CRADC, Vice

President, Operations
Public transportation accessible.

Sites

TASC, Inc. Area 6 - East Central Illinois
116 W. Main Street
Urbana, IL 61801

(217) 344-4546 Voice
(217) 344-8486 FAX

Kent Holsopple, Administrator

Area Served: Champaign, Clark, Coles, Cumberland, DeWitt, Douglas, Edgar, Macon, Moultrie, Piatt, and Vermilion counties.

Services

Adult Court and Probation Services

Description: TASC provides substance use assessments and case management services for courts across Illinois.

Clients may be mandated to TASC as an alternative to incarceration at the time of sentencing, or they may be referred post-sentence when they're on probation. TASC case managers conduct clinical assessments, advocate for treatment for those who need it, develop individualized service plans, and place clients into treatment and recovery support services. TASC also reports client progress to the court, and provides monitoring and guidance as clients work their way through the recovery process.

Eligibility: Individuals may be eligible for TASC's Adult Court and Probation services if they:

- Are 18 years or older.
- Have a current nonviolent felony offense charge.
- Have a substance use disorder that requires clinical intervention. Clients must agree to abide by the mandates of the court, including following TASC's clinical recommendations for treatment in the community.

IDOC Clinical Reentry Case Management

Description: Under the leadership of the Illinois Department of Corrections (IDOC), TASC provides reentry case management services across Illinois that help parolees successfully transition to their communities. TASC provides comprehensive assessments and linkages to community-based substance

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abuse treatment, mental health services, housing support, education, job training, emergency shelter, emergency food, primary healthcare, and transportation. These clinical case management services are designed to reduce recidivism, support recovery, and facilitate client movement toward self-sufficiency.

Eligibility: TASC's clinical reentry case management is provided for:

- Men returning to their communities from the Graham Correctional Center; Crossroads Adult Transition Center (ATC); Sheridan Correctional Center; and Southwestern Illinois Correctional Center (SWICC).
- Women returning from the Decatur Correctional Center--including those in the Females in Transition Program--and Logan Correctional Center.
- Youth returning from Illinois Youth Center in Chicago.

The Autism Program - University of Illinois

1005 Christopher Hall
904 W. Nevada
Urbana, IL 61801

(217) 244-1395 Voice
(217) 333-9061 FAX

theautismprogram.illinois.edu
theautismprogram@illinois.edu

Linda Tortorelli, Director
Anne Hall, Resource Coordinator
Public transportation accessible.

Site Hours: School Year Hours:
Mon, Wed, Fri, 9:00 am - 5:00 pm;
Tue, Thu 9:00 am - 6:00 pm;
Sat, 9:00 am - 12:00 pm.
Summer Hours: M-F, 10:00 am - 3:00 pm.

Area Served: Champaign County and surrounding counties.

Services

The Autism Program at University of Illinois

Description: TAP is a state-wide network of resources for Autism Spectrum Disorders in the State of Illinois. The Program's mission is to foster development of community networks that promote best practice in the diagnosis, treatment, and education of all children with Autism Spectrum Disorders. Locally, the site

offers consultation, a resource room, new diagnosis orientation for families, social skill programs, play groups, training and technical assistance, and internship opportunities for students. The Resource Room has many books and DVDs that can be checked out but also has many free visual supports for use with people on the Autism Spectrum. TAP can also create customized visual supports such as schedules, social stories, and learning aids for free.

Fees: Most services are free. There is a small fee for the social skill groups, but it will be waived if needed.

Referral Procedures: Walk-in for Resource Room, otherwise by appointment.

The Giving Place

113 N. Bourne Street
Tolono, IL 61880

(217) 649-1389 Voice

www.facebook.com/GivingPlaceTolono

Denny Davis, Committee Chairman
Donna Downen, Publicity & Scheduling

Area Served: Unit Seven School District (Pesotum, Philo, Sadorus, Sidney, and Tolono).

Services

FOOD PANTRY

Description: The Giving Place provides nonperishable foods and clothing to low-income residents within the Unit Seven School District. A once-a-month clothing closet is available to all in the area served, regardless of income.

Hours: Food & Clothing: Wed, 4:00 pm - 6:00 pm.

Clothing ONLY: 1st Sat, 9:00 am - 12:00 pm.

Eligibility: Residents within service area.

Maximum Income Guidelines: Wednesday distributions: 150% of Federal Poverty Level.

1st Saturday Clothing: None.

Documents Needed: Photo ID.

Additional Information: May arrange for emergency distribution in select circumstances by phone.

Fees: No fees.

Referral Procedures: Walk-in during scheduled hours.

The GOALS Project

No Street Address Available

Champaign, IL 61820

PO Box 8641

Champaign, IL 61826

(217) 819-1976 Voice

thegoalsproject.org

thegoalsproject@gmail.com

Tasha Thompson, Founder/Executive Director

Jeanette Wieder, Assistant Director

Public transportation accessible.

Area Served: Cities of Champaign and Urbana.

Services

TEEN PARENTS

Description: The GOALS Project is an acronym that stands for Going On Against Life's Struggles. The GOALS Project empowers teen parents (ages 13-21) to set and attain life goals despite the various obstacles they may face. Specifically, the Project aims to increase the high school graduation rate among teen parents in Central Illinois and to give teens parents the tools to become productive adults and successful parents. A 3-step approach for assisting parents in attaining their goals is used:

1. The teens are taught how to acquire healthy relationships and parenting skills.
2. Mentoring is provided to support and give guidance to the teens.
3. Each teen is assisted with their educational and self-identified goals.

By working and achieving goals set in the program, moms earn GOALS Bucks and get to shop for the things they need for themselves and their children. All the moms are linked up with a mentor that meets with them outside of the GOALS workshop times.

Eligibility: Must be a parent between the age of 13 and 21 and in school or working with aspirations and goals to do better and pursue more life goals.

Meetings: Monthly Empowerment Workshop: 2nd Monday of the month, 6:00 pm - 8:00 pm. Child care and dinner provided.

Fees: No fees.

Referral Procedures: By phone or e-mail.

Trans Lifeline

2443 Fillmore Street, Unit 380-9468

San Francisco, CA 94115

(415) 483-5361 Voice - Administration

(877) 565-8860 Toll-free - US Line

www.translifeline.org

Site Hours: Daily, 10:00 am - 4:00 am Central Time.

Area Served: Nationwide.

Services

HOTLINE

Description: Trans Lifeline is a hotline staffed by transgender people, for transgender people. This includes people who may be struggling with their gender identity and are unsure if they are transgender. While Trans Lifeline focuses on preventing self-harm, any transgender person (or person questioning their identity) experiencing a crisis is welcome to call. Those unsure if they should call are welcome to call.

