

Champaign County
Directory
of
Health & Medical Resources

Summer 2018



**CHAMPAIGN COUNTY
DEVELOPMENTAL
DISABILITIES BOARD**

**CHAMPAIGN COUNTY
MENTAL HEALTH BOARD**



United Way of
Champaign County

For the most up to date
service information

call **2-1-1**

or

1-888-865-9903

www.findhelp211.org

Adolescent/Youth Counseling

Programs that specialize in the treatment of adolescents, usually age 12 or 13 through 17, who have adjustment problems, behavior problems, emotional disturbance, a personality disorder or incipient mental illness. The programs may help youth troubled by low self-esteem, social isolation, peer pressure, bullying, school performance issues, truancy, anger management issues, family problems, grief and loss, sexual promiscuity, sexually transmitted disease, alcohol or drug addiction, eating disorders, oppositional and defiant behaviors, depression and anxiety, suicidal thoughts or other difficult issues.

■ **Urbana School Health Center**

1002 S. Race Street, Urbana, IL 61801
(217) 239-4220 Voice

for At Risk Youth

■ **Crosspoint Human Services - SASS Program**

1801 Fox Drive, Champaign, IL 61821
(800) 345-9049 Toll-free
CARES Line

■ **Rosecrance Champaign/Urbana**

1801 Fox Drive, Champaign, IL 61820
(217) 398-8080 Voice

for Child/Adolescent Sex Offenders

■ **ABC Counseling and Family Services - Champaign**

313 N. Mattis, Suite 115, Champaign, IL 61821
(217) 403-0790 Voice

for Children Witnessing Violence

■ **UIUC Psychological Services Center**

505 E. Green Street, 3rd Floor, Champaign, IL 61820
(217) 333-0041 Voice

Advance Medical Directives

Programs that provide assistance for people who want to use the tools appropriate in their state to express their wishes regarding future medical treatment should they become incapacitated and/or to name the individual they would like to make health care decisions on their behalf. Included are programs that provide copies of necessary forms as well as those that help people complete them.

■ **Compassion & Choices**

PO Box 101810, Denver, CO 80250-1810
(800) 247-7421 Toll-free

Affordable Care Act Insurance Information/Counseling

Organizations that provide consumer assistance for individuals and small businesses wanting to purchase private insurance through the marketplaces for themselves or, in the case of

employers, for their employees. Their primary responsibility is to facilitate enrollment of consumers in health insurance plans offered through the marketplaces. The Affordable Care Act (ACA) requires the use of trained navigators to provide in-person education, and eligibility and enrollment assistance; and permits the use of trained in-person assisters and application counselors. The operator of the marketplace determines the process for establishing and managing the navigator program. Operations will vary depending on the model selected by the jurisdiction. Choices include a federally operated (or federally-facilitated) marketplace, a federal/state partnership or a state operated marketplace.

■ **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533 Voice

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

AIDS/HIV Clinics

Programs that provide comprehensive medical services on an inpatient or outpatient basis for people who have symptomatic or asymptomatic HIV infections or full-blown AIDS.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

AIDS/HIV Prevention Counseling

Programs that provide counseling services for individuals at risk for contracting or transmitting the HIV virus with the objective of supporting their ability to make behavior changes that will reduce their risk of acquiring or transmitting HIV. Counseling involves a personal risk assessment, development of a personalized action plan and the decision to seek an HIV test. Individuals who have a history of injection drug use, sex with a person with HIV/AIDS, sex with a man who has sex with other men, sex with an injection drug user, a sexually transmitted disease, or exchanging money or drugs for sex are considered to be at high or increased risk and are targets for prevention counseling.

■ **New Directions Treatment Center**

153 N. Vermilion Street, Danville, IL 61832
(217) 442-9026 Voice

Anger Management

Programs that provide educational and/or therapeutic opportunities for people who are interested in or who need to learn how to deal with their anger in a positive, functional way. Participants may include people who internalize their anger as well as those who act it out verbally or in behavior toward friends, family, children, employers or other people in their lives. Included are court-ordered and voluntary programs for people who are involved in domestic violence or child abuse as well as general workshops for people who are uncomfortable with the way they express their anger.

■ **Community Resource & Counseling Center**

1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice

■ **New Directions Treatment Center**

153 N. Vermilion Street, Danville, IL 61832
(217) 442-9026 Voice

Autism Therapy

Programs that offer any of a variety of therapeutic interventions, which may be used singly or in combination, to address the range of social, language, sensory and behavioral difficulties experienced by children and adults with autism and related disorders. Because of the spectrum nature of autism and the many behavior combinations that can occur, treatment approaches must be tailored to meet the individual needs of each person. Included are behavioral and communication development approaches such as Applied Behavioral Analysis, TEACCH (Treatment and Education of Autistic and Related Communication Handicapped Children), PECS (Picture Exchange Communication Systems), Floor Time, Pivotal Response Treatment (PRT), Social Stories and sensory integration; biomedical and dietary treatments including psychiatric medications, vitamins and minerals (such as Vitamin B6, magnesium and essential fatty acids), treatment using the hormone secretin and special diets; and various complementary therapies such as music, art or equestrian therapy which may be used on an individual basis or integrated into an educational program.

■ **Easter Seals Central Illinois - Bloomington Center**

2404 E. Empire, Bloomington, IL 61704
(309) 663-8275 Voice

■ **Skill Sprout - Champaign Office**

1501 Interstate Drive, Suite B, Champaign, IL 61820
(800) 773-1682 Toll-free

Bereavement Counseling

Programs that provide emotional support, problem-solving assistance, information and guidance for people who have recently lost a loved one. Included are counseling programs for widows and widowers, children who have lost a parent, parents who have lost a child and people who are in other similar situations.

■ **Center for Loss & Healing**

3940 N. Vermilion, Danville, IL 61834
(217) 442-5203 Voice

■ **Presence Home Care and Hospice - Champaign**

1501 Interstate Drive, Suite C, Champaign, IL 61821
(217) 353-3400 Voice
Hospice

Birth Control

Programs that provide permanent or temporary measures by which an individual can prevent conception.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Cancer Clinics

Programs that provide comprehensive preventive, diagnostic and treatment services on an inpatient or outpatient basis for individuals who have cancer.

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

■ **OSF Sacred Heart Medical Center - Cancer Care Center**

806 N. Logan Avenue, Danville, IL 61832
(217) 431-4290 Voice

Cancer Detection

Programs that offer any of a variety of tests which are used to identify people who have some form of cancer which, if caught in an early stage, may be treated with a higher probability of success.

for Breast Cancer * Cervical Cancer

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Illinois Department of Public Health**

535 W. Jefferson Street, Springfield, IL 62761
(888) 522-1282 Toll-free
Women's Health Line

Caregiver Counseling

Programs that provide emotional support, information and guidance in individual and/or group settings for family members, friends, significant others, non-familial caregivers or attendants who are caring for someone who has a serious illness or disability or who is elderly and increasingly unable to provide for his or her own care, and are feeling overwhelmed by their responsibilities and the effect that their caregiving role has had on their lives.

■ **Family Service of Champaign County**

405 S. State Street, Champaign, IL 61820
(217) 352-5100 Voice

Child Abuse Medical Evaluations

Hospitals and clinics with multidisciplinary teams that conduct historical interviews and physical examinations of children to determine whether there are injuries or other forms of physical evidence that are consistent with neglect, emotional deprivation/failure to thrive, or physical or sexual abuse that constitute the battered child syndrome. Historical information

supplied by the child in the medical interview may be used to establish a case for child abuse even in the absence of physical evidence.

■ **Children's Advocacy Center of Champaign County**
201 W. Kenyon Road, Suite 1, Champaign, IL 61820
(217) 384-1266 Voice

Child Sexual Abuse Counseling

Programs that specialize in the treatment of children and youth who are coping with the trauma of child sexual abuse which occurs when an adult, older adolescent or another child threatens, forces or manipulates a child into sexual activity abusing the relationship of power and authority that adults have over children. Sexual abuse includes sexual kissing, touching, fondling a child's genitals, oral, anal or vaginal intercourse and incest (sexual intercourse between an adult family member and a child or between siblings) as well as behaviors that don't involve contact such as genital exposure ("flashing"), intentionally engaging in sexual activity in front of a child, verbal pressure for sex, and sexual exploitation for purposes of prostitution or pornography. Child sexual abuse can take place within the family by a parent, step-parent, sibling or other relative; or outside the home by a friend, neighbor, child care provider, teacher or stranger. Separate counseling sessions may be structured for young children who have been victimized and for older children in their teens.