Referral Procedures: By phone.

Transitions Hospice

12040 Raymond Court

Huntley, IL 60142

(847) 515-1505 Voice

(877) 726-6494 Toll-free

(847) 515-1503 FAX

transitionshospice.com

info@transitionshospice.com

Sara Dado, Administrator

James Palazzo, Owner

Sites

Transitions Hospice - Peoria

8914 N. Prairie Pointe

Peoria, IL 61615

(847) 515-1505 Voice

(877) 726-6494 Toll-free

(847) 515-1503 FAX

Site Hours: M-F, 8:30 am - 5:00 pm.

Area Served: Champaign, Ford, McLean, Peoria, Tazewell, Vermilion, and Woodford counties.

Services

HOSPICE

Description: Transitions Hospice provides

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end-of-life care for patients whose life expectancy is 6 months or less. Services include:

- Nursing care.
- Social work and counseling.
- Chaplain support.
- Trained volunteers.
- Physician support.
- Palliative care evaluations.
- Senior placement assistance.

Fees: Varies; Medicaid, Medicare, private insurance, private pay accepted.

Referral Procedures: By phone.

The Trevor Project

West Hollywood, CA 90069

PO Box 69232

West Hollywood, CA 90069

(866) 488-7386 Toll-free - (866.4.U.TREVOR)

(202) 304-1200 Cell - TrevorText

(310) 271-8845 Voice - Business

(310) 271-8846 FAX

www.thetrevorproject.org

info@thetrevorproject.org

Richard Vargas, Office Administrator

Site Hours: Lifeline: 24/7.

TrevorChat: Daily, 2:00 pm - 9:00 pm CST.

TrevorText: M-F, 2:00 pm - 9:00 pm CST.

Area Served: Nationwide service.

Services

HOTLINE

Description: The only national 24/7, 365 day-a-year, toll-free confidential crisis & suicide prevention helpline for Lesbian, Gay, Bisexual, Transgender, and questioning (LGBTQ) youth. In addition, the website has important information on identifying suicidal signs, how to assist someone with suicidal tendencies and resources for more detailed information.

TrevorChat is a free, confidential, and secure instant messaging service that provides live help through this website. Available daily from 2:00 pm - 9:00 pm, Central Time.

Also available is TrevorText, a confidential and secure service that provides live help with a trained specialist, over text messages. To sign up for TrevorText, text the word 'TREVOR' to 1-202-304-1200. Standard text messaging rates apply. TrevorChat and TrevorText are only intended to assist those who are not at risk of

suicide. Available Weekdays from 2:00 pm - 9:00 pm, Central Time.

TrevorSpace is a social networking community of more than 140,000 LGBTQ young people from around the world; serving as a pathfinder to understanding no one is alone. Available at www.trevorspace.org.

Eligibility: LGBT or questioning youth ages 13-24

Fees: No fees.

TRiO Upward Bound - University of Illinois Urbana-Champaign

Office of Minority Student Affairs

610 E. John Street

Room 2 Student Services Building, MC-306

Champaign, IL 61820

(217) 333-1889 Voice

(217) 244-0349 FAX

www.omsa.illinois.edu

trioupwardbound@illinois.edu

Domonic Cobb, Associate Dean, Interim Director

Public transportation accessible.

Area Served: Champaign County.

Services

STUDENT SERVICES

Description: The TRiO Upward Bound works to increase minority student enrollment at universities across the country by providing high school students with encouragement, support, and the academic requirements and skills necessary to compete at a major academic institution. Students receive counseling and assistance with college prep courses throughout the academic year and during the summer. Support services then assist students through their college experience through tutoring and workshops throughout the school year.

Fees: No fees.

Referral Procedures: By phone.

UIUC Psychological Services Center

505 E. Green Street, 3rd Floor

Champaign, IL 61820

(217) 333-0041 Voice

(217) 359-4141 Voice

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Champaign-Urbana Crisis Line
(217) 333-0064 FAX

www.psc.illinois.edu

Elaine Shpungin, Director

Sara Dubson, Office Manager

Public transportation accessible.

Site Hours: Fall and Spring Semesters

Clinical:

Mon-Thu, 8:30 am - 12:00 pm; 1:00 pm - 8:00 pm.

Fri, 8:30 am - 5:00 pm.

*During semester breaks and the summer months, hours are reduced. Call office for hours during these times.

Area Served: Local Champaign-Urbana community, University faculty/staff, and college students.

Services

COUNSELING

Description: Offers specialized outpatient therapeutic psychological services for adults, adolescents, and children. Treats a variety of psychological and emotional disorders such as stress, anxiety, depression, and childhood trauma. Couples counseling, mindfulness-based cognitive therapy, and autism assessments are available.

Services are provided by the following specialty clinics:

- Autism Clinic.
- Childhood Adversity and Resiliency Services (CARS) (for childhood trauma).
- Couples Counseling.
- Mindfulness Training (for depression, and anxiety disorders).
- Neuropsych Clinic.
- Stress and Anxiety Clinic.

Services are only provided if they fall into these clinics as this is a facility that trains doctoral students. Each clinic is run by a different faculty member. Call for further information about what symptoms they treat.

Fees: Fees for services provided by doctoral students are based on a sliding scale (\$0-\$30). Fees for services provided by licensed psychologists accept many private insurances. Mindfulness courses are \$200 for each 8-week session. \$100 for doctoral students.

Referral Procedures: Call for an appointment.

AUTISM

Description: Offers autism diagnostic services for adults, adolescents, and children. Clients seen by clinical psychology doctoral students are directly supervised by clinical psychologists.

Fees: Fees for services provided by doctoral students are based on a sliding scale. Fees for services provided by licensed psychologists accept many private insurances.

Referral Procedures: Call for an appointment.

Childhood Adversity & Resiliency Services (CARS)

Description: Specialized counseling services for children 8-18 exposed to a traumatic event or living in adverse conditions. Services include:

- Trauma-informed assessments.
- Short-term therapy (Trauma-Focused CBT).
- Family support for trauma-related behaviors.

Fees: Fees for services provided by doctoral students are based on a sliding scale (\$0-\$30). Fees for services provided by licensed psychologists accept many private insurances.

Referral Procedures: Call for an appointment.

United Way of Champaign County

5 Dunlap Court
Savoy, IL 61874

(217) 352-5151 Voice

(217) 352-6494 FAX

www.uwayhelps.org

Sue Grey, President and CEO

Helen Gotschall, Administrative Assistant

Area Served: Champaign County.