■ **ABC Counseling and Family Services - Champaign**
313 N. Mattis, Suite 115, Champaign, IL 61821
(217) 403-0790 Voice

■ **Children's Advocacy Center of Champaign County**
201 W. Kenyon Road, Suite 1, Champaign, IL 61820
(217) 384-1266 Voice

Children's Hospitals

Health care facilities staffed by physicians, nurses and support staff with training in pediatrics that provide specialized care in an inpatient setting for infants, children and adolescents who are ill or injured.

■ **Shriners Hospitals for Children**
2900 Rocky Point Drive, Tampa, FL 33607
(800) 237-5055 Toll-free
Patient Referral/Eligibility Information

Children's/Adolescent Residential Treatment Facilities

Programs that provide a therapeutic living environment in a community-based facility for emotionally disturbed, severely learning disabled, delinquent, pre-delinquent and/or abused children and youth who, because of the severity of their problems, are unable to adjust to other placements but do not require inpatient psychiatric hospitalization. Services include crisis stabilization, initial and continuing bio-psychosocial assessment, care management, medication management, therapy and mobilization of family support and community resources in

the context of a comprehensive multidisciplinary treatment plan. Residents often attend on-grounds schools or public special education classes and receive services that are geared to their individual needs and the goal of returning to their own or their foster families.

■ **Baptist Children's Home and Family Services**
949 County Road 1300 N., Carmi, IL 62821
(618) 382-4165 Voice
Residential Care

■ **Cunningham Children's Home**
1301 N. Cunningham Avenue, Urbana, IL 61802
(217) 367-3728 Voice

■ **Pavilion, The**
809 W. Church Street, Champaign, IL 61820
(800) 373-1700 Toll-free
Outside Champaign County

Communicable Disease Control

Programs that protect the public health through comprehensive efforts to track the incidence and distribution of disease in the population and prevent, control and eradicate vaccine-preventable diseases, vector and food-borne illnesses, diseases that are transmitted person-to-person and other diseases that are spread by direct or indirect contact. Activities include routine surveillance of communicable disease activity, assessment of the community immunization level through school records and immunization studies, investigation of epidemic outbreaks, reporting of cases of infectious diseases to the proper authorities and taking appropriate measures such as isolation and contact tracing/notification to prevent disease transmission.

■ **CDC - Centers for Disease Control and Prevention**
1600 Clifton Road, Atlanta, GA 30329-4027
(800) 232-4636 Toll-free
(1-800-CDC-INFO)

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Community Clinics

Consumer-based, community-controlled, nonprofit outpatient facilities that provide basic health care including physical examinations, immunizations, family planning, nutrition assistance and diagnosis and treatment of common ailments for low income people, people who are homeless or uninsured/underinsured or other medically underserved populations that are geographically, economically and culturally challenged. Services are generally provided on an ability-to-pay basis. In the U.S., most community clinics are part of the network of Federally Qualified Health Centers, and many are known as "free clinics".

■ **Avicenna Community Health Center**

819 Bloomington Road, Champaign, IL 61820
(217) 418-5888 Voice
Appointments Only

■ **Champaign County Christian Health Center**

1400 W. Park Street, Ste. C160 Corner of Wright and
Church Streets, Urbana, IL 61801
(217) 402-5683 Voice
Appointment Line

■ **Community Resource Center - Urbana Satellite
Clinic**

1400 W. Park, Building #3, Urbana, IL 61801
(217) 356-1558 Voice

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Promise Healthcare on Walnut**

801 N. Walnut, Champaign, IL 61820
(217) 693-4660 Voice

Community Mental Health Agencies

Community-based outpatient facilities that offer individual, group, conjoint and family counseling, therapy groups, medication and other mental health services for community residents, especially those who are indigent, who have acute or chronic psychiatric disorders or who may be experiencing difficulty resolving personal or interpersonal conflicts or making personal adjustments to stressful life situations such as separation, divorce, loss of a spouse or a child, poor health, unemployment, family violence, delinquency or substance abuse. Included may be city and county-operated and nonprofit facilities.

■ **Community Resource & Counseling Center**

1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice

■ **Rosecrance Champaign/Urbana**

1801 Fox Drive, Champaign, IL 61820
(217) 398-8080 Voice

Crisis Intervention

Programs that provide immediate assistance for people who are in acute emotional distress; who are or perceive themselves to be in life-threatening situations; who are a danger to themselves or to others; or who are hysterical, frightened or otherwise unable to cope with a problem that requires immediate action. The objective of crisis intervention is to defuse the critical nature of the situation, ensure the person's safety, and return the individual to a state of equilibrium in which he or she is capable of identifying and seeking solutions to the problem.

■ **Community Resource & Counseling Center**

1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice
Business Hours

■ **Rosecrance Champaign/Urbana - Walnut Street Site**

801 N. Walnut Street, Champaign, IL 61820
(217) 359-4141 Voice
Crisis Line

for At Risk Youth

■ **Crosspoint Human Services - SASS Program**

1801 Fox Drive, Champaign, IL 61821
(800) 345-9049 Toll-free
CARES Line

Crisis Nurseries/Child Care

Programs that provide temporary shelter/residential care for infants and children who are at risk for or who have experienced child abuse or neglect in the home or whose families are experiencing an emergency that makes it untenable for the child to remain in the home. Care is generally provided by licensed family child care homes that are available on a 24-hour basis when needed. Some providers are able to accommodate children to age 12 or 14 and will consider older children on a case-by-case basis, while others limit their services to very young children, generally from birth to age five or six.

■ **Crisis Nursery - Champaign County**

1309 W. Hill Street, Urbana, IL 61801
(217) 337-2730 Voice
Crisis Line

Crisis Residential Treatment

Programs that provide a short-term residential alternative to inpatient hospitalization for adults and/or children who are experiencing a mental health crisis and require 24-hour support in a supervised environment to become stabilized, but do not exhibit medical complications that necessitate nursing care.

■ **Rosecrance Champaign/Urbana - Respite Center**

502 N. Market Street, Champaign, IL 61820
(217) 359-4141 Voice
Crisis Line

Death and Dying

Organizations or programs which focus on the topic of death and/or the process of dying and which may provide information about death and dying from different historical, philosophical, spiritual, religious, medical or mental health perspectives through classes, workshops, speakers, printed materials, or other modalities which may assist interested people to develop their own way of viewing and dealing with these experiences.

■ **Compassion & Choices**

PO Box 101810, Denver, CO 80250-1810
(800) 247-7421 Toll-free

Dental Care

Programs that specialize in the care of the teeth and associated structures in the oral cavity including the prevention, diagnosis and treatment of diseases of the teeth and gums.

■ **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533 Voice

■ **Familia Dental - Champaign**

1905 W. Springfield Avenue, Champaign, IL 61821
(217) 355-6396 Voice

■ **Parkland College Dental Hygiene Clinic**

2400 W. Bradley Avenue, Room L148, Champaign, IL 61821
(217) 351-2221 Voice

■ **SmileHealthy Dental Center**

819 Bloomington Road, Champaign, IL 61820
(217) 359-7404 Voice
Mobile Clinic

■ **SmileHealthy Dental Center**

819 Bloomington Road, Champaign, IL 61820
(217) 403-5477 Voice

for Children

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **SmileHealthy Dental Center**

819 Bloomington Road, Champaign, IL 61820
(217) 359-7404 Voice
Mobile Clinic

■ **Urbana School Health Center**

1002 S. Race Street, Urbana, IL 61801
(217) 239-4220 Voice

for Migrants * Seasonal Workers

■ **Community Health Partnership of Illinois - Rantoul Clinic**

520 E. Wabash Street, Rantoul, IL 61866
(217) 893-3052 Voice

for Orthodontists

■ **Dental Lifeline Network - Illinois (Outside Chicago Area)**

No address available, Peoria, IL 61602
(309) 691-5938 Voice

Disease/Disability Information

Programs that provide information about the symptoms, preventive measures, screening/diagnostic procedures, causes and origins and/or methods of treatment or management for specific illnesses or disabling conditions; and/or which disseminate information about the latest research with regard to a particular illness or condition. Included are programs that maintain disease registries, i.e., databases that contain information about people who have been diagnosed or have risk factors associated with a specific type of disease and have been treated by or received preventive care interventions from a particular hospital or live within a particular geographic area. Registry information is used by public health authorities to identify and investigate unusual patterns of occurrence of the disease and can help communities plan for and deliver needed medical services. It can also be used to support care management for groups of patients with one or more chronic diseases, such as diabetes, coronary artery disease or asthma (or those with associated risk factors); and to connect people with programs doing medical research.