Services

FUNDERS

Description: United Way of Champaign County's mission is to bring people and resources together to create lasting change and positive impact for the community.

Volunteers and issue-focused experts work with the organization year-round to help assess the community's most pressing needs and distribute resources to programs that will positively impact Champaign County. Organizations must apply for program funding.

Getting Ready for Kindergarten Calendar

Description: This school readiness calendar was developed by Success By 6 - the early

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childhood initiative of United Way of Champaign County - to parents and children get ready for that day. This calendar is available free of charge to all parents and caregivers of four-year-olds in Champaign County.

Referral Procedures: Please e-mail Beverley Baker at beverley@uwayhelps.org, or call United Way at 217-352-5151 to reserve a printed copy.

VOLUNTEER OPPORTUNITIES

Description: This site is dedicated to helping volunteer organizations and residents of the Champaign-Urbana area connect: www.cuvolunteer.org. Organizations continually join and add opportunities.

UnitedHealthcare Children's Foundation

9700 Health Care Lane
Minnetonka, MN 55343

MN017-W400
PO Box 41
Minneapolis, MN 55440-0041

(855) 698-4223 National Toll-free - Voicemail

www.uhccf.org
customerservice@uhccf.org

Area Served: Nationwide service.

Services

MEDICAL FINANCIAL ASSISTANCE

Description: The UnitedHealthcare Children's Foundation embraces and supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by the available commercial health benefit plan. These grants, up to \$5,000, can help families pay for the costs associated with medical services and equipment.

Eligibility: To be eligible, families must reside in the United States and be covered by a commercial health benefit plan (this excludes Medicaid, Medicare or any other government subsidized health plan). Financial need of the child's family will be evaluated and documented through information provided on the application and by submission of a photocopy of the most recently filed Federal tax return (Internal Revenue Service 1040, 1040-A, or 1040-EZ).

Other qualifications apply.

Maximum Income Guidelines: Family Size
Maximum Income

2	\$50,000
3	\$75,000
4	\$100,000
5 or more	\$125,000

Referral Procedures: Each applicant is required to submit a grant application online through their website. The Foundation will consider all applications. UHCCF does not offer a paper application. Each application will be evaluated based on criteria approved by the National Board of Directors.

People who call will have to leave a message. A Foundation representative will return call within five business days. This resource is web-based. Visit the website for all pertinent information such as application criteria and income guidelines. During certain days and hours, "live support" is available where you can ask questions and chat in real time with staff over the Internet.

**University of Illinois at Chicago -
Division of Specialized Care for Children**

510 Devonshire Drive, Suite A
Champaign, IL 61820-7306

(217) 333-6528 Voice
(217) 244-8390 TTY
(217) 244-4212 FAX

dsc.uic.edu
dsc@uic.edu

Rachel Gubbins, MS, LCPC, Administrator
Nancy Lyman, Care Coordinator
Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign, DeWitt, Douglas, Ford, Iroquois, Kankakee, Livingston, Logan, Macon, McLean, Menard, Moultrie, Piatt, and Vermilion counties.

Accessibility: Fully accessible.

Services

MEDICAL SERVICES

Description: UIC - DSCC offers care coordination, benefits management, and financial assistance when eligible for the diagnosis and treatment of children from birth to age 21 with eligible special health care needs. Special health care needs include

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chronic disabling conditions such as heart defects, orthopedic conditions, cerebral palsy, hearing impairments, neurological disorders, urinary system problems, some eye impairments, certain inborn errors of metabolism, hemophilia, cystic fibrosis, and some craniofacial conditions such as cleft lip/palate.

Eligibility: Children (from birth to age 21) with medical diagnosis of certain chronic, treatable conditions. If diagnosis is unclear, arrangements for testing can be made.

Maximum Income Guidelines: 285% of federal poverty limit.

Documents Needed: Application is available online and specifies what documentation is needed. If financial assistance is needed/requested, proof of income is required.

Additional Information: The Division of Specialized Care for Children (DSCC) is on Facebook: Facebook.com/dscc.uic.edu.

Fees: No fees.

Referral Procedures: Accepted from anyone with parental permission or from parents themselves.

University of Illinois at Urbana-Champaign

901 W. Illinois Street
Urbana, IL 61801

(217) 333-1000 Voice

www.illinois.edu

Robert J. Jones, Chancellor

Services

EDUCATION

Description: State university located in Champaign-Urbana. Offers a range of programs at the bachelor, master, and doctoral levels.

University of Illinois College of Law Clinics

504 E. Pennsylvania Avenue, Room 241
Champaign, IL 61820

(217) 244-9494 Voice - Champaign County Cases

(309) 827-7584 Voice

McLean County Foreclosure Mediation Program

(217) 333-5775 FAX

www.law.illinois.edu

clinic@law.illinois.edu

Melissa Frydman, Director

Jen Schiaretti, Office Manager

Public transportation accessible.

Site Hours: M-F, 8:00 am - 5:00 pm.

Other Languages: Spanish.

Services

Community Preservation Clinic

Description: The Community Preservation Clinic provides direct legal representation to homeowners facing foreclosure in McLean County and develops foreclosure mediation opportunities to facilitate sustainable loan modifications, as well as expedite the foreclosure process when the home cannot be saved to minimize the impact on homeowners and the community.

Tenants living in rental properties that are being foreclosed on in Champaign County may also receive assistance from the clinic.

Area Served: McLean County - Homeowners program.

Champaign County - Renters program.

Fees: No fees.

Referral Procedures: By phone.

Family Advocacy Clinic

Description: The Family Advocacy Clinic was formed to provide legal representation to parents, children, and families facing separation due to allegations of abuse or neglect. This clinic affords students an opportunity to represent low-income parents and/or children as court-appointed counsel in juvenile abuse and neglect cases in Champaign County.

Hours: M-F, 8:30 a.m. - 5:00 p.m.

Area Served: Cases must be in Champaign County.

Maximum Income Guidelines: Non-working households: 125% of federal poverty level.

Working households: 200% of federal poverty level.

Fees: No fees.

Referral Procedures: By phone.

University of Illinois Counseling Center

610 E. John Street

Champaign, IL 61820

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(217) 333-3704 Voice - Counseling Center
(217) 244-9645 FAX
(217) 359-4141 Voice - After Hours Crisis Line

www.counselingcenter.illinois.edu

Carla J. McCowen, Director

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Students at the University of Illinois Urbana-Champaign only.

Services

COUNSELING

Description: The Counseling Center provides individual, couples, and group counseling. All of these services are paid for through the health services fee. The Counseling Center offers primarily short-term counseling, but it does provide referrals to the community when students could benefit from longer-term services.