for AIDS/HIV

■ **New Directions Treatment Center**

153 N. Vermilion Street, Danville, IL 61832
(217) 442-9026 Voice

for Alzheimer's Disease

■ **Alzheimer's Association - Illinois Chapter - Bloomington**

207 S. Prospect Avenue, Suite 1, Bloomington, IL 61704
(309) 662-8392 Voice

for Amyotrophic Lateral Sclerosis

■ **ALS Association, Greater Chicago Chapter**

220 W. Huron Street, Suite 4003, Chicago, IL 60654
(855) 932-0002 Toll-free

for Arthritis

■ **Arthritis Foundation - Peoria**

4501 N. Sterling Avenue, Suite 101, Peoria, IL 61615
(309) 682-6600 Voice

for Autism

■ **The Autism Program - University of Illinois**

1005 Christopher Hall 904 W. Nevada, Urbana, IL 61801
(217) 244-1395 Voice

for Cancer

■ **American Cancer Society - Eastern Region**

2509 S. Neil Street, Champaign, IL 61820
(800) 227-2345 National Toll-free
24-Hour

for Down Syndrome

■ **Champaign County Down Syndrome Network**

1304 W. Bradley Avenue, Champaign, IL 61821
(217) 649-6526 Voice

for Epilepsy

■ **Epilepsy Foundation of Greater Chicago Area**

17 N. State Street, Suite 650, Chicago, IL 60602
(312) 939-8622 Voice

for Muscular Dystrophy

■ **Muscular Dystrophy Association - Central Illinois Office**

102 E. Main Street, Suite 201, Urbana, IL 61801
(217) 351-1853 Voice

for Parkinson's Disease

■ **American Parkinson Disease Association (APDA) Midwest Chapter**

1800 N. Main Street, Suite 215, Wheaton, IL 60187
(630) 933-4392 Voice
Main

Early Intervention for Mental Illness

Programs that identify and provide treatment for individuals whose personal condition and social experiences could potentially produce mental, emotional or social dysfunctions with the objective of preventing their development; or which conduct general screening efforts to identify and treat children who have emerging problems to ensure the best possible prognosis.

■ **Life Links**

750 Broadway East, Mattoon, IL 61938
(217) 259-1237 Voice
First.IL

Eye Care

Programs that are concerned with maintaining or improving the health of the eyes and their appropriate functioning as the organs of sight.

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Lions of Illinois Foundation**

2254 Oakland Drive, Sycamore, IL 60178
(815) 756-5633 Voice

■ **OneSight**

4000 Luxottica Place, Mason, OH 45040
(888) 935-4589 National Toll-free

for Older Adults

■ **Eye Care America**

655 Beach Street, San Francisco, CA 94109
(877) 887-6327 Toll-free

Family Counseling

Programs that offer therapeutic sessions that focus on the system of relationships and communication patterns among family members and which attempt to modify those relationships and patterns to achieve greater harmony. The therapist focuses on the family as a unit rather than concentrating on one of the members who is singled out as the person in need of treatment.

■ **Family Advocacy in Champaign County**

310 W. Church Street, Suite 103, Champaign, IL 61820
(217) 607-0546 Voice

Family Support Centers/Outreach

Programs that provide a wide variety of social services that are designed to support the healthy development of families, improve family interaction skills and help fragile families to resolve their problems at a pre-crisis stage before they become unmanageable. Services may be center-based or provided on an outreach basis to families who are initially reluctant to seek support and generally target the specific needs of a particular community. Included may be self-sufficiency programs which help families break the cycle of poverty by addressing the barriers to self-sufficiency; early child development and school success programs; programs which address the needs of teen parents; programs which target parents at risk for becoming abusive; programs for families with children who have special developmental needs and programs that focus on the maternal and child health care needs of first-time, expectant women whose babies are at high risk for low birth weight and infant mortality.

for Autism

■ **The Autism Program - University of Illinois**

1005 Christopher Hall 904 W. Nevada, Urbana, IL 61801
(217) 244-1395 Voice

General Counseling Services

Programs that provide emotional support, information and guidance to help people resolve whatever personal or interpersonal difficulties they are experiencing. The counselor can address any issue that is troubling the individual, but does not specialize in the treatment of any particular problem area.

■ **Behavioral Wellness Center and Geriatric Behavioral Services**

4 Doctors Park, Gibson City, IL 60936
(217) 784-4540 Voice

■ **Center for Youth and Family Solutions - Champaign**

1315A Curt Drive, Champaign, IL 61821
(217) 352-5179 Voice

■ **Cognition Works, Inc.**

507 W. Springfield Avenue, Urbana, IL 61801
(217) 239-0142 Voice

■ **Community Resource & Counseling Center**

1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice

■ **Elliott Counseling Group - Clark Street**

309 W. Clark Street, Champaign, IL 61820
(217) 398-9066 Voice

■ **Elliott Counseling Group - Tuscola Office**

704 N. Main Street, Tuscola, IL 61953
(217) 398-9066 Voice

■ **Elliott Counseling Group - University Avenue**

407 E. University Avenue Suite D, Champaign, IL 61820
(217) 398-9066 Voice

■ **Family Service of Champaign County**

405 S. State Street, Champaign, IL 61820
(217) 352-0099 Voice
Family Service

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Illini Christian Ministries**

3 Henson Place, Suite 1, Champaign, IL 61820
(217) 355-4446 Voice

■ **New Directions Treatment Center**

153 N. Vermilion Street, Danville, IL 61832
(217) 442-9026 Voice

■ **Rosecrance Champaign/Urbana**

1801 Fox Drive, Champaign, IL 61820
(217) 398-8080 Voice

■ **UIUC Psychological Services Center**

505 E. Green Street, 3rd Floor, Champaign, IL 61820
(217) 333-0041 Voice

General Health Education Programs

Programs that provide information that helps the public make choices which promote personal health, prevent illness and

disability, take advantage of opportunities for early detection, and support their ability to deal effectively with health problems when they arise. General health education programs provide information about a wide variety of health related topics rather than specializing in a particular area.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **OSF Heart of Mary Medical Center - Center for Healthy Living**

410 E. University Avenue, Suite 200, Champaign, IL 61820
(217) 337-2022 Voice

■ **University of Illinois Extension - INEP Office**

201 W. Kenyon Road, Suite 3, Champaign, IL 61820
(217) 353-0740 Voice

General Medical Care

Routine health care provided by internists, pediatricians, family medicine specialists, gynecologists, obstetricians, nurse practitioners, midwives, physicians' assistants or other health care providers who serve as the first point of contact with the health care system. Services focus on the prevention and early detection of health problems through regular physical examinations, blood pressure checks, mammograms and other similar procedures as well as therapeutic services for people who do not require specialty care.

■ **Avicenna Community Health Center**

819 Bloomington Road, Champaign, IL 61820
(217) 418-5888 Voice
Appointments Only

■ **Carle Clinic - Champaign on Curtis**

1701 W. Curtis Road, Champaign, IL 61822
(217) 365-6200 Voice

■ **Carle Clinic - Urbana on Windsor**

1818 E. Windsor Road, Urbana, IL 61802
(217) 255-9500 Voice

■ **Carle in Mahomet**

1001 Heather Drive, Mahomet, IL 61853
(217) 586-8400 Voice

■ **Carle in Rantoul**

1540 E. Grove Street, Rantoul, IL 61866
(217) 893-7700 Voice

■ **Champaign County Christian Health Center**

1400 W. Park Street, Ste. C160 Corner of Wright and Church Streets, Urbana, IL 61801
(217) 402-5683 Voice
Appointment Line

■ **Community Resource Center - Urbana Satellite Clinic**

1400 W. Park, Building #3, Urbana, IL 61801
(217) 356-1558 Voice

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Promise Healthcare on Walnut**

801 N. Walnut, Champaign, IL 61820
(217) 693-4660 Voice

for Migrants * Seasonal Workers

■ **Community Health Partnership of Illinois - Rantoul Clinic**

520 E. Wabash Street, Rantoul, IL 61866
(217) 893-3052 Voice

General Mental Health Information/Education

Programs that improve the public's understanding of mental health and mental illness and help people make choices which promote personal mental health, take advantage of opportunities for early detection, develop an awareness of available treatment options and support their ability to deal with mental health problems when they arise. General mental health information/education programs provide information about a wide variety of mental health related diagnoses rather than specializing in a particular area; and may develop and disseminate materials whose objective is to dispel misconceptions about the nature of mental illness, marshal support for people who have a psychiatric disability or behavioral issue and help to remove the stigma that is often associated with mental illness.