Eligibility: University of Illinois Students. Faculty and Staff have a similar program through the Faculty/Staff Assistance Program.

Fees: Included in health services fee.

Referral Procedures: The Counseling Center uses same-day scheduling. Call after 7:50 am on the day you want to have appointment.

University of Illinois Extension - Champaign, Ford, Iroquois, Vermilion Counties

801 N. Country Fair Drive, Suite D
Champaign, IL 61821

(217) 333-7672 Voice

(217) 333-7683 FAX

web.extension.illinois.edu/cfiv/

uie-cfiv@illinois.edu

Ginger Boas, County Extension Director

*Kathy Sweedler, Consumer Economics
Educator*

Sites

University of Illinois Extension -
Champaign, Ford, Iroquois, Vermilion
Counties

801 N. Country Fair Drive, Suite D
Champaign, IL 61821

(217) 333-7672 Voice

(217) 333-7683 FAX

Ginger Boas, County Extension Director

Site Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Champaign, Ford, Iroquois, and Vermilion counties.

University of Illinois Extension - INEP Office
201 W. Kenyon Road, Suite 3
Champaign, IL 61820

(217) 353-0740 Voice

(217) 351-2019 FAX

Site Hours: M-F, 8:30 am - 4:30 pm.

Area Served: Champaign, Ford, Iroquois, and Vermilion counties.

Services

YOUTH SERVICES

Description: 4-H is a national organization which helps young people develop knowledge and skills to become productive citizens. The Illinois 4-H program is conducted by University of Illinois Extension. Young people in 4-H learn about citizenship, leadership, cooking, arts and crafts, mechanics and technology, horticulture, agriculture, and other subjects. To teach young people about these subjects, the 4-H program uses the learn-by-doing method of instruction.

Eligibility: Youth ages 8-18.

Fees: Set program fees.

Referral Procedures: By phone or website.

Money Mentors

Description: The Money Mentor program is a network of trained volunteers who work one-on-one with individuals who request help with personal money management. Money Mentors is a free and confidential service available to assist individuals with personal finance strategies, including:

- Budgeting.
- Establishing financial goals.
- Building savings.
- Managing credit.
- Organizing finances.

Fees: No fees.

Referral Procedures: By phone or website.

EDUCATION

Description: University of Illinois Extension offers a variety of health and nutrition education programs for the community, including the Expanded Food and Nutrition Education Program (EFNEP) and the Supplemental

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Nutrition Assistance Program Education Programs (SNAP-Ed) for low-income families.
Referral Procedures: By phone or website.
Sites: 1 2

University of Illinois Office of Volunteer Programs

288 Illini Union, Second Floor Northeast
1401 W. Green Street
Urbana, IL 61801

(217) 333-7424 Voice
(217) 244-4294 FAX

union.illinois.edu/ovp
ovp@illinois.edu

John Race, Program Advisor

Site Hours: M-F, 8:00 am - 5:00 pm.

Area Served: Students at the University of Illinois Urbana-Champaign only.

Services

VOLUNTEER OPPORTUNITIES

Description: The Office of Volunteer Programs (OVP), a division of Student Affairs at the University of Illinois at Urbana-Champaign, functions as a clearinghouse where volunteer opportunities can be matched with willing volunteers. University students compose the volunteer base who offer their time to help not-for-profit organizations with service projects. The Office of Volunteer Programs also does the following:

- Provides informational resources on volunteerism.
- Advises student service organizations.
- Connects student groups and agencies.
- Connects the C-U community and the University.
- Offers consulting to strengthen community service-related programs.
- Educates students about community service via workshops.
- Conducts outreach with community agencies and student groups.

University Place Christian Church

403 S. Wright Street
Champaign, IL 61820

(217) 352-5118 Voice

www.uniplace.org

upcc@uniplace.org

Judy Leeper, Open Door Program Chair

Kris Light, Minister

Public transportation accessible.

Site Hours: Office: M-F, 9:00 am - 3:00 pm.

Services

Open Door

Description: Instant meal packs and bags of groceries may be offered. Volunteers conduct interviews to determine the assistance that can be given. Toiletries also available. When funds are available, two bus passes are given out each week.

Hours: Tue, 10:00 am - 12:00 pm.

Eligibility: Anyone is welcome to come and discuss their situation/need.

Area Served: The cities of Champaign, Urbana, and the surrounding areas.

Documents Needed: Valid photo ID.

Fees: No fees.

Referral Procedures: Walk-in.

UniPlace Community Dinner

Description: Every Wednesday during the University of Illinois academic school year, students at the university volunteer in the UniPlace Christian Church kitchen where they serve free meals to those who live in the Champaign-Urbana community.

Hours: Wed, 6:00 pm - 7:30 pm.

Area Served: Cities of Champaign & Urbana.

Fees: None.

Referral Procedures: Walk-in.

Urbana Adult Education Center

211 N. Race Street
Urbana, IL 61801

(217) 384-3530 Voice

(217) 337-4987 FAX

www.urbaadulteducation.org

uae@usd116.org

Arlene Anderson, M.Ed., Director

Donna Clark, Office Coordinator

Public transportation accessible.

Site Hours: M-F, 8:00 am - 4:30 pm; Mon-Thu, 5:00 pm - 8:00 pm.

Area Served: Champaign and counties in District 505.

Other Languages: Spanish.

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Services

ADULT EDUCATION

Description: Urbana Adult Education Center provides lifelong learning opportunities to persons 16 years of age and over. Classes are funded through federal and state grants, with help from sources such as The United Way of Champaign County.

Documents Needed: Transcript from the last school attended that shows withdrawal date, Medical card from the state (if received), and Social Security number.

Fees: Fixed fees for programs.

Referral Procedures: By phone or website.

Urbana Champaign Books to Prisoners

202 S. Broadway
Urbana, IL 61801

PO Box 515
Urbana, IL 61803

(708) 782-4608 Voice

www.books2prisoners.org

Jay Schubert, Volunteer

Area Served: State of Illinois.

Services

DONATIONS

Description: UC Books to Prisoners is an Urbana Illinois based project providing books to Illinois inmates at no cost by mail as well as through two county jail libraries. Volunteers primarily interact with inmates by reading their letters, selecting books from a collection of donated materials, and shipping those books directly to inmates in response to their requests. Books to Prisoners also staffs the two lending libraries located in the Champaign, IL County jails. The organization can utilize those with skills managing volunteers, coordinating book donations, and fund raising, as well as many other education, outreach, and technical tasks.

Referral Procedures: By phone or website. Book dropoff locations in the Urbana-Champaign area are listed on the website.

Urbana Early Childhood School

2202 E. Washington Street
Urbana, IL 61802

(217) 384-3616 Voice

(217) 384-3615 FAX

www.usd116.org/uecs

cvowels@usd116.org

Cris Vowels, Principal

Sylvia Ortiz, Secretary

Public transportation accessible.

Site Hours: Office Hours: M-F, 8:00 am - 4:30 pm.

Area Served: Urbana School District #116.

Other Languages: Spanish & French.

Services

Urbana Early Childhood School

Description: The Urbana School District #116 Early Childhood Program provides a learning program for eligible preschool children. The Early Childhood classroom provides services for children (ages 3-5). Children attend school 2½ hours daily. Morning and afternoon sessions are available and school busses transport children to and from school.

All classes have 15 students each with one teacher and one assistant teacher forming the core teaching team. In addition, an occupational therapist, speech therapist, social worker, parent coordinator, and physical therapist work with the classroom team.

Hours: Class Hours: M-F, 9:00 am - 11:30 am; 1:00 pm - 3:30 pm.

Eligibility: Children enrolled in Early Childhood Education at Urbana Early Childhood School have been identified through a screening and assessment process as needing either Special Education Services or Preschool Readiness Experience. Children enrolled at UECS who are not eligible for Special Education Services must meet the Illinois criteria for at-risk families.

Documents Needed: Birth certificate, proof of residency, immunization records.

Fees: No fees.

Referral Procedures: By appointment for screening.

Urbana Fire Department

400 S. Vine Street
Urbana, IL 61801

(217) 384-2420 Voice

urbanaillinois.us/fire

James Eggert, Interim Fire Chief

Femi Fletcher, Administrative Assistant

Area Served: City of Urbana.

Services

PUBLIC SAFETY

Description: Urbana Fire Department provides emergency response services and fire prevention/education programs to the community.

Urbana Free Library

210 W. Green Street

Urbana, IL 61801

(217) 367-4057 Voice - Main Number

(217) 367-4058 Voice - Administrative Office

(217) 367-4405 Voice/TTY

Adult Services & TTY for Hearing Impaired Patrons

(217) 367-4069 Voice - Children's Services

(217) 367-4025 Voice

Champaign County Historical Archives

(217) 367-4061 FAX

urbanafreelibrary.org

administration@urbanafree.org

Celeste Choate, Executive Director

Kathryn Wicks, Assoc. Dir. of Facilities/Libr

Promotion

Public transportation accessible.

Site Hours: Library Hours:

Mon-Thu, 9:00 am - 9:00 pm.

Fri & Sat, 9:00 am - 6:00 pm.

Sun, 1:00 pm - 5:00 pm.

Champaign County Historical Archives:

Mon, Tue, Thu, Fri, Sat, 10:00 am - 6:00 pm.

Wed, 10:00 am - 9:00 pm.

Sun, 1:00 pm - 5:00 pm.

Area Served: City of Urbana.

Accessibility: Elevator access to all floors.

Street-level entrance.

Services

LIBRARY

Description: Urbana Free Library provides the following library services to residents of Urbana:

- Books (including eBooks), audiobooks, movies, music, and periodicals.

- Children and teen programming.

- Computers with internet and word processing,

fax machines, copiers, and other equipment.

- Large print, audiobooks, computer stations, and home delivery for seniors.

- Walkers and assistive technology for in-library use.

- Cooling and Warming Center

- Champaign County Historical Archives.

Documents Needed: Photo ID and proof of residency.

Fees: No fees for residents of Urbana.

Urbana High School - Thanksgiving Dinner

1002 S. Race Street

Urbana, IL 61801

(217) 384-3505 Ext. 4036 Voice

(217) 384-3432 FAX

www.usd116.org

Yvonne Alvarez-Cortes, Coordinator

Area Served: Champaign County.

Services

HOLIDAY PROGRAMS

Description: Thanksgiving Dinner is open to all of the community who do not have a place to go and would like the company of others. No reservations are required to attend the dinner.

Hours: -Thanksgiving Day, 5:00 pm - 7:00 pm.

- At the High School, 1002 S. Race Street, Urbana, IL 61801.

Fees: No fees.

Referral Procedures: Walk-in for dinner.

Phone for volunteer info.

Seamless Summer Food Program

Description: Urbana schools will be offering free breakfast and lunch to all children under 18, regardless of summer school enrollment or address, as a part of the Seamless Summer Food program. Here are the location details:

Urbana High School (1002 S. Race St., Urbana)

June 4 through July 25, (no meals on

Wednesday, July 4)

Monday - Thursday

Breakfast: 8:30am to 9:15am

Lunch: 12noon to 12:30pm

Urbana Middle School (1201 S. Vine St,

Urbana)

June 4 through June 28

July 9 through July 25

<continued...>

Monday - Thursday
 Breakfast: 8:30am to 9:15am
 Lunch: 12:00pm to 12:30pm
 Dr. Martin Luther King, Jr. Elementary School
 (1108 W. Fairview Ave, Urbana)
 June 11 through June 28
 Monday - Thursday
 Breakfast: 9:00am to 9:15am
 Lunch: 11:55am to 12:20pm
 Dr. Preston L. Williams Jr Elementary School
 (2102 E. Washington St., Urbana)
 June 4 through June 28
 July 9 through July 12
 Monday - Thursday
 Breakfast: 9:00am to 9:30am
 Lunch: 11:45am to 12:15pm
 Please note: there will be no meals served on
 Wednesday, July 4. When available, the
 menus will be posted here.

**Urbana Park District - Phillips
 Recreation Center**

505 W. Stoughton Street
 Urbana, IL 61801
 (217) 367-1544 Voice
 (217) 367-1592 FAX
 www.urbanaparks.org
Timothy Bartlett, Executive Director
Kathy Myers, Office Manager
 Public transportation accessible.

Site Hours: Mon-Thu, 8:00 am - 6:00 pm.
 Fri, 8:00 am - 5:00 pm.
Area Served: City of Urbana.

Services

RECREATION/LEISURE

Description: The Urbana Park District provides a wide range of programs for all ages and ability levels. It provides sport/athletics, dance, fitness arts, culture, and environmental programs. There are 20 parks, 8 facilities, and numerous special events to all members of the community.

Fees: Vary.
Referral Procedures: Some programs require prior registration; call for more information.