■ **NAMI Champaign County**

No Street Address Available, Champaign, IL 61820
(217) 419-5345 Voice

General Psychiatry

Programs that are staffed by licensed physicians who specialize in the prevention, diagnosis and treatment of mental, emotional and behavioral disorders including anxiety, depression, psychoses, sexual dysfunction, adjustment reactions and substance abuse. Psychiatric treatment involves a full mental and physical health evaluation and an individualized treatment plan which may include psychotherapy, medication and other interventions which help patients and their families cope with their illness. General psychiatry applies broadly to all populations with mental disabilities rather than offering more

specialized services to specific target groups.

■ **Behavioral Wellness Center and Geriatric Behavioral Services**

4 Doctors Park, Gibson City, IL 60936
(217) 784-4540 Voice

■ **Community Resource & Counseling Center**

1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice

Geriatric Counseling

Programs that provide emotional support, information and guidance in a variety of settings for older adults who are having mental, emotional or social adjustment problems that have arisen as a result of the process of aging. Geriatric counseling services are provided primarily by social services professionals including licensed social workers rather than psychiatrists or other medical personnel.

■ **Behavioral Wellness Center and Geriatric Behavioral Services**

4 Doctors Park, Gibson City, IL 60936
(217) 784-4540 Voice

■ **Catholic Charities, Diocese of Peoria - Champaign**

Presence Hospital 1400 W. Park, Urbana, IL 61801
(217) 689-1427 Voice

■ **Family Service of Champaign County**

405 S. State Street, Champaign, IL 61820
(217) 352-5100 Voice
Senior Resource Center

Glasses/Contact Lenses

Programs that pay for or provide corrective lenses for people who have defective but correctable vision, or which provide vouchers which can be exchanged for glasses or contact lenses.

■ **Frances Nelson Health Center - Promise Healthcare**

819 Bloomington Road, Champaign, IL 61820
(217) 356-1558 Voice

■ **Lions of Illinois Foundation**

2254 Oakland Drive, Sycamore, IL 60178
(815) 756-5633 Voice

■ **OneSight**

4000 Luxottica Place, Mason, OH 45040
(888) 935-4589 National Toll-free

Hearing Aids

Programs that pay for or provide amplification equipment for people who have impaired but correctable hearing. Included are hearing aids that are placed in the canal, in the ear (ITE or intraural), or behind the ear (BTE); eyeglasses aids; body aids; and vibrotactile aids which vibrate to assist the wearer to

recognize speech and increase environmental awareness.

■ **Lions of Illinois Foundation**
2254 Oakland Drive, Sycamore, IL 60178
(815) 756-5633 Voice

Hearing Screening

Programs that offer hearing threshold tests for the purpose of identifying individuals whose ability to perceive sound falls outside the normal range. People who fail the screening test need an in-depth evaluation by an audiologist.

■ **Lions of Illinois Foundation**
2254 Oakland Drive, Sycamore, IL 60178
(815) 756-5633 Voice

for Children

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

HIV Testing

Programs that offer HIV tests which are used to identify individuals who have been infected with the Human Immunodeficiency Virus (HIV) and are at risk for developing AIDS (acquired immune deficiency syndrome) or which are used to measure progression of the disease in people known to be infected. The most common HIV screening test is the enzyme immunoassay (EIA) which most frequently uses peripheral blood drawn from the arm or a finger as a sample, but can also be conducted using serum, oral fluids or urine. Repeatedly reactive EIA tests are confirmed using the Western blot or the immunofluorescence assay (IFA). The most common test that is used to measure disease progression is the PCR (polymerase chain reaction) or viral load test. Many programs that provide HIV testing also provide pre-testing and post-test counseling which includes information about AIDS/HIV, reducing risks for HIV transmission, emotional support to help the individual deal with the testing process and test results, and information about and referral to other AIDS-related services.

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**
520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

Home Health Care

Programs that make necessary medical services available in the homes of people who are aged, ill or convalescing.

■ **Carle Home Services**
810 W. Anthony Drive, Champaign, IL 61822
(800) 877-8555 Toll-free
Home Health Care

■ **Presence Home Care and Hospice - Champaign**
1501 Interstate Drive, Suite C, Champaign, IL 61821
(217) 355-4120 Voice
Home Care

Hospice Care

Programs that provide a full range of supportive services for terminally ill individuals who are in the final stages of their illnesses and for their families. Services may include medical care, pain and symptom management, home nurse visitation, case management, emotional and spiritual support, and bereavement services for the patient and members of the family. Hospice care may be provided at home, in a freestanding hospice facility, a hospice unit of a hospital or in long-term care facilities such as nursing homes. In order to qualify for Medicaid or Medicare reimbursement, an individual must have a life threatening illness and must be certified by their physician to have entered the last six months of life.

■ **Carle Home Services**
810 W. Anthony Drive, Champaign, IL 61822
(217) 383-3488 Voice

■ **Harbor Light Hospice - Decatur**
332 W. Marion Street, Suite N1, Forsyth, IL 62535
(800) 419-0542 Toll-free

■ **Presence Home Care and Hospice - Champaign**
1501 Interstate Drive, Suite C, Champaign, IL 61821
(217) 353-3400 Voice
Hospice

■ **Transitions Hospice - Peoria**
8914 N. Prairie Pointe, Peoria, IL 61615
(877) 726-6494 Toll-free

Hospitals

Medical institutions that provide diagnostic and treatment services for people whose illnesses or injuries require that they occupy a bed for at least one night. Hospitals can be distinguished by the level of care they offer (general acute, subacute, extended acute care), the auspices under which they operate which also, in some cases, defines the patients they serve (city/county, state, Veteran's Affairs, military hospitals), and the medical conditions they specialize in treating (specialty hospitals).

■ **Carle Foundation Hospital**
611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

■ **OSF Heart of Mary Medical Center**

1400 W. Park Street, Urbana, IL 61801
(217) 337-2000 Voice

■ **OSF Sacred Heart Medical Center**

812 N. Logan Avenue, Danville, IL 61832
(217) 443-5000 Voice

Immunizations

Programs that provide inoculations or other prophylactic measures to prevent susceptible individuals from contracting specific diseases for which means of control have been developed.

for Youth

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**

520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

■ **Urbana School Health Center**

1002 S. Race Street, Urbana, IL 61801
(217) 239-4220 Voice

Information and Referral

Programs whose primary purpose is to maintain information about human service resources in the community and to link people who need assistance with appropriate service providers and/or to supply descriptive information about the agencies or organizations which offer services. The information and referral process involves establishing contact with the individual, assessing the individual's long and short-term needs, identifying resources to meet those needs, providing a referral to identified resources, and, where appropriate, following up to ensure that the individual's needs have been met.

for Alzheimer's Disease

■ **Alzheimer's Association - Illinois Chapter - Bloomington**

207 S. Prospect Avenue, Suite 1, Bloomington, IL 61704
(309) 662-8392 Voice

for Anorexia Nervosa * Bulimia * Binge Eating Disorder

■ **National Association of Anorexia Nervosa and Associated Disorders**

220 N Green St, Chicago, IL 60607
(630) 577-1330 Hotline

for Health Care

■ **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533 Voice

for Lung Disease

■ **American Lung Association - Lung HelpLine**

3000 Kelly Lane, Springfield, IL 62711
(800) 586-4872 Toll-free
800-LUNG-USA

Juvenile Delinquency Diversion Counseling

Programs that provide individual, conjoint, family and group counseling for people younger than age 18 who are at risk for or have committed delinquent acts and who are directed to participate in counseling for a period of time as an alternative to arrest, a hearing in a juvenile delinquency or youth court, or, in some cases, another court-ordered disposition. These programs are often provided by agencies which also offer other types of counseling for young people and their families, which coordinate with the referring agency concerning the client's responsible use of services and which involve the client's family in the counseling process as needed.

■ **Rosecrance Champaign/Urbana**

1801 Fox Drive, Champaign, IL 61820
(217) 398-8080 Voice

Lead Poisoning Screening

Programs that take blood samples from young children to identify individuals who have ingested paint or other materials containing lead and have absorbed an undue amount of the substance. Results may lead to continued surveillance, testing, referrals for medical evaluation, and/or housing inspection to identify lead hazards and prevent further occurrences of lead poisoning. Included are screenings conducted during home visits and clinic-based screening.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**

520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

Maternity Homes

Programs that provide shelter, care and support services, which often include counseling regarding future plans and instruction in child care and development, for pregnant women who are unable to remain in their own homes.