Urbana Police Department

400 S. Vine Street

Urbana, IL 61801
 (217) 384-2320 Voice
 (217) 384-2372 FAX
 (217) 333-8911 Voice - METCAD
 urbanaillinois.us
Sylvia Morgan, Chief of Police
Bryant Seraphin, Deputy Chief
Area Served: City of Urbana.

Services

LAW ENFORCEMENT

Description: Police department serving the residents of Urbana.

Urbana School District 116 Before and After School Child Care Program

205 N. Race Street
 Urbana, IL 61803
 PO Box 3039
 Urbana, IL 61803
 (217) 384-3536 Voice
 (217) 384-3600 Voice - District Main Number
 (217) 384-3622 FAX
 www.usd116.org
 sdavin@usd116.org
Sandy Davin, Director
 Public transportation accessible.
Area Served: Urbana School District 116.

Services

CHILD CARE

Description: The Before & After School Child Care Program is an extracurricular part of the Urbana School District. It provides a safe, supervised place for children in grades K-5 before and after school. It is operated by Urbana School District 116 and currently uses space at Leal, Prairie, Thomas Paine, Wiley, and Yankee Ridge Elementary Schools. The program offers supervision and leadership in a variety of areas including recreational activities, occasional special interest projects, reading, homework opportunities, and a limited number of field trips. A light breakfast and afternoon snack is served daily.

Hours: Daily when school is in regular session.
 Before School: 6:45 am - 8:15 am.

After School: 3:00 pm - 6:00 pm.

Eligibility: Any student enrolled in an Urbana

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School District #116 elementary school.

Fees: Vary.

Referral Procedures: By phone.

Urbana School District 116, Student Special Services

Central Office
205 N. Race Street
Urbana, IL 61801-3039

PO Box 3039
Urbana, IL 61801

(217) 384-3600 Voice

(217) 337-4973 FAX

www.usd116.org

Todd Taylor, Asst. Superintendent, Student Services

Becky Scott, Administrative Assistant

Public transportation accessible.

Services

EDUCATION

Description: The Special Education Department provides programs for special needs children (ages 3-21). A full range of special programs is available through the following programs and services:

- Programs for Students with Intellectual Disabilities.
- Programs for Students with Behavioral/Emotional Disorders.
- Services for Students with Specific Learning Disabilities.
- Early Childhood Education.
- Services for Students with Speech Language Impairments.
- Programs for Students with Multiple Disabilities.
- Services for Students who are Hard of Hearing or Deaf.
- Services for Students who are Visually Impaired.
- Programs for Students with Physical Disabilities.
- Home/Hospital Instruction.
- School Social Work Services.
- School Psychological Services.
- Occupational Therapy.
- Physical Therapy.
- Cunningham Children's Home (On-Grounds Classes).
- Prenatal Classes.

- Wrap-Around Services.

Referral Procedures: By phone.

Urbana School Health Center

1002 S. Race Street
Urbana, IL 61801

(217) 239-4220 Voice

(217) 239-7396 FAX

www.chealthctr.org

Tanya Andricks, CEO

Jenny Daab, PNP

Public transportation accessible.

Site Hours: M-F, 7:30 am - 4:00 pm.

Area Served: Urbana School District.

Other Languages: Spanish available on Mondays, Wednesdays, and Fridays.

Services

MEDICAL SERVICES

Description: Medical services provided by Urbana School Health Center include:

- Physical examinations.
- Immunizations.
- Acute and chronic medical conditions.
- Reproductive health.
- Sports related injuries.
- Dietary management.

Eligibility: Child must be enrolled in the Urbana School District, Pre-K through 12th grade.

Documents Needed: Photo ID, proof of income, and immunization records.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone for appointment.

Champaign-Urbana Public Health Department Children's Dental Clinic

Description: Dental services through Urbana School Health Center include:

- Screenings.
- Cleanings.
- Sealants.
- Extractions.
- Fillings.
- Fluoride treatments.

Hours: M-F, 8:00 am - 4:00 pm.

Eligibility: Child must be enrolled in the Urbana School District, Pre-K through 12th

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grade.

Documents Needed: Photo ID, proof of income, and immunization records.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone for appointment.

MENTAL HEALTH

Description: Mental Health services provided by Urbana School Health Center include:

- Crisis intervention.
- Addictions counseling.
- Substance abuse counseling.
- Individual and family counseling.

Eligibility: Child must be enrolled in the Urbana School District, Pre-K through 12th grade.

Documents Needed: Photo ID, proof of income, and immunization records.

Fees: Sliding scale; Medicaid, private insurance, and private pay accepted.

Referral Procedures: By phone for appointment.

Urbana Township

2312 E. Perkins Road
Urbana, IL 61802

(217) 344-7361 Voice
(217) 367-3555 FAX

Jeffrey Johnstone, Supervisor

Site Hours: M-F, 8:30 am - 11:00 am.

Area Served: Urbana Township (rural areas surrounding the city limits of Urbana).

Services

INCOME PROGRAMS

Description: *Residents within city limits of Urbana seeking general assistance should contact Cunningham Township.*

Provides general assistance, a monthly cash grant for adults not eligible for other types of public aid, to residents of Urbana Township.

Eligibility: Any township resident (18 years or older) who is either a U.S. resident or legal alien. The General Assistance Program is primarily for those adults without minor children, without adequate income, and ineligible for any other monetary forms of assistance.

USDA Farm Service Agency - State Office

3500 Wabash Avenue
Springfield, IL 62711

(217) 241-6600 Ext. 2 Voice
(855) 800-1760 FAX

www.fsa.usda.gov

Rick Graden, State Executive Director

Nancy Heriford, Executive Secretary

Public transportation accessible.

Sites

USDA Farm Service Agency - Champaign County

2110 W. Park Court, Suite A
Champaign, IL 61821-2986

(217) 352-3536 Ext. 2 Voice
(855) 240-6623 FAX

Yvonne Odom, County Executive Director

Area Served: Champaign County.

Services

FARMING

Description: FSA makes direct and guaranteed farm ownership and operating loans to family-size farmers and ranchers who cannot obtain commercial credit from a bank, Farm Credit System institution, or other lender. FSA loans can be used to purchase land, livestock, equipment, feed, seed, and supplies or to construct buildings or make farm improvements. The agency also targets a portion of its loan funds to small and beginning farmers and ranchers.

Many FSA loan application forms are available on the website. Persons are also encouraged to contact their local office or USDA Service Center to learn more about programs and the information needed for a complete application.

Eligibility: Call for details.

Referral Procedures: By phone, walk-in, email, or website.