■ **Baptist Children's Home and Family Services - Angel's Cove**

4243 Lincolnshire Drive, Mount Vernon, IL 62864
(618) 242-4944 Voice

Medicaid

A combined federal and state program administered by the state that provides medical benefits for individuals and families with limited incomes who fit into an eligibility group that is recognized by federal and state law. Each state sets its own guidelines regarding eligibility and services within parameters established at the federal level. Many people are covered by Medicaid, though within these groups, certain additional requirements must be met. Eligibility factors include people's age, whether they are pregnant, have a disability, are blind, or aged; their income and resources (like bank accounts, real property or other items that can be sold for cash); and whether they are U.S. citizens or lawfully admitted immigrants. Families who are receiving benefits through TANF and individuals who receive SSI as aged, blind and disabled are categorically eligible groups. The rules for counting a person's income and resources vary from state to state and from group to group. There are special rules for those who live in nursing homes, for people served under the Medicaid Waiver program, for people served by Program of All-Inclusive Care for the Elderly (PACE) programs and for children with disabilities living at home. Medicaid makes payments directly to a person's health care provider; and some recipients may be asked to pay a small part of the cost (co-payment) for some medical services. Most states have additional "state-only" programs to provide medical assistance for specified low-income persons who do not qualify for the Medicaid program.

■ **Department of Human Services (DHS) - Champaign/Ford County**

705 N. Country Fair Drive, Champaign, IL 61821
(217) 278-5605 Voice

■ **Department of Human Services (DHS) - Champaign/Ford County**

705 N. Country Fair Drive, Champaign, IL 61821
(217) 278-5605 Voice

for Disabilities and Health Conditions

■ **Health Benefits for Workers with Disabilities (HBWD)**

No Street Address Available, Springfield, IL 62794
(800) 226-0768 Toll-free

Medical Appointments Transportation

Programs that provide nonemergency transportation for individuals who require routine medical services and who, because of financial problems or their physical condition, are unable to use other available means of local transportation.

■ **First Transit - Statewide Transportation Assistance**

(877) 725-0569 Toll-free
Participants (Medicaid recipients only)

for Cancer

■ **American Cancer Society - Eastern Region**

2509 S. Neil Street, Champaign, IL 61820
(800) 227-2345 National Toll-free
24-Hour

Medical Care Expense Assistance

Programs that pay the hospital bills, doctor bills, laboratory expenses or other health care expenses of people who are unable to obtain necessary health care without assistance. Also included are programs that provide vouchers which enable eligible individuals to obtain medical care. Medical bill payment assistance programs may have age, income, disability, need or other eligibility requirements.

for Cancer

■ **CancerCare**

275 Seventh Avenue 22nd Floor, New York, NY 10001
(800) 813-4673 National Toll-free
800-813-HOPE

for Children

■ **UnitedHealthcare Children's Foundation**

9700 Health Care Lane, Minnetonka, MN 55343
(855) 698-4223 National Toll-free
Voicemail

for Medicare

■ **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533 Voice

Medical Equipment/Supplies

Programs that pay for or provide necessary in-home hospital equipment, monitoring devices, respiratory aids, prevention kits and other medical supplies that are required by people who want to prevent the transmission of an infectious disease, are coping with the effects of a chronic health condition or disability or are convalescing following surgery or illness. Included are programs that provide medical equipment on a loan basis as well as those that provide equipment that people can keep.

■ **Carle Medical Supply - Urbana**

1208 N. Cunningham Avenue, Urbana, IL 61802
(217) 383-3487 Voice

for Muscular Dystrophy

■ **Muscular Dystrophy Association - Central Illinois Office**

102 E. Main Street, Suite 201, Urbana, IL 61801
(217) 351-1853 Voice

Medical Social Work

Programs that provide support services for patients and their families during hospitalization and upon discharge, for people

receiving outpatient services, for previous patients and for other people not previously associated with the facility who need the service. Included are consultation and the coordination of available services for the patient's continuing care at home or in a short or long-term care facility; or whatever other support may be needed to help resolve the logistical, social and psychological problems related to the illness.

for Older Adults

■ **CRIS Healthy Aging Center**

309 N. Franklin Street, Danville, IL 61832
(217) 443-2999 Voice

Medicare Information/Counseling

Programs that offer information and guidance for older adults and people with disabilities regarding their health insurance options with the objective of empowering them to make informed choices. Included is information about the eligibility requirements for Medicare; selection and enrollment in a Medicare prescription drug plan; benefits covered (and not covered) by the program; the payment process; the rights of beneficiaries; the process for determinations, coverage denials and appeals; consumer safeguards; and options for filling the gap in Medicare coverage. These programs also provide counseling and assistance about the subsidies that are available to low income beneficiaries enrolled in the Part D Prescription Drug Benefit; and may also provide information about Medicaid and the linkages between the two programs, referrals to appropriate state and local agencies involved in the Medicaid program, information about other Medicare-related entities (such as peer review organizations, Medicare-approved prescription drug plans, fiscal intermediaries and carriers), and assistance in completing Medicare insurance forms.

■ **Champaign County Regional Planning Commission**

1776 E. Washington Street, Urbana, IL 61802
(217) 328-3313 Voice
Main Line

■ **OSF Heart of Mary Medical Center - Center for Healthy Living**

410 E. University Avenue, Suite 200, Champaign, IL 61820
(217) 337-2022 Voice

Medication Disposal

Programs that accept and safely dispose of unwanted or outdated medication. Substances that qualify for the program typically include such things as prescription drugs, nonprescription medication, acne therapies, athlete's foot treatment, vitamin and mineral supplements and throat lozenges. Medication disposal programs provide an environmentally safe alternative to flushing medications down the toilet where they may not be completely removed by the sewage treatment process or discarding them with household garbage where they may be found and consumed by children or animals or enter into the groundwater supply.

■ **Illinois Environmental Protection Agency Website**

1021 North Grand Avenue East, Springfield, IL 62794
(217) 782-3397 Voice

Mobile Health Care

Programs that use specially equipped mobile vehicles to deliver basic health care services to vulnerable and/or remote populations that are unable to access a community health care facility. The mobile clinics make scheduled stops in different neighborhoods and offer a wide variety of services which may include general physical examinations, pediatric services, health screening, vision screening, flu shots, childhood immunizations, laboratory services, WIC certification, STD screening and treatment, family planning services, pregnancy testing and treatment for minor illnesses. Included are street medicine programs that use outreach workers to seek out and provide primary health care services for unsheltered homeless people living on the streets, under bridges, in abandoned buildings or wherever else they stay.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Needle Exchange/Distribution Programs

Programs that help prevent the transmission of HIV/AIDS and other blood borne infectious diseases by providing new, sterile syringes and other sterile injection supplies to needle users in exchange for used ones; or which sell new hypodermic needles and syringes to high risk individuals who have a prescription or, in jurisdictions where it is permitted, without a prescription.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Nursing Facilities

Inpatient health care facilities that provide nursing and personal care over an extended period of time (usually more than 30 days) for people who require convalescent care at a level which is less than that provided in an acute facility and/or for chronically ill or frail elderly individuals or people with disabilities.

■ **Champaign County Nursing Home**

500 S. Art Bartell Road, Urbana, IL 61802
(217) 384-3784 Voice

■ **Heartland Health Care - Champaign**

309 E. Springfield Avenue, Champaign, IL 61820
(217) 352-5135 Voice

■ **Illini Heritage Rehab & Health Care Center**

1315 Curt Drive, Champaign, IL 61820
(217) 352-5707 Voice

■ **Prairieview Lutheran Home**
403 N. Fourth Street, Danforth, IL 60930
(815) 269-2970 Voice

for Dementia

■ **Prairieview Lutheran Home**
403 N. Fourth Street, Danforth, IL 60930
(815) 269-2970 Voice

Nursing Home Transition Financing Programs

Programs that are designed to assist institutionalized residents, or those about to be discharged from a hospital to a nursing home, to return to the community to live in a less restrictive setting. Some transition programs are funded using Medicaid and therefore require that eligible participants be Medicaid recipients. Other programs have been created using state or local funds. The programs typically provide case management and, unless other funding sources are available, provide funding for and link program participants to existing home and community based services, home modification programs, assistive technology equipment, assisted living facilities or other supported housing options and/or other needed services.

■ **PACE, Inc. Center for Independent Living**
1317 E. Florida Avenue, Urbana, IL 61801-6007
(217) 344-5433 Ext. 20

Opioid Antidote Distribution Programs

Programs that distribute Narcan or other similar substances that block the effects of opiates such as heroin, morphine, codeine, OxyContin, methadone, fentanyl and Vicodin but cannot themselves be used to get a person high. Opiate antidotes can be used to reverse the effects of an opiate overdose including restoring breathing that has stopped or slowed down, and may be distributed to opiate users to reduce the number of deaths that occur from opiate overdose.

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Pediatrics

Programs that are staffed by specialists who are concerned with the physical, emotional and social health of infants, children and adolescents from birth to young adulthood. Pediatricians have advanced training in the biological, social and environmental factors that have an influence on a developing child and have expertise in diagnosing and treating the acute and chronic diseases that are common to individuals in this age range.

for Specialized Treatment and Prevention

■ **University of Illinois at Chicago - Division of Specialized Care for Children, Champaign Office**
510 Devonshire Drive, Suite A, Champaign, IL 61820-7306
(217) 333-6528 Voice

Perinatal/Postpartum Depression Counseling

Programs that provide emotional support, information and guidance in a variety of settings for women who have symptoms of depression following delivery of a child which may include feelings of sadness and inadequacy, lack of feeling for the baby, overconcern for the baby, crying for no reason, inability to concentrate, changes in sleeping patterns, numbness, anger, anxiety, exaggerated highs and lows and thoughts of suicide.

■ **NorthShore MOMS Line**
No Street Address Available Perinatal Family Support Center, Evanston, IL 60201
(866) 364-6667 Toll-free

■ **Postpartum Support International (PSI)**
6706 SW 54th Avenue, Portland, OR 97219
(800) 944-8766 Toll-free
Chat Number - Use Participant Code 73162

Poison Control

Programs that provide emergency information, usually on a 24-hour basis, for medical personnel or others who may need to take immediate corrective action to treat an individual who has been poisoned or to prevent such an occurrence.

■ **Illinois Poison Center**
222 S. Riverside Plaza, Suite 1900, Chicago, IL 60606
(800) 222-1222 National Toll-free
24 hours

Postabortion Counseling

Programs that provide individual, conjoint or group counseling for women who have terminated their pregnancies and, if appropriate, for their significant others, which focuses on their feelings about the abortion and its effect on their lives.

■ **Pregnancy Resource Center - Champaign**
205 E. Wilber Avenue, Champaign, IL 61824
(217) 398-6511 Voice

Pre-Abortion Counseling

Programs that provide counseling, mandated in some states in conjunction with a 24-hour waiting period, for women who have made a decision to terminate their pregnancy. The counseling provides information about fetal development, pregnancy prevention, the abortion procedure the patient will undergo, the risks and alternatives to the procedure, the risks of continuing the pregnancy and, when medically accurate, possible complications and longer term health risks such as sterility or

risks to subsequent pregnancies associated with the procedure. The woman may be given written information to review and may be asked to sign an informed consent form.

■ **Birthright Champaign County**

201 W. Springfield Avenue, Suite 206, Champaign, IL 61820
(800) 550-4900 Toll-free
24-Hour

Pregnancy Counseling

Programs that help people who are experiencing a crisis pregnancy resolve any social or personal problems that have arisen as a result of their pregnancy or the prospect of parenthood, and help them understand their conflicting emotions, put their feelings in perspective, evaluate their options and make a decision that right is for them.

■ **Birthright Champaign County**

201 W. Springfield Avenue, Suite 206, Champaign, IL 61820
(217) 351-7744 Voice

■ **Center for Youth and Family Solutions - Champaign**

1315A Curt Drive, Champaign, IL 61821
(217) 352-5179 Voice

■ **Holt-Sunny Ridge**

270 Remington Boulevard, Suite D, Bolingbrook, IL 60440
(630) 754-4500 Voice

■ **Illini Christian Ministries**

3 Henson Place, Suite 1, Champaign, IL 61820
(217) 355-4446 Voice

■ **Pregnancy Resource Center - Champaign**

205 E. Wilber Avenue, Champaign, IL 61824
(217) 398-6511 Voice

Pregnancy Testing

Programs that utilize laboratory procedures to determine whether an individual is pregnant or which provide access to devices for establishing pregnancy that people can use at home.

■ **Birthright Champaign County**

201 W. Springfield Avenue, Suite 206, Champaign, IL 61820
(217) 351-7744 Voice

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**

520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

■ **Pregnancy Resource Center - Champaign**

205 E. Wilber Avenue, Champaign, IL 61824
(217) 398-6511 Voice

Prescription Expense Assistance

Programs that provide financial assistance to purchase necessary prescription drugs for people who would be in an emergency situation without assistance. Also included are programs that reimburse individuals for their prescription expenses, usually on an annual basis. Prescription expense assistance programs may have age, income, disability, need or other eligibility requirements.

■ **Catholic Charities of Decatur - Resale Shop/Food Pantry/Med Assist/Mobile Food Pantry/SHIP**

2705 N. Water, Decatur, IL 62526
(217) 475-0270 Voice
SHIP/MedAssist

■ **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533 Voice

■ **Community Service Center of Northern Champaign County**

520 E. Wabash Avenue, Suite 1, Rantoul, IL 61866
(217) 893-1530 Voice

■ **empty tomb, Inc.**

301 N. Fourth Street, Champaign, IL 61825-2404
(217) 356-2262 Voice

Psychiatric Day Treatment

Programs that provide a therapeutic environment for individuals who have acute or chronic mental or emotional disturbances, who do not require full-time hospital care but who can benefit from a structured environment for some portion of the day or week. Services may include individual, group and/or family therapy; social and recreational activities; and a range of adjunctive therapies. Psychiatric day treatment programs may be offered by freestanding day treatment facilities, by psychiatric hospitals or by psychiatric units in general acute care hospitals.

■ **Pavilion, The**

809 W. Church Street, Champaign, IL 61820
(800) 373-1700 Toll-free
Outside Champaign County

for Children

■ **Lincoln Prairie Behavioral Health Center**
5230 S. Sixth Street Road, Springfield, IL 62703
(217) 585-1180 Voice

■ **Pavilion, The**
809 W. Church Street, Champaign, IL 61820
(800) 373-1700 Toll-free
Outside Champaign County

Psychiatric Disorder Counseling

Programs that specialize in the treatment of individuals who have identified mental or emotional disorders with the objective of helping them to eliminate or reduce the severity of their symptoms, to mediate disturbed patterns of behavior, to promote positive personality growth and development and to maximize the individual's ability to function as independently as possible. Treatment may utilize therapeutic techniques derived from one or more theoretical counseling approaches.

■ **Behavioral Wellness Center and Geriatric Behavioral Services**
4 Doctors Park, Gibson City, IL 60936
(217) 784-4540 Voice

■ **Community Resource & Counseling Center**
1510 W. Ottawa Road, Paxton, IL 60957
(217) 379-4302 Voice

■ **Elliott Counseling Group - Clark Street**
309 W. Clark Street, Champaign, IL 61820
(217) 398-9066 Voice

■ **Elliott Counseling Group - Tuscola Office**
704 N. Main Street, Tuscola, IL 61953
(217) 398-9066 Voice

■ **Elliott Counseling Group - University Avenue**
407 E. University Avenue Suite D, Champaign, IL 61820
(217) 398-9066 Voice

■ **OSF Heart of Mary Medical Center**
1400 W. Park Street, Urbana, IL 61801
(217) 337-2130 Voice
Behavioral Health Unit

Psychiatric Hospitals

Institutions whose primary function is to provide diagnostic and long or short-term treatment services for children, adolescents, adults and/or older adults who have acute psychiatric disorders, require hospitalization for maximum benefit, and who may be a threat to themselves, to their families or to others if left in the community or placed in a less restrictive treatment setting. Services may include a comprehensive evaluation; 24-hour care in a supportive, therapeutic environment; counseling for the patient and family; adjunctive therapies, as needed; medication, if required; and an aftercare program following discharge. Psychiatric hospitals may also offer a range of outpatient mental health services.

■ **McFarland Mental Health Center**
901 Southwind Drive, Springfield, IL 62703
(217) 786-6857 Voice
Intake - Questions Only - 24/7

Psychiatric Inpatient Units

Programs offered in special units of general acute care hospitals that provide diagnostic and treatment services for children, adolescents, adults and/or older adults who have acute or chronic mental or emotional disturbances, require hospitalization for maximum benefit, and who might be a threat to themselves, to their families or to others if left in the community or placed in a less restrictive treatment setting. Services may include a comprehensive evaluation; 24-hour care in a supportive, therapeutic environment; counseling for the patient and family; adjunctive therapies as needed; medication, if required; and an aftercare program following discharge.