USDA Rural Development - State Office

2118 W. Park Court, Suite A
Champaign, IL 61821

(217) 403-6200 Voice
(855) 832-8691 FAX

www.rd.usda.gov/il

Rob.Loschen@il.usda.gov

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Rob Loschen, Management and Program Analyst

Sites

USDA Rural Development - Champaign Service Center

2110 W. Park Court, Suite B
Champaign, IL 61821-2986

(217) 352-3536 Voice
(855) 240-6623 FAX

Susan Petrea, Area Director

Area Served: Champaign, DeWitt, Douglas, Macon, Piatt, and Vermilion counties.

Services

HOMEOWNER/HOME BUYER PROGRAMS

Description: USDA's Rural Housing Service offers a variety of programs to build or improve housing and essential community facilities in rural areas. The program offer loans, grants and loan guarantees for single- and multi-family housing, child care centers, fire and police stations, hospitals, libraries, nursing homes, schools, first responder vehicles and equipment, housing for farm laborers and much more. Programs available:

- Single-Family Housing Programs: USDA's Single Family Housing Programs provide direct loans or loan guarantees to help low- and moderate-income rural Americans buy safe, affordable housing in rural areas. USDA also offers loans and grants to help rural residents make health and safety repairs to homes.

- Multi-Family Housing Programs: USDA's Multi-Family Housing Programs offer loans to provide affordable rental housing for very-low-, low- and moderate-income residents, the elderly, and persons with disabilities. Funds also may be used to buy and improve land and to provide necessary facilities such as water and waste disposal systems. In addition, USDA offers rental assistance to help eligible rural residents with their monthly rental costs.

-Rural Rental Housing Program: USDA Rural Development funds several apartment complexes in rural areas of Illinois. The apartment complexes are privately owned but receive funding from the program and may be rented at a reduced rate. Apartment complexes participating in the program may also be located online by visiting this website:

rdmfhrentals.sc.egov.usda.gov.

- Community Facilities Programs: USDA's Community Facilities Programs provide loans, grants and loan guarantees for essential community facilities in rural areas. Priority is given to health care, education and public safety projects. Typical projects are hospitals, health clinics, schools, fire houses, community centers, first responder vehicles and equipment and many other community-based initiatives.

Eligibility: Varies by program, call for more information.

Documents Needed: Photo ID, proof of income, and Social Security card.

Referral Procedures: By phone.

VA Illiana Health Care System

1900 E. Main Street
Danville, IL 61832

(217) 554-3000 Voice
(800) 320-8387 Toll-free
(217) 554-4552 FAX

www.danville.va.gov

Stephanie Young, Acting Director

Site Hours: M-F, 8:00 am - 4:00 pm.

Area Served: Central Illinois and West Central Indiana.

Services

MEDICAL SERVICES

Description: VA Illiana Health Care System (VAIHCS) provides primary, secondary, medical and surgical care, acute psychiatric care, extended long-term care, and skilled nursing home care including Rehabilitation, Alzheimer's, and Palliative Care to veterans primarily residing in central Illinois and west central Indiana. VAIHCS offers a full cadre of ambulatory care including mental health and substance abuse services.

Eligibility: All veterans are encouraged to enroll in the VA Health Care System.

Documents Needed: Whether mailing or bringing application to the facility, please include the following items:

- Copy of both sides of current insurance card (including Medicare or Medicaid).
- Copy of DD214.
- (Purple Heart recipients only) Copy of award letter if 'Purple Heart' is not noted on DD214.

Veterans Assistance Commission - Champaign County

1776 E. Washington Street
Urbana, IL 61802

(217) 819-3556 Voice

(217) 384-3896 FAX

www.co.champaign.il.us/vac/home.htm

bgould@co.champaign.il.us

Brad Gould, Superintendent

Public transportation accessible.

Site Hours: M-F, 8:00 am -4:30 pm.

Area Served: Champaign County.

Services

VETERANS SERVICES

Description: The Veterans Assistance Commission of Champaign County provides temporary financial assistance to veterans and their families. Examples of assistance include mortgage or rent payments, utility payments, food/family essentials, and VA Claims. The VAC of Champaign County also offers advocacy, information and referral, location and retrieval of discharge documents, and other services for the veteran community.

Eligibility: Honorably discharged veteran.

Maximum Income Guidelines: Photo ID, proof of income, proof of residency, and DD Form 214

Fees: No fees.

Referral Procedures: By phone, walk-in, or appointment.

VFW National Home for Children

3573 S. Waverly Road
Eaton Rapids, MI 48827

(800) 313-4200 Toll-free

Referral & General Information

(517) 663-1521 Voice - Administration

(517) 663-7549 FAX

www.vfwnationalhome.org

info@vfwnationalhome.org

Patrice Green, Executive Director

Nicole Fausz, Administrative Assistant

Site Hours: M-F, 8:00 am - 4:30 pm (EST).

Voice messaging system available after hours.

Area Served: Nationwide.

Services

Helpline

Description: Helpline is staffed by professionals who understand the unique challenges faced by today's military and veteran families. Offers information and seeks to create connections and give hope to struggling families. It can also serve as a future resident's first step to moving to the National Home.

Eligibility: Current active duty military, National Guard members, veterans, and their families.

Documents Needed: Call the helpline for more information.

Family Program

Description: Families can live in the VFW National Home for Children campus community for 1-4 years and receive a number of community supports, including case management services, on-site licensed child care, life skills training, tutoring or other educational services, and recreational and community service opportunities.

Eligibility: Eligibility to apply for admission is either:

a) Married, single parent, or guardian(s) families with dependent child(ren) in which:
- The child(ren) have VFW or Ladies Auxiliary member in his or her parental lineage; and/or,
- A parents is a veteran; honorably discharged or still serving in the National Guard or Reserves

b) Deploying or unaccompanied tour service members:

- Spouse with dependent child(ren); or,

- Family Plan appointed guardian with dependent child(ren).

Documents Needed: Call the helpline for more information.

Fees: No fees.

Village of Mahomet Official Website

503 E. Main Street
Mahomet, IL 61853

PO Box 259

Mahomet, IL 61853

(217) 586-4456 Voice

(217) 586-5696 FAX

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www.mahomet.govoffice.com
villageofmahomet@mahomet-il.gov
Sean Widener, Village President
Cheryl Sproul, Village Clerk
Site Hours: M-F, 8:00 am - 4:30 pm.
Area Served: Village of Mahomet.

Services

GOVERNMENT

Description: The city's website can be helpful in locating and utilizing city services.

Village of Rantoul Community Development

333 S. Tanner Street
Rantoul, IL 61866
(217) 892-6824 Voice
www.village.rantoul.il.us
Jeff Fiegenschuh, Director
Site Hours: M-F, 8:00 am - 5:00 pm.
Area Served: Village of Rantoul.