■ **OSF Heart of Mary Medical Center**
1400 W. Park Street, Urbana, IL 61801
(217) 337-2130 Voice
Behavioral Health Unit

■ **Pavilion, The**
809 W. Church Street, Champaign, IL 61820
(800) 373-1700 Toll-free
Outside Champaign County

for Youth

■ **Lincoln Prairie Behavioral Health Center**
5230 S. Sixth Street Road, Springfield, IL 62703
(217) 585-1180 Voice

■ **Pavilion, The**
809 W. Church Street, Champaign, IL 61820
(800) 373-1700 Toll-free
Outside Champaign County

Psychiatric Rehabilitation

Programs that integrate treatment strategies associated with psychiatry, occupational therapy and psychiatric case management to help severely mentally ill individuals stabilize their clinical status, increase their ability to function within their environment with as little ongoing professional intervention as possible, and improve their overall quality of life. Services are provided within an intensive case management system and may include medication and supportive psychotherapy to alleviate symptoms; training in interpersonal and independent living skills with a focus on personal care and management, leisure skills, social interaction skills and vocational preferences and aptitudes; cognitive retraining; family psychoeducation; peer support; and assistance in gaining access to the resources and benefits to which they are entitled. The individual is actively involved in developing the treatment plan and selecting the types of training that will be relevant to his or her ongoing roles and relationships.

■ **Decatur Manor Healthcare**

1016 W. Pershing, Decatur, IL 62526
(217) 875-0833 Voice

■ **New Focus Achievement Center - Danville Care Center, Ltd.**

1701 N. Bowman Avenue, Danville, IL 61832
(217) 443-2955 Voice

Runaway/Homeless Youth Counseling

Programs that provide emotional support, information and guidance for children and adolescents who have run away from home and for the entire family, if appropriate, with the objective of identifying and resolving the problems that prompted the youth to leave home and/or assisting the youth to formulate and implement a workable plan for his or her immediate future.

■ **Center for Youth and Family Solutions - Champaign**

1315A Curt Drive, Champaign, IL 61821
(800) 200-6804 Toll-free
Runaway Crisis Hotline

■ **Rosecrance Champaign/Urbana**

1801 Fox Drive, Champaign, IL 61820
(217) 398-8080 Voice

■ **Rosecrance Champaign/Urbana - 311 W. White St.**

311 W. White Street, Champaign, IL 61820
(217) 359-5276 Voice

Sex Offender Counseling

Programs that provide voluntary or court-ordered individual or group counseling for people who have committed or are at risk of committing sexual offenses which may include rape or other sexual assault, nonfamilial child sexual assault, indecent exposure, or voyeurism, with the objective of eliminating violent and/or abusive behavior.

■ **Kleppin & Associates LLC**

701 Devonshire Drive, Savoy, IL 61874
(217) 721-2686 Voice

Sexual Assault Counseling

Programs that provide crisis, short-term and/or ongoing counseling for people who are coping with the emotional trauma of being forced to engage in sexual intercourse or other sexual acts without their consent. Included are military sexual trauma (MST) counseling programs offered by facilities operated by the U.S. Department of Veteran Affairs, which address the needs of veterans who have been traumatized by having experienced assault or repeated threatening sexual harassment which occurred while serving on active duty in the military. Counseling and support may be offered in a variety of settings and may include individual, conjoint, family and group therapy sessions for the survivor and/or significant others.

■ **Rape Advocacy, Counseling & Education Services**

300 S. Broadway Avenue Suite 154 A, Urbana, IL 61801
(217) 384-4444 Voice
Rape Crisis Hotline

Sexually Transmitted Disease Screening

Programs that identify individuals who have contracted gonorrhea, syphilis, genital herpes or other diseases that are spread by sexual contact and diagnose their conditions. The procedure includes visual examinations, blood tests and analyses of discharge or samples taken from lesions.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**

520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

Sexually Transmitted Disease Treatment

Programs that provide comprehensive preventive, diagnostic and treatment services for people who have contracted gonorrhea, syphilis, genital herpes or another disease that is transmitted by sexual contact. Treatment usually involves an investigation of recent contacts of people who have been infected to stop the spread of the disease.

■ **Champaign-Urbana Public Health District**

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

■ **Champaign-Urbana Public Health District - Rantoul Satellite Office**

520 E. Wabash Drive, Rantoul, IL 61866
(217) 893-0832 Voice

Smoking Cessation

Programs that utilize one or a variety of techniques including aversion therapy, hypnosis, acupuncture, acupressure, and individual and/or group therapy or mutual support groups to help people who wish to control their dependence on nicotine and give up cigarettes, cigars, pipe tobacco, chewing tobacco, snuff or other substances containing nicotine. Included are smoking "quitlines" which provide information and counseling about tobacco use for people who prefer a telephone-based service.

■ **American Lung Association - Lung HelpLine**

3000 Kelly Lane, Springfield, IL 62711
(800) 586-4872 Toll-free
800-LUNG-USA

■ Champaign-Urbana Public Health District

201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Stress Management

Programs that utilize a variety of techniques including demonstration, exercise and discussion to help participants increase their understanding of the conditions and habits that lead to stress, to learn more about the effects of stress on the body, to identify the stressors in their own lives, and to develop better ways of reducing or managing stress in their personal relationships and work environment. The program may include instruction in and practice of physical exercises, relaxation techniques and other mechanisms for coping with stress.

■ New Directions Treatment Center

153 N. Vermilion Street, Danville, IL 61832
(217) 442-9026 Voice

Student Counseling Services

Programs, usually within the formal education system at elementary, secondary and post-secondary levels, that provide information and guidance on an individual or group basis for students, including students with disabilities, who are experiencing personal, interpersonal or family problems such as substance abuse, loss of a family member or friend, divorce of a parent, personal and sexual relationships issues, dealing with bullies; or problems that arise as a part of school or university life such as test-taking anxiety, fear of oral examinations or participating in classroom discussions, tension or inexpressiveness in difficult interviews or procrastination in studying.

■ University of Illinois Counseling Center

610 E. John Street, Champaign, IL 61820
(217) 333-3704 Voice
Counseling Center

Student Health Programs

Programs, usually within the formal education system, that provide basic health services for school age youth. Services usually include general physical examinations, treatment for minor illnesses and injuries, administration of prescription medication and health screening. Services for students with special health needs may include special feedings, clean intermittent catheterization, suctioning, administering medication, and planning for the safety of a student in school. Some programs may provide sexuality education and related services including personal relationship counseling, pregnancy testing, screening and treatment for sexually transmitted diseases and birth control counseling. Included are health clinics on college/university campuses as well as health offices in elementary and secondary level schools.

■ Urbana School Health Center

1002 S. Race Street, Urbana, IL 61801
(217) 239-4220 Voice

Suicide Prevention Hotlines

Programs that provide immediate assistance for individuals who are having suicidal feelings with the objective of helping them explore alternatives to self-harm or self-destruction. Suicide prevention workers establish and maintain contact with the individual while identifying and clarifying the focal problem, evaluate the suicidal potential, assess the individual's strengths and resources, and mobilize available resources including paramedic or police intervention and emergency psychiatric care as needed. These programs can also help individuals who are worried about the potentially suicidal behavior of another with the objective of helping them identify warning signs and provide options on seeking further help. Hotline staff are generally available via the telephone, email, live chat, texting and/or instant message (IM).

■ 1-800-273-TALK - National Suicide Prevention Lifeline

Mental Health Association New York City 50 Broadway,
19th Floor, New York, NY 10004
(800) 273-8255 Toll-free
Veterans should dial 1

■ Boys Town National Hotline

13940 Gutowski Road, Boys Town, NE 68010
(800) 448-3000 National Toll-free
Hotline

■ Trans Lifeline

2443 Fillmore Street, Unit 380-9468, San Francisco, CA
94115
(877) 565-8860 Toll-free
US Line

for Gay/Lesbian/Bisexual/Transgender Individuals**■ The Trevor Project
West Hollywood, CA 90069**

(866) 488-7386 Toll-free
(866.4.U.TREVOR)

Support Groups

Autonomous groups of individuals who share a common problem or concern, either directly or through their partners and families, who meet together on a voluntary basis, either in-person, by telephone or via the Internet, to fulfill a need, overcome a disability or cope with a crisis. Members of mutual support groups share their experiences, strengths and hopes and rely on one another for emotional support, information and resources. Included are professionally-facilitated groups, faith-based and secular 12-step models with or without professional participation, groups that use a set of guidelines prepared by a national organization or headquarters, and groups that have no professional participation and/or no specifically-structured format.

for Alcohol Use Disorder

■ **Alcoholics Anonymous - East Central Illinois (District 12)**

No Street Address Available, Champaign, IL 61825
(217) 373-4200 Voice
24/7

■ **Alcoholics Anonymous - Southern Illinois (Area 21)**

No Street Address Available, Bloomington, IL 61701
(800) 307-6600 Toll-free
Southern Illinois Area 21

for Alzheimer's Disease

■ **Alzheimer's Association - Illinois Chapter - Bloomington**

207 S. Prospect Avenue, Suite 1, Bloomington, IL 61704
(309) 662-8392 Voice

for Bereaved Individuals

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

■ **Center for Loss & Healing**

3940 N. Vermilion, Danville, IL 61834
(217) 442-5203 Voice

■ **GriefShare**

No Street Address Available, Wake Forest, NC 27588
(800) 395-5755 Voice

for Bereaved Parents

■ **The Compassionate Friends**

1000 Jorie Boulevard, Suite 140, Oak Brook, IL 60523
(877) 969-0010 National Toll-free

for Brain Injuries

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Breast Cancer

■ **OSF Sacred Heart Medical Center - Cancer Care Center**

806 N. Logan Avenue, Danville, IL 61832
(217) 431-4290 Voice

for Cancer

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Chronic Obstructive Pulmonary Disease

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Depression * Bipolar Disorder

■ **Depression and Bipolar Support Alliance**

1400 W. Park Street, Urbana, IL 61801
(810) 328-3272 Voice
Amanda Bryan

for Diabetes

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

■ **Douglas County Health Department**

1250 E. U.S. Highway 36, Tuscola, IL 61953
(217) 253-4137 Voice

for Epilepsy

■ **Epilepsy Foundation of Greater Chicago Area**

17 N. State Street, Suite 650, Chicago, IL 60602
(312) 939-8622 Voice

for Families/Friends of Mentally Ill

■ **Depression and Bipolar Support Alliance**

1400 W. Park Street, Urbana, IL 61801
(810) 328-3272 Voice
Amanda Bryan

■ **NAMI Champaign County**

No Street Address Available, Champaign, IL 61820
(217) 419-5345 Voice

for Families/Friends of People with Cancer * Children

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Fibromyalgia

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Heart Disease

■ **Carle Foundation Hospital**

611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

■ **OSF Heart of Mary Medical Center**
1400 W. Park Street, Urbana, IL 61801
(217) 337-2000 Voice

for Mental Illness/Emotional Disabilities

■ **Depression and Bipolar Support Alliance**
1400 W. Park Street, Urbana, IL 61801
(810) 328-3272 Voice
Amanda Bryan

■ **Emotions Anonymous**
No Street Address Available, Saint Paul, MN 55104-0245
(651) 647-9712 Voice

■ **GROW in Illinois / GROW in America**
No Address Available, Champaign, IL 61826
(217) 352-6989 Voice
Branch Center

■ **NAMI Champaign County**
No Street Address Available, Champaign, IL 61820
(217) 419-5345 Voice

for Parkinson's Disease

■ **American Parkinson Disease Association (APDA)
Midwest Chapter**
1800 N. Main Street, Suite 215, Wheaton, IL 60187
(630) 933-4392 Voice
Main

for Sexual/Love Addiction

■ **Sex Addicts Anonymous**
No Street Address Available, Houston, TX 77270
(800) 477-8191 National Toll-free

for Sleep Apnea

■ **Carle Foundation Hospital**
611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

for Stroke * Brain Injuries

■ **OSF Heart of Mary Medical Center**
1400 W. Park Street, Urbana, IL 61801
(217) 337-2000 Voice

for Visual Impairments

■ **PACE, Inc. Center for Independent Living**
1317 E. Florida Avenue, Urbana, IL 61801-6007
(217) 344-5433 Voice

for Weight Loss Surgery Patients

■ **Carle Foundation Hospital**
611 W. Park Street, Urbana, IL 61801
(217) 383-3311 Voice

Temporary Financial Assistance

Programs that provide assistance for people who are experiencing an unexpected financial shortfall and have insufficient resources to obtain essential services or to meet expenses in situations where financial assistance related to their specific circumstance is unavailable. Monetary assistance may be in the form of cash, loans, checks or vouchers.

for AIDS

■ **Greater Community AIDS Project of East Central Illinois**
(217) 351-2437 Voice
Main Office

Therapeutic Camps

Residential or day camp facilities that are appropriately staffed and equipped to provide an opportunity for children or adults who have developmental disabilities, emotional disturbances or health impairments, or who have other limitations or problems which require special facilities or programming, to enjoy a cooperative indoor and/or outdoor living experience.

■ **Easter Seals Central Illinois - Timber Pointe
Outdoor Center**
20 Timber Pointe Lane, Hudson, IL 61748
(309) 365-8021 Voice

■ **Fraternal Order of Police Illini Lodge 17**
No Street Address Available, Champaign, IL 61821
(309) 365-8021 Voice
Timber Pointe

■ **Lions of Illinois Foundation**
2254 Oakland Drive, Sycamore, IL 60178
(815) 756-5633 Voice

Tuberculosis Screening

Programs that identify individuals who have contracted tuberculosis by administering chest x-rays; the Mantoux test, the von Pirquet test or the Vollmer patch test, all of which determine the presence of a tuberculosis infection based on a local inflammatory reaction to a sample of the bacillus which has been injected or rubbed into the skin; or other screening tools.

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Urgent Care Centers

Programs, which may be available on a 24-hour basis, that provide walk-in treatment services for people who have minor

illnesses or injuries. Urgent care centers serve as an alternative to hospital emergency departments for episodic care that can not be delayed until an appointment at a physician's office is available; and are often equipped to provide services not generally available in primary care physician offices, e.g., have x-ray facilities that allow for treatment of minor fractures and foreign bodies such as nail gun injuries and/or minor care trauma rooms that facilitate the repair of minor and moderate to severe lacerations that can be treated in an urgent care center.

■ **Carle Clinic - Champaign on Curtis**
1701 W. Curtis Road, Champaign, IL 61822
(217) 365-6200 Voice

■ **Carle Clinic - Urbana on Windsor**
1818 E. Windsor Road, Urbana, IL 61802
(217) 255-9500 Voice

■ **Christie Clinic in Mahomet**
1001 Commerical Drive, Mahomet, IL 61853
(217) 366-8130 Voice
Convenient Care

■ **Christie Clinic in St. Joseph**
204 N. Main Street, Suite 203, Saint Joseph, IL 61873
(217) 366-8130 Voice

■ **Christie Clinic in Urbana**
1710 E. Windsor Road, Urbana, IL 61802
(217) 366-8130 Voice
Convenient Care

■ **Christie Clinic on Windsor**
1801 W. Windsor Road, Champaign, IL 61821
(217) 366-8130 Voice
Convenient Care

Veterans Affairs Medical Centers

Health care facilities operated by the U.S. government that provide inpatient and outpatient medical, surgical and psychiatric care for eligible veterans.

■ **VA Illiana Health Care System**
1900 E. Main Street, Danville, IL 61832
(217) 554-3000 Voice

Vision Screening

Programs that offer visual acuity tests for the purpose of identifying individuals who have an impaired ability to see that may require further examination.

for Children

■ **Champaign-Urbana Public Health District**
201 W. Kenyon Road, Champaign, IL 61820
(217) 352-7961 Voice

Wellness Programs

Programs that offer individual and/or group sessions which assist participants to understand how their lifestyle impacts their physical and mental health and to develop personal practices that enhance their total well-being. Wellness programs are holistic and combine a variety of components which may include a general physical examination that is tailored to the individual's needs; an evaluation of the person's pattern of exercise, eating habits, sources of stress and other lifestyle elements that are potential risk factors; and the development and implementation of an individualized plan for prevention management and early intervention to optimize health and performance which may include physical fitness sessions, nutrition counseling, stress reduction techniques, biofeedback, practice in assuming responsibility for one's choices, and other specific measures for avoiding physical and mental health problems.

■ **Clark-Lindsey Village/Age-Friendly
Champaign-Urbana (UIUC CHAD)**
Various Locations, Urbana, IL 61802
(217) 344-2144 Voice

Wish Foundations

Programs that grant wishes which will enrich the lives of people who are unable to fulfill them on their own, e.g., a visit to Disneyland, an opportunity to meet a film star or sports personality or a reunion with family members. Also included are programs that arrange trips or other experiences for individuals and groups. Most wish fulfillment programs serve children and adults who are terminally or gravely ill. Other populations may include seniors, veterans and individuals who are chronically or seriously ill, physically challenged or abused.

■ **Make-A-Wish of Illinois - Springfield Office**
1 W. Old State Capital Plaza, Suite 721, Springfield, IL 62701-1374
(217) 544-9470 Voice