Services

HOME REPAIRS

Description: Owner-Occupied Rehabilitation Programs and Grants:
Minor Rehab Program - Under this program, a grant up to \$6,000 is provided for code-related repairs. Priority is given to violations that are of an emergency nature which threatens the health or safety of the occupants of the home.
Full-Home Rehabilitation Program - Assistance up to \$20,000 is available for major repair or renovation of homes which contain several code-related repairs or are in need of significant rehabilitation. The funds are placed in a 3-year forgivable mortgage on the home. Rehabilitation work may also be completed to remove architectural barriers to the home.
Eligibility: - Own home (rental properties are not eligible).
- Home must be located within the Village of Rantoul.
- Meet general requirements related to cost of construction, zoning, etc.
- The sum of all liens and mortgages on home do not exceed 95% of home's value.
- Priority will be given to households with a disabled family member and to households aged 62 and older.

Area Served: Single-family, owner-occupied homes located within the Village of Rantoul.
Maximum Income Guidelines: 1-person household: \$39,150 per year; 2-person: \$44,750; 3-person: \$50,350; 4-person: \$55,900. Call for additional income guidelines for larger family sizes.
Referral Procedures: Call or walk-in for more information or for an application.

Village of Rantoul Official Website

333 S. Tanner
Rantoul, IL 61866
(217) 893-1661 Voice
(217) 892-5501 FAX
www.village.rantoul.il.us
Charles Smith, Mayor
Site Hours: M-F, 8:00 am - 5:00 pm.
Area Served: Village of Rantoul.

Services

GOVERNMENT

Description: The city's website can be helpful in locating and utilizing city services.

Vineyard Food Pantry

1802 N. Lincoln Avenue
Hope Center
Urbana, IL 61801
1500 N. Lincoln Avenue
The Vineyard Church
Urbana, IL 61801
(217) 384-3076 Voice
urbana.thevineyardchurch.us
paula.barickman@thevineyardchurch.us
Paula Barickman, Food Pantry Director
Public transportation accessible.
Area Served: Champaign County.
Other Languages: Spanish.

Services

Vineyard Emergency Food Pantry

Description: Emergency food pantry service. Clients get a bag of non-perishable food and 2 choice items, bread, produce, and at least one frozen or canned meat item. Information on other pantries and places to get food will also be available. Clients can visit the pantry once

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per month. No ID or proof-of-income is required.
Hours: Wed, 10:00 am - 12:00 pm (sign-up at 9:30 am); 5:00 pm - 6:00 pm (sign-up at 4:30 pm).

Documents Needed: No documents required.

Additional Information: Vineyard Food Pantry is located at the Hope Center. A Community Care program is also available if clients wish to sign up for it.

Fees: No fees.

Referral Procedures: Walk-in. Clients will need to fill out a short form.

Wesley Evening Food Pantry

1203 W. Green Street
 Urbana, IL 61801

(217) 344-1120 Voice
 (217) 344-1830 FAX

www.wesleypantry.org
 info@wesleypantry.org

Katie Thomas, Director of Community Services
 Public transportation accessible.

Sites

Wesley Evening Food Pantry

1203 W. Green Street
 Urbana, IL 61801

(217) 344-1120 Voice
 (217) 344-1830 FAX

Katie Thomas, Director of Community Services
 Public transportation accessible.

Other Languages: Spanish and French.

Wesley Food Pantry at Parkland College

2400 W. Bradley Avenue
 Room M-138
 Champaign, IL 61822

(217) 344-1120 Voice

Katie Thomas, Director
 Public transportation accessible.

Area Served: No geographic limitations.

Other Languages: Spanish and French.

Services

FOOD

Description: Provides a week's amount of groceries during evening hours so that people who work during the day can access emergency food.

Hours: Thursdays, 5:30 pm - 7:30 pm.

Area Served: Champaign County.

Maximum Income Guidelines: 185% of the federal poverty level.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: Walk-in.

FOOD PANTRY

Description: Provides about a week's worth of food.

Hours: Every Wed, 11:00 am - 1:00 pm.

1st & 3rd Sat, 10:00 am - 12:00 pm.

Eligibility: Open to general public who meet income guidelines.

Maximum Income Guidelines: 185% of federal poverty level.

Documents Needed: Photo ID.

Additional Information: Pantry is located on the campus of Parkland College, just north of the Planetarium. Park in Lot M-1 and enter through exterior door.

Fees: No fees.

Referral Procedures: Walk-in.

Sites: 2

Windsor Road Christian Church

2501 W. Windsor Road
 Champaign, IL 61822

(217) 359-2122 Voice

www.windsorroad.org
 brummery@windsorroad.org

Brian Rummery, Discipleship Minister

Services

FOOD

Description: Food pantry is available. Can access once every 30 days.

Hours: Mon-Thu, 9:00 am - 4:00 pm.

Area Served: Champaign County.

Documents Needed: Photo ID.

Fees: No fees.

Referral Procedures: Walk-in.

Youth and Family Peer Support Alliance

121 E Congress, Suite C
 Rantoul, IL 61866

(217) 898-8777 Voice
 (217) 666-7248 FAX

www.ilalliance.org

info@ilalliance.org

Regina Crider, Director

Ulanda Hunter, Statewide Project Director

Area Served: Champaign County.

Services

Parents Promoting Presence (P3)

Description: At Parents Promoting Presence, or P3, the Alliance provides a safe, encouraging environment where parents share their concerns and are given a platform to provide informal mutual support and opportunities to discuss parenting challenges and strategies with others in similar situations. Parents are the experts about their families and their own children, and together in P3 they learn from one another ways to strengthen their families and overcome challenges. The Alliance provides transportation, dinner, and childcare to parents participating in P3.

Hours: Support group is the 4th Tuesday of the month from 5:00 pm - 7:30 pm. Call 24 hours in advance for transportation assistance (when available.)

Eligibility: Open to the public.

Area Served: Champaign County.

Referral Procedures: Call for more information.

Peer-to-Peer Coaching and Advocacy Services

Description: Through the Alliance's Peer-to-Peer Coaching and Advocacy services, staff and peer supporters work with families to:

- Develop a family-centered action plan and other strategies for care and treatment.
- Train, model, and empower family members to advocate for their child's needs.
- Empower the entire family to be involved in their own care and treatment.
- Navigate 504 Plan, IEP, and other school meetings with your family.
- Locate resources.
- Be a shoulder to lean on and an ear to listen during stressful times and times of need.

Area Served: Champaign County.

Referral Procedures: Call for more information.

